**TIME TABLE
Integrated Clinically Oriented Modular Curriculum for Fourth Year MBBS**

Ophthalmology Module Time Table

Fourth Year MBBS Session 2025 – 2026

| Faculty |  Prof. Dr Fuad Ahmed Khan NiaziDr. Ambreen Gul (Associate Professor) Dr. Sidra Jabeen (Associate Professor) Dr.Saira Bano (Senior Registrar)Dr. Maria Zubair (Senior Registrar)Dr. Wajeeha (Senior Registrar)Dr. Fatima Sidra Tanveer (Senior Registrar)Dr. Salman Tariq (Senior Registrar) |
| --- | --- |
| Teaching Strategy | LGISSDLCBD |
| Lecture Sites | All Lectures in Lecture hall 1 / 2 From Monday till ThursdayAll Lectures in Lecture hall 4 / 5 Friday and SaturdayEVEN BATCH IN LECTURE HALL 2 AND 4ODD BATCH IN LECTURE HALL 1 AND 5 |
| List of Recommended books | Kanski’s Clinical Ophthalmology 9th editionParsons’ Diseases of the Eye 23rd editionBasic Ophthalmology by RenuJogi 4th ed.Clinical Ophthalmology by ShafiM.Jatoi 5th editionComprehensive Ophthalmology by Dr. Nasir Chaudhary |
| Assessment Strategies | MCQsEMQSEQsSAQOSPEOSCEOSVE |

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| * 1. Categorization of Modular Content of Ophthalmology
 |
| Category AProfessor Fuad Ahmad khan | Category BAssistant Professors | Category CSenior Registrar |
| Lens;1. Cataract- diagnosis and management2. cataract Surgery and its complications,3. Ectopia Lentis | Dr Sidra JabeenStrabismus;1. Squint diagnosis and assessment2. Squint ManagementEyelids;3. eyelid tumors and infections4. anomalies of eyelid positionPediatric Ophthalmology5. ROP, RB and congenital cataract | 1. Conjunctival Disorders – 12. Conjunctival Disorders – 23. Dry eye Syndrome4. Lacrimal Drainage system |
| trauma4. blunt ocular trauma5. penetrating ocular trauma | **Dr Ambreen Gul**Cornea;1. corneal Ulcer2. Corneal Dystrophies.Uvea3. Uveitis- diagnosis and management4. complications of UveitisGlaucoma;5. Approach to Glaucoma,6. Open and Closed Angle Glaucoma,7. Secondary Glaucoma | 5.visual pathway6.3rd, 4th, 6th cranial nerve palsies7. optic neuropathies8. Lacrimal System |
| Retina;6. Retinal Vascular Disorders,7. Retinal Detachment.8. acquired macular disorders |  | 1. Refractive errors
2. Scleritis/ episcleritis
 |
| 9. Refractive surgery |  | 1. Ocular manifestations of systemic diseases
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* 1. **CATEGORIZATION OF MODULAR CONTENT OF COMMUNITY MEDICINE DEPARTMENT**

|  |  |  |
| --- | --- | --- |
| Category A\* | Category B\*\* | Category C\*\*\* |
| LGIS | LGIS | SDGS | SDL | IUGRC SESSIONS(PAL) |
| Data analysis I | Geriatrics | HFA-2000 |  | Selection of research title(Finer Criteria) & literature review |
| Screening I&II | Hospital waste management | disinfections |  |  |
| Hospital management | HMIS – use of information in healthcare | Surface infections |  |  |
| Health education I,II,III | Prevention and control of Blindness |  |  |  |

Category A\*: Fundamental & Complex Concepts taken by Professors, Associate Professors and Assistant Professors

Category B\*\*: Intermediate concepts. Exercises. By Professorial faculty and Senior Demonstrators/ subject specialists.

Category C\*\*\*: Relatively lower complex concepts, exercises/ applications. By Assistant professors, Demonstrators & senior PGTs)

**Ophthalmology Module I- Block II**

**3 Weeks**

**RAWALPINDI MEDICAL UNIVERSITY RAWALPINDI NEW TEACHING BLOCK**

**TENTATIVE TIME TABLE 4th YEAR MBBS – (EYE) Module I 2025 (1st WEEK)**

| **DATE / DAY** | **8:00 AM – 9:00 AM** | **09:00am – 10:00am** | **BREAK 10:00AM – 10:30AM** | **10:30am – 12:00pm** | **12:00pm - 01:00pm** |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Monday****21-4-2025** | **Pathology (LGIS)** | **EYE (LGIS)** | **Clinical Clerkship****Annexure -1****(Complete 6 weeks rotation plan attached at the end of the curriculum)** |
| **Neoplasms of Eyelid (Squamous Cell CA, Basal Cell CA)****Prof. Dr. Mobina Ahsan Dhody/ Dr. Mudassara Zahid****Lect hall 1/ 2** | **Eyelid and Eyelash Disorder -1****Dr. Sidra Jabeen/ Dr saira Bano****Lect hall 1** |
| **Tuesday****22-4-2025** | **COMMUNITY MEDICINE****(LGIS)** | **Eye (LGIS)** |
| **Concepts of screening****Dr khola Noreen/ Dr. Sana bilal****Lect hall ½** | **Eyelid and Eyelash Disorder -2****Dr. Sidra Jabeen/ dr saira bano****Lect hall 1** |
| **Wednesday****23-4-2025** | **COMMUNITY MEDICINE****(LGIS)** | **Eye (LGIS)** |
| **Development of Questionnaire****Dr. Mehwish/Dr. Imrana****Lect hall 1/ 2** | **Lens-1****Prof. Dr. Fuad/ dr Sidra Jabeen****Lect hall ½** |
| **Thursday****24-4-2025** | **Community Medicine****(LGIS)** | **EYE (LGIS)** |
| **Interpretation of screening test****Dr khola Noreen/ Dr. Sana bilal****Lect hall ½** | **Lens-2****Prof. Dr. Fuad/ Dr Sidra Jabeen****Lect hall 1/ 2** |
| **Friday****25-4-2025** | **8:00AM- 9:45AM** | **09:45AM – 10:30** | **10:30AM – 11:15AM** | **11:15AM – 12:00PM** |
| **Community Medicine/ pathology****(SGD)** | **Ophthalmology****LGIS** | **Community Medicine (LGIS)** | **Pharma(LGIS)** |
| **Non neoplastic lesions of eyelids****Dr Fatima/ dr mahjabeen/ dr mehreen/ dr Iqbal** | **Lens-3****Prof. Dr. Fuad/ Dr Sidra Jabeen****Lect hall 4/ 5** | **Epidemiology of Blindness, Accidents, and injuries (LGIS)****Dr. Farah/Dr. Narjis****Lect hall 4/5** | **Ophthalmic Dosage Forms of Drugs****Dr. Zunaira/ Dr zufishan****Lect hall 4/5** |
| **Saturday****26-4-2025** | **08:00AM – 09:45AM** | **09:45AM – 10:40AM** | **10:40AM – 11:30AM** |  | **12:00 PM- 1:00PM** | **01:00PM – 02:00PM** |  |
| **Community Medicine/ pathology****(SGD)** | **Ophthalmology (LGIS)** | **Ophthalmology****(LGIS)** | **Community medicine****(LGIS)** | **Ophthalmology (LGIS)** |
| **Health for all****Dr. Mehwish/Dr. Saba/Dr. Mehreen/Dr. Maria** | **Models and approaches of Health Education II** **Dr. Khaula/Dr. Afifa****Lect hall 4/ 5** | **Ophthalmic emergencies****Dr sidra/ dr saira****Lect hall 4/ 5** |  | **Concepts of health education****Dr mehwish/ dr Afifa****Lect hall 4/5** | **Conjunctival Disorders – 1****Dr. Wajeeha/ dr Fatima sidra****Lect hall 1/ 2** |

**RAWALPINDI MEDICAL UNIVERSITY RAWALPINDI NEW TEACHING BLOCK**

**TENTATIVE TIME TABLE 4th YEAR MBBS – (EYE) Module I 2025**

| **DATE / DAY** | **8:00 AM – 9:00 AM** | **09:00am – 10:00am** |  | **10:30am – 12:00pm** | **12:00pm - 01:00pm** |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Monday****28-4-2025** |  |  |
| **SPORTS WEEK** |
| **Tuesday****29-4-2025** |  |
| **SPORTS WEEK** |
| **Wednesday****30-4-2025** |  |
| **SPORTS WEEK** |
| **Thursday****1-5-2025** |  |
| **SPORTS WEEK** |
| **Friday****2-5-2025** |  |  |  |  |
|  |  |  |  |
| **SPORTS WEEK** |
| **Saturday****3-5-2025** |  |  |  |  |  |  |  |
|  |  |  |  |  |
| **SPORTS WEEK** |  |

**RAWALPINDI MEDICAL UNIVERSITY RAWALPINDI NEW TEACHING BLOCK**

**TENTATIVE TIME TABLE 4th YEAR MBBS – EYE Module I 2025 2nd week**

| **DATE / DAY** | **8:00 AM – 9:00AM** | **09:00am – 10:00am** | **BREAK 9:30AM – 10:30AM** | **10:30am – 12:00pm** | **12:00pm - 02:00pm** |
| --- | --- | --- | --- | --- | --- |
| **Monday****5-5-2025** | **Community Medicine****(LGIS)** | **EYE (LGIS)** | **Clinical Clerkship****Annexure -1****(Complete 6 weeks rotation plan attached at the end of the curriculum)** |
| **Concept of descriptive statistics****Dr. Imrana/Dr. Abdul Quddus****Lect hall 1/ 2** | **Conjunctival Disorders – 2****Dr. Wajeeha/ dr Fatima sidra****Lect hall 1/ 2** |
| **Tuesday****6-5-2025** | **Dermatology****LGIS** | **Eye (LGIS)** |
| **Approach to a patient with Urticaria****CPC hall** | **The Lacrimal System****Dr. Fatima Sidra/ dr Wajeeha****Lect hall 1/ 2** |
| **Wednesday****7-5-2025** | **PATHOLOGY****(LGIS)** | **Eye****(LGIS)** |
| **Corneal and Conjunctival degenerative and neoplastic disorders****Dr. Kiran/ Dr. Fatima****Lect hall 1/ 2** | **Uvea – 1****Dr. Ambreen/ dr Maria****Lect hall 4/ 5** |
| **Thursday****8-5-2025** | **EYE****(LGIS)** | **EYE****(LGIS)** |
| **Dry eyes****Dr. Fatima Sidra/ dr Wajeeha****Lect hall 1/ 2** | **Uvea – 2****Dr. Ambreen/ Dr Maria****Lect hall 1/ 2** |
| **Friday****9-5-2025** | **08:00AM – 09:45AM** | **09:45AM – 10:30AM** | **10:30AM – 11:15AM** | **11:15AM – 12:00PM** |  |
| **Community Medicine (PAL)****HRM Contact Session** | **Pharma****(SGD)** | **Eye****(LGIS)** | **Eye****(LGIS)** | **Community Medicine****(LGIS)** |  |
| **Data Collection, Skills Behavior, Logistics and Field Issues (All Senior Faculty and Demonstrators)** | **ocular side effects of systemic medications** | **Squint diagnosis and assessment****Dr Sidra Jabeen/ Dr Saira****Lect hall 4/ 5** | **Refractive Errors****Dr. Fatima/ dr sulman****Lect hall 4** | **Interpretation Of Descriptive Statistics****Dr. Abdul Quddus/Dr. Rizwana****Lect hall 5/4** |
| **Saturday****10-5-2025** | **08:00AM – 09:45AM** |  | **9:45am-10:40am** | **10:40am-11:30am** | **11:30 – 12:00****Break** | **12:00pM – 1:00PM** | **1:00PM – 02:00PM** |  |
| **Pharma****(SGD)** | **Community Medicine (PAL)****HRM Contact Session** | **Eye****(LGIS)** | **Eye****(LGIS)** | **Community Medicine (LGIS)** | **Pharmacology (LGIS)** |
| **ocular side effects of systemic medications** | **Data Collection, Skills Behavior, Logistics and Field Issues (All Senior Faculty and Demonstrators)** | **Strabismus management/ amblyopia****Dr Sidra Jabeen/ dr saira Bano****Lect hall 1/ 2** | **Refractive Surgery****Prof Fuad/ Dr Ambreen****Lect hal 4/l 5** | **Hospital Administration****Dr. Narjis/ Dr Mahjabeen****Lect hall 4/ 5** | **Drugs used in Ocular Infections****Dr. Zunaira/ Dr. Uzma****Lect hall 5/4** |

**RAWALPINDI MEDICAL UNIVERSITY RAWALPINDI NEW TEACHING BLOCK**

**TENTATIVE TIME TABLE 4th YEAR MBBS – (EYE) Module 1 2025 (3rd WEEK)**

| **DATE / DAY** | **8:00 AM – 9:00 AM** | **09:00am – 10:00am** | **BREAK 10:00AM – 10:30AM** | **10:30am – 12:00pm** | **12:00pm - 02:00pm** |
| --- | --- | --- | --- | --- | --- |
| **Monday****12-5-2025** | **Community Medicine (LGIS)** | **Eye (LGIS)** | **Clinical Clerkship****Annexure -1****(Complete 6 weeks rotation plan attached at the end of the curriculum)** |
| **Principles and practices Health Education****Dr Saba /Dr. Afifa****Lect hall 1/ 2** | **Corneal ulcers****Dr. Ambreen/ Dr wajeeha****Lect hall 1/ 2** |
| **Tuesday****13-5-2025** | **Pathology****(LGIS)** | **EYE****(LGIS)** |
| **Pathology of cataract, glaucoma, intraocular infections and tumor****Dr. Mobina/ Dr. Mudassara****Lect hall 1/ 2** | **Cornea – 2****Dr. Ambreen/ Dr wajeeha****Lect hall 4/ 5** |
| **Wednesday****14-5-2025** |  |  |
| **Prep. Leave for End Module 1 Examination** |
| **Thursday****15-5-2025** | **8:00 AM – 10:00AM** |
| **End Module 1 Examination (written + AV OSPE)** |
| **Friday****16-5-2025** | **08:00AM – 09:45AM** | **09:45AM – 10:30AM** | **10:30AM – 11:15AM** | **11:15AM – 12:00PM** |  |
| **Community medicine****(SGD)** | **PATHOLOGY****(skill lab)** | **EYE****(LGIS)** | **Quran class** | **COMMUNITY MEDICINE****(LGIS)** |  |
| **Control of surface infections****Dr Asif/ dr Bushra** | **Neoplastic lesions optic nerve****Dr Nida Fatima** | **Cornea – 3****Dr. Ambreen/ Dr wajeeha****Lect hall 4/ 5** | **CPC hall** | **Hospital waste management practices****Dr. Narjis/ Dr. Mahjabeen****Lect hall 5/4** |  |
| **Saturday****17-5-2025** | **08:00AM – 09:45AM** | **09:45AM – 10:40** | **10:40AM – 11:30AM** | **BREAK****11:30AM – 12:00PM** | **12:00-1:00Pm** | **1:00PM – 02:00PM** |  |
| **PATHOLOGY****(Skill lab)** | **Community medicine****(SGD)** | **EYE****(LGIS)** | **Bioethics** | **Dermatology****(LGIS)** | **COMMUNITY MEDICINE****(LGIS)** |
| **Neoplastic lesions optic nerve****Dr Nida Fatima** | **Control of surface infections****Dr mehreen/ dr Bushra** | **Scleritis/ episcleritis****Dr. Maria/ Dr Sulman****Odd/Lect hall 1/ 2** | **Research and publication ethics****dr Arshad Sabir/ Dr Khola****Lect hall 5/4** | **An approach to a pt. with Cutaneous Leishamniasis or Leprosy****Dr. Shahwana****CPC hall** | **HMIS****Dr. Imrana/ Dr. Asif****Lect hall 5/4** |

**Ophthalmology** **Module II/ Block – II**

**3 Weeks**

**RAWALPINDI MEDICAL UNIVERSITY RAWALPINDI NEW TEACHING BLOCK**

**TENTATIVE TIME TABLE 4th YEAR MBBS – (EYE) Module II 2025 (4th WEEK)**

| **DATE / DAY** | **8:00 AM – 9:00 AM** | **09:00am – 10:00am** | **10:30am – 12:00pm** | **12:00pm - 02:00pm** |
| --- | --- | --- | --- | --- |
| **Monday****19-5-2025** | **EYE****(LGIS)** | **EYE****(LGIS)** | **BREAK****10:00 – 10:30** | **Clinical Clerkship****Annexure -1****(Complete 6 weeks rotation plan attached at the end of the curriculum)** |
| **Orbit – 1****Dr. Maria/ dr Sulman****Lect hall 1/ 2** | **Ocular Tumors****Dr sulman/ Dr Fatima****Even/Lect hall 1/ 2** |
| **Tuesday****20-5-2025** | **COMMUNITY MEDICINE****(LGIS)** | **EYE****(LGIS)** |
| **Primary Health Care** **Dr. Mehwish/ Dr. Mahjabeen****Lect hall 1/ 2** | **Orbit – 2****Dr. Maria/ dr Sulman****Lect hall 1/ 2** |
| **Wednesday****21-05-2025** | **COMMUNITY MEDICINE****(LGIS)** | **Eye (LGIS)** |
| **Millennium Development Goals & Sustainable Development Goals Dr. Mahwish/ Dr. Afifa****Lect hall 1/ 2** | **Pupillary disorder****Dr Fatima/ Dr sulman****Lect hall 1/ 2** |
| **Thursday****22-5-2025** | **Labour day** |
| **Friday****23-05-2025** | **08:00AM – 09:45AM** | **09:45AM – 10:30** | **10:30AM – 11:15AM** | **11:15AM – 12:00PM** |  |
| **Community medicine****(SGD)** | **Eye****(LGIS)** | **Eye (LGIS)** | **Eye (LGIS)** |
| **Disinfection****Dr mehjabeen/ dr maria/ dr mehwish/ dr saba** | **Retinal vascular disorders****Prof. Dr. Fuad/ dr Saira Bano****Lect hall 4/ 5** | **Visual pathway disorders****Dr. Fatima/ Dr Sulman****Lect hall 4/ 5** | **Open angle Glaucoma****Dr. Ambreen/ dr Saira****Lect hall 4/ 5** |
| **Saturday****24-05-2025** | **08:00AM – 09:45am**  | **09:45AM – 10:40** | **10:400AM – 11:30AM** | **BREAK****11:30AM – 12:00PM** | **12:00PM- 1:00PM** | **12:30PM – 01:00PM- 02:00PM** |
| **PATHOLOGY****(SGD)** | **Eye****(LGIS)** | **Pharma** **(LGIS)** | **Community medicine (LGIS)** | **Dermatology (LGIS)** |
| **Pathophysiology and manifestation of systemic diseases in eye****Dr mudassira/ dr unaiza/ dr Ayesha/ dr faiza** | **Retinal detachment****Prof. Dr. Fuad/ dr Saira Bano****Lect hall 4/ 5** | **Drugs used in glaucoma****Dr attiya/ dr hasiba****Lect hall 4/ 5** | **Health Management and Planning****Dr. Narjis/ Dr. Asid****Lect hall 4/5** | **An approach to a pt. with Nail Disorders.****Dr. Shahwana****CPC hall** |

**RAWALPINDI MEDICAL UNIVERSITY RAWALPINDI NEW TEACHING BLOCK TENTATIVE TIME TABLE 4th YEAR MBBS – (EYE) Module II 2025 (5th WEEK)**

| **DATE / DAY** | **8:00 AM – 9:00 AM** | **09:00am – 10:00am** |  **10:30am – 11:00pm** | **11:00pm - 02:00pm** |
| --- | --- | --- | --- | --- |
| **Monday****26-05-2025** | **EYE****(LGIS)** | **Eye (LGIS)** |  | **Clinical Clerkship****Annexure -1****(Complete 6 weeks rotation plan attached at the end of the curriculum)** |
| **Secondary Glaucoma** **Dr. Ambreen/ dr Saira****Lect hall 1/ 2** | **Optic neuritis****Dr. Fatima/ Dr Sulman****Lect hall 1/ 2** |
| **Tuesday****27-05-2025** | **Dermatology****(LGIS)** | **EYE****(LGIS)** |
| **An approach to a pt. with bullous disorders****Dr Shawana****CPC hall** | **Angle closure Glaucoma** **Dr. Ambreen/ dr Saira****Lect hall 1/ 2** |
| **Wednesday****28-05-2025** | **Community medicine****(LGIS)** | **Eye****(LGIS)** |
| **Concept of Inferential statistics****Dr Afifa/ Dr Abdul Quddus****Lect Hall 1/2** | **3rd, 4th, 6th and 7th Cranial nerve palsies****Dr. Fatima/ Dr Sulman****Lect hall 4/ 5** |
| **Thursday****29-05-2025** | **Eye (LGIS)** | **Eye (LGIS)** |
| **Pediatric Ophthalmology****Dr. Sidra Jabeen/** **Lect hall 1/ 2** | **Penetrating Ocular Trauma****Prof. Dr. Fuad/ Dr Ambreen****Lect hall 1/ 2** |
| **Friday****30-05-2025** | **08:00AM – 09:45AM** | **09:45AM – 10:30AM** | **10:30AM –11:15AM** |  **11:15AM – 12:00PM** |  |
| **Community Medicine (PAL)****HRM Contact Session** | **EYE****(LGIS)** | **Eye (LGIS)** | **Eye (LGIS)** |
| **All senior faculty and demonstrators** | **Systemic Diseases affecting Eye****Dr. Wajeeha/ Dr Sulman****Lect hall 1/ 2** | **Blunt Ocular Trauma****Prof. Dr. Fuad/ Dr Ambreen****Lect hall 4/ 5** | **Ophthalmic lasers****Dr maria/ dr sulman****Lect hall 4/ 5** |
| **Saturday****31-05-2025** | **08:00AM – 09:45AM** | **09:45AM – 10:40AM** | **10:40AM – 11:40AM** | **BREAK****11:40AM – 12:00pM** | **12:00AM – 1:00PM** | **1:00PM-2:00PM** |
| **Pathology (SGD)** | **Community Medicine****(SGD)** | **Dermatology (LGIS)** | **Pathology****LGIS** | **Community medicine****(LGIS)** |
| **Pathophysiology and manifestation of systemic diseases in eye****Dr mudassara/ dr faiza/ dr Ayesha/ dr unaiza** | **Disinfection****Dr. Mehwish / Dr. Imrana** | **An approach to a pt. with Lichen Planus****Dr Shawana****CPC hall** | **Optic neuropathies, retinal detachment, retinal vascular disease****Dr.Fatima/ Dr. Kiran Fatima****Lect hall 4/5** | **interprettion of Inferential statistics****Dr Afifa/ Dr Abdul Quddus****Lect Hall 4/ 5** |

**RAWALPINDI MEDICAL UNIVERSITY RAWALPINDI NEW TEACHING BLOCK**

**TENTATIVE TIME TABLE 4th YEAR MBBS – (EYE) 2023 - (6th WEEK)**

| **DATE / DAY** | **8:00 AM – 9:00 AM** | **09:00am – 10:00am** | **BREAK 10:00AM – 10:30AM** | **10:30am – 12:00pm** | **12:00pm - 02:00pm** |
| --- | --- | --- | --- | --- | --- |
| Monday2-06-2025 | **End module-II exam (written+ AV OSPE)** |  |
| **Clinical Clerkship****Annexure -1****(Complete 6 weeks rotation plan attached at the end of the curriculum)** |
| Tuesday3-6-2025 | **End Block Exam (OSCE-OSVE)** |
| Wednesday4-06-2025 | **End Block Exam (OSCE-OSVE)** |  |
| Thursday5-06-2025 | **End Block Exam (OSCE-OSVE)** |  |
| Friday7-6-2025 | **08:00AM – 09:45AM** | **09:45AM – 10:30AM** | **10:30AM – 11:15AM** | **11:15AM – 12:00PM** |  |
|  |
| **End Block Exam (OSCE-OSVE)** |  |
| Saturday 8-6-2025 | **End block examination (LMS)** |