

295/cm/PMU/NTS/RWP/09/06/2026



Department of Community Medicine
Research Batches Topic
IUGRC Session 4th Year MBBS Session 2026




Batch	Batch In-charge	Senior Faculty	Topics	Batch / Roll Number																								
A1	Dr Kiran Tariq	Dr Sana Bilal	<ol style="list-style-type: none"> Prevalence of Depression and Its Determinants Among Final-Year MBBS Students Relationship Between Depressive Symptoms and Help-Seeking Barriers Among Final-Year MBBS Students Comparison of Perceptions Regarding Lecture Attendance Among Medical Students Across Academic Years: A Cross-Sectional Study at Rawalpindi Medical University Longitudinal Assessment of E-health Literacy and Digital Health Readiness among Medical Students in Pakistan: A Follow-up Study from Second to Fourth Year MBBS 	A-1 <table border="1"> <tr><td>19</td><td>68</td><td>132</td><td>262</td></tr> <tr><td>25</td><td>71</td><td>147</td><td>275</td></tr> <tr><td>35</td><td>89</td><td>176</td><td>307</td></tr> <tr><td>52</td><td>97</td><td>184</td><td>322</td></tr> <tr><td>54</td><td>121</td><td>205</td><td>341</td></tr> <tr><td>56</td><td>126</td><td>261</td><td>348</td></tr> </table>	19	68	132	262	25	71	147	275	35	89	176	307	52	97	184	322	54	121	205	341	56	126	261	348
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A3	Dr Mehjabeen Qureshi	Dr Affa Kulsoom	<ol style="list-style-type: none"> Prevalence and Pattern of Individual Components of Metabolic Syndrome among Undergraduate Students: A Cross-Sectional Study Association of Lifestyle Factors with Metabolic Syndrome Risk among Undergraduate Students *Prevalence and Comparative Burden of Scabies Infestation among Hostelite and Day Scholar Medical Students in a Public Sector Medical University Gender-Based Differences in Scabies Infestation and Associated Behavioral Factors among Medical Students 	A-3 <table border="1"> <tr><td>4</td><td>65</td><td>153</td><td>214</td></tr> <tr><td>13</td><td>74</td><td>161</td><td>290</td></tr> <tr><td>24</td><td>76</td><td>163</td><td>338</td></tr> <tr><td>27</td><td>79</td><td>169</td><td>340</td></tr> <tr><td>49</td><td>113</td><td>188</td><td>342</td></tr> <tr><td>60</td><td>148</td><td>199</td><td>343</td></tr> </table>	4	65	153	214	13	74	161	290	24	76	163	338	27	79	169	340	49	113	188	342	60	148	199	343
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[Signature]
Head of Community Medicine Deptt
Rawalpindi Medical University, RWP

B1	Dr Mehrish Saleem	Dr Imrana Saeed	<ol style="list-style-type: none"> 1. Assessing lifestyle behaviors among undergraduate Medical Students in RMU - An Analytical cross sectional study 2. Should suicide risk assessment be embedded in undergraduate MBBS curricula? 3. Effectiveness of Web-Based Health Promotion Messages on Lifestyle Awareness Among Adults of Rawalpindi: A Quasi-Experimental Study. 4. Mobile Health (mHealth) Applications Usage, Trust in Digital Health Information, and Perceived barriers of using them among undergraduate medical students of RMU: A Descriptive Cross-Sectional Study 	B-1 <table border="1"> <tr><td>7</td><td>107</td><td>234</td><td>300</td></tr> <tr><td>16</td><td>111</td><td>244</td><td>302</td></tr> <tr><td>42</td><td>201</td><td>256</td><td>310</td></tr> <tr><td>46</td><td>202</td><td>268</td><td>315</td></tr> <tr><td>75</td><td>216</td><td>277</td><td>316</td></tr> <tr><td>104</td><td>218</td><td>298</td><td>339</td></tr> <tr><td></td><td></td><td></td><td>349</td></tr> </table>				7	107	234	300	16	111	244	302	42	201	256	310	46	202	268	315	75	216	277	316	104	218	298	339				349
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B3	Dr Saba Maryam	Dr Narjis Zaidi	<ol style="list-style-type: none"> 1. Awareness regarding climate change and health impacts among healthcare students of RMU , an analytical cross sectional study 2. Impact of short-form video content (e.g., Instagram Reels) on attention span among medical students, an analytical cross sectional study 3. Assessing Knowledge, Attitudes, and Perceptions of Medical Students Toward Emergency Preparedness and Disaster Response 4. Association between ChatGPT dependency and critical thinking skills 	B-3 <table border="1"> <tr><td>127</td><td>172</td><td>242</td><td>315-R</td></tr> <tr><td>139</td><td>179</td><td>250</td><td></td></tr> <tr><td>141</td><td>182</td><td>251</td><td></td></tr> <tr><td>165</td><td>208</td><td>253</td><td></td></tr> <tr><td>166</td><td>211</td><td>267</td><td></td></tr> <tr><td>167</td><td>217</td><td>274</td><td></td></tr> <tr><td>168</td><td>235</td><td>374</td><td></td></tr> </table>				127	172	242	315-R	139	179	250		141	182	251		165	208	253		166	211	267		167	217	274		168	235	374	
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C3	Dr Maria Jabeen	Dr Khola Noreen	<ol style="list-style-type: none"> Computer vision syndrome and its association with screen addiction in medical students Effect of Social Media Content on Self-Diagnosis and Perceived Severity of Depression Among Medical Students of Rawalpindi and Islamabad: A Cross-Sectional Study Are Medical Students Ready for the Digital Classroom? Assessing E-Learning Readiness and Perceptions in Undergraduate Medical Education Cosmetic Product Use as a Risk Factor for Acne and Dermatitis: A Cross-Sectional Study 	C-3 <table border="1"> <tr><td>5</td><td>187</td><td>288</td><td></td></tr> <tr><td>34</td><td>190</td><td>289</td><td></td></tr> <tr><td>62</td><td>198</td><td>318</td><td></td></tr> <tr><td>72</td><td>219</td><td>319</td><td></td></tr> <tr><td>82</td><td>254</td><td>324</td><td></td></tr> <tr><td>128</td><td>264</td><td>326</td><td></td></tr> <tr><td>149</td><td>278</td><td>354</td><td></td></tr> </table>	5	187	288		34	190	289		62	198	318		72	219	319		82	254	324		128	264	326		149	278	354	
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D1	Dr Bushra Farooq/Dr Yasir	Dr Rizwana Shahid Dr Rizwana Shahid	<ol style="list-style-type: none"> 1. Awareness regarding hepatitis C in urban and periurban community of Rawalpindi 2. Determinants of Risky Driving among Young Drivers in Rawalpindi: A Cross-Sectional Study Using the Driver Behavior Questionnaire. 3. Risk factors for type 2 diabetes among children attending tertiary care hospital Rawalpindi 4. Cyberchondria and it's associated factors in college students of twin cities ; A cross sectional study 	<table border="1"> <tr><td>D-1</td></tr> <tr><td>15</td><td>61</td><td>195</td><td>346</td></tr> <tr><td>20</td><td>80</td><td>221</td><td>361</td></tr> <tr><td>31</td><td>164</td><td>293</td><td>381-R</td></tr> <tr><td>38</td><td>175</td><td>306</td><td></td></tr> <tr><td>39</td><td>181</td><td>309</td><td></td></tr> <tr><td>43</td><td>183</td><td>311</td><td></td></tr> <tr><td>48</td><td>193</td><td>329</td><td></td></tr> <tr><td></td><td></td><td></td><td></td></tr> </table>	D-1	15	61	195	346	20	80	221	361	31	164	293	381-R	38	175	306		39	181	309		43	183	311		48	193	329					
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D3	Dr Asif Maqsood	Dr Farah Pervaiz	<ol style="list-style-type: none"> 1. Predictors and Pathways of Breastfeeding Self-Efficacy: Mode of Delivery, Maternal Depression, and Nutritional Determinants in a Multi-Center Cross-Sectional Study with Psychometric Revalidation 2. A Cross Sectional Study: Assessment of Health Seeking Behavior Among General Population of Rawalpindi Twin City, Pakistan 3. Patterns of social media use and their perceived impact on academic productivity and time management among undergraduate medical students of rawalpindi medical university 4. Asessment of health status & knowledge attitude and practices regarding dietary habits among undergraduate medical students of rawalpindi medical university 	<table border="1"> <tr><td>D-3</td></tr> <tr><td>8</td><td>59</td><td>185</td><td>304</td></tr> <tr><td>17</td><td>64</td><td>186</td><td>384-R</td></tr> <tr><td>28</td><td>69</td><td>200</td><td></td></tr> <tr><td>32</td><td>100</td><td>213</td><td></td></tr> <tr><td>36</td><td>102</td><td>236</td><td></td></tr> <tr><td>37</td><td>133</td><td>238</td><td></td></tr> <tr><td>55</td><td>145</td><td>291</td><td></td></tr> </table>	D-3	8	59	185	304	17	64	186	384-R	28	69	200		32	100	213		36	102	236		37	133	238		55	145	291					
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