

ANNUAL PROGRESS REPORT 2025

DEPARTMENT OF OTORHINOLARYNGOLOGY

DISTRICT HEADQUARTERS HOSPITAL RAWALPINDI

The Department of ENT at DHQ hospital is a multidisciplinary department consisting of Otology, Rhinology, Laryngology and Audiology sections.

ENT department is providing 6 days a week OPD services to outdoor patients and services round the clock to emergency patients of the hospital. All the services to OPD, emergency and elective are provided free of cost.

The department is equipped with routine ENT equipment in OPD section. In OT we have facilities for microscopic and endoscopic surgery system.

We are also equipped with Bronchoscope and Esophagoscope in Operation Theatre. In our ward we have 15 beds, 1 side room, 1 class room, 1 consultant room and a procedure room as well as we have central oxygen supply. ENT department is providing services to 200 plus OPD patients in every 6 days of OPD weekly and about 25,000 plus yearly as well as 150 plus Emergency cases and 40 plus Elective cases monthly.

The staff is committed to provide high quality, efficient, reliable services. 10 post graduate resident are getting training in ENT department.

QUALITY ASSURANCE:

- All our services are supported daily by internal Quality Assurance (Controls), thus ensuring reliability and confidence.
- Punjab Healthcare Commission (PHC) indicators are being displayed in every section and they are being strictly implemented.

DIFFERENT SERVICES AVAILABLE IN DIFFERENT SECTIONS

1. OTOLOGY:

All routine Otology cases includes ear wax, acute otitis externa, ASOM, CSOM, furuncle, perichondritis, otomycosis, tinnitus and vertigo etc. are dealt in OPD.

- For Ear Wax suction machine is available in OPD and also in ward.
- Foreign body ear, trauma to temporal bone is dealt on emergency basis.

Ear surgeries including Tympanoplasty, Mastoid Exploration, Stapedotomy are carried out on a routine basis.

2. RHINOLOGY:

It includes both nose and paranasal sinuses problems. All routine cases e.g. , acute viral rhinosinusitis, allergic rhinitis , epistaxis, deviated nasal septum and Nasal polyp are dealt by the experienced, dedicated and well trained team. Foreign body nose, Septal Abscess and Septal Hematoma are dealt on emergency basis.



OPD section with all routine ENT equipment in DHQ Hospital, Rawalpindi

3. LARYNGOLOGY:

All routine cases such as acute/chronic laryngitis are carried out in this section. All benign and malignant diseases of larynx and hypopharynx are dealt on routine basis. Tracheostomy is done in emergency and on elective basis.

4. AUDIOLOGY:

Routine Audiology cases are dealt in OPD.

Disability certificate is given to disabled two days a week after thoroughly examining and co-relating investigation of patients.

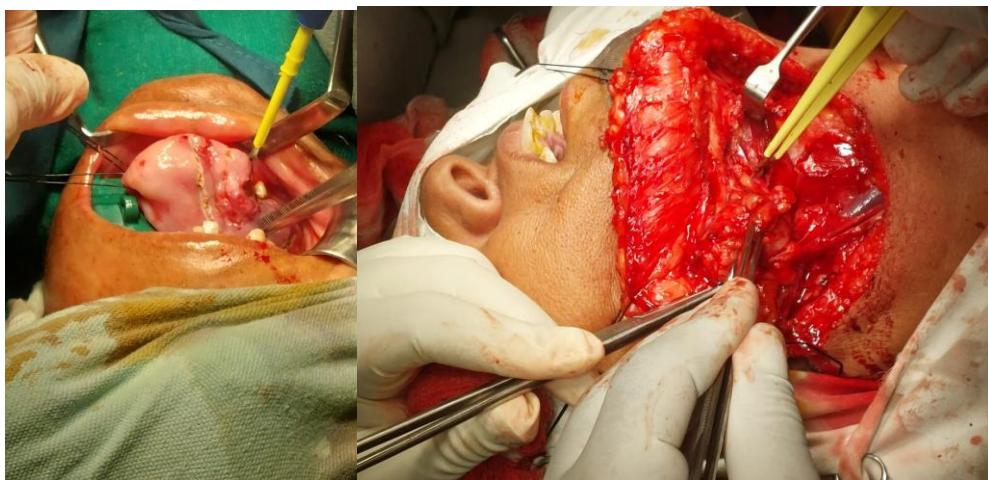
5. Cases carried out in RTH Rawalpindi



Pharyngocutaneous fistula repair



Antrochonal polyp (FESS) and Proboscis lateralis excision



Wide Local Excision of Tongue carcinoma with buccal flap repositioning and Selective Neck Dissection



Thyroidectomy



Superficial parotidectomy

- The detailed description of the OPD, emergency cases, elective cases per month can be shared on demand as hard copies.
- Following is the summary of ALL cases in different sections of ENT department DHQ hospital Rawalpindi in **2025**

| SR. | Sections | Jan | Feb | March | April | May | June | July | Aug | Sep | Oct | Nov | Dec | Total |
|-----|-----------|------|------|-------|-------|------|------|------|------|------|------|------|------|--------------|
| 1 | OPD | 2348 | 2109 | 1533 | 1848 | 1952 | 1360 | 2139 | 2578 | 2916 | 2576 | 2600 | 2219 | 26178 |
| 2 | Emergency | 674 | 647 | 47 | 531 | 397 | 452 | 463 | 583 | 597 | 603 | 567 | 592 | 6153 |
| 3 | Elective | 60 | 35 | 36 | 46 | 47 | 53 | 69 | 69 | 83 | 72 | 80 | 79 | 729 |
| 4 | Total | | | | | | | | | | | | | 33060 |

TEACHING ACTIVITIES:

- Undergraduate teaching of 4th year M.B.B.S students in ENT is in the form of small group, wards rotation in DHQ hosp. Regular demonstration and classes at continuous pace are carried out for these students throughout the year.
- Department also participate in conducting regular seminars/ training sessions as part of continued medical education in collaboration with other departments of Hospital.
- Department is also conducting weekly test of PGT's and journals club.

RESEARCH ACTIVITIES.

- Department is actively engaged in research activities. Regular journal club is done on weekly basis in which latest research articles related to ENT from international journals are discussed.
- Presently all trainers are doing research projects in different stages of data collection.
- Faculty of department is involved in inculcating research attitude and guiding them in their research projects.