



2024-25 PROSPECTUS



**RAWALPINDI MEDICAL
UNIVERSITY**



www.rmur.edu.pk



info@rmur.edu.pk



+92-51-9330060



Tipu Road, Rawalpindi.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Contents

Message by the Vice Chancellor	1
Motto	3
Vision	3
Mission Statement	3
Policy Statement	4
History of Rawalpindi Medical University	5
Infrastructure	6
Accreditations	8
Admissions.....	9
Domicile.....	10
Age Limit.....	11
Procedure and Conditions of Admission	11
Submission of Mandatory Documents for Admission	11
Important Rules and Regulation Related to Admissions.....	13
Seats Allocation for Rawalpindi Medical University for Admissions Session 2024-25.....	15
Eligibility Criteria for Quota Seats, Session 2024-25	15
1. <i>Seats for Students with Disabilities</i>	<i>15</i>
2. <i>Ex-FATA Seats.....</i>	<i>16</i>
3. <i>Seats for Students of Azad Jammu & Kashmir (AJ&K).....</i>	<i>16</i>
4. <i>Seats for Students of Gilgit-Baltistan (GB)</i>	<i>17</i>
5. <i>Foreign Students Seats under Pakistan Technical Assistance Program (PTAP)</i>	<i>17</i>
6. <i>Seats for Overseas Pakistanis/Dual Nationality Holders of Pakistani Origin</i>	<i>17</i>
7. <i>Reciprocal Seats.....</i>	<i>17</i>
Fee & Subscriptions	18
Scholarships	18
Punjab Government Merit Scholarships	18
Local Bodies Scholarships.....	19
Undergraduate Teaching Program at RMU	19
Integrated Modular Curriculum	20
Advantages of Modular Curriculum	20

Problem Based Learning Method at Rawalpindi Medical University - A Modern Teaching Strategy	21
Other Undergraduate Training Programs at RMU	21
Institute of Allied Health Sciences.....	21
Colleges of Nursing.....	21
Policies & Guidelines	22
RMU Attendance Reward Policy 2024	22
Purpose.....	22
Scope	22
Reward System	22
Dress Policy	23
Disciplinary Policy.....	23
Discipline in Class Room	23
Discipline in Hospitals.....	24
Discipline in Class Examination	24
General Discipline.....	24
Leave Policy.....	25
Students Medical Certificate and Treatment	25
Books, etc.	26
Correspondence	26
Hostel Policy.....	26
<i>Admission to the Hostel</i>	<i>26</i>
<i>Hostel Fee & Subscription</i>	<i>27</i>
<i>Mess Rules</i>	<i>27</i>
<i>General Rules</i>	<i>28</i>
<i>Discipline.....</i>	<i>28</i>
<i>Visitors</i>	<i>30</i>
Special Rules for Female Students	30
Fee Policy	31
Remission of Fee	31
Refund of Fee	32

Student Counselling.....	32
Orientation Week	32
Student Facilities	33
Libraries	33
University Auditorium	34
RMU Sports Ground	34
Skill Laboratory	34
Annual University Magazine 'SHIFA'	34
Students’ Journal of Rawalpindi Medical College (SJPMC)	34
Student Notice Boards	34
Cafeteria	35
Transport Services	35
Hostels	35
Important Resources	36
Annexure – I : Affidavit	37
Annexure – II : Surety Bond.....	38
Annexure – III : Affidavit for Already Enrolled Students in other Medical Colleges.....	39
RMU At A Glance	40

Message by the Vice Chancellor

On behalf of the esteemed academic faculty, I extend a warm and heartfelt welcome to all of you to the inspiring and congenial environment of Rawalpindi Medical University (RMU) & Allied Hospitals, Rawalpindi. For over 40 years, RMU has stood as a beacon of excellence, offering medical education of unparalleled quality to students of exceptional academic potential. Our mission is to prepare future physicians, surgeons, and researchers who will serve not only the nation but also the global community with distinction and compassion.

RMU is a prestigious public-sector medical university situated in the heart of Rawalpindi, supported by three state-of-the-art teaching hospitals. Fully recognized by the Pakistan Medical & Dental Council and accredited by the College of Physicians & Surgeons Pakistan for postgraduate training in numerous specialties, RMU is dedicated to providing world-class medical education. Our robust and innovative academic curriculum emphasizes early clinical exposure, complemented by outstanding teaching facilities and vibrant campuses—both old and new. Together, these elements create a dynamic and conducive environment for learning.

Our institution takes pride in its distinguished teaching faculty, comprised of highly qualified professionals with extensive expertise in their respective fields. Since its inception, RMU has made remarkable strides in advancing medical education, research, and clinical practice. The university remains steadfast in its educational philosophy: "Enter to learn; leave to serve."

RMU aims to produce graduates equipped with comprehensive scientific knowledge, superior clinical skills, and a commitment to compassionate patient care. Our alumni are expected to embody professionalism, critical thinking, system-based learning, and practice-based learning while fostering analytical skills and lifelong learning habits. To achieve these goals, RMU continuously evolves its teaching strategies, adopting innovative, student-centered approaches like Problem-Based Learning (PBL). These efforts have cultivated an educational atmosphere where students can explore their creativity and express their unique perspectives, making RMU a leader in medical education.

Our alumni, proudly serving as trailblazers in the global healthcare community, stand as a testament to RMU's legacy of excellence.

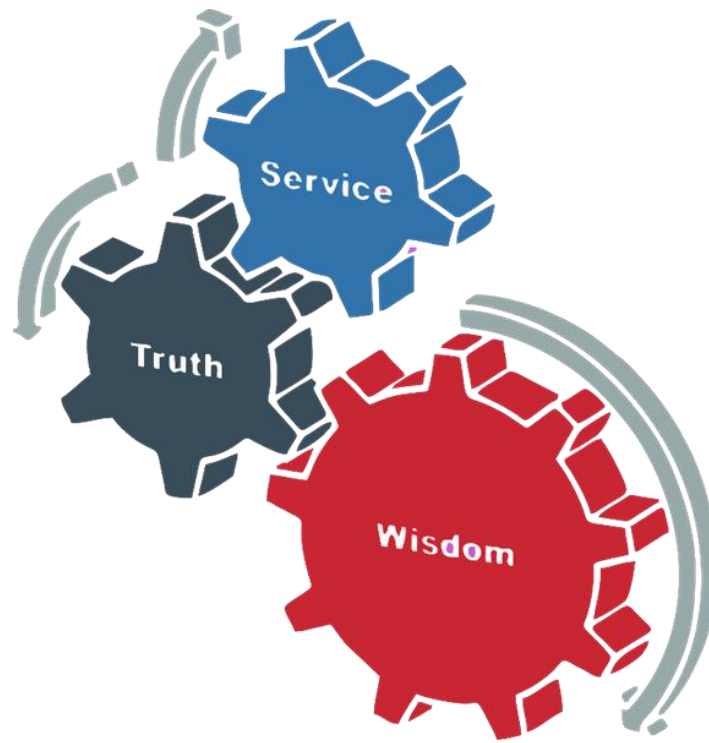


As you embark on this transformative journey, I encourage you to strive for the highest levels of personal growth and professional success. I am confident that your time at RMU will not only be enriching and enlightening but also a fulfilling step toward achieving your aspirations. Welcome to RMU—where your pursuit of knowledge meets endless opportunities for success.

Professor Muhammad Umar (*Sitara-e-Imtiaz, Hilal-e-Imtiaz*)

MBBS, MCPS, FCPS (PAK), FACG (USA), FRCP (L),
FRCP (G), ASGE-M(USA), AGAF (USA)
Vice Chancellor, Rawalpindi Medical University,
Pakistan.

Motto



Vision

- To Impart Evidence Based Research Oriented Medical Education.
- To Provide Best Possible Patient Care.
- To Inculcate the Values of Mutual Respect & Ethical Practice of Medicine.

Mission Statement

To impart evidence-based research-oriented health professional education in order to provide best possible patient care and inculcate the values of mutual respect, ethical practice of healthcare and social accountability.

Policy Statement

Rawalpindi Medical University (RMU) is steadfast in its commitment to fostering a safe, inclusive, and healthy environment where every individual is respected and empowered. No member of the RMU community shall face exclusion, denial of opportunities, or discrimination in any university program or activity on the basis of gender identity.

At the heart of RMU's ethos are its Four Core Values: **Respect, Integrity, Accountability, and Excellence**. These values underpin the institution's dedication to education and research, serving as a guiding framework for all members of the Rawalian community.

RMU thrives on a culture of openness and the free exchange of ideas, recognizing that this freedom carries the responsibility to act as exceptional stewards of the resources entrusted to us. The university's reputation—built on trust, excellence, and integrity—is among its most cherished assets, and every member of the RMU family bears the solemn duty to protect it.

As a responsible institution, striving for contributing to the betterment of a healthy nation, Rawalpindi Medical University (RMU) is dedicated to contributing to the United Nations' Sustainable Development Goals (SDGs) through its commitment to quality education, health equity, innovation, and environmental sustainability. As an academic and healthcare institution, RMU pledges to align its strategies, policies, and programs with the SDGs, addressing global challenges and fostering a better future.

- **Good Health and Well-Being**

RMU prioritizes health and well-being through cutting-edge medical education, advanced research, and high-quality healthcare services. The university is committed to promoting preventive healthcare, addressing local and global health disparities, and training healthcare professionals to serve diverse communities effectively.

- **Quality Education**

RMU upholds the right to equitable and inclusive education by fostering an environment of academic excellence and lifelong learning. The university strives to empower students with the knowledge, skills, and values necessary to address contemporary challenges in healthcare and society.

- **Gender Equality**

RMU promotes gender equality by ensuring a safe, inclusive, and non-discriminatory campus. It actively supports women's empowerment through policies, scholarships, and leadership opportunities, creating a culture where all genders thrive equally.

- **Industry, Innovation, and Infrastructure**
RMU fosters innovation by investing in research, technology, and modern infrastructure. Through interdisciplinary collaboration, the university develops solutions for medical and environmental challenges, driving progress in science and healthcare.
- **Reduced Inequalities**
RMU is committed to reducing inequalities by providing accessible healthcare services, scholarships for underserved populations, and a platform for dialogue on equity and inclusion. It ensures that all individuals, regardless of background, have equal opportunities to excel.
- **Climate Action**
RMU recognizes its responsibility to combat climate change by integrating sustainable practices into its operations. The university promotes environmental awareness, reduces its carbon footprint, and integrates sustainability into its curriculum and research initiatives.
- **Peace, Justice, and Strong Institutions**
RMU fosters a culture of integrity, transparency, and ethical governance. The university encourages dialogue, accountability, and justice, ensuring that its policies reflect fairness and respect for human rights.
- **Partnerships for the Goals**
RMU actively collaborates with national and international organizations, academic institutions, and communities to achieve the SDGs. These partnerships enhance its capacity to drive meaningful change through knowledge exchange and collective action.

Through these initiatives, RMU reaffirms its commitment to the SDGs, ensuring that its educational, healthcare, and research endeavors contribute to a sustainable, equitable, and prosperous future for all. This policy serves as a roadmap for embedding the principles of sustainability into the university's core mission and practices.

History of Rawalpindi Medical University

Established on March 18, 1974, Rawalpindi Medical College (RMC) began in Faisalabad before relocating to Rawalpindi on November 5, 1974, initially in an incomplete building at Tipu Road, later fully handed over to RMC. Under the dynamic leadership of Prof. Abdul Latif, RMC flourished with the construction of essential facilities such as student hostels, staff accommodations, and an auditorium. Prof. Latif's vision led to the acquisition of the Holy Family Hospital and the transformation of the Central Government Hospital into what is now Benazir Bhutto Hospital, while also affiliating the District Headquarters Hospital as its first teaching hospital.

His successors continued to enhance RMC's stature, securing funding from the Islamic Development Bank to establish a New Teaching Block at the Holy Family Hospital and pioneering

the internationally acclaimed Psychiatry department. In 2007, RMC led the public sector with the establishment of the Department of Medical Education.

Prof. Mohammad Umar, RMC's first Rawalian Principal and current Vice Chancellor, initiated a comprehensive revitalization. His initiatives included restructuring the undergraduate training through the Department of Medical Education, upgrading campus facilities like libraries, cafeterias, and hostels, and establishing the RMC park and Rawalians' facilitation center. Prof. Umar also played a pivotal role in shaping national guidelines for undergraduate medical training, underscoring RMC's leadership in medical education continuing its legacy of excellence and innovation as a premier institution in medical education and healthcare, now continuing his efforts for excellence and innovation to make RMU a premier institution in medical education and healthcare.



The current Principal of RMC is Prof. Dr. Jehangir Sarwar Khan, who is also a Rawalian and a renowned surgeon.

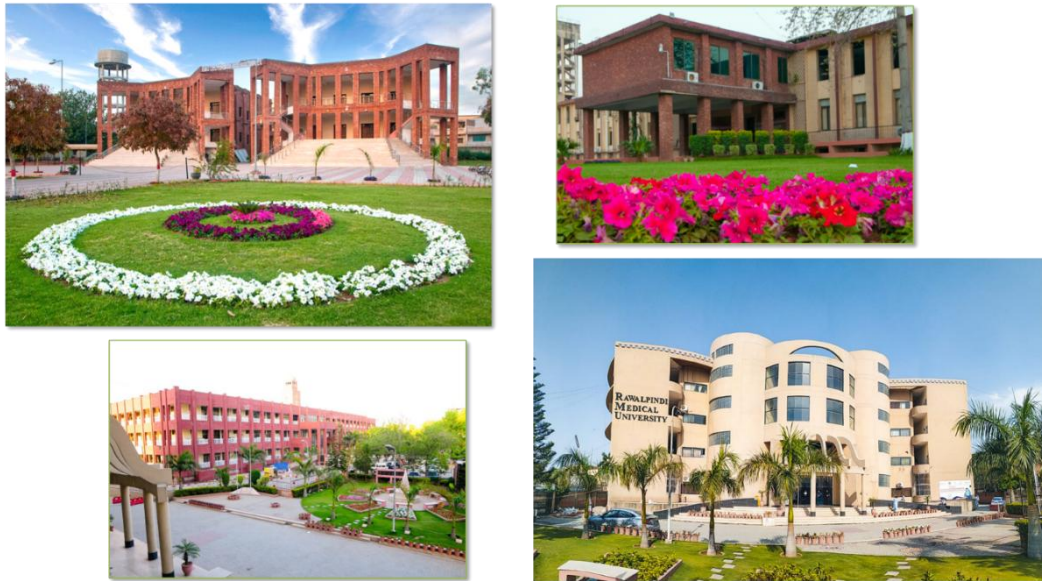
Infrastructure

Rawalpindi Medical University (RMU), located in Rawalpindi, Pakistan, is a prominent public-sector medical institution established in 2017. Formerly part of Rawalpindi Medical College, RMU has since evolved into a degree-awarding university dedicated to providing high-quality medical education, research opportunities, and healthcare services. The university emphasizes academic excellence and practical training, aiming to produce skilled and compassionate healthcare professionals.

RMU is affiliated with three major teaching hospitals: Holy Family Hospital (HFH), Benazir Bhutto Hospital (BBH), and District Headquarters Hospital (DHQ). These hospitals serve as vital clinical training grounds for RMU students, offering them exposure to diverse medical conditions and hands-on learning experiences under the supervision of experienced faculty.

Holy Family Hospital, the largest and most advanced of the three, specializes in maternal and child healthcare, offering services in gynecology, pediatrics, and neonatology. It is equipped with

modern diagnostic and therapeutic facilities, making it a hub for research and postgraduate training.



Benazir Bhutto Hospital, formerly known as Rawalpindi General Hospital, is a multi-disciplinary healthcare facility renowned for its emergency and trauma care services. It hosts various departments, including cardiology, nephrology, and orthopedics, catering to a high patient volume from Rawalpindi and surrounding areas.

Rawalpindi Teaching Hospital focuses on primary and secondary healthcare services. It supports RMU's mission by providing practical exposure in internal medicine, general surgery, and outpatient care.



These hospitals collectively handle thousands of patients daily, contributing to RMU's commitment to community health. Together, they embody a seamless integration of education, research, and clinical service, fostering an environment where future medical professionals can thrive. RMU's collaborative efforts with these hospitals ensure its graduates are well-prepared to

meet the challenges of the healthcare industry. All the students enrolled in Rawalpindi Medical College have full access to the indoor and outdoor patient facilities for their teaching and learning, without any financial responsibility for expense incurred for their teaching & learning including material costs. The students and faculty members / staff of the Rawalpindi Medical College & University are also fully entitled for free inpatient & outpatient medical treatment in these attached teaching hospitals of Rawalpindi Medical University.

Accreditations

Rawalpindi Medical University (RMU) is a prestigious medical institution in Pakistan, recognized for its commitment to academic excellence and professional training in the healthcare sector. Over the years, RMU has achieved accreditation from various national and international governing bodies, underscoring its dedication to maintaining high standards in medical education and research.



PMDC Accreditation
Jan 2020

The Pakistan Medical and Dental Council (PMDC), now replaced by the Pakistan Medical Commission (PMC), accredits RMU for its undergraduate and postgraduate medical programs. This accreditation ensures that RMU meets the rigorous academic and clinical standards required for training competent healthcare professionals in Pakistan. The university's adherence to PMC guidelines highlights its focus on delivering quality education that aligns with national healthcare needs.



HEC Accreditation
March 2020

RMU has also earned recognition from the Higher Education Commission (HEC) of Pakistan, which is responsible for overseeing and funding higher education institutions in the country. The HEC accreditation signifies RMU's compliance with quality assurance protocols, including faculty qualifications, research output, and infrastructure development. This recognition enhances the university's credibility and makes its graduates eligible for advanced studies and professional opportunities both domestically and internationally.

On the international front, RMU is listed in the World Directory of Medical Schools (WDMS), a global database that facilitates the recognition of medical schools worldwide. This listing allows RMU graduates to pursue postgraduate training, licensure, and practice in various countries, including the United States, the United Kingdom, and Canada. Moreover, RMU's inclusion in the International Medical Education Directory (IMED) and recognition by the Educational Commission for Foreign Medical Graduates (ECFMG) further solidify its global standing, enabling its students to participate in international medical examinations and residencies.

Additionally, RMU actively collaborates with international medical institutions and research organizations, further enhancing its reputation and educational standards. The university's focus on continuous improvement and alignment with global medical education trends ensures that it remains a top choice for aspiring medical professionals.

These accreditations not only validate the quality of RMU's academic programs but also enhance its graduates' prospects for successful careers worldwide. Through these affiliations, RMU continues to play a pivotal role in shaping the future of healthcare in Pakistan and beyond.

Admissions

For the admissions to the medical colleges of the province of the Punjab, the policy guideline of the Specialized Healthcare & Medical Education (SHC&ME) Department will be followed.

1. University of Health Sciences (UHS), Lahore, "Admitting University", shall conduct admissions to MBBS/ BDS courses of public and private sector Medical and Dental Institutions/ Colleges in Punjab for the Session 2024- 2025.

2. The merit determination formula for the Session 2024-2025 shall be as under:

MDCAT	50% weightage
F. Sc. (Pre-Medical)/HSSC/ Equivalent	40% weightage
Matriculation/ SSC/ Equivalent	10% weightage

3. The pass percentage and validity period of MDCAT shall be as under:

Examination	Course	Pass %	Validity Period
MDCAT	MBBS	55	Three years from the date of conduct of MDCAT
	BDS	50	

4. The eligibility criteria for admissions shall be:

- has passed the MDCAT Examination;
- has obtained a Higher Secondary School Certificate (HSSC) qualification or an equivalent 12th grade qualification recognized in Pakistan (IBCC Equivalence Certificate is mandatory in that case) and having obtained minimum 60% marks therein; and
- has passed the subjects of Biology and Chemistry and either Physics or Mathematics in the examination of the Higher Secondary School Certificate Examination or an equivalent 12th grade qualification recognized in Pakistan.

** Provided that the mandatory requirement of MDCAT shall not apply to the candidates admitted on special program seat pre-defined exclusively for foreign students and on the seats reserved for Overseas (being a Pakistani citizen permanently resident in foreign country) Pakistanis, who have studied and passed HSSC 12 grade examination or equivalent from outside Pakistan. Such students shall qualify SAT-II with minimum score of 550 in each subject or a foreign MCAT examination or UCAT examination with 50% marks in each subject prescribed as stated supra in 4(C).*

5. Hafiz-e-Quran Marks: The marks for Hifz-e-Quran shall not be granted for admission to Medical and Dental Colleges in the light of PM&DC Medical and Dental Undergraduate Education

(Admissions, Curriculum And Conduct) Policy and Regulations 2023 and the decision of six membered Bench vide Order dated 04.04.2023 in Suo-Moto case.

6. Students applying for admissions shall give an order of preferences for public and private sector Medical and Dental Colleges. In case of Private sector, there shall be no restriction on the number of colleges to be opted by a candidate. In case of public sector, the applicant has to choose all colleges in order of preference.

The application shall be editable till the closing date of submission; however; the number and order of preferences cannot be changed after last date of submission of on-line application. A college, not included in the preference list of students, shall not be considered for grant of admission / up-gradation.

7. Students admitted in private sector institutions may exercise the option to forego the right of upgradation at the time of joining an institution. The option once availed shall attain finality and shall neither be revoked nor modified at any subsequent stage.

8. The admission process shall be conducted through an on-line portal. The University of Health Sciences, Lahore shall charge a fee of Rs. 2000/- from each candidate applying for admission to public and private sector Medical & Dental Colleges in Punjab. Each candidate shall apply separately to a medical or dental program. A student having not applied to a given program shall not be entitled to admission to such program. The selected candidate shall deposit prescribed college fee within three (03) working days after the display of the merit list. The University shall prepare college-wise selection list(s) in accordance with merit- cum-preference of candidates through a fair digitalized system developed/ acquired by the University. The following procedures shall be followed:

- a. Candidates shall deposit prescribed colleges fee in any branch of Bank of Punjab in Pakistan. In case of failure to deposit the prescribed admission fee within stipulated time period, such candidates shall have no vested right of admission in that year.
- b. Only those candidates shall be considered as admitted candidates who will “join” the program by (a) depositing the prescribed fee and other dues by due date, and (b) reporting (in writing) to their respective colleges by due date.

Domicile

- Domicile of the candidate is a mandatory document. The candidates having domicile of any district of Punjab are eligible to apply for admission against Open Merit, Under-Developed Districts, Students with Disabilities, Cholistan, and Reciprocal (for Punjab-domiciled candidates in other provinces/regions) categories of seats.
- The candidates having domicile of Islamabad (ICT) are eligible to apply against open merit seats in Punjab.
- Overseas Pakistanis/residents with dual nationality do not require a domicile for applying to their quota seats.

- For candidates applying on seats reserved for the students of Under-Developed Districts (Dera Ghazi Khan, Layyah, Rajanpur, Muzaffargarh, Lodhran, Mianwali, and Bhakkar) and Cholistan, it is mandatory to have a domicile of the relevant district. In the case of D.G. Khan and Rajanpur districts, candidates applying for tribal area-specific seats must have "Tribal Area" mentioned on their domiciles. Similarly, for Cholistan seat, candidates must have "Cholistan" mentioned on their domicile certificates.

Age Limit

There is no minimum or maximum age limit for admission to a medical and dental college.

Procedure and Conditions of Admission

Candidates are advised to consult the documentation available at the admission portal of University of Health Science's website www.uhs.edu.pk for details and policies related to

- Merit calculation
- Admission procedure
 - *Online application submission*
 - *Order of preference for colleges*
 - *Final application submission*
 - *Depositing the fee*
 - *Merit lists*
 - *Joining of selected candidates*
 - *Upgradation process*
 - *Admission rules for already admitted students*
 - *Cancellation of admission*
 - *Migration*

Submission of Mandatory Documents for Admission

- **Domicile Certificate:**

The Punjab Domicile is a mandatory document for candidates. Any other document such as an identity card, B-form, passport, or birth certificate will not substitute for the Punjab Domicile. Similarly, a receipt of application submitted for issuance of domicile of the candidate or parent's domicile on behalf of the candidate shall not be acceptable. Please keep in mind the following conditions regarding the domicile:

- i. Candidates having a domicile of Islamabad (ICT) can apply for Open Merit seats in Punjab.
- ii. Overseas Pakistanis/residents with dual nationality do not require a domicile for applying to their quota seats.

- iii. For candidates applying on seats reserved for the students of Under Developed Districts (Dera Ghazi Khan, Layyah, Rajanpur, Muzaffargarh, Lodhran, Mianwali, and Bhakkar) and Cholistan, it is mandatory to have a domicile of the relevant district. In the case of D.G. Khan and Rajanpur districts, candidates applying for tribal area-specific seats must have "Tribal Area" mentioned on their domiciles. Similarly, for Cholistan seat, candidates must have "Cholistan" mentioned on their domicile certificates.

- **Educational Documents and Their Attestation:**

- i. As per the Higher Education Commission's letter dated May 18, 2023, all candidates are required to get their Matriculation and F.Sc (Pre-Medical) certificates or result cards attested by the Inter Boards Coordination Commission (IBCC).
- ii. Candidates with foreign educational qualifications (such as A-levels, IB, American/Canadian 12th grade, etc.) must.
- iii. Submit an Equivalence Certificate or Provisional Equivalence Letter for the equivalent educational qualification of their 10th and 12th grade examinations, issued and duly attested by IBCC.
- iv. Candidates who have not received equivalence for "Pre-Medical Group" in 12th grade examination from IBCC must submit the result card issued by the relevant board or university (e.g., Cambridge or Edexcel) along with their application, proving that Biology, Chemistry, and Physics/Mathematics were their subjects in the 11th and 12th grades.

- **Identity Documents:**

- i. Identity documents include the Computerized National Identity Card (CNIC), National Identity Card for Overseas Pakistanis (NICOP), Pakistan Origin Card (POC), B-Form/ Child Registration Certificate (CRC), and Passport. The candidate must submit at least one of the aforementioned documents.
- ii. Along with the application form, the candidate must upload an identity document of one of the parents (Father/Mother).
- iii. Pakistani students residing abroad and holders of dual nationality applying for their reserved seats must upload one of the following documents:
 - *Iqama*
 - *Residence Permit*
 - *Green Card*
 - *Foreign Passport*

Note: For candidates residing in Kingdom of Saudi Arabia (KSA), it is mandatory to submit a digital copy of their Iqama downloaded from the Absher or Ministry of Interior, KSA, official website, displaying the expiry date of the permit, along with the printed copy of their Iqama.

- iv. Identity documents with an expiry date that has passed before the application deadline shall not be accepted under any circumstances.

- **Special Documents:**

These are the documents required specifically for applying to Quota Seats. They are not necessary for candidates applying solely on open merit.

- i. Candidates applying for reserved seats for Underdeveloped Districts must submit an Education Verification Certificate (a template is available on the UHS website) as proof that the candidate has obtained education from their respective district from the first class to the twelfth class. This certificate must bear the signatures and seals of the heads of all educational institutions (schools and colleges) from which the candidate got his/her education. The verification of this certificate shall be done by the respective Chief Executive Officer (District Education Authority) and Director of Education (Colleges). Additionally, the Deputy Commissioner of the relevant district shall also attest this certificate.
- ii. In addition to this Education Verification Certificate, these candidates must also upload their School Leaving Certificates/ Character Certificates/Provisional Certificates from their respective educational institution.
- iii. Candidates aspiring to apply for Cholistan's reserved seat must upload the Cholistan Development Authority-issued certificate (a template is available on the UHS website) as proof that the candidate is a Cholistani by birth and that his/her current place of residence is in Cholistan.
- iv. Candidates with physical disabilities applying for their reserved seats must submit a Disability Certificate issued by the National Council for Rehabilitation of Disabled Persons (NCRDP), Ministry of Social Welfare, or the Provincial/District Social Welfare Department. Based on this certificate, they shall be presented before a Medical Board, which will assess their eligibility for admission to medical/dental colleges.

Important Rules and Regulation Related to Admissions

- i. The Chairman, Provincial Admission Committee shall have the power to review and rectify the merit/selection lists in case of any bonafide error, omission, lapse, mistake, fraud or misrepresentation that occurs or is brought to his notice at any stage of admissions.
- ii. Revision of result or improvement of marks by any Board/University after the closing date of submission of application shall not affect the merit list of admissions for the current year in any way. In other words, revised marks certificate shall not be acceptable after the closing date of submission of applications. Similarly, results

- declared after the closing date of submission of applications shall not be accepted for admission in the current session.
- iii. Whenever two or more than two candidates are bracketed, i.e., they have exactly the same aggregate percentage after calculation, the tie shall be broken in the following steps (in the same order)
 - The one senior in age will be given preference;
 - The one having higher marks in MDCAT will be given preference;
 - The one having higher marks in HSSC/equivalent 12th grade examination will be given preference;
 - The one having higher marks in SSC/equivalent examination will be given preference, and if the tie still continues,
 - The one who submitted the online application of admission first will be given preference
 - iv. If considered necessary, the University may call any candidate for interview/investigation/enquiry at his/her own expenses.
 - v. The concerned college may refuse admission to any candidate who seems, for reasons to be recorded in each case at the time of interview, to be unsuitable or unlikely to become a good doctor. In case such a candidate is admitted, he/she can be struck off the rolls of the college, after issuing a notice to him/her to that effect.
 - vi. All selected candidates shall have to deposit all original documents at the time of interview in the medical/dental college for which they have been selected along with attested copies of these documents. The signature and thumb impression of the concerned student on the back of attested copies of documents will be taken by concerned college committee (to be constituted by the Principal). The original academic documents etc., will not be returned to the students until
 - he/she has completed his/her MBBS/BDS education (after passing final year professional examination or otherwise);
 - he/she has been debarred for further studies due to any reason.
 - In case of cancellation of admission/studies due to bogus/fabricated documents, original documents shall not be returned to the candidate and shall only be handed over to police/investigating agency, if required, after taking qualified receipt.
 - vii. At the time of admission, every medical/dental student shall submit a Surety Bond worth Rs. three (03) million stating that he/she would serve Government of the Punjab as a “Probationary Medical Officer / Woman Medical Officer” in the primary healthcare facilities for a period of one year after completing the foundation year/house job. In case, he/she fails to fulfil the commitment, he/she shall be liable to pay Rs. Three (03) million to the Government”. (Health Department Notification No.S.O.(ME)9-4/2015 dated 24th August, 2015).

- viii. The Medical Board of the respective medical colleges will examine selected candidates. If a candidate is disqualified medically, for reasons to be recorded, he/she will not be admitted. The Candidate must produce certificates to have been:
- Inoculated against the enteric group of fevers within the preceding 12 months;
 - Fully vaccinated against Tetanus;
 - Fully vaccinated against hepatitis “B” virus;
 - Foreign students will have to produce a certificate of their HIV status from prescribed laboratories in Pakistan. If during the course of studies any student is found to be positive for HIV infection, he/she shall be repatriated at his/her own cost to his/her country of origin.
- ix. The parent(s) or legal guardians should accompany all the candidates at the time of interview.
- x. No candidate will be admitted unless he/she has paid the college fee. All dues must be paid by the due date, otherwise the admission of defaulting students will be cancelled and next candidate on merit will be considered for admission.

Seats Allocation for Rawalpindi Medical University for Admissions Session 2024-25

Following open merit & quota seats have been allocated for Rawalpindi Medical University for the admissions of session 2024-25

Seat Type	No.
Open merit	326
Students with disabilities	2
Overseas Pakistanis	4
Ex-FATA	4
AJK	4
Gilgit Baltistan	7
Reciprocal seats for KPK & Balochistan	1 (For Balochistan)
Goodwill Balochistan	2
PTAP Seats	5
IIOJK Seats	5
Afghan National Seats	8
Total Notified Seats	368

Eligibility Criteria for Quota Seats, Session 2024-25

- Seats for Students with Disabilities**
 - The candidate must have fulfilled the mandatory eligibility criteria as stipulated by the Pakistan Medical and Dental Council.
 - The candidate must have domicile of Punjab.

- c. The candidate shall have to attach a certificate from a government certified specialist about the nature of his/her disability. Such certificate, however, will only make him/her eligible to apply against the reserved seats.
- d. A Medical Board constituted by the Vice Chancellor of the University of Health Sciences shall make final decision about the eligibility of the candidate for admission against the reserved seats.
- e. The Medical Board shall consist of experts who will examine the candidate for physical disability, visual disability and hearing disability.
- f. Disability for the purpose of admission to medical and dental institutions is defined as "a physical impairment that has a substantial and permanent adverse effect on candidate's ability to carry out normal day-to-day activities and puts him/her at disadvantage as compared to a normal person for acquiring education before entering a medical or dental institution. However, the person is, otherwise, capable of completing his/her medical or dental education and performing his/her duties satisfactorily as a medical or dental practitioner later on. Here:
 - 'substantial' means neither minor nor severe; a person with minor or severe disability ineligible.
 - 'permanent' means that the effect of the impairment is likely to last for the rest of the person's life
 - 'normal day-to-day activities' include mobility, manual dexterity, speech, hearing, seeing, understanding danger, and memory.
- g. The threshold of disability will be judged by the Medical Board, according to a pre-defined, structured criterion.
- h. The Merit List of disabled candidates shall be finalized on the basis of *inter se* merit.
- i. The decision of the Medical Board shall be final. Ex-FATA Seats:

2. Ex-FATA Seats

The admissions against these seats shall be made by the KPK government through Khyber Medical University, Peshawar, as per rules contained in the Prospectus of KPK Medical/Dental Colleges. A Joint Admission Committee shall select the candidates on merit and the nomination for admission. The candidate nominated must have fulfilled the mandatory eligibility criteria as stipulated by the Pakistan Medical and Dental Council.

3. Seats for Students of Azad Jammu & Kashmir (AJ&K)

Candidates belonging to Azad Jammu & Kashmir shall apply to the Joint Admission Committee for Medical Colleges of AJ&K or any institution or entity authorized by the Azad Government of State of AJ&K for that purpose. The candidates nominated must have fulfilled the mandatory eligibility criteria as stipulated by the Pakistan Medical and Dental Council. Only those candidates will be admitted to the various medical/dental colleges of Punjab, against seats reserved for Azad Jammu & Kashmir whose nominations, together

with the applications and certificates, are received through the Specialized Healthcare and Medical Education Department. Government of the Punjab.
Direct applications shall not be entertained.

4. Seats for Students of Gilgit-Baltistan (GB)

Candidates of Gilgit-Baltistan shall apply to the Directorate of Education, Gilgit Baltistan. The candidates nominated must have fulfilled the mandatory eligibility criteria as stipulated by the Pakistan Medical and Dental Council. Only those candidates will be admitted to the various medical/dental colleges of Punjab, against seats reserved for GB whose nominations, together with the applications and certificates, are received through the Specialized Healthcare and Medical Education Department, Government of the Punjab. Direct applications shall not be entertained.

5. Foreign Students Seats under Pakistan Technical Assistance Program (PTAP)

- a. The applicants seeking admission to medical/dental institutions of the Punjab under this category should submit their applications through their own governments/embassies to the Government of Pakistan (Economic Affairs Division, Islamabad) which will make necessary selection and allocation on the basis of Merit, Choice and Availability of seats.
- b. The nominations against these seats, shall be communicated to the Specialized Healthcare and Medical Education Department. Government of the Punjab, by Economic Affairs Division, Islamabad for onwards transmission to the concerned institutions.
- c. Applications submitted directly to the University or to the Government of the Punjab, shall not be entertained.

6. Seats for Overseas Pakistanis/Dual Nationality Holders of Pakistani Origin

- a. The candidate must fall under the category of "foreign students" as per PM&DC Regulations.
- b. The candidate must hold a permanent foreign nationality or is an Overseas (being a Pakistani citizen permanently resident in foreign country) Pakistani, and who has studied and passed HSSC 12th grade examination or equivalent from outside Pakistan and is a resident of a foreign country at the time of applying for admission and possess a certificate from the institution last attended to this effect.
- c. The candidate seeking admission on these seats must fulfill the eligibility criteria as stipulated by the Pakistan Medical and Dental Council.

7. Reciprocal Seats

a. Admission of students from other Provinces

The candidates from other provinces on reciprocal basis will be selected and nominated by the respective Provincial Governments. The nomination against reciprocal seats will be communicated to the Specialized Healthcare and Medical Education Department, Government of the Punjab, by the respective Provincial Health Secretary. The candidates

nominated for admission must have fulfilled the mandatory eligibility criteria as stipulated by the Pakistan Medical and Dental Council.

b. Goodwill seats of Balochistan

As a goodwill gesture, the Government of Punjab has allocated seats for Balochistan domiciled students to be nominated by the Balochistan Government for admission in medical institutes of the Punjab on unilateral basis. The nomination against reciprocal seats will be communicated to the Specialized Healthcare and Medical Education Department. Government of the Punjab, by Balochistan Health Secretary. The candidates nominated for admission must have fulfilled the mandatory eligibility criteria as stipulated by the Pakistan Medical and Dental Council.”

Fee & Subscriptions

The fee structure for MBBS and BDS (all categories of seats) in public sector medical colleges of the Punjab, for Session 2024-2025 is as follows. All Fees/Charges are subject to change from time to time with the approval of the Government of the Punjab.

MBBS Year	Fee Head	Rupees
1st	Admission fee	200/-
	Tuition fee	15000/-
	Miscellaneous charges	2830/-
	Total	18030/-
2nd	Tuition fee	15000/-
	Miscellaneous charges	630/-
	Total	15630/-
3rd	Tuition fee	15000/-
	Miscellaneous charges	830/-
	Total	15830/-
4th	Tuition fee	15000/-
	Miscellaneous charges	630/-
	Total	15630/-
5th	Tuition fee	15000/-
	Miscellaneous charges	730/-
	Total	15730/-

Scholarships

Punjab Government Merit Scholarships

The following merit scholarships are sanctioned by the Punjab Government for students in each medical university,

- Two scholarships for second year M.B.B.S students
- Two scholarships for third year M.B.B.S students

- Two scholarships for fourth year M.B.B.S students
- Two scholarships for final year M.B.B.S students
- Rs. 1000/- per month (Non-boarder)
- Rs. 2000/- per months (boarder)

Local Bodies Scholarships

The students are requested to contact the in-charge Scholarship Committee, the RMU website for details of these scholarships. The details can also be gotten from the Students Section.

List of All Government & Non-Government Scholarships

S. No.	Name of Scholarship	Resource Department/ Person
1.	Merit Scholarships	Govt, of the Punjab, Education Department
2.	Merit Scholarship (According to Prospectus)	Rawalpindi Medical University for 1" and 2" position holder
3.	Pakistan Bait ul-Mall Scholarship	Pakistan Baitul Mall
4.	MORA Scholarship	District Zakat Committee
5.	Fee Concession (10% of pass students)	Rawalpindi Medical University
6.	Abdul Mateen Ansari Memorial Scholarship (AMS)	Thinkers Forum Pakistan (TPF)
7.	Students Loan Scheme (interest free)	National Bank of Pakistan, Medical College Branch, Rwp.
8.	Farogh-e-Islam Foundation	Farogh-e-Islam Foundation, Rawalpindi (Profit of NIT units)
9.	FAMS Scholarship	Dr. Aamir Ayub, U.K
10.	PEF (Zakat/Qarz e Hasna)	Professional Education Foundation, Karachi
11.	Hakeem Muhammad Saeed Scholarship	Hakim Muhammad Saeed Foundation
12.	Merit Scholarship	Federal Board of Education, Islamabad
13.	Benevolent Fund	Govt, of the Punjab (Children of Punjab Govt. Employees)
14.	Fauji Foundation	Fauji Foundation (Children of Retired Defense Person)
15.	National Education Foundation	National Education Foundation
16.	Staff Welfare Scholarships	Staff Welfare Organization, Islamabad (Children of Federal Govt. Employees)
17.	PMA Scholarship	Pakistan Medical Association
18.	RIFAO (Rashida Iqbal Financial Aid Organization)	Financial assistance at local level

Note: One student is allowed to get any one scholarship only.

Undergraduate Teaching Program at RMU

The Undergraduate Integrated Learning Program is geared to provide you with quality medical education in an environment designed to:

- Provide thorough grounding in the basic theoretical concepts underpinning the practice of medicine.
- Develop and polish the skills required for providing medical services at all levels of the health care delivery system.
- Help you attain and maintain the highest possible levels of ethical and professional conduct as healthcare professionals.

Integrated Modular Curriculum

The clinically oriented integrated modular curriculum at Rawalpindi Medical University (RMU) represents a significant shift from traditional medical education methods. This curriculum is designed to integrate basic and clinical sciences, promoting a holistic understanding of medicine through a student-centered approach. The key feature is its modular structure, where related topics from various disciplines are taught together, allowing students to appreciate their interconnectedness and clinical relevance.

Each module is organized around a specific system or theme, such as the cardiovascular or respiratory system, combining anatomy, physiology, pathology, and clinical medicine. This approach ensures that students can directly relate theoretical knowledge to practical scenarios. Early exposure to clinical settings is a hallmark of this curriculum, enabling students to interact with patients and apply their learning in real-world contexts from the beginning of their medical education.

The curriculum emphasizes active learning strategies, such as problem-based learning (PBL), case discussions, and small group activities, fostering critical thinking and teamwork. Assessments are also integrated, focusing on evaluating both knowledge and its application through multiple formats, including written exams, practicals, and Objective Structured Clinical Examinations (OSCEs).

By aligning education with modern medical practices, RMU's integrated curriculum aims to produce well-rounded, competent physicians equipped to address complex healthcare challenges. This innovative approach not only enhances students' clinical acumen but also prepares them for lifelong learning, a vital trait in the ever-evolving field of medicine.

This modular system was introduced and successfully taught to first year batch 2017-18. Rawalpindi Medical University is the first public sector university in Punjab to take the initiative of developing and adopting the clinically oriented integrated modular curriculum successfully.

Advantages of Modular Curriculum

- Comprehensive coverage of all topics
- Multi-disciplinary approach
- Stimulates analytical thinking/critical thinking
- Better correlation
- Better understanding of concepts
- Integration of Basic and Clinical Sciences
- Varied teaching methodologies for the same topic
- Enhances student participation
- More interesting for students
- Greater teacher-student interaction

The examination system was also modified. Instead of an annual system of assessment there are more frequent modular assessments at the end of each module. The conventional methods of clinical examination have also been replaced by OSCE (objective structured clinical examination) which has eliminated subjectivity from the assessments.

Rigorous evaluation of curriculum reform and educational interventions will always be required if we are to be certain that we are doing the best that we can for our students and our patients.

Problem Based Learning Method at Rawalpindi Medical University - A Modern Teaching Strategy

Problem-Based Learning (PBL) is an instructional approach that uses complex, real-world problems as a platform for students to explore and understand concepts and principles, rather than relying on direct presentations of facts. This method not only delivers course content but also encourages the development of critical thinking, problem-solving, and communication skills. Additionally, PBL provides opportunities for collaborative work, research evaluation, and fostering a commitment to lifelong learning.

Rawalpindi Medical University (RMU) stands out as a pioneer among public sector medical colleges for adopting PBL as a core teaching methodology. Rooted in the principles of Adult Learning and Constructivism, PBL promotes critical thinking and empowers students to become self-directed, lifelong learners.

Other Undergraduate Training Programs at RMU

Institute of Allied Health Sciences

Other training programs at Rawalpindi Medical University Institute of Allied Health Sciences
Allied health sciences available at RMU are:

- Physiotherapy (Doctor of Physiotherapy)
- Orthotics & Prosthetics.
- Optometry & Orthoptics.
- Medical Imaging Technology.
- Medical Laboratory Technology

Rawalpindi Medical University faculty trains the students of Allied Health Sciences in both basic and clinical subjects.

Colleges of Nursing

There are three colleges of nursing situated in Holy Family Hospital, Benazir Bhutto Hospital and Rawalpindi Teaching Hospital, providing high quality nursing training to the nursing students, in a variety of diploma programs as well as BSN program. Nursing students are also provided with facility of hostels in all three Allied Hospitals.

Policies & Guidelines

RMU Attendance Reward Policy 2024

Purpose

In an effort to promote academic discipline and the importance of regular class attendance, Rawalpindi Medical University is committed to recognizing and rewarding students who demonstrate exceptional commitment to their education. This policy aims to cultivate a culture of responsibility and punctuality among students by acknowledging those who maintain consistent attendance in all academic activities.

Regular attendance is vital not only for academic success but also for the development of professional habits essential for future medical practitioners. Through this Attendance Reward Policy, the University seeks to motivate students to engage fully in their educational journey and recognize their dedication to maintaining high attendance standards.

This policy reflects the University's belief that consistent participation in lectures, clinical sessions, and other academic engagements plays a crucial role in enhancing the learning experience, fostering peer collaboration, and preparing students for the demands of their future careers in medicine.

Scope

This policy applies to all medical students of all years enrolled in Rawalpindi Medical University covering all scheduled classes, labs, and clinical rotations as part of the curriculum.

Reward System

If students maintain 90% and above attendance in a subject in block, he/she will be given reward in Continuous Internal Assessment (CIA) according to following formula in that particular subject.

- **Category A** = 100% Attendance = 10% of total CIA (3 Marks)
- **Category B** = 96-99% Attendance = 07% of total CIA (2 Marks)
- **Category C** = 90- 95% Attendance = 03% of Total CIA (1 Mark)

Explanation

(Example of 1st Year)

- Three Blocks (Three core subjects Anatomy, Physiology & Biochemistry)
- Total Professional marks 900
 - Total CIA - 270 Marks (30%)
 - Professional Examination-630 Marks (70%)
(90 Marks /Block, 30 marks/ subject)
 - Subject wise CIA in one block is as follows:
 - Anatomy = 30 marks
 - Physiology = 30 marks

- Biochemistry = 30 marks
- **Grid for CIA Marks by Attendance**

Category	Attendance	CIA Marks by Attendance		
		Marks in Each Subject in Each Block (30)	Marks in Each Block (90)	Total CIA Marks in 03 Blocks (270)
A	100%	3	9	9x3=27 (10%)
B	96-99%	2	6	6x3=18 (7%)
C	90-95%	1	3	3x3=9 (3%)

Dress Policy

A university dress code fosters professionalism, discipline, and a sense of belonging among students. It prepares them for workplace norms, ensuring they present themselves appropriately in professional settings. Additionally, it promotes equality by minimizing distractions caused by diverse attire, creating a focused learning environment while reflecting the institution's values and culture. The university stresses on adhering to the following specified dress code

DRESS CODE FOR BOYS		DRESS CODE FOR GIRLS	
Allowed		Allowed	
White Overall & University ID Card with <ul style="list-style-type: none"> Dress Shirt with Dress Pants / Jeans National / Formal Dress, Jacket Dress Shoes & Joggers 		White Overall & University ID Card with <ul style="list-style-type: none"> Shalwar Qameez (Full Sleeves) Dopatta / Shawls Flat Pumps / Joggers 	
Not Allowed		Not Allowed	
<ul style="list-style-type: none"> T-Shirts / Collarless shirts Torn Jeans / Pants / Trousers Slippers / Loose Shoes, etc. Shawls Any Dress with Unsocial, Provocative, Improper Images or text. 		<ul style="list-style-type: none"> Sleeveless shirts Jeans of any kind / Tight fitting clothes / Transparent Clothes / Shirts with long slits / High heels Expensive Jewelry & Heavy Make-up Any Dress with Unsocial, Provocative, Improper Images or text. 	

Disciplinary Policy

The Rawalpindi Medical University follows the same rules and regulations as specified by the Punjab Government. These can be found on the RMU Website or the student section. The students are directed to follow these strictly, as some serious offences may even result in the expulsion of the student from the university.

“Ragging is strictly prohibited and the students taking part in it will be severely punished”

Discipline in Class Room

When the teacher enters his class room, the students should stand up and remain standing till they are directed to sit or till the teacher takes his seat. No pupil is allowed to leave the lecture room without the permission of his teacher or until the class is dismissed. Immediately after

assembly of the class, the roll will be called and absence of any student noted. A student coming late into the class room will be marked absent unless his excuse is accepted by the teacher. Any student misbehaving in the class room shall at once be reported by the teacher to the Vice Chancellor, who will take such action as he may deem proper. Students are not permitted to remain in the lecture room except during the prescribed hours of lectures.

Discipline in Hospitals

Students attending hospital are required to abide by the hospital rules and while in the hospital are under the Vice Chancellor, for disciplinary purpose, which may impose any of the following punishments on any student committing any offence in the hospital or for neglect or not properly carrying out any duty entrusted to him/her in the hospital. Debar him/her from attending any or all the departments or hospital for a period not exceeding three months. OR Impose such fine not exceeding Rs. 500.00 as he may consider appropriate.

The same punishment and procedure will apply to the students for any offence done in the hospital as is applicable under OFFENCES and PUNISHMENTS.

Applications for leave from students doing duty in the hospital wards or out patients departments must be submitted through their respective medical officers to the Vice Chancellor of the university. Every student is required to attend punctually at the hours notified for clinical practice and ward duty.

Discipline in Class Examination

Students are not allowed to take into the examination hall text books, notes or manuscript of any kind. Any student found infringing the examination rules or having recourse to unfair means may be expelled from the examination and the matter shall be reported to the Vice Chancellor, who may refer his case for action to the university disciplinary committee. Late comers arriving at the examination hall more than 15 minutes after the start of the paper will not be allowed to enter the examination hall.

General Discipline

Students are required to observe order and discipline at all times in the university.

“Smoking within the university premises is strictly prohibited”

- No game of any sort is to be played during the university and hospital duty hours.
- Displaying and distribution of partisan and political pamphlets or circulars etc., in the university and hospital premises are not allowed.
- All irregularities, neglect of duties and breaches of discipline are to be brought to the notice of the Vice Chancellor by the professors under whom the student is working.
- Every student to whom books or other property of government is entrusted shall be held responsible for their preservation in good condition and in the event of their being lost or damaged shall be required to replace them or repay their cost.

- Any student breaking or damaging any university property shall be required to pay the cost of repair or replacement.
- In case of willful damage, he shall be punished under the university disciplinary rules.
- If a student of the institution takes part in any political activity or conducts himself/herself in an unbecoming manner or in such manner as would interfere with the corporate life or educational work of the institution, the head of institution may take any action he deems proper or bring the matter before the Academic Council for proper action.
- No person shall be invited to address a meeting or society in the institution premises without prior permission of the head of the institution. In all cases, the chair shall be occupied by a responsible person approved for the purpose by the head of the institution. The subject of debate shall be fixed after obtaining the approval of the head of the institution in advance.
- No student shall address a Press Conference, nor write to the press on the political or related subject or matters concerned directly with the administration of the institution, University or any Government or Educational Institution in Pakistan or abroad. No poster or banner shall be put up without the approval of the head of the institution.
- No society may be set up by the students nor any meeting held in the institution premises without the written permission of the head of the institution.
- Riots, strikes, boycotts and demonstrations which create disturbance for other students or general public are not allowed.

Leave Policy

- All leave of absence from the university with the exception of sick leave will be without scholarship.
- Sick leave will only be granted on the production of a medical certificate from an authorized medical officer appointed by the Vice Chancellor of the university except when the student is already on leave out of station.
- In all cases leave taken will be at the student's own risk so far as the percentage of attendance is concerned and even medical certificate will not condone a deficiency in attendance.
- Students must not leave the station without the permission of the Vice Chancellor
- A student, who is absent without leave continuously for a period of four weeks, will be struck off the university roll.

Students Medical Certificate and Treatment

Students residing outside the university premises must obtain a medical certificate from a registered medical practitioner.

Students residing in the university premises including those on duty in the hospital, the medical certificate must be signed by a professor/associate professor / assistant professor of the university.

Medical certificate in support of absence must be produced at the earliest possible date and not weeks or months after the absence.

A medical certificate must specify the nature of the illness and the period with dates of leave recommended on account of that illness. Students who fall ill will be provided treatment on outdoor basis by a medical officer, specially assigned for this purpose. Medicine available in the hospital will be provided on the doctor's prescription. Student needing hospitalization will be entitled to the facilities of the general ward patients.

Books, etc.

Every student shall provide himself with all the prescribed text books and other necessary appliances

Correspondence

Students desirous of addressing the Vice Chancellor, by a letter must do so separately. Joint applications are entirely prohibited and will not receive attention. Any student wishing to make a representation on any subject has the right of direct access to the Vice Chancellor, at any time during the university hours. The Vice Chancellor, professors and other staff are accessible at any time for listening to the difficulties and grievances of students and shall always be pleased to advise them.

Hostel Policy

Admission to the Hostel

- i. The institutions are not bound to provide hostel accommodation to every student, however, accommodation will be provided subject to availability and according to the merit.
- ii. Hostel accommodation will be given to students seeking admission in the
- iii. medical, domiciled in places other than the city in which the institution is situated. Day scholars cannot apply except under special circumstances.
- iv. The head of the institution, on recommendations of the warden may refuse admission or reject the application of a student if he/she is satisfied that he/she is not a desirable person to live in the hostel.
- v. There are separate hostels for boys and girls. These hostels are open only to students on the respective college roll.
- vi. Seats shall be allotted by the warden in order of seniority and merit which will be determined by the year of study and by the marks obtained at the last University promotion examination. Failure in a class will be a discredit.
- vii. In making allotment the warden will also take into consideration the status of a boarder as well as his / her conducts and character.
- viii. Hostel allotment of students with outstanding dues is liable to cancellation.
- ix. Final year remanded students may be provided hostel accommodation subject to availability.

- x. No boarder is allowed to change his/her seat or accommodation without special permission of a warden concerned.
- xi. If a student who is allotted hostel accommodation is not personally residing and administration finds the misuse of the room i.e. keeping unlawful or illegal occupants, his/her allotment will be cancelled and the case will be referred to the Disciplinary Committee for further necessary action.

Hostel Fee & Subscription

The following hostel fee and utility charges are applicable to all public sector medical and dental colleges except Sargodha Medical College, University of Sargodha, and Nawaz Sharif Medical College, University of Gujarat. Hostel fee and subscription are payable by the students in advance for the full year along with the college fee:

Hostel Charges – FY 2024	
Utility charges	Rs. 31944/- per annum
Subscription to common room	Rs. 550/- per annum
Govt. charges	Rs. 1200/- per annum
Misc. Hostel Fund	Rs. 3960/- per annum
Total	Rs. 56626/- per annum

Note:

- The student will be allowed to use electrical appliances like mini fridge, electric iron, microwave oven, and desert cooler, only with the permission of college authorities. Those who will be allowed to use these appliances will be charged extra for electricity as determined by the Academic Council of the institution from time to time. Unauthorized appliances will be confiscated and unauthorized use will be referred to the Disciplinary Committee for further necessary action.
- Students should not leave their room lights or fans, exhaust fans running, during their absence from their rooms. If reported upon, a fine of may be imposed for negligence.
- If the security deposited is not claimed within six months after leaving the hostel the same amount shall be credited to the common room fund.

Mess Rules

- Mess will be managed by the students under the supervision of the assistant warden. All boarders shall eat from the respective messes.
- Members may elect their own mess secretary, who will prepare a monthly mess menu in consultation with the warden and the students. Messing cost will depend upon the monthly mess menu and the market prices of the consumables. Messing charges for each month must be cleared by the 5th of subsequent month.

- Meals are served in the Dining Room and must not be taken in the living rooms.
- Members intending to skip a meal must notify the Mess Secretary / Mess Supervisor at least 12 hours before the meal time, otherwise they will be charged for it.
- Each student will deposit a sum of Rs.5000/- for in the Hostel office as mess security. Any student, who does not pay the mess security, will not be entertained.
- Mess security will be returned after adjusting the student accounts only when they finally leave the hostel.
- Members will pay expenditure of previous months before the 5th of every month after which the assistant warden with the permission of the warden may debar any student from the use of mess till the later has paid the expenses/plus a penalty of Rs.100/- per day.
- On return from vacations, members shall clear their accounts of the last working month within five days of their return to the hostel. Defaulters shall be liable to penalty prescribed above. The hostel clerks under the supervision of the warden will maintain the accounts.
- Members inviting guests should intimate their intentions to the mess supervisor at least 12 hours before the meals are served to them.
- Only a bona-fide students will be eligible for mess membership.
- A member may lose his/her right or membership if his conduct is found unsatisfactory or if he does not abide by the rules of the mess but no member shall be dismissed without the sanction of the head of the institution.
- Self-cooking is not allowed in the hostels.

General Rules

- Fees and subscriptions once paid shall not be refunded in full or in part.
- The students failing to pay the required fee and subscription by the fixed date will be charged penalty of Rs.500/- per month (part of a month will be reckoned as full month) and shall be ejected from the college hostel if their accounts remain due for three successive months.
- If any student leaves the hostel without settlement of the hostel dues, the amount outstanding against him will be recovered from his security deposit and the student will be fined Rs. 5000/- in addition.
- The assistant warden is authorized to punish the boarder for any irregularity or breach in discipline by way of fine not exceeding Rs.2000/- for each violation of rules.
- Fines once levied will not be condoned.

Discipline

- The warden is responsible for maintenance of proper discipline in the hostel. He is authorized to punish students for any irregularities or breach of discipline. The warden may punish the students by way of a fine not exceeding Rs.5000/- for breach of discipline.

- Complaints by students proved to be correct after inquiry by the assistant warden shall be brought to the notice of the head of the institution for information to the parents of the boarders.
- Appeals against the orders of the assistant warden shall be made to the warden and those of the warden to the head of the institution.
- No gathering or meeting of boarders / non-boarders shall be allowed in the hostel premises in any case.
- No newspapers, periodicals, magazines, or any other publication other than those authorized by the head of the institution shall be brought into the hostels by any boarder.
- Every part of the hostel premises shall be open for inspection to the hostel and college authorities.
- Furniture must not be shifted from one room to another.
- All damages shall be repaired at the expense of the boarders responsible for the same.
- No religious ceremony likely to injure the feelings of other boarders shall be performed in the hostel.
- No boarder shall indulge in any amusement, which disturbs other boarders.
- Every boarder shall be in his room by 09:30 p.m. (except those who are on night duty in hospital). The assistant warden will go round the hostel at 09:30 p.m. to take the roll call of the students. Boarders are prohibited from leaving the hostel after 09:30 p.m. Any boarder, who wishes to stay out after this time, shall take prior permission from the warden. Latecomers after the roll call will first report to the assistant warden of their hostels before going to their rooms. Infringement to this rule is a serious offence. They have to fill the late coming form on register to explain reason.
- Applications for withdrawal from the hostel should be submitted to the warden.
- Any boarder found guilty of persistent violation of rules shall be expelled from the hostel by the warden.
- No boarder shall stay out for the night or spend the weekend without prior permission of the warden.
- Spitting in public or private rooms, verandahs or stairs is strictly prohibited.
- All waste papers and refuse must be placed in the receptacles provided for the purpose.
- Defacing walls and fixtures is strictly prohibited.
- All cases of sickness must be reported to the assistant warden at once for necessary action who may intimate the fact to the warden.
- Boarders are warned against interfering with the electric fittings.
- The use of liquor and other drugs of addiction in the hostel premises are strictly prohibited.
- Any kind of weapons are strictly prohibited. Defaulters shall be rusticated.
- Any student who is absent from hostel without permission for a period of more than one week, will automatically forfeit his allotment in hostel. Warden will open his room; store

the belongings in the store room after making an inventory. The student on return will seek re-allotment of accommodation in the usual way.

- Any student who is unable to occupy his allotted seat in the hostel by the notified date for rooms, other than certified illness for which he will submit a certificate before the due date will also forfeit his allotment in the usual manner.
- No student is allowed to have any political affiliation. Any student involved in such activities is liable to be expelled from the hostel. No political gathering in the form of welcoming parties to new first year class in hostel is allowed.
- **Ragging of first year students is not allowed.**
- The hostel authorities will not be responsible for loss of anything from the student's room. But loss if any should be immediately reported to the assistant warden who may report to the warden. Students are advised not to keep a large sum of money or other costly items in the room.
- All the students are advised to take care of their belongings. In case of loss of any precious thing, hostel administration is not responsible.

Visitors

- Rights of admission to the hostel premises are reserved.
- No stranger shall be admitted inside the hostel premises without the permission of the warden.
- No guest shall be allowed to reside in the hostel. Violation of this rule will render the boarder liable for expulsion from the hostel in addition to any other penalty which the warden may deem fit.
- Boarders are not allowed to keep motor cycle/car in the hostel when the college and hospital are adjacent to the hostel. However, this can be allowed in special circumstances by the warden at the boarder's risk. The boarder will pay parking charges, i.e. bicycle: Rs.100/- per month, motorcycle: Rs.500/- month and Rs.1000/- per month for a motor car.
- The visitors will be seated in the reception room and the student concerned will be informed by the peon after the entry has been made in the visitor's book.
- No male visitors are allowed to enter the female hostel. Only those male visitors can be entertained in the reception room whose names are given in the visitor's list which has been submitted in the hostel office duly signed by the parents or guardians of female students.

Special Rules for Female Students

- Parents or guardians are required to send a signed list of relatives who may visit their daughter.
- Students may receive authorized visitors from 5.00 p.m. to 8.00 p.m. At other times, visitors may be received only with the written permissions of the warden. The visitors will be seated in the reception room and will not be taken to living rooms.

- All applications for leave must be submitted to the warden, 24 hours before the date of leave.
- All students are required to take meals in the dining room. No student shall cook food in her room or bring food to her room.
- Free deliveries from restaurants or any other food item is only allowed till 9:00pm after their entry on colony's main gate.

Fee Policy

- The rate of fee given under "*Fee & Subscriptions*" is for current session only and shall be applicable to all categories of seats.
- The Punjab-domiciled candidates who will be selected for admission on Reciprocal seats in other Provinces/Regions will have to pay the remaining fee before they join the classes at their respective colleges.
- Newly selected candidates must pay their fee within the notified period. Failing to pay dues within the specified date and time, the candidate will lose his/her seat to the next candidate on the waiting list.
- A student who defaults in payment of tuition fee shall be liable to be expelled by the college subject to a reasonable period being granted to the student to remedy the defaulted fee.
- Only those students who are paying college dues will be considered as Bonafide students of the college.
- Students taking part in various sports clubs will pay additional subscription as fixed by the clubs.
- If the security deposited is not claimed within six months of leaving the institution, the amount shall be credited to the Students' Welfare/Benevolent Fund, which shall be used to help poor students.
- Unclaimed scholarships donated by agencies other than government shall be transferred to the Students' Welfare Fund after the expiry of one year period.
- A detained student shall be charged tuition fee in proportion to the number of failed subjects of that professional examination.
- The Academic Council of the institution may determine the rates of Students' Welfare Fund, Sports Fund, Magazine Fund and Mosque Fund, etc., according to the local conditions.
- Those students who avail the college transport will pay monthly charges in accordance with the rates as decided by the Academic Council of the institution from time to time.

Remission of Fee

- Remission of fee will be allowed by the Head of the Institution up to 10% of all students belonging to Punjab excluding remanded (including detained or expelled) students (two

half fee concessions are equivalent to one full fee remission). Remission of fee means only tuition fee. No other fee or fund will be refunded.

- Remanded (including detained and expelled) students will not be entitled for fee concession.
- Applications for fee remission must be submitted by the candidates along with a statement stating the financial position of the applicant's parent/guardian and from the head of the department. Fresh applications will be required every year.
- The grant of such remission will rest with the Head of the institution and will depend upon the financial condition, general conduct, work and progress of the student. Absence from or failure in professional or house examination, breach of discipline, neglect of studies or irresponsible conduct shall entail the loss of the concession.
- Any student who leaves the institution with the object of continuing his/her studies elsewhere may receive certificate of attendance and lectures on payment of fee at the following rates:
 - In case of registered students who have passed the University Professional Examinations, in the subject for which certificates are required Rs.100/- for a combined certificate embracing all, and Rs.30/- for certificate for one subject.
 - In case of registered students who have failed to qualify the University Professional Examination fee is Rs.100/- for each period of hospital instructions.

Refund of Fee

If a student after having obtained admission seeks to leave the programme, the college shall have the right to adjust the tuition fee already paid pro rata to the period spent by the student in the programme along with a penalty not exceeding ten percent of the total annual fee.

Student Counselling

Rawalpindi Medical University is unique in its student-centered approach. It is our aim to provide you with an environment which is conducive to your teaching and learning. However, medical school and studies can be very stressful. If you are having any problem getting in to the swing of things, you may communicate your issue to your assigned Group Facilitator or Student Liaison Officers of DME. Department of Medical Education provides our students with confidential counseling services, regarding future career planning as well as difficulties in studies. The student counselor will be available for interaction with the students at the RMU Old Teaching Campus on specified days. You are strongly recommended to avail these services for any problem you might be facing during your stay with us.

Orientation Week

The first few days of Medical University life can be confusing and daunting. Keeping this in mind, Rawalpindi Medical University has designed the first weeks' sessions as an orientation &

introduction to the medical University. You will be required to attend all the sessions as scheduled in the first week. Information can be obtained from the notice board or the DME.

Student Facilities

Libraries

There is a central library on the second floor of the RMU old campus building with the latest editions of all the Medical Text & Reference books on a wide variety of medical & paramedical topics. The university library also subscribes to leading international & national medical journals, review articles. The library timings are from 8.00 am to 2.30 pm, but steps are underway to increase the time till evening to aid students. Library membership card is free of cost, but Rs. 20/-



have to be paid, if lost. At a time, 2-3 books can be issued by one student, for a period of one month. After this period, the student has to get the book re-issued. There would be a fine of Re. 10/- per day after fifteen days have lapsed. Any damage/ loss to the books, while issued in the name of the student would be payable by the student.

The students have to get library cards issued from the library, once they have been registered and admitted in the college. The books can be issued on the library card. The students can avail this facility during their designated Self Directed Learning time.

The Holy Family Hospital and the Benazir Bhutto Hospital both have libraries for doctors and post-graduate trainees. These are open from 8.00 am till 7.00 pm, and can be availed for reference or general reading.

University Auditorium

It was inaugurated by General Muhammad Zia-ul-Haq (Former President of Pakistan) on 8th June, 1987. It is located in Old Campus of the university and is utilized for various purposes including recreational activities of students, conferences and seminars etc. It has a seating capacity of 1000 people.



RMU Sports Ground

A multi purpose ground exists in Old Campus. It is used for various purposes including sports activities, funfair, bookfair and annual dinner etc.

Skill Laboratory

It was established at New Teaching Block a few years back. It is basically meant to teach various skills to students via instruments and dummies. In our skill lab we teach obstetrical, gynaecological and surgical procedures like cardiopulmonary resuscitation, intravenous cannula insertion, performing laryngoscopy etc.

Annual University Magazine 'SHIFA'

Students magazine Shifa is a state of the art creation of RMU and it provides a platform to the students for their literary activities. Shifa magazine provides an opportunity to the student for writing fiction, poetry, comics, interviewing the celebrities and teachers. Shifa magazine also provides a pictorial voyage of various curricular and extracurricular activities of the students throughout the year. Literary society of the college compiles Shifa magazine and proof reading before publication is done by Patron in Chief.

Students' Journal of Rawalpindi Medical College (SJPMC)

The Students' Journal of Rawalpindi Medical College (SJPMC) is a student-led academic publication aimed at fostering research and academic growth among medical students. It provides a platform for showcasing original research, case reports, reviews, and medical insights. The journal encourages critical thinking and collaboration, promoting a culture of inquiry. SJPMC plays a pivotal role in enhancing the research capabilities and professional development of students at Rawalpindi Medical University, and is a testament of research culture at the institution.

Student Notice Boards

There are multiple notice boards around the university building. The students of first year are directed to check the main notice boards outside the Dissection Hall, Biochemistry Department, Physiology Department & Department of Medical Education regularly for information and updates. Venues for the teaching/learning sessions and the weekly timetable will be displayed accordingly, on these notice boards for the convenience of the students.

Cafeteria

Well stocked university cafeterias are located in both campuses. The students can avail the food services on payment. There are separate seating lounges for girls and boys. The cafeterias are open from 8.00 am to 2.00 pm.

Transport Services

The university provides transport facilities to its students to and from the hostels (girls & boys) and the teaching hospitals attached with Rawalpindi Medical University. The bus stand is located near the Latif Auditorium. The students should check the schedule of departure of buses by looking at the main student notice board. There is also bus service available for pick/ drop of students residing in Islamabad. This service is available on charge of Rs. 1500/- every month and seats are limited.

Hostels

For those students who have come from other cities to study at Rawalpindi Medical University may avail the hostel facilities provided by the university. There are 4 hostels currently available to the students for boarding purposes.

- Boys Hostel No. 1: University Premises near the Latif Auditorium, Main Campus, Tipu Road, Rawalpindi.
- Boys Hostel No. 2: National Market, Satellite Town, Rawalpindi.
- Girls Hostel No. 3: RMU Staff Colony, Rawal Road, Rawalpindi.
- Girls Hostel No. 4: RMU Staff Colony, Rawal Road, Rawalpindi.

The allotment of rooms is subject to availability and on first come first serve basis. Applications for Hostel Admission shall be submitted to the office of Warden Boys/ Girls Hostel. In case of approval of Hostel admission, the candidates are required to pay, within seven days of the approval, prescribed fees on prescribed payment form.

Failure in payment of fees may result in the cancellation of Hostel Allotment. In exceptional circumstances, Warden is empowered to extend the time for payment of Hostel fees up to four weeks. After payment of fees, the resident shall have to sign the terms of allotment describing the Hostel rules and regulation. Following which the resident can occupy the seat allotted to him/ her. Messing and other amenities in the hostels may be availed on payment. Strict rules and regulations apply for residence in the hostel and students are directed to get a copy of these from the hostel clerk at the time of allotment.

Important Resources



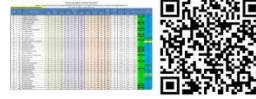
RMU Web: www.rmur.edu.pk



Mumtahir



CVS Module Study Guide



CIA



Annual Report
2018



Annual Report
2019



Annual Report
2020



Research Lab



Research Curriculum



Bioethics Curriculum



Planner



Implementation Report



Annual Report
2023



Flood Relief Efforts



AI Curriculum



Family Medicine

Annexure – I : Affidavit

AFFIDAVIT (Specimen)

(To be submitted on minimum Rs.20/- Stamp Paper)

1. I solemnly declare that all the particulars mentioned in the admission form are TRUE and CORRECT and I fully understand that if any of the statements made in the application is found to be incorrect or any document produced with this form is false/ fake, I would be liable to refusal for admission to the medical/dental institution, if otherwise eligible for admission and admit ted, would be liable to be expelled from the institution at any time during the course of my studies in which case all fee and other dues paid by me to the institution shall be forfeited and any further departmental or legal action which the Government may deem fit to take.
2. I am NOT already admitted to any medical/dental institution of the country, and if admitted, I will forgo my earlier admission and apply afresh.
3. I also solemnly declare that, if admitted, I will abide by the discipline, rules, and regulations of the institution as enforced at present and made from time to time by the institution authorities in future. I will concern myself only with the academic activities and such extra curricular activities, which are allowed by the institution for the healthy growth of body and mind. I undertake that I will not take part in any political activity or agitation and I will not become a member of any student wing of political, sectarian or caste-based parties of Pakistan. In matters of discipline, the decision of the head of the institution will be final and binding on me and I will not challenge that decision in any court of law in the country. I will be regular in paying institution's dues and will be punctual in attending my classes. I will not absent myself from teaching programmes without prior permission of the authority.
4. I undertake that so long as I am a student of the institution, I will do nothing either inside or outside the institution, hostels and hospital premises that may interfere with its orderly administration and discipline or may bring the institution or its administration into disrepute.
5. I fully understand that if I fail to clear the first and second professional M.B.B.S./ B.D.S. examination in four chances, availed or un-availed, after becoming eligible for each examination, I shall be expelled and shall not be eligible for continuation of studies.
6. I fully understand that there is no provision in the examination regulations for award of grace marks and promotion on carry on basis i.e., promotion to next higher class without passing the subjects of previous class in totality. If I violate the above affidavit, I shall be liable to appropriate punishment(s) prescribed in the prospectus of the Government medical/ dental institutions of the Punjab.

Dated: _____

(Signatures of the candidate)

(Name of the candidate)

Address: _____

Phone: _____

Signatures of student's father /guardian)

Father /Guardian Name: _____

C.N.I.C No.: _____

ATTESTATION BY FIRST CLASS MAGISTRATE

Annexure – II : Surety Bond

SURETY BOND (Specimen)

(To be submitted on minimum Rs.20/- stamp paper for admission against under developed districts' seats)

1. It is certified that I, Mr./Ms. _____ S/O, D/O _____, am a permanent resident of district _____.
2. I (student) solemnly declare that if admitted in MBBS/BDS against reserved seats of district _____, I will serve in my district for five years after graduation or in default I will be liable to pay Rs.5,00,000/- to the Government of the Punjab in addition to any other amount pledged by me at the time of admission.
3. I solemnly pledge that in case I am admitted against Open Merit as well as Reserved Seat, I will avail only one seat by my choice and let the other seat forgo, by submitting a written statement.
4. I (father) solemnly declare that the statement made above by my son/daughter is true and in case of violation the candidature/admission of my son/daughter will be cancelled.
5. I (father) solemnly declare that after graduation, my son/daughter will serve in the district _____ for five years and in case of violation I will be liable to pay Rs.5,00,000/- to the Government of the Punjab in addition to any other amount pledged by him/her on account of my son/daughter as a fine or my son/daughter will be liable to any legal action which the government may deem fit to take.

Dated: _____

(Signatures of the candidate)

(Name of the candidate)

Witness 1: _____

Witness 2: _____

father/guardian)

(Signatures of

(Name of father/guardian)

Annexure – III : Affidavit for Already Enrolled Students in other Medical Colleges

AFFIDAVIT (Specimen)

(To be submitted on minimum Rs.20/- stamp paper by a candidate already admitted in any medical/dental institute of the country)

I, Mr/Ms. _____ S/D/O _____ solemnly declare that I am admitted in _____ year class of MBBS/BDS in _____ (Name of the College), _____ (City). However, I am desirous of getting admission in a Government Medical/Dental Institution of the Punjab on merit. I solemnly pledge that if offered admission to First Year class of a Government Medical/Dental Institution of the Punjab, I will forgo my previous admission, any credit of examinations passed and previously paid dues.

I also declare that I have not been expelled/debarred for admission under any provision of the prospectus.

I also declare that I have paid the full self-financing fee for an additional year (if earlier admission was on self- financing seat).

Dated: _____

(Signatures of the candidate)

(Name of the candidate)

Witness 1: _____

Witness 2: _____
father/guardian)

(Signatures of

(Name of father/guardian)

Verification By Principal of The College

Signature _____

Name: _____

Official Stamp: _____

Date: _____

RMU At A Glance