

Rawalpindi Medical University Clinical Clerkship Training Program Final Year MBBS



MEDICINE BLOCK XIV 2025



Student Name:	
Roll No	Batch:
University Registration No	PMDC No
Address:	
Contact:	Email:



#### Vision

To impart evidence-based research oriented health professional education in order to provide best possible patient care and inculcate the values of mutual respect, ethical practice of healthcare and social accountability.

#### Mission

Highly recognized and accredited center of excellence in Medical Education, using evidence-based training techniques for development of highly competent health professionals, who are lifelong experiential learner and are socially accountable.

## Aims and Objectives

#### Aims:

- 1. To provide a structured and comprehensive record of clinical and procedural experiences during undergraduate training in Medicine and Allied specialties.
- 2. To ensure systematic documentation of the learning process and competencies achieved in alignment with curriculum and training requirements.
- 3. To serve as a reflective tool for self-assessment, enabling students to identify strengths and areas for improvement in clinical skills and knowledge.
- 4. To facilitate periodic evaluation by supervisors, fostering constructive feedback and personalized guidance.
- 5. To promote integration of evidence-based medicine and critical thinking into clinical practice.

#### **Objectives:**

- 1. **History Taking and Physical Examination:** a) Develop proficiency in taking detailed and accurate patient histories and conducting thorough physical examinations with appropriate consent and respect for patient dignity, and 2) Understand the relevance of clinical findings in diagnosis and management.
- 2. **Skill Development:** a) Acquire competency in core medical procedures such as intravenous cannulation, arterial blood gas sampling, lumbar puncture, blood culture collection, and ECG interpretation, and b) Gain exposure to allied medical procedures such as thoracentesis, paracentesis, and central venous catheterization under supervision.
- 3. **Patient Management:** a) Document detailed history, clinical notes, diagnostic plans, progress notes, and discharge summaries with clarity and precision, b) Develop a structured approach to patient care in both outpatient and inpatient settings, including management of acute and chronic medical conditions, and c) Enhance understanding of multidisciplinary care through collaboration with allied healthcare teams.
- 4. **Compliance with Training Program:** a) Ensure alignment with the requirements set by the training program and regulatory bodies for successful certification, b) Document clinical exposure and competencies systematically to fulfill assessment and certification criteria.
- Assessment and Evaluation: a) Maintain a transparent, verifiable record of clinical and procedural exposure for supervisors to assess progress and provide structured feedback, and b) Facilitate formative assessments during periodic evaluations to address gaps and enhance learning.
- Research and Academic Growth: a) Promote the application of evidence-based medicine in diagnostic and therapeutic decision-making, and b) Encourage participation in case discussions, journal clubs, and audits to develop critical appraisal skills and contribute to academic learning.
- 7. **Professional Development:** a) Instill a patient-centered approach to care, emphasizing empathy, communication skills, and ethical medical practice, and b) Foster accountability and responsibility in clinical decision-making, preparing for future roles as competent healthcare professionals.

#### SOP's for filling the logbook

- 1. All students should wear White Coat.
- 2. All students should wear their ID badges during the clinical rotation
- 3. Please follow RMU attendance policy.
- 4. Students are required to submit leave application in principal office in case of illness or family emergencies
- 5. Students will not be permitted to makeup time missed without a leave application
- 6. Students time schedule for clinical rotation will be set in the time table
- 7. All students are required to attend the wards in the evening according to their unit schedule
- 8. The final year clinical rotation will be clinical clerkship and students will stay in the ward according to the unit schedule.
- 9. Student will have call days according to the unit schedule.
- 10. Student must write histories of all the patients on their allotted beds.
- 11. Moorings reports will be presented from 9:30 am to 10:00 am for 3<sup>rd</sup> year.
- 12. Students are expected at all times to maintain a professional and therapeutic relationship with patients.
- 13. Ward test at the end of clinical rotation is mandatory.
- 14. Your internal assessment is based on periodic assessment, ward test, and Mini CXA etc per RMU policy.
- 15. Please keep a photocopy of this card with you so it can be replaced if lost.

Module-I

Four Week

# Clinical Clerkship Training Program Final Year MBBS Holy Family Hospital Unit \_\_\_ From \_\_\_\_ To \_\_\_\_



No.	Date	Торіс	Teacher Name	Sign
1				
2				
3				
5				
4				
5				
6				
0				
7				
8				
0				
9				
10				

Module-I

Four Week

# Clinical Clerkship Training Program Final Year MBBS Holy Family Hospital Unit \_\_\_ From \_\_\_\_ To \_\_\_\_



No.	Date	Торіс	Teacher Name	Sign
11				
12				
13				
14				
45				
15				
16				
10				
17				
18				
19				
20				



Four Week

# Clinical Clerkship Training Program Final Year MBBS Holy Family Hospital Unit \_\_\_\_ From \_\_\_\_\_ To \_\_\_\_\_



No.	Date	Торіс	Teacher Name	Sign
21				
22				
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30				

Module-I

## Clinical Clerkship Training Program Final Year MBBS

Benazir Bhutto Hospital Unit \_\_\_\_

**Final Year** 

Four Week

From \_\_\_\_\_ To \_\_\_\_\_

Mini Clinical Skills Assessment (Mini CXA) Record

Date	Case	History (2)	Physical Examination (3)	Differential Diagnosis (2)	Management (3)	Total (10)	Sign	

Each student will be assessed on two cases.

#### **Morning Report**

Date	Case	History (2)	Physical Examination (3)	Differential Diagnosis (2)	Management (3)	Total (10)	Sign

Each student will be assessed on two cases.

### Interpretation of Investigations

Date	Investigation	Case	Assessment Marks 5	Sign
	Hematology			
	Blood Chemistry			
	Serology			
	C-XR			
	CT Scan			

#### **Procedure Observed / Assisted**

Date	Procedure	Case	Assessment Marks 5	Sign
	CVP Line			
	Lumbar Puncture			
	Endoscopy			
	Ascitic/Pleural Pancreatitis			
	Echocardiography			

No. of Histories Written	Marks	
Assessment Marks	Marks Obtained	Percentage
Remarks		
SR/AP ncharge	Signature	
Name (Head of Unit)	S	ignature

Module-II

# Clinical Clerkship Training Program Benazir Bhutto Family Hospital Unit \_\_\_\_ From \_\_\_\_\_ To \_\_\_\_\_

**Final Year** 

Four Week

No.	Date	Торіс	Teacher Name	Sign
1				
2				
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10				

Module-II

Four Week

Clinical Clerkship Training Program Benazir Bhutto Hospital Unit \_\_\_\_ From \_\_\_\_\_ To \_\_\_\_\_

**Final Year** 

Date Торіс Teacher Name Sign No. 11 12 13 14 15 16 17 18 19 20

Module-II Four Week Clinical Clerkship Training Program Benazir Bhutto Hospital Unit \_\_\_ From \_\_\_\_\_ To \_\_\_\_\_

**Final Year** 

No.	Date	Торіс	Teacher Name	Sign
21				
22				
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			1	

# Module-II

Four Week

## Clinical Clerkship Training Program Benazir Bhutto Hospital Unit \_\_\_ Mini Clinical Skills Assessment (Mini CXA) Record

**Final Year** 

Date	Case	History (2)	Physical Examination (3)	Differential Diagnosis (2)	Management (3)	Total (10)	Sign

Each student will be assessed on two cases.

### **Morning Report**

Date	Case	History (2)	Physical Examination (3)	Differential Diagnosis (2)	Management (3)	Total (10)	Sign
				<u> </u>			

Each student will be assessed on two cases.

### Interpretation of Investigations

Date	Investigation	Case	Assessment Marks 5	Sign
	Hematology			
	Blood Chemistry			
	Serology			
	C-XR			
	CT Scan			

### **Procedure Observed / Assisted**

Date	Procedure	Case	Assessment Marks 5	Sign
	CVP Line			
	Lumbar Puncture			
	Endoscopy			
	Ascitic/Pleural Pancreatitis			
	Echocardiography			

No. of Histories Written	Marks	
Assessment marks	Marks obtained	Percentage
Remarks		
SR/AP ncharge	Signature	
Name (Head of Unit)		Signature

# Medicine Department Holy Family Hospital CPC Record

СРС

**Final Year** 

Date	Unit	Торіс	Sign	Date	Unit	Торіс	Sign
-							

Total CPC	CPC Attended	Percentage %
		0

Inchrage CPC \_\_\_\_\_\_, DME \_\_\_\_\_

# **Procedural Skills**

Should Be Able to Perform (EPA level 2,3) under observation during medicine rotation				
Date	Give Brief Details of The Case- number of cases in bracket	Signs		
Basic Life-suppor	rt (3)			
Inject I/V, I/M, S/	/C, intradermal injections (5 each)			
Assist Blood tran	sfusion (1)			
Treatment for ac	ute pulmonary edema (1)			
Oxygen therapy	(02)			
Peak expiratory f	flow metry (PEFR) (1)			
Nebulization (05	)			
Educate the pati	ent regarding correct inhaler technique (2)			
Electrocardiogra	m (06)			

Urinary catheterization (2)	

Procedure	es to be Observed/Assisted (EPA level 1,2)	
Date	Give Brief Details of The Case	Signs
Passing th	e N/G Tube, feeding, suction, and stomach wash (3)	
Preparing (1)	a patient for endoscopy, upper and lower GIT, and to observe the	e procedures
Endotrach	neal tube placement (1)	
Endotrach	neal suction/maintenance of airway/nursing on side etc. (2)	
Preparing	a patient for Bronchoscopy and to observe the procedure (1)	
Cardiover	sion therapy (AED) (1)	
Aspiration	of fluids (Pleural, Peritoneal, Pericardial, and Knee) (2)	1
Dialysis (1	)	•
Lumbar p	uncture (2)	•
Treatmen	t for acute pulmonary edema (1)	•
Oxygen th	lerapy (02)	1

Should know Indications, Contra-indications, Procedure, and Complications of (EPA 1)			
Date	Give Brief Details of The Case	Signs	
Holter mo	nitoring (1)		

Nitrate Inf	Nitrate Infusion (2)				
Thrombol	ysis (1)				

# Entrustable Professional Activity (EPA)

EPA	Final Year (Diagnosis & Management Plan)
Obtain a history and perform a	Refine diagnostic skills with a focus on tailoring
physical examination adapted to the	history and examination to complex cases. Integrate
patient's clinical situation	findings into clinical decision-making.
Prioritize a differential diagnosis	Formulate a comprehensive differential diagnosis
following a clinical encounter	with justification based on clinical evidence.
Recommend and justify patient	Develop evidence-based and patient-specific
management plans	management plans and justify decisions.
Perform procedural skills under	Independently perform routine procedures with
supervision	confidence, ensuring patient safety.
Provide handovers to transition	Conduct structured and concise handovers, ensuring
patient care responsibility	care continuity.
Educate patients and families about	Provide clear, comprehensive explanations of
diagnosis and management plans	diagnoses and management plans, ensuring patient
	understanding and adherence.

# Entrustable Professional Activities (EPA) for Common Medical Issues - Final Year MBBS

EPA	Acute Coronary	Hypertension	Heart Failure
	Syndrome (ACS)		
Obtain a history and perform a physical examination adapted to the patient's clinical situation	Refine skills in identifying ischemic symptoms (e.g., chest pain, dyspnea, diaphoresis) and associated risk factors. Perform focused cardiac and systemic examination for ACS signs.	Evaluate history of elevated BP, associated symptoms (headache, dizziness), and assess for end-organ damage. Perform a thorough systemic examination.	Take a detailed history of dyspnea, fatigue, orthopnea, and associated conditions. Perform cardiac, respiratory, and systemic exams to identify heart failure signs.
Prioritize a differential diagnosis following a clinical encounter	Differentiate ACS from non-cardiac chest pain, pericarditis, pulmonary embolism, and other causes of chest pain using clinical history and examination.	Formulate a differential diagnosis for hypertension, including secondary causes (renal, endocrine).	Differentiate heart failure from other causes of dyspnea (e.g., COPD, anemia) using history, clinical findings, and preliminary tests.
Recommend and justify patient management plans	Develop evidence- based management for ACS, including antiplatelets, anticoagulants, beta- blockers, statins, and reperfusion strategies.	Initiate lifestyle modifications and pharmacologic therapy tailored to the patient's BP and risk profile, following guidelines.	Propose diuretics, ACE inhibitors, beta-blockers, and other therapies based on heart failure classification. Justify fluid management and advanced care needs.
Perform procedural skills under supervision	Perform supervised procedures such as ECG interpretation, obtaining arterial blood gases, and assisting in thrombolysis or catheterization.	Measure accurate BP and perform ambulatory monitoring. Support procedures like fundoscopy to identify hypertensive retinopathy.	Perform supervised procedures such as bedside echocardiography, central venous line insertion, or fluid drainage (if pleural effusion is present).
Provide handovers to transition	Provide concise handovers highlighting ACS management,	Summarize treatment adjustments, BP	Communicate clearly about diuretic therapy, monitoring needs, and

patient care responsibility	interventions, and ongoing risk factor control for smooth care transitions.	trends, and investigations in structured handovers.	discharge planning during patient handovers.
Educate patients and families about diagnosis and management plans	Explain ACS diagnosis, lifestyle changes, and medication adherence to prevent recurrence, ensuring understanding of red flag symptoms.	Educate patients about BP control, medication adherence, and lifestyle changes, emphasizing the importance of follow-up.	Provide education about heart failure management, emphasizing fluid and salt restriction, medication adherence, and early recognition of worsening symptoms.

## Stroke, Meningoencephalitis, and Neuropathy (including GBS)

EPA	Stroke	Meningoencephalit is	Neuropathy (including GBS)
Obtain a history and perform a physical examination adapted to the patient's clinical situation	Identify acute onset focal neurological deficits (e.g., weakness, aphasia, altered consciousness). Perform focused neurological and systemic examinations.	Obtain a history of fever, altered consciousness, seizures, and neurological deficits. Perform a complete neurological and meningeal examination (Kernig's/Brudzinski 's signs).	Take history of weakness (progressive, symmetrical/asymmetrica I), sensory changes, or paralysis. Perform focused neurological examination for motor/sensory deficits and reflex changes.
Prioritize a differential diagnosis following a clinical encounter	Differentiate ischemic vs hemorrhagic stroke using history and clinical findings. Consider differentials like TIA, hypoglycemia, and seizures.	Differentiate meningoencephaliti s from other CNS infections (e.g., brain abscess, TB meningitis). Include non-infectious causes (e.g., autoimmune encephalitis).	Differentiate GBS from other causes of neuropathy (e.g., diabetic neuropathy, CIDP). Consider mimics like myopathies or spinal cord lesions.

Recommen	Initiate evidence-based	Recommend	Develop management
d and justify	treatment such as	empirical	plans including IVIG or
patient	thrombolysis, antiplatelets,	antibiotic/antiviral	plasmapheresis for GBS.
managemen	or anticoagulants for	therapy based on	Recommend supportive
t plans	ischemic stroke. Manage BP	likely pathogens	measures (e.g.,
	and glucose and plan	(e.g., ceftriaxone +	respiratory support,
	rehabilitation.	acyclovir). Consider	physical therapy).
		ICU care for severe	
		cases.	
Perform	Perform supervised	Assist or perform	Perform supervised
procedural	procedures such as lumbar	lumbar puncture	procedures such as nerve
skills under	puncture (if needed),	for CSF analysis.	conduction studies (NCS)
supervision	arterial blood gas analysis,	Ensure proper	and assisting with lumbar
	and ECG to rule out	technique and	puncture for CSF in
	arrhythmias as stroke	interpretation of	suspected GBS.
	etiology.	nnaings (e.g.,	
		coll count)	
Provide	Communicate structured	Provide concise	Provide clear handovers
handovers	handovers detailing the	handovers on the	about neurological
to transition	stroke type, timeline of	patient's clinical	progression, respiratory
patient care	symptoms, investigations	progress, CSF	status, and response to
responsibilit	(e.g., CT/MRI), and ongoing	Thomas, and	treatment in GBS or other
У	(antiplatolots/anticoagulant	thorapy Emphasizo	neuropatnies.
	c)	monitoring for	
	5).	complications like	
		seizures or raised	
		ICP.	
Educate	Educate patients and	Explain the	Provide education about
patients and	families about stroke risk	condition. need for	GBS and recovery
families	factors (hypertension,	antimicrobial	timelines. Emphasize
about	diabetes, smoking).	therapy, and the	adherence to physical
diagnosis	Emphasize the importance	importance of	therapy and early
and	of rehabilitation and	monitoring for	reporting of worsening
managemen	secondary prevention.	complications (e.g.,	respiratory symptoms.
t plans		seizures, cognitive	
		impairment).	

EPA	Diabetes	Thyroid Disorders	Calcium Metabolic Abnormalities
Obtain a history and perform a physical examination adapted to the patient's clinical situation	Obtain history of polyuria, polydipsia, weight changes, and family history. Perform a focused examination for complications (e.g., neuropathy, retinopathy).	Take history of symptoms of hypothyroidism (fatigue, weight gain) or hyperthyroidism (weight loss, palpitations). Perform a thyroid gland and systemic examination.	Obtain history of bone pain, muscle weakness, or tetany. Perform an examination for signs of hypocalcemia (Chvostek/Trousseau) or hypercalcemia (dehydration, stones).
Prioritize a differential diagnosis following a clinical encounter	Differentiate Type 1 and Type 2 diabetes based on clinical features and age. Consider secondary causes like steroid- induced or pancreatic diabetes.	Differentiate primary thyroid dysfunction (hypo/hyperthyroidism) from secondary (pituitary) or tertiary (hypothalamic). Include thyroiditis and iodine disorders.	Differentiate hypercalcemia causes (e.g., primary hyperparathyroidism, malignancy) from hypocalcemia (e.g., hypoparathyroidism, vitamin D deficiency).
Recommend and justify patient management plans	Develop a management plan with glycemic control targets using lifestyle modification, oral hypoglycemics, or insulin therapy.	Propose treatment based on thyroid function tests: thyroxine replacement for hypothyroidism or antithyroid drugs for hyperthyroidism. Manage associated symptoms.	Recommend evidence- based management such as calcium/vitamin D supplementation for hypocalcemia or bisphosphonates for hypercalcemia. Address underlying etiology.
Perform procedural skills under supervision	Perform supervised blood glucose monitoring, insulin administration, and foot examination for	Assist or perform fine- needle aspiration cytology (FNAC) for thyroid nodules under supervision.	Perform serum calcium/phosphate level interpretation and ECG analysis for hypercalcemia-related arrhythmias under supervision.

	diabetic complications.		
Provide handovers to transition patient care responsibility	Communicate structured handovers detailing glycemic control, complications (e.g., nephropathy, retinopathy), and treatment plans (e.g., insulin adjustments).	Provide concise handovers on thyroid hormone replacement therapy or antithyroid medication titration and symptom progression.	Provide clear handovers on calcium abnormality causes, acute treatment strategies, and follow-up requirements for underlying conditions.
Educate patients and families about diagnosis and management plans	Educate patients about diabetes control, lifestyle changes, regular glucose monitoring, and complication prevention.	Explain thyroid dysfunction and its impact. Educate about medication adherence, symptom monitoring, and follow-up for thyroid function tests.	Educate patients on the importance of calcium balance, dietary changes, and adherence to prescribed medications or supplements.

# Diarrhea (Acute and Chronic), Chronic Liver Disease (CLD), and Hepatitis:

EPA	Diarrhea (Acute and Chronic)	Chronic Liver Disease (CLD)	Hepatitis
Obtain a history and perform a physical examination adapted to the patient's clinical situation	Take history of stool frequency, duration, consistency, blood/mucus, associated symptoms (fever, abdominal pain, weight loss). Perform hydration and abdominal exam.	Obtain history of jaundice, ascites, fatigue, alcohol use, or hepatotoxic drugs. Perform abdominal examination for ascites, hepatomegaly, and signs of liver failure.	Obtain history of jaundice, fatigue, anorexia, abdominal pain, and risk factors (e.g., viral exposure, alcohol, or toxins). Perform systemic examination for jaundice, hepatomegaly.
Prioritize a differential diagnosis	Differentiate infectious (e.g., viral, bacterial, parasitic) from non-	Differentiate alcoholic liver disease, viral hepatitis, autoimmune	Differentiate types of hepatitis (viral A-E, alcoholic,

following a clinical encounter	infectious diarrhea (e.g., IBS, IBD, malabsorption). Include acute vs chronic differentials.	liver disease, NASH, and cirrhosis from other chronic conditions.	autoimmune, drug- induced). Include acute vs chronic hepatitis in differentials.
Recommend and justify patient management plans	Recommend rehydration therapy, antimicrobials for bacterial causes, or further investigations for chronic cases (e.g., colonoscopy, stool culture).	Propose diuretics, nutritional support, and treatment for complications like varices (beta-blockers, endoscopy) and encephalopathy.	Recommend antiviral therapy (e.g., entecavir for HBV), supportive care, or corticosteroids for autoimmune hepatitis. Advise vaccination for contacts where needed.
Perform procedural skills under supervision	Perform supervised stool sample collection and interpretation, and rectal examination if required.	Assist in abdominal paracentesis for ascites analysis. Perform supervised LFT interpretation and ultrasound-based liver assessment.	Assist in liver biopsy or diagnostic tests like serology for viral markers (e.g., HBsAg, HCV RNA). Perform LFT and coagulation profile interpretation.
Provide handovers to transition patient care responsibility	Provide concise handovers detailing stool findings, hydration status, and treatment for underlying cause.	Communicate structured handovers detailing the cause of CLD, current complications (ascites, varices), and ongoing management.	Provide clear handovers about type of hepatitis, treatment plan (antivirals, supportive care), and monitoring for complications like coagulopathy or liver failure.
Educate patients and families about diagnosis and management plans	Educate about proper hydration, hygiene practices, and adherence to antimicrobials or dietary changes for chronic cases.	Explain the nature of CLD, importance of abstinence from alcohol, dietary modifications (low salt, high protein), and adherence to medications.	Educate about the mode of transmission, preventive measures (vaccination, hygiene), and the importance of follow-up for hepatitis-related liver damage.

EPA	Acute Kidney Injury (AKI)	Chronic Kidney Disease (CKD)	Glomerulonephropathies
Obtain a history and perform a physical examination adapted to the patient's clinical situation	Obtain history of recent illnesses (infections, sepsis), nephrotoxic drugs, volume depletion, or obstruction. Perform a focused exam for hydration and volume status.	Obtain history of fatigue, weight loss, polyuria/nocturia, or fluid retention. Perform a detailed exam for pallor, edema, hypertension, and signs of uremia.	Take history of hematuria, proteinuria, edema, recent infections, or autoimmune diseases. Perform an examination for edema, hypertension, and skin/systemic findings (e.g., rash).
Prioritize a differential diagnosis following a clinical encounter	Differentiate prerenal (hypovolemia, sepsis), intrinsic (ATN, nephrotoxins), and postrenal AKI (obstruction) based on clinical history and investigations.	Differentiate CKD from AKI using history, chronicity of symptoms, and investigations (e.g., small kidneys on ultrasound, anemia of chronic disease).	Differentiate glomerulonephritis subtypes (e.g., IgA nephropathy, membranous nephropathy, post-infectious GN). Consider secondary causes like lupus nephritis or diabetes.
Recommend and justify patient management plans	Recommend fluid resuscitation for prerenal AKI, stop nephrotoxic drugs, and manage underlying cause (e.g., sepsis, obstruction). Consider dialysis for severe cases.	Recommend dietary modifications (low potassium, phosphorus), antihypertensives (ACE inhibitors), and treatment of anemia. Plan for renal replacement if needed.	Propose specific treatments based on glomerular pathology (e.g., corticosteroids for lupus nephritis, immunosuppressants for vasculitis) and manage hypertension/proteinuria.
Perform procedural skills under supervision	Perform urine dipstick tests, fluid balance monitoring, and	Perform supervised urine microscopy, assist in peritoneal dialysis or	Assist in kidney biopsy for diagnosis and supervised immunological testing (e.g., ANA, anti-dsDNA). Perform

Acute Kidney Injury (AKI), Chronic Kidney Disease (CKD), and Glomerulonephropathies

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	assist in central	hemodialysis	urine protein/creatinine ratio
	line insertion for	initiation. Interpret	interpretation.
	dialysis access	GFR and electrolyte	
	under supervision.	abnormalities.	
Provide handovers to transition patient care responsibility	Provide structured handovers on AKI progression, hydration status, electrolyte abnormalities, and dialysis requirements (if initiated).	Communicate concise handovers on CKD stage, complications (anemia, bone disease), and planned interventions (e.g., dialysis, transplant evaluation).	Provide clear handovers on glomerulonephropathy subtype, immunosuppressive therapy plan, and follow-up requirements for renal function monitoring.
Educate patients and families about diagnosis and management plans	Educate patients about AKI causes, avoiding nephrotoxic medications, and the importance of early recognition of symptoms like decreased urine output.	Explain the progressive nature of CKD, importance of lifestyle changes (diet, BP control), and adherence to medications and follow-up for renal function.	Educate patients about the underlying disease, need for immunosuppressive therapy, and regular monitoring of renal function and proteinuria.

# Pneumonia, Tuberculosis (TB), and COPD/Asthma:

EPA	Pneumonia	Tuberculosis (TB)	COPD/Asthma
Obtain a history	Obtain history of fever,	Take history of chronic	Obtain history of
and perform a	cough	cough, weight loss,	chronic cough,
physical	(productive/non-	night sweats,	dyspnea, wheezing,
examination	productive), chest	hemoptysis, and TB	and exacerbation
adapted to the	pain, and dyspnea.	exposure. Perform a	triggers (smoking,
patient's clinical	Perform chest	focused exam for	allergens). Perform
situation	examination for	lymphadenopathy, chest	chest examination for
	crackles, dullness, and	auscultation, and pallor.	wheezes and
	bronchial breathing.		prolonged expiration.
Prioritize a	Differentiate	Differentiate pulmonary	Differentiate COPD
differential	bacterial/viral	TB from other causes of	and asthma from
diagnosis	pneumonia from	chronic cough (e.g., lung	other causes of airway
following a	other causes of fever	cancer, pneumonia,	obstruction (e.g.,

clinical encounter	and respiratory distress (e.g., TB, lung abscess, pulmonary embolism).	bronchiectasis). Include extrapulmonary TB in differentials.	bronchiectasis, heart failure). Include allergic and occupational triggers for asthma.
Recommend and justify patient management plans	Propose antibiotic therapy based on local guidelines (e.g., amoxicillin, ceftriaxone). Provide oxygen therapy and manage complications like pleural effusion.	Recommend anti-TB therapy (e.g., HRZE regimen for active TB). Emphasize DOTS adherence. Plan for contact screening and isolation in infectious cases.	Recommend inhaled bronchodilators (e.g., beta-agonists, anticholinergics), corticosteroids, smoking cessation, and pulmonary rehabilitation.
Perform procedural skills under supervision	Assist in diagnostic procedures like sputum collection, blood culture, and thoracocentesis if pleural effusion is suspected.	Assist in sputum smear preparation, GeneXpert testing, and pleural fluid aspiration in TB effusion cases.	Perform or assist in peak expiratory flow rate (PEFR) measurement, nebulization administration, and arterial blood gas analysis during exacerbations.
Provide handovers to transition patient care responsibility	Provide structured handovers detailing pneumonia severity, antimicrobial therapy, oxygen needs, and follow-up requirements.	Communicate concise handovers about TB status, current treatment regimen, drug side effects, and contact tracing efforts.	Provide handovers about the patient's baseline respiratory status, current exacerbation triggers, and medication adjustments.
Educate patients and families about diagnosis and management plans	Educate about completing antibiotic courses, hydration, and recognizing worsening symptoms. Emphasize vaccination (e.g., pneumococcal, influenza).	Educate about TB transmission, adherence to anti-TB therapy, and nutrition. Explain the importance of follow-up for drug-resistant TB testing if indicated.	Educate about inhaler technique, smoking cessation, and recognizing early signs of exacerbation. Emphasize adherence to maintenance and rescue medications.

**Poisoning**, **Managing Unconscious/Unresponsive Patients**, **Rheumatoid Arthritis (RA)**, and **Systemic Lupus Erythematosus (SLE)**:

EPA	Poisoning	Managing Unconscious/Unrespon sive Patients	Rheumatoid Arthritis (RA)	Systemic Lupus Erythematosus (SLE)
Obtain a history and perform a physical examinatio n adapted to the patient's clinical situation	Obtain a focused history of toxin exposure (substance, route, dose, and time). Perform examination for vital signs, pupil size, skin, and specific toxidrome signs.	Take history from bystanders for events leading to unconsciousness (e.g., trauma, seizures, toxin exposure). Perform a rapid assessment of ABCs and neurological exam.	Obtain history of joint pain, stiffness (morning), swelling, and systemic features. Perform joint examination for synovitis and deformities.	Take history of fatigue, joint pain, skin rashes (malar rash), photosensitivity, and systemic symptoms. Perform examination for rash, arthritis, and organ involvement.
Prioritize a differential diagnosis following a clinical encounter	Differentiate between common types of poisoning (organophospha te, sedatives, opioids, or corrosives) using history and clinical signs.	Differentiate causes of unconsciousness: metabolic (e.g., hypoglycemia, DKA), neurologic (e.g., stroke, head injury), or toxicological (e.g., drug overdose).	Differentiate RA from other inflammator y arthritis (e.g., gout, reactive arthritis). Include osteoarthriti s as a non- inflammator Y differential.	Differentiate SLE from other autoimmune diseases (e.g., RA, systemic sclerosis). Consider infections and hematological causes for systemic symptoms.
Recommen d and justify patient manageme nt plans	Initiate supportive care (airway, breathing, circulation). Administer specific	Recommend airway management, IV fluids, glucose if hypoglycemia is suspected, and imaging if trauma is suspected. Plan ICU transfer if required.	Recommend DMARDs (e.g., methotrexat e), NSAIDs, and corticosteroi	Propose corticosteroids, hydroxychloroquin e, and immunosuppressa nts for systemic involvement. Treat

	antidotes (e.g., atropine for organophosphat es, naloxone for opioids).		ds for symptom control. Emphasize physical therapy for joint function.	complications (e.g., nephritis, thrombocytopenia ).
Perform procedural skills under supervision	Assist in gastric lavage, activated charcoal administration, and intravenous antidote administration (if indicated).	Perform supervised airway management techniques (e.g., intubation). Assist in central line placement or arterial blood gas analysis.	Perform joint aspiration under supervision for diagnosis and relief of effusion. Assist in monitoring for methotrexat e toxicity.	Assist in diagnostic procedures like ANA, anti-dsDNA testing, and renal biopsy for lupus nephritis under supervision.
Provide handovers to transition patient care responsibili ty	Communicate clear handovers about type of poisoning, antidotes given, and current clinical status. Include follow- up for long-term effects of toxin exposure.	Provide structured handovers about GCS, interventions (e.g., airway, fluids), and suspected causes. Ensure smooth ICU or specialist transfer.	Provide concise handovers about disease activity, medications (e.g., DMARDs), and monitoring for complication s (e.g., infection, deformities).	Provide handovers about SLE organ involvement, immunosuppressi ve therapy plan, and monitoring for flares or treatment complications.
Educate patients and families	Educate about toxin avoidance, first aid measures, and	Explain the need for airway support, causes of unresponsiveness, and prognosis. Educate	Educate about RA as a chronic disease,	Educate about SLE triggers, need for regular follow-up, medication

about	the importance	families about red-flag	importance	adherence, and
diagnosis	of immediate	symptoms and the need	of	monitoring for
and	medical care in	for follow-up.	medication	complications like
manageme	poisoning cases.		adherence,	nephritis or
nt plans			physical	cardiovascular
			activity, and	issues.
			regular	
			follow-up to	
			prevent joint	
			damage.	

## **EPA Evaluation Performa**

Evaluation Criteria		
EPA	Evaluation Components	Result
<b>Obtain a history and perform a</b> 1. Completeness of history-taking (covers a		🗆 Pass /
physical examination	relevant points).	🗆 Fail
	2. Accuracy of history and ability to identify	🗆 Pass /
	key details.	🗆 Fail
	3. Systematic approach to physical	Pass /
	examination.	🗆 Fail
	4. Rapport with the patient (communication	Pass /
	and empathy).	🗆 Fail
Prioritize a differential	5. Ability to integrate history and physical	Pass /
diagnosis	findings.	🗆 Fail
	6. Logical formulation of differential	Pass /
	diagnoses.	🗆 Fail
Recommend and justify	7. Ability to suggest basic management	Pass /
management plans	options.	🗆 Fail
	8. Justification of chosen management	Pass /
	plans.	🗆 Fail
Perform procedural skills	9. Skill execution (technical accuracy and	Pass /
	patient safety).	🗆 Fail
	10. Adherence to proper procedural	Pass /
	protocols and aseptic techniques.	🗆 Fail
Provide handovers	11. Ability to communicate clinical details	🗆 Pass /
	effectively.	🗆 Fail
	12. Use of structured handover frameworks	Pass /
	(e.g., SBAR).	🗆 Fail
Educate patients and families	13. Communication clarity (simple language,	🗆 Pass /
	understandable explanations).	🗆 Fail
	14. Ability to answer patient/family	🗆 Pass /
	questions effectively.	🗆 Fail

### **Grading Scale**

- **Pass**: Meets expectations for the skill in the respective academic year.
- Fail: Does not meet expectations and requires further training.

### **Evaluator Feedback**

• Strengths:

• Areas for Improvement:

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• Additional Comments:

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#### **Evaluator Information**

Name	
Designation	
Signature	
Date	

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## **Summary of Clinical Assessment**

Lecture	Ward	СРС	Internal Assessment		<b>C1</b>	
Attendance	Attendance	Attendance	Total Marks	Marks Obtained	Percentage	Sign

## Remarks

Head of Unit \_\_\_\_\_\_ Signature \_\_\_\_\_\_

Dean \_\_\_\_\_

DME\_\_\_\_\_