THREE WEEKS CLINICAL TEACHING PROGRAMME FOR 4TH YEAR MBBS 2025-26

	Day	Topics	Spe	ecific Learning Objectiv	/es		Cogni	tion	Psych	omotor	Atti	tude	MOT/MIT	Facilitators
			Cognition	Skill	Attitude	C 1	C 2	C3	P1	P2	A1	A2		
Day 1	Monday	Introduction nof the Institute Introduction to the clinical attachment Allocation to groups Distribution of the history books	Student should be aware of the most common presentation of psychiatric illnesses in outpatient and inpatient departments.			1	√ ×						Case observation in class room	Professor Asad Tamizuddin Nizami Dr Mahmood Ali Khan Dr Azfar Maqsood
Day 2	Tuesday	History taking & demonstra tion of history taking in psychiatric patients	The student should be able to: Discuss the predisposing, precipitating and maintaining factors in terms of biopsycho-social model Discuss the differential diagnosis Enlist differential diagnosis with rationale	The student should be able to: Be able to elicit characteristic symptoms and signs of psychiatric illnesses Demonstrate the history taking skills	Take Consent for History & Physical Examination with empathy		٧	V		V		٧	Case observation in Ward	Professor Asad Tamizuddin Nizami Dr Muhamad Kashif Dr Sara Afzal
Day 3	Wednesday	Mental state examinatio n Review history taking and mental state examinatio n Demonstration of MSE	The student should be able to: Discuss the differential diagnosis based on psychopathology found in mental state examinations	The student should be able to: Be able to elicit relevant psychopathology in patients suffering from psychiatric illnesses	Take Consent for MSE with empathy									Professor Asad Tamizuddin Nizami Dr Muhammad Azeem Rao Dr Zona Tahir

Day 4	Thursday	Approach	The student should	The student should	The student should						Professor Asad
- ,		to a patient	be able to:	be able to:	be able to:						Tamizuddin
		of Stress	Enlist types of stress	Conduct a safe	Take Consent for						Nizami Dr Sadia Yasir
		related	Enlist types of stress related disorders	interview with non-	History, Physical						Dr Mehboob Ali
		disorders	related disorders	confrontational	Examination and						Shah
		disorders	Define the ICD 11	questioning	MSE with empathy						Onan
			diagnostic criteria all	quodioning	Provide						
			stress related	Elicit the symptoms	informational care						
			disorders	of	to the patient and						
				Stress related	the family with						
			Discuss the etiology	disorders	sensitivity						
			in terms of bio-								
			psycho-social factors	Assess possible risk	Establish rapport						
				of harm to self and	with sensitivity and						
			Discuss the brief	others	psycho educate the						
			management plan		patient and the care						
					giver about the						
					course and prognosis of illness						
Day 5	Monday	Approach	The student should	The student should	The student should			-			Professor Asad
Day 5	ivioriuay	to a patient	be able to:	be able to:	be able to:						Tamizuddin
		of	be able to.	be able to.	be able to.						Nizami
		Anxiety	Define the ICD 11	Conduct a safe	Take Consent for						Dr Mahmood Ali
		Disorders/	diagnostic criteria of	interview with non-	History, Physical						Khan
		OCD	OCD and Anxiety	confrontational	Examination and						Dr Azfar
			disorders	questioning	MSE with empathy						Magsood
			Able to differentiate it		Provide						
			from anxiety related	Elicit the symptoms	informational care						
			to organic disorders	of Anxiety-	to the patient and						
				disorders/ OCD	the family with						
			Discuss the etiology		sensitivity						
			in terms of bio-	A	Establish assessed						
			psycho-social factors	Assess possible risk	Establish rapport						
			Enlist differential	of harm to self and others	with sensitivity and psycho educate the						
			diagnosis with	Others	patient and the care						
			rationale		giver about the Dr						
			Discuss the brief		course and						
			management plan		prognosis of illness						
Day 6	Tuesday	Approach	The student should	Conduct a safe	Take Consent for	✓	✓	İ	✓		Professor Asad
•		to a patient	be able to:	interview with non-	History, Physical						Tamizuddin
		of		confrontational	Examination and						Nizami
		Depressiv	Classify depressive	questioning	MSE with empathy						Dr Muhamad
		e Disorder	illness (Mild,		Provide						Kashif
			Moderate and	Elicit the symptoms	informational care						Dr Sara Afzal
			Severe)	of Depression	to the patient and						
			Enlist differential	Access possible viels	the family with						
			Enlist differential	Assess possible risk of harm to self and	sensitivity						
			diagnosis with rationale	of narm to sell and others	Establish rapport						
			Tationale	Ollicia	with sensitivity and						
			Discuss the brief		psycho educate the						
			management plan		patient and the care						
			l								

	1		1	1	1								
					giver about the course and prognosis of illness								
Day 7	Wednesday	Approach to a patient of Bipolar Affective Disorder	The student should be able to: Identify the common presentations of Mania/ Depressive Symptoms Discuss the etiology in terms of biopsycho-social factors Enlist differential diagnosis with rationale and devise a management plan	The student should be able to: Conduct a safe interview with nonconfrontational questioning Elicit the symptoms of Mania/ Depression Assess possible risk of harm to self and others	The student should be able to: Take Consent for History, Physical Examination and MSE with empathy Provide informational care to the patient and the family with sensitivity Establish rapport with sensitivity and psycho educate the patient and the care giver about the course and prognosis of illness	V		~		·			Professor Asad Tamizuddin Nizami Dr Muhammad Azeem Rao Dr Zona Tahir
Day 8	Thursday	Approach to a patient of Suicide/D eliberate Self Harm	The student should be able to: Identify the common presentations of incomplete suicide and deliberate self-harm Discuss the etiology in terms of biopsycho-social factors Enlist differential diagnosis with rationale and devise a management plan	The student should be able to: Conduct a safe interview with non-confrontational questioning Elicit the history of deliberate self-harm Assess possible risk of harm to self and others	The student should be able to: Take Consent for History, Physical Examination and MSE with empathy Provide informational care to the patient and the family with sensitivity Establish rapport with sensitivity and psycho educate the patient and the care giver about the course and prognosis of illness	7	√		√ 		V	History taking in the ward Case based discussions Case Presentations	Professor Asad Tamizuddin Nizami Dr Sadia Yasir Dr Mehboob Ali Shah

Day 9	Monday	Approach to a patient of psychosis / Schizophr enia	The student should be able to: Discuss the diagnostic criteria of Schizophrenia Identify the risk factors causing Schizophrenia and other psychotic disorders Enlist differential diagnosis with rationale and devise	The student should be able to: Conduct supervised interview with nonconfrontational questioning. Elicit relevant psychopathology (Delusions, Hallucinations) Assess the possible risk of harm to self	The student should be: Take Consent for History, Physical Examination and MSE with empathy Provide informational care to the patient and the family with sensitivity	7	V	V	V	History taking in the ward Case based discussions Case Presentations	Professor Asad Tamizuddin Nizami Dr Mahmood Ali Khan Dr Azfar Maqsood
Day 10	Tuesday	Approach to a patient of Substance Use disorders	a management plan The student should be: Familiar with common substances of abuse and appreciate the growing burden of disease. Understand the concept of dependence / withdrawal / intoxication	and others. The student should be: Obtain relevant history and elicit relevant psychopathology in the patient Assess motivation Assess risk / complications	The student should be: Take Consent for History, Physical Examination and MSE with empathy Provide informational care to the patient and the family with sensitivity Establish rapport with sensitivity and psycho educate the patient and the care giver about the course and prognosis of illness	7	√	V	1	History taking in the ward Case based discussions Case Presentations	Professor Asad Tamizuddin Nizami Dr Muhamad Kashif Dr Sara Afzal

Day 11	Wednesday	Approach to a patient of Dementia	The student should be able to: Classify dementia and causes of dementia Enlist differential diagnosis with rationale Discuss the brief management plan	The student should be able to: Be able to elicit characteristic symptoms and signs of dementia Perform relevant mental state examination Elicit risk of harm to self Management of dementia	The student should be able to: Take Consent for History, Physical Examination and MSE with empathy Provide informational care to the patient and the family with sensitivity Establish rapport with sensitivity and psycho educate the patient and the care giver about the course and prognosis of illness		V	V			٧	OPD Ward Case discu SGD Ward Case	rvation in and decisions decisions	Professor Asad Tamizuddin Nizami Dr Muhammad Azeem Rao Dr Zona Tahir
Day 12	Thursday	Ward Test			Case histories + Attendar	nce+ Sig	gnatu	ure of L	ogbook) a	and Feedl	pack			

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Professor Asad Tamizuddin Nizami

Professor of Psychiatry Chairman Institute of Psychiatry Rawalpindi Medical University Rawalpindi