



# BIBLIOGRAPHIC INDEX

Students' Supplement of Journal of  
Rawalpindi Medical College  
(2017–2024)

PREPARED BY: CHIEF STUDENT EDITORS  
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ACKNOWLEDGEMENTS



## Note from the Editor

The purpose of this bibliographic index is to provide a comprehensive record of all articles published in the Students' Supplement of Journal of Rawalpindi Medical College (SJPMC) from 2017 to 2024. This compilation is intended to serve as a useful tool for researchers, students, and contributors who wish to quickly locate, and reference articles published in these issues.

The index includes all editorial content, original research articles, case reports, and review articles published in each issue.

This is the first time this index has been compiled in such a detailed format, making it easier for users to track trends in publication and access important works. Additionally, this index is available digitally to ensure wider accessibility.



## Bibliographic Index Table

Issue Number	Date of Publication	Total Articles	Editorials	Original Articles	Case Reports	Review Articles
21 S1	1/07/2017	13	1	11	1	0
22 S1	1/06/2018	12	0	11	1	0
22 S2	1/12/2018	13	0	12	1	0
23 S1	18/02/2019	16	1	12	3	0
23 S2	14/12/2019	15	1	13	1	0
24 S1	12/12/2020	11	0	11	0	0
25 S1	15/07/2021	8	0	8	0	0
26 S1	15/09/2022	12	2	9	1	0
27 S1	13/12/2023	15	1	13	1	0
28 S1	19/08/2024	14	1	11	1	1
28 S2	15/12/2024	15	1	12	1	1

## Summary Statistics

- Total Articles Published (2017–2024): 144
- Total Original Articles: 123
- Total Case Reports: 11
- Total Review Articles: 02
- Total Editorials: 08

### Trends and Milestones:

- Highest volume of articles in **2019 (S1)** with 16 articles published.
- First time review articles were published in **2024** in both S1 and S2 issues.
- A total of 29 articles were published in **2024** which is significantly greater than 15 published in **2023**.





## Issue 21 S1 (1/07/2017)

**Total Articles: 13**

- Editorials: 1
- Original Articles: 11
- Case Reports: 1

### Article Titles:

**A. Editorial:** *Research for Undergraduates; What needs to be done?*

**B. Case Report:** *Friedreich's Ataxia-A Case Report.*

**C. Original Articles:**

1. *Microbial Isolates and their Antibiotic Resistance Pattern; Paediatric Intensive Care Unit Experience.*
2. *Frequency of Prostatic Adenocarcinoma in Men with Clinical suspicion of malignancy using TURP/Trans rectal Prostate Needle Biopsies with emphasis on Gleason score/grade.*
3. *Association of Dysmenorrhea with Premenstrual Dysphoric Disorder and the Management Strategies Used by Medical Students.*
4. *Cytomorphological Patterns associated with Lymphadenopathy; A Study of FNACs conducted at A Tertiary Care Public Hospital of Rawalpindi.*
5. *Enormity and Effects of Playing Online Video Games with a Violent Content amongst Adolescents.*
6. *Correlation of Serum Calcium Levels with Severity of Acute Ischaemic Stroke.*
7. *ALT; An Indicator of Hepatic Involvement in Dengue Infection.*
8. *Prevalence and Risk Factors of Hepatitis B Serum Marker in Patients with Chronic Kidney Failure undergoing Haemodialysis.*
9. *Health Risks among Doctors, Nurses and Operation Theatre Assistants Associated with Their Prolonged Standing Working Hours.*
10. *Association of HCV Load and Interferon Therapeutic Response with Gender in Hepatitis C Patients Presenting to a Tertiary Care Health Facility, Rawalpindi.*
11. *Attitude of Students towards introduction of Integrated Module System in Undergraduate's Medical Curriculum.*



## Issue 22 S1 (1/06/2018)

**Total Articles: 12**

- **Original Articles: 11**
- **Case Reports: 1**

### Article Titles:

**A. Case Report:** *Intracranial Meningioma with Extra Cranial Extension into the Frontal Sinuses.*

**B. Original Articles:**

1. *Pressure and Size of CR Balloon for adequate Papillary Dilatation during Therapeutic ERCP- an Experience from Pakistani Population.*
2. *Quality of life in Chronic Haemodialysis Patients.*
3. *Refractory Errors: Myopia V/S Hypermetropia and Eye Correction Techniques Used Among Adult Population Visiting a Tertiary Care Health Facility.*
4. *Effects of Laparoscopic Cholecystectomy on Serum Alt Levels.*
5. *Treatment Response to Sofosbuvir and Ribavirin in Chronic Hepatitis C Patients and Comparison of Naive and Treatment Experienced Patients.*
6. *Pattern of Bacterial Culture in Intensive Care Unit of Holy Family Hospital, Rawalpindi.*
7. *Clinical Pattern of Stroke and Distributions According to Age, Gender and Potential Risk Factors.*
8. *Antimicrobial Resistance Pattern of Escherichia Coli Isolated from Samples at Holy Family Hospital, Rawalpindi.*
9. *Impact of Leisure Reading on the Stress Levels in Medical Students.*
10. *Knowledge, attitude and practices regarding basic life support among medical students at Rawalpindi Medical University, Rawalpindi.*
11. *Relationship between Examination Stress and Menstrual Irregularities among Medical Students of Rawalpindi Medical University.*



## **Issue 22 S2 (1/12/2018)**

**Total Articles: 13**

- **Original Articles: 12**
- **Case Reports: 1**

### **Article Titles:**

- A. Case Report:** *Neurological Manifestations in Typhoid Fever During the First Week of Illness: A Case Report.*
- B. Original Articles:**
  1. *The Frequency of Attention Deficit Hyperactivity Disorder Among School Age Children of Rawalpindi.*
  2. *Immunization Status of Children and Its Association with Maternal Education.*
  3. *Association Of Term Neonatal Fits with Serum Calcium Levels.*
  4. *Prevalence Of Preoperative Anxiety and Its Causes Among Surgical Patients Presenting in Rawalpindi Medical University and Allied Hospitals, Rawalpindi.*
  5. *Assessment Of Serum ALT Levels in Chronic Hepatitis C Patients in Accordance with Gender.*
  6. *Histological Pattern of Ovarian Neoplasms and Their Age Wise Distribution-Study Conducted at A Tertiary Care Hospital.*
  7. *A Comparative Study of Stress among Undergraduate Medical and Non-Medical Students.*
  8. *Pattern Of Fast-Food Consumption Among Medical Students and Its Association with Obesity.*
  9. *History And Clinical Examination Based Screening for Risk Factors of Cardiovascular Diseases in A Cohort of Final Year Medical Students of Rawalpindi Medical University.*
  10. *Correlation Of Academic Performance of Medical Students with Their Attendance.*
  11. *The Frequency of Empyema/Gangrene in Acute Cholecystitis and Its Relationship with Gender.*
  12. *Post Graduate Career Preferences of Female Medical Students: A Cross-Sectional Survey Of 150 Students of Rawalpindi Medical University.*



## **Issue 23 S1 (18/02/2019)**

**Total Articles: 16**

- **Editorials: 1**
- **Original Articles: 12**
- **Case Reports: 3**

### **Article Titles:**

**A. Editorial:** *Undergraduate Research.*

**B. Case Report:**

1. *Tuberous Sclerosis: A Patient who presented with Fits.*
2. *Takayasu's Arteritis Presenting as Ischemic Stroke in Young Patient.*
3. *An Unusual case of Ewing's Sarcoma of Cervical Spine.*

**C. Original Articles:**

1. *Anaemia of Chronic Disease; A Study of Cases in a Tertiary Care Hospital.*
2. *Comprehension of Emblems of Medicine among Medical Students of Rawalpindi.*
3. *Fine Needle Aspiration Cytology- A pre-operative diagnostic modality in Breast Lump- A review of 287 cases in a Tertiary Care Hospital.*
4. *Shift To the Left; An Indicator of Progression to Perforation in Acute Appendicitis.*
5. *Peripheral Intravenous Catheter Related Thrombophlebitis- Incidence and Risk Factors a Cross-Sectional Study.*
6. *Psychiatry as a Career Choice.*
7. *Association of Hyperthyroidism with Tobacco Smoking - A Case-Control Study.*
8. *Institution Based Tumour Registry, Benazir Bhutto Hospital: A Four-Year Data Based Analysis.*
9. *The Frequency and Characteristics of Allergies in Students of Rawalpindi Medical University.*
10. *Knowledge and Attitude of Middle-Age Population towards predisposing factors of Hypertension.*
11. *Knowledge, Attitude and Practices of Voluntary Blood Donation among Students of Rawalpindi Medical University.*
12. *Pap Smear: A Screening Test for Cervical Cancer.*





## **Issue 23 S1 (18/02/2019)**

**Total Articles: 15**

- **Editorials: 1**
- **Original Articles: 13**
- **Case Reports: 1**

### **Article Titles:**

- A. Editorial:** *Ghost Writing and Plagiarism.*
- B. Case Report:** *Infarction of Ventral Pons Presenting as Millard-Gubler Syndrome.*
- C. Original Articles:**
  1. *Frequency of Gallstones in Anti-HCV Antibody Positive Patients in a Tertiary Care Hospital of Larkana.*
  2. *Haemoglobinopathies in Referred Cases for Haemoglobin Electrophoresis in a Tertiary Care Teaching Hospital.*
  3. *Prevalence and Sensitivity Pattern of MRSA against Gentamycin, Vancomycin & Ciprofloxacin, in Indoor and OPD Patients of Holy Family Hospital.*
  4. *Attitude Towards Learning Communication Skills Among Undergraduate Medical Students of a Public University.*
  5. *Antibiotic Resistance and Sensitivity Patterns of Commonly Isolated Pathogens from Holy Family Hospital against Cephalosporins.*
  6. *Knowledge, Attitude and Practice of Medical Students Regarding Vitamin D.*
  7. *The Frequency of Anxiety and Depression in Patients with Hepatitis C at a Public Sector Liver Centre in Pakistan.*
  8. *Increasing Resistance to Ceftriaxone in Pediatric Intensive Care Units.*
  9. *A Comparison of Antimicrobial Resistance of XDR and MDR clinical isolates of E. coli, Klebsiella spp. & Pseudomonas spp. against Amikacin & Imipenem.*
  10. *Antimicrobial Susceptibility Profile of Multi Drug Resistant Acinetobacter and Pseudomonas against Polymyxin E and Tigecycline.*
  11. *Factors Affecting Happiness Among Students of Rawalpindi Medical University: A Cross-Sectional Study.*
  12. *Knowledge and practices about biomedical waste management among healthcare personnel in Tertiary Care Hospital, Rawalpindi.*
  13. *Quality of Life of Thalassemia Major Patients.*



## **Issue 24 S1 (12/12/2020)**

**Total Articles: 11**

- **Original Articles: 11**

### **Article Titles:**

#### **Original Articles:**

1. *Preoperative Anxiety and Fear of Anaesthesia in Patients admitted in Tertiary Care Hospitals of Rawalpindi.*
2. *Histomorphological Patterns of Lesions in Thyroid Specimens.*
3. *Frequency of Nomophobia among Medical Students of Rawalpindi Medical University.*
4. *Risk Factors of Hepatitis C Virus Transmission.*
5. *Knowledge About Complications of Diabetes Mellitus and its Association with Treatment Compliance Among Type 2 Diabetics Visiting a Public Sector Diabetes Clinic.*
6. *Effectiveness of Health Education Message in Improving Tetanus Health Literacy among Women of Childbearing Age: A Quasi-Experimental Study.*
7. *Knowledge About Dengue Fever Prevention Among People Visiting Benazir Bhutto Hospital.*
8. *Bacteriological Profile and Antibiotic Sensitivity Pattern of Pus Samples in a Tertiary Care Hospital.*
9. *Impact of Covid-19 Pandemic on Mental Health of Medical Students of Rawalpindi Medical University: A Cross-Sectional Study.*
10. *Anxiety and Depression among Individuals who are Confined to their Homes due to Covid-19 Pandemic.*
11. *Haematological Profiles of Patients Suffering from Severe and Non-Severe COVID-19 Infection.*



## **Issue 25 S1 (15/07/2021)**

**Total Articles: 8**

- **Original Articles: 08**

### **Article Titles:**

#### **Original Articles:**

1. *Association of Stress Coping Strategies and Leisure Time Physical Activity with Academic Performance in Medical Students.*
2. *Psychological factors related to professional examinations and their association with sleep quality among medical students.*
3. *Patterns and Outcomes of Illnesses in Medical Patients Admitted to Holy Family Hospital in a period of Three Months.*
4. *Histomorphological patterns of lesions in lymph node biopsies.*
5. *Future Time Perspective and Frustration Intolerance in Medical students.*
6. *Study of Risk Factors Associated with Myopia in Medical Students: A Case-Control Study.*
7. *Association of ABO Blood Groups and Rh factor with COVID-19 Infection in the Population of Rawalpindi Region.*
8. *Assessment of level of Awareness regarding Thalassemia Major among Parents of Affected Children.*



## **Issue 26 S1 (15/09/2022)**

**Total Articles: 12**

- Editorials: 2
- Original Articles: 9
- Reports: 1

### **Article Titles:**

#### **A. Editorial:**

1. *Importance of communication skills in increasing patient satisfaction, improving treatment adherence, and providing a quality medical care to patients.*
2. *Pros and cons of Increasing Gadgets' Usage in Medical Students of Pakistan.*

#### **B. Report: Annual Undergraduate Research Conference (RECON 21) Event Report.**

#### **C. Original Articles:**

1. *Food Fortification: The Level of Awareness among Pakistani Consumers.*
2. *Impact of Social Media Misinformation on its Users Regarding Vaccination, Prevention, and Treatment of COVID-19.*
3. *Assessment of Burnout and Professional Fulfillment in Practicing Doctors and their Association with Self-Reported Medical Errors: A Hospital-Based Cross-sectional study.*
4. *Emotional Impact of Delay in Entrance Examination on Intermediate Students – Another Hard Strike of COVID-19.*
5. *Psychological Impact of  $\beta$ -Thalassemia Major in Young Patients.*
6. *Knowledge, Attitude and Practices towards Exclusive Breastfeeding among Lactating Mothers Presenting to Immunization Centre, Holy Family Hospital, Rawalpindi, Pakistan.*
7. *Vaccine Hesitancy: A New Challenge in Fight against COVID-19.*
8. *Knowledge, Key Motivation and Obstacles to Become COVID-19 Convalescent Plasma Donor among Medical Students of Rawalpindi Medical University, Pakistan: A Cross-Sectional Study.*
9. *Knowledge, Key Motivation and Obstacles to Become COVID-19 Convalescent Plasma Donor among Medical Students of Rawalpindi Medical University, Pakistan: A Cross-Sectional Study.*





## **Issue 27 S1 (13/12/2023)**

**Total Articles: 15**

- **Editorials: 1**
- **Original Articles: 13**
- **Reports: 1**

### **Article Titles:**

- Editorial:** *AI Revolution in Medical Diagnostics: Empowering Early Detection and Precision Healthcare.*
- Case Report:** *Rare Occurrence of Novel Covid-19 Infection in a patient of Dengue Fever being Treated with Phytochemicals In An Herbal Extract (Kahwa) of Camellia Sinensis in a Developing Country.*
- Original Articles:**
  - Level and Sociodemographic Determinants of Physical Dependencies in Middle-Aged Women of Rawalpindi District: A Cross-Sectional Study.*
  - Comparison of Perceptions about Blood Donation among Medical Students and General Public.*
  - A Multivariate Logistic Model to Predict Grades of Non-Alcoholic Fatty Liver Disease in the Pakistani Population.*
  - Experience of Married Population about Different Contraceptive Methods, their Usage, and Effectiveness in Terms of Success and Failure.*
  - Knowledge Level, Motivational Factors, and Potential Barriers Toward Blood Donation Among MBBS Students.*
  - Association of Entrance Test Percentage and Motivation to Join Medical College of MBBS Students: A Study of Lower-Middle Income Country.*
  - Frequency of Physical, Mental and Social Health problems in post-menopausal females, A Cross-Sectional Study.*
  - Risk Factors, Early Trauma Management and Outcome in children presenting with ocular trauma in a Public Sector Tertiary Care Hospital – a cross-sectional study.*
  - Comparison of severity of COVID-19 symptoms in Vaccinated versus Unvaccinated people, A Retrospective Cross-sectional study.*
  - Epidemiological Aspects of the Health Problems Reported to Emergencies of Tertiary Care Hospitals in Rawalpindi.*
  - Travel History Based Symptom Analysis of COVID-19 Patients.*
  - Assessment of Medical Professionalism in House Officers using Professionalism Assessment Tool (PAT).*
  - Comparison of sexual development with sociodemographic and haematological parameters in multi-transfused Patients of  $\beta$ -thalassemia Major.*



## Issue 28 S1 (19/08/2024)

### **Total Articles: 14**

- Editorials: 1
- Original Articles: 11
- Reports: 1
- Review Article: 1

### **Article Titles:**

- A. Editorial:** *Individualized Learning System: The Efficiency of Tailored Learning.*
- B. Case Report:** *Distinguishing Weber from Pseudo Weber Syndrome: A Diagnostic Dilemma- A Case Report.*
- C. Review Article:** *Surgical Strategies for Gallbladder Disease in Cirrhotic Patients: A Comparison of Open versus Laparoscopic Cholecystectomy.*
- D. Original Articles:**
  1. *Anxiety Disorders and Nicotine Use among Undergraduate Students of Public Sector Medical University: A Cross-Sectional Study.*
  2. *Rheumatologic Manifestations in Hepatitis C Patients: A Multicentric Study.*
  3. *Relationship between self-esteem and academic performance among medical undergraduates in Rawalpindi Medical University; A Descriptive Cross-Sectional Study.*
  4. *The Prevalence, Pattern, Knowledge, Attitude, and Behaviour regarding Tobacco Use among border Students of Public Sector Medical University: A cross-sectional study.*
  5. *Assessment of Patient Satisfaction in Tertiary Care Allied Hospitals of Rawalpindi Medical University: A Cross-Sectional Study.*
  6. *Health-seeking Behaviour of People in Twin Cities of Pakistan during the COVID-19 Pandemic: A Cross-Sectional Study.*
  7. *Contingencies of Self-worth and its Impact on Mental Health and Cognitive Vulnerability among undergraduate medical students: A Cross-Sectional Study.*
  8. *Level of Birth Preparedness among Pregnant Women in Allied Hospitals of RMU, Rawalpindi.*
  9. *Prevalence of Obsessive-Compulsive Disorder and Migraine among University students of big cities of Pakistan: A Cross-Sectional Study.*
  10. *Knowledge, Attitude, and Practice of HPV (Human Papilloma Virus) Vaccine among Health Care Professionals of RMU and Allied Hospitals: A Cross-Sectional Study.*
  11. *Anxiety, Insomnia and Somatoform Disorders in University Students of Punjab: A Cross-Sectional Study.*



## **Issue 28 S2 (15/12/2024)**

**Total Articles: 15**

- **Editorials: 1**
- **Original Articles: 12**
- **Reports: 1**
- **Review Article: 1**

### **Article Titles:**

- A. **Editorial:** *Competency-Based Medical Education (CBME): Revolutionizing How Doctors Are Trained.*
- B. **Case Report:** *Classic Galactosemia: A Rare Cause of Neonatal Jaundice in Infants - A Case Report.*
- C. **Review Article:** *Efficacy of PARP Inhibitors, Bevacizumab and Platinum Based Chemotherapy in Treatment Regimen of Patients with BRCA1/2-mutated Ovarian Cancer.*
- D. **Original Articles:**
  1. *Determinants of modern contraceptive discontinuation among inclined users: A Cross-Sectional study in Rawalpindi city.*
  2. *Knowledge, Attitude, and Practice of Self Medication with Antibiotics Among Medical Students.*
  3. *Maternal care gaps; a study on Antenatal care visit patterns and the reported challenges to Prenatal Care access in public sector hospitals of Rawalpindi.*
  4. *Assessment of Mental Well-being in the Medical & Non-medical Students in the Twin Cities of Pakistan: A Cross-Sectional Study.*
  5. *The Effect of Ramadan Fasting on Cognition in Young Adults.*
  6. *Navigating the Digital Age: Unveiling the Health Repercussions of Gadget Use in Adolescents; A Cross-sectional Study.*
  7. *Father's Fear of Childbirth During Antenatal Period in Allied Hospitals of RMU, a Cross-Sectional Study.*
  8. *Maternal and Fetal Outcomes of Un-booked Cases Presenting in Obstetrical Emergency of Public Sector Tertiary Care Hospitals of Rawalpindi.*
  9. *Assessment of Lifestyle Behavior and its Association in Different Professions of Twin Cities Using Short Multidimensional Inventory Lifestyle Evaluation – Confinement (SMILE-C) Questionnaire; A cross-sectional Survey.*
  10. *Estimation of Mean Hemoglobin, Prevalence of Anemia, and its Risk Factors Among Undergraduate Students of Rawalpindi Medical University.*



11. *Sociodemographic Predictors of Knowledge and Attitude of Married Males About Antenatal and Post-Natal Needs of Women in the General Population of Rawalpindi; A Cross-Sectional Study.*
12. *Inclusion of Bioethics in Curricula of Rawalpindi Medical University: Perception of Teachers and Students about Teaching and Learning Process - A Cross-Sectional Study.*







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