



# **RMU-12 Embedded Internship**

**Final Year MBBS**

**2026 Schedule**

Time	Activity (Learning + Service Support Under Supervision)
<b>08:00–09:00</b> <b>(4 lectures /week</b>  <b>Mon, Tues, Thurs, Sat)</b>	<b>SGID by the faculty:</b> in the respective classrooms within the department
<b>09:00–10:00</b>	<ul style="list-style-type: none"> <li>● <b>Task assignment:</b> Patient bed allocation, task assignment by Senior Registrar, shadowing of the HO/PGT</li> <li>● <b>Bedside clerking:</b> Duties according to the allotted beds and documentation on the given format <b>SOAP</b> pattern (history &amp; examination of allotted patients, reviewing investigations, plan management, fetal heart rate monitoring, pre-op preparation of patients, post op monitoring).</li> </ul>
<b>10:00–12:00</b>	<b>Participation in rounds:</b> Students participation in Senior registrar / Consultant rounds; case presentations alongside HO/PGT; discussion of plan and learning points; fulfilling the targets of each station, EPA on last day of each week (Saturday)
<b>12:00–13:00</b>	<b>CBD by Consultant:</b> Whole batch patient-focused clinical discussion; long/short case teaching, clinical reasoning, interpretation of clinical findings and management plan
<b>13:00-14:00</b>	<b>SR/PGT Teaching Session (SDL):</b> Resources will be shared with students
<b>14:00-15:00</b>	Lunch & prayer break
<b>15:00–18:00</b> <b>(Mon-Thursday)</b>	<b>Supervised patient management (Shadowing of HO/PGT, supervised by SR on call)</b> in Labour room, wards, Gynae emergency & operation theatres: Admissions workflow, follow-up tasks, facilitation in patient management, documentation practice.

Time	<b>Activity (Learning + Service Support Under Supervision)</b> <b>Wednesday Schedule</b>
08:30–09:30	CPC
09:30–10:00	Transit time to reach respective hospitals
10:00–11:30	SR/PGT Teaching Session (SDL): Resources will be shared with students
11:30–14:00	Hands on workshops on manikin
14:00–15:00	Lunch & prayer break
15:00–18:00	<b>Supervised patient management (Shadowing of HO/PGT, supervised by SR on call)</b> in Labour room, wards, Gynae emergency & operation theatres: Admissions workflow, follow-up tasks, facilitation in patient management, documentation practice.

Time	Activity (Learning + Service Support Under Supervision) Friday Schedule
08:00–09:00	<p><b>Task assignment:</b> Patient bed allocation, task assignment by Senior Registrar, shadowing of the HO/PGT</p> <p><b>Bedside clerking:</b> Duties according to the allotted beds and documentation on the given format <b>SOAP</b> pattern (history &amp; examination of allotted patients, reviewing investigations, plan management, fetal heart rate monitoring, pre-op preparation of patients, post op monitoring).</p>
9:00-10:00	<p><b>Participation in rounds</b> (Consultant/Senior Registrar)</p>
10:00-11:00	<p><b>CBD by Consultant:</b> Whole batch patient-focused clinical discussion; long/short case teaching, clinical reasoning, interpretation of clinical findings and management plan</p>
11:00–12:00	<p><b>SR/PGT Teaching Session (SDL):</b> Resources will be shared with students</p>

# **MODULE-I**

# OBSTETRICS AND GYNAECOLOGY

## Module: I

### WEEK 1

#### OBSTETRICS

Theme 1: Medical Ethics / Professionalism

Theme 2: Antenatal Care

DAY	SGID	Clinical case (CBD)	SR/PGT Teaching Session (SDL)
Day 1 Monday	Medical ethics	Orientation to the department, curriculum and RMU 12 (embedded internship)	Medical ethics
Day 2 Tuesday	Patient safety & infection control	Obstetrics history taking	Patient safety & infection control
Day 3 Wednesday	CPC	Hands-on Workshop- 1	Physiology of pregnancy
Day 4 Thursday	Antenatal care	Risk assessment in a patient presenting for antenatal visit	Minor disorders of pregnancy
Day 5 Friday	-	Patient presenting with an ultrasound scan showing anomalous fetus	Invasive & non-invasive methods for prenatal diagnosis
Day 6 Saturday	Assessment of fetal well being	Patient having fundal height smaller than dates	Cardiotocography: Basic concepts and different categories

### WEEK 2

#### OBSTETRICS

Theme 3: Medical disorders in Pregnancy

DAY	SGID	Clinical case (CBD)	SR/PGT Teaching Session (SDL)
Day 1 Monday	Anemia in pregnancy	Patient presenting with pallor and SOB in pregnancy	Blood transfusion during pregnancy: Indications and blood transfusion reactions
Day 2 Tuesday	Hypertensive disorders of pregnancy	Patient presenting with raised blood pressure / headache and blurring of vision	Drug therapy in hypertensive patients: 1. Antihypertensive therapy 2. Magnesium sulphate regimens used for eclampsia
Day 3 Wednesday	CPC	Hands-on Workshop-2	Thromboembolism in pregnancy
Day 4 Thursday	Cardiac disease in pregnancy	<b>CLINICO-CONNECT SESSION:</b> Diabetes in pregnancy (by teachers from multiple disciplines)	
Day 5 Friday		Patient presenting with jaundice	GI disorders and Renal disorders of pregnancy
Day 6 Saturday	Thyroid disorders in pregnancy	Patient presenting with H/O epileptic fit during pregnancy	1: Respiratory disorders during pregnancy 2: Haematological disorders

**WEEK 3****GYNAECOLOGY**

Theme 1: Menstrual disorders

Theme2: Early Pregnancy complications

<b>DAY</b>	<b>SGID</b>	<b>Clinical case (CBD)</b>	<b>SR/PGT Teaching Session (SDL)</b>
Day 1 Monday	Abnormal uterine bleeding (PALM-COIN)	Patient presenting with AUB	Advanced therapeutic options for treatment of AUB
Day 2 Tuesday	Adenomyosis/ Endometriosis	Patient presenting with Heavy menstrual bleeding(HMB)	Role of radiological imaging in diagnosis of HMB
Day 3 Wednesday	CPC	Hands-on Workshop-3	Primary amenorrhoea
Day 4 Thursday	Secondary amenorrhoea	Patient presenting with secondary amenorrhoea	Dysmenorrhea (Primary and secondary)
Day 5 Friday		Patient presenting with bleeding in early pregnancy: Miscarriage	Induced septic abortion
Day 6 Saturday	Gestational trophoblastic disease	Patient presenting with bleeding in early pregnancy: Ectopic pregnancy	Recurrent pregnancy loss

**WEEK 4****GYNAECOLOGY**

Theme 3: Genital tract infections

Theme 4: Subfertility / Endometriosis

<b>DAY</b>	<b>SGID</b>	<b>Clinical case (CBD)</b>	<b>SR/PGT Teaching Session (SDL)</b>
Day 1 Monday	Lower genital tract infections	Patient with recurrent vaginal discharge	Sexually-transmitted infections (STIs): Taking sexual history
Day 2 Tuesday	Upper genital tract infections	Patient with chronic pelvic pain	Pelvic tuberculosis
Day 3 Wednesday	CPC	Hands-on Workshop-4	1: Premenstrual syndrome 2: Hirsutism
Day 4 Thursday	Female subfertility	<b>CLINICO-CONNECT SESSION:</b> Polycystic ovarian syndrome (by teachers from multiple disciplines)	
Day 5 Friday	-	Patient presenting with painful menstruation, painful coitus and inability to conceive	1: Male factor subfertility 2: Assisted reproductive technique (ARTs)
Day 6 Saturday	Exam day	Exam day	Exam day

## **MODULE-II**

**OBSTETRICS AND GYNAECOLOGY**  
**MODULE II**

WEEK 1			
OBSTETRICS			
Theme 4: Antenatal complications and high-risk pregnancy			
DAY	SGID	Clinical case (CBD)	SR/PGT Teaching Session (SDL)
Day 1 Monday	Multiple pregnancy	Patient having fundal height larger than dates	Polyhydramnios
Day 2 Tuesday	Malpresentations	Patient presenting with breech	Previous C-section, VBAC
Day 3 Wednesday	CPC	Hands-on Workshop-5	Perinatal infections
Day 4 Thursday	Preterm labour /PPROM	Patient presenting with preterm labour pains	FIGO Prem Prep-5 initiative
Day 5 Friday		Patient having immune hydrops fetalis	Non-immune hydrops
Day 6 Saturday	Antepartum haemorrhage	Patient presenting with bleeding in second half of pregnancy	Management of patient with shock including fluid management and massive transfusion protocol (MTP)
WEEK 2			
OBSTETRICS			
Theme 5: Normal Labour			
Theme 6: Obstetric Complications & Emergencies			
DAY	SGID	Clinical case (CBD)	SR/PGT Teaching Session (SDL)
Day 1 Monday	Management of Normal Labour (1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> stage)	A low -risk patient presenting with labour pains at term	1: Robsons classification as a tool for audit of C section 2: WHO- recommended non clinical interventions to reduce C-Section
Day 2 Tuesday	Abnormal Labour	Patient presenting with post-date pregnancy	Labour care guide
Day 3 Wednesday	CPC	Hands-on Workshop-6	1: Pain relief in labour 2: Anesthesia for operative delivery
Day 4 Thursday	Postpartum Haemorrhage	<b>CLINICO-CONNECT SESSION:</b> Patient with placenta accreta spectrum (PAS) (by teachers from multiple disciplines)	
Day 5 Friday		Post operative patient of peripartum hysterectomy	Normal puerperium & lactation
Day 6 Saturday	Puerperal pyrexia & other postnatal complications	Patient presenting with puerperal pyrexia	Neonatal resuscitation and care of newborn

**Week 3****GYNAECOLOGY**

Theme 4: Menopause

Theme 5: Urogynecology

Theme 6: Contraception

Theme 7: Gynaecological Oncology

<b>DAY</b>	<b>SGID</b>	<b>Clinical case (CBD)</b>	<b>SR/PGT Teaching Session (SDL)</b>
Day 1 Monday	Menopause & Post reproductive health	Patient presenting with hot flushes/ GSM	Menopausal hormonal therapy (MHT)
Day 2 Tuesday	Pelvic organ prolapse (POP)	Patient presenting with something coming out of vagina	Surgical management of POP
Day 3 Wednesday	CPC	Hands-on Workshop-7	Benign diseases of ovary
Day 4 Thursday	Fibroid uterus	Patient presenting with abdominal mass / HMB	Premalignant disease of uterus (endometrial hyperplasia, polyps)
Day 5 Friday		Management of couple who wants birth spacing	Contraception
Day 6 Saturday	Malignant diseases of uterus	Patient presenting with postmenopausal bleeding	New FIGO staging of endometrial cancer

**WEEK 4****GYNAECOLOGY**

Theme 7: Gynecologic Oncology

<b>DAY</b>	<b>SGID</b>	<b>Clinical case (CBD)</b>	<b>SR/PGT Teaching Session (SDL)</b>
Day 1 Monday	Premalignant and malignant diseases of cervix	Management of patient with post-coital bleeding / abnormal Pap smear	1. Methods of cervical screening 2. HPV vaccination
Day 2 Tuesday	Malignant diseases of vulva and vagina	Patient presenting with vulval / vaginal mass/ lesion	Benign conditions of vulva and vagina
Day 3 Wednesday	CPC	Hands-on Workshop-8	Common gynecological surgeries and therapeutics
Day 4 Thursday	Pelvic mass	<b>CLINICO-CONNECT SESSION:</b> Malignant ovarian tumors (by teachers from multiple disciplines)	
Day 5 Friday	Revision day	Revision Day	
Day 6 Saturday	Exam day	Exam day	