## **STUDY GUIDE OF DEPARTMENT OF ORTHOPAEDIC SURGERY**

## 4<sup>TH</sup> YEAR MBBS

DATE / DAY	10:00pm - 02:00pm			Assessment							
	Clinical Clerkship	ical Clerkship Case based discussion / Small Group Discussion			MCQ			OSCE			
Monday	Fracture Classifications	<ul> <li>Identify fracture types and their general classification</li> </ul>	Dr. Rahman Rasool	С1	C2	C3	05	05			
		Understand early as well as late complications of open and close fracture.	(Assistant Professor)	03	07	10					
Tuesday	Arthroplasty	<ul> <li>Recognize the Indications of Arthroplasty</li> <li>Understand the Types of Arthroplasty</li> <li>Identify the Complications of Arthroplasty</li> </ul>	Dr. Rahman Rasool (Assistant Professor)	_							
Wednesday	Epiphyseal injuries/ upper limb trauma:	<ul> <li>Identify classify epiphyseal injuries</li> <li>Interpret upper limb fracture &amp; their management</li> <li>Understand shoulder and elbow dislocations &amp; their management</li> </ul>	Dr. Rahman Rasool (Assistant Professor)								
Thursday	CTEV/DDH:	<ul> <li>Recognized Pathophysiology DDH/CTEV</li> <li>interpret their Radiological finding</li> <li>Understand conservative management</li> <li>Recall steps of PMR and DDH surgery</li> </ul>	Dr. <i>Muhammad</i> <i>Sajid</i> (Senior Registrar)								

DATE / DAY	10:00pm - 02:00pm				Assessment					
	Clinical Clerkship	Case based discussion / Small Group Discussion	Facilitator	MCQ			SEQ	OSCE		
Monday	Basic Orthopedics & Principles	<ul> <li>Understand the foundational concepts of orthopedics, including anatomy, biomechanics, and physiology of the musculoskeletal system.</li> <li>Identify common orthopedic conditions and their clinical presentations.</li> <li>Learn the principles of fracture management, including reduction, immobilization, and rehabilitation.</li> <li>Gain an introduction to diagnostic tools such as X-rays and MRIs in orthopedic practice.</li> </ul>	Dr. Rahman Rasool (Assistant Professor)	C1	C2	C3	05	05		
				03 07	07	10				
Tuesday	Metabolic Disorders: Osteoporosis, Rickets, & Osteomalacia	<ul> <li>Recognize the pathophysiology, risk factors, and clinical manifestations of osteoporosis, rickets, and osteomalacia.</li> <li>Understand the diagnostic criteria, including biochemical markers and radiological findings.</li> <li>Learn the management strategies, including pharmacological and non-pharmacological treatments.</li> <li>Discuss preventive measures and lifestyle modifications for metabolic bone disorders.</li> </ul>	Dr. Rahman Rasool (Assistant Professor)							
Wednesday	CTEV/DDH:	<ul> <li>Recognized Pathophysiology DDH/CTEV</li> <li>interpret their Radiological finding</li> <li>Understand conservative management</li> <li>Recall steps of PMR and DDH surgery</li> </ul>	Dr. Rahman Rasool (Assistant Professor)							
Thursdays		WARD TEST	Dr. <i>Muhammad Sajid</i> (Senior Registrar)							