

CLINICAL TEACHING PROGRAMME FOR 4TH YEAR -2025-26

	DAY	10:00 - 12:00		12:00 – 2:00	4:00- 6:00
Day 1	Monday	Introduction of the Institute Introduction to the clinical attachment Allocation to groups Distribution of the history books	Review history taking and mental state examination	Clinical work	Mental State & Case Discussion
Day 2	Tuesday	History taking and mental state examination	Demonstration of history taking and MSE	Clinical work	Mental State & Case Discussion
Day 3	Wednesday	MENTAL STATE EXAMINATION Review history taking and mental state examination Demonstration of MSE The student should be able to: Discuss the differential diagnosis based on psychopathology found in mental state examinations To elicit relevant psychopathology in patients suffering from psychiatric illnesses		Clinical Work	Mental State & Case Discussion

Day 4	Thursday	<p align="center">A CASE OF STRESS RELATED DISORDERS Case presentation by Group 1</p> <p>The student should be able to:</p> <ul style="list-style-type: none"> ▪ Enlist types of stress related disorders ▪ Define the ICD 11 diagnostic criteria all stress related disorders ▪ Discuss the etiology in terms of bio-psycho-social factors ▪ Discuss the brief management plan ▪ Conduct a safe interview with non-confrontational questioning ▪ Elicit the symptoms of Stress related disorders ▪ Assess possible risk of harm to self and others 	Clinical Work	Mental State & Case Discussion
Day 5	Monday	<p align="center">A CASE OF ANXIETY DISORDERS/ OCD Case presentation by Group 2</p> <p>The student should be able to:</p> <ul style="list-style-type: none"> ▪ Define the ICD 11 diagnostic criteria of OCD and Anxiety disorders ▪ Able to differentiate it from anxiety related to organic disorders ▪ Discuss the etiology in terms of bio-psycho-social factors ▪ Enlist differential diagnosis with rationale ▪ Discuss the brief management plan ▪ Conduct a safe interview with non-confrontational questioning ▪ Elicit the symptoms of Anxiety- disorders/ OCD ▪ Assess possible risk of harm to self and others 	Clinical Work	Mental State & Case Discussion

Day 6	Tuesday	<p align="center">A CASE OF DEPRESSIVE DISORDER Case presentation by Group 3</p> <p>The student should be:</p> <ul style="list-style-type: none"> ▪ Classify depressive illness (Mild, Moderate and Severe) ▪ Enlist differential diagnosis with rationale ▪ Discuss the brief management plan ▪ Conduct a safe interview with non-confrontational questioning ▪ Elicit the symptoms of Depression ▪ Assess possible risk of harm to self and others 	Clinical Work	Mental State & Case Discussion
Day 7	Wednesday	<p align="center">A CASE OF BIPOLAR AFFECTIVE DISORDER Case presentation by Group 4</p> <p>The student should be:</p> <ul style="list-style-type: none"> ▪ Identify the common presentations of Mania/ Depressive Symptoms ▪ Discuss the etiology in terms of bio-psycho-social factors ▪ Enlist differential diagnosis with rationale and devise a management plan ▪ Conduct a safe interview with non-confrontational questioning ▪ Elicit the symptoms of Mania/ Depression ▪ Assess possible risk of harm to self and others 	Clinical Work	Mental State & Case Discussion
Day 8	Thursday	<p align="center">A CASE OF SUICIDE/DELIBERATE SELF HARM Case presentation by Group 5</p> <p>The student should be:</p> <ul style="list-style-type: none"> ▪ Identify the common presentations of incomplete suicide and deliberate self-harm ▪ Discuss the etiology in terms of bio-psycho-social factors ▪ Enlist differential diagnosis with rationale and devise a management plan ▪ Conduct a safe interview with non-confrontational questioning ▪ Elicit the history of deliberate self-harm ▪ Assess possible risk of harm to self and others 	Clinical Work	Mental State & Case Discussion

Day 9	Monday	<p align="center">A CASE OF PSYCHOSIS/ SCHIZOPHRENIA Case presentation by Group 6</p> <p>The student should be:</p> <ul style="list-style-type: none"> ▪ Discuss the diagnostic criteria of Schizophrenia ▪ Identify the risk factors causing Schizophrenia and other psychotic disorders ▪ Enlist differential diagnosis with rationale and devise a management plan ▪ Conduct supervised interview with non-confrontational questioning. ▪ Elicit relevant psychopathology (Delusions, Hallucinations) ▪ Assess the possible risk of harm to self and others. 	Clinical Work	Mental State & Case Discussion
Day 10	Tuesday	<p align="center">A CASE OF SUBSTANCE USE DISORDERS Case presentation by Group 7</p> <p>The student should be:</p> <ul style="list-style-type: none"> ▪ Familiar with common substances of abuse and appreciate the growing burden of disease. ▪ Understand the concept of dependence / withdrawal / intoxication ▪ Obtain relevant history and elicit relevant psychopathology in the patient ▪ Assess motivation ▪ Assess risk / complications 	Clinical Work	Mental State & Case Discussion

Day 11	Wednesday	<p style="text-align: center;">A CASE OF DEMENTIA Case presentation by Group 9</p> <p>The student should be:</p> <ul style="list-style-type: none"> ▪ Classify dementia and causes of dementia ▪ Enlist differential diagnosis with rationale ▪ Discuss the brief management plan ▪ To elicit characteristic symptoms and signs of dementia ▪ Perform relevant mental state examination ▪ Elicit risk of harm to self ▪ Management of dementia 		Clinical Work	Mental State & Case Discussion
Day 12	Thursday	Ward Test	<p>MCQs, SEQ, SAQ, EMQ & OSCE Evaluation (MCQs, SEQ, SAQ, EMQ & OSCE + Case histories + Attendance+ Signature of Logbook) and Feedback Submission of histories should be done before taking the ward test</p>		

Professor Asad Tamizuddin Nizami

Professor of Psychiatry

Chairman Institute of Psychiatry

Rawalpindi Medical University

Rawalpindi