

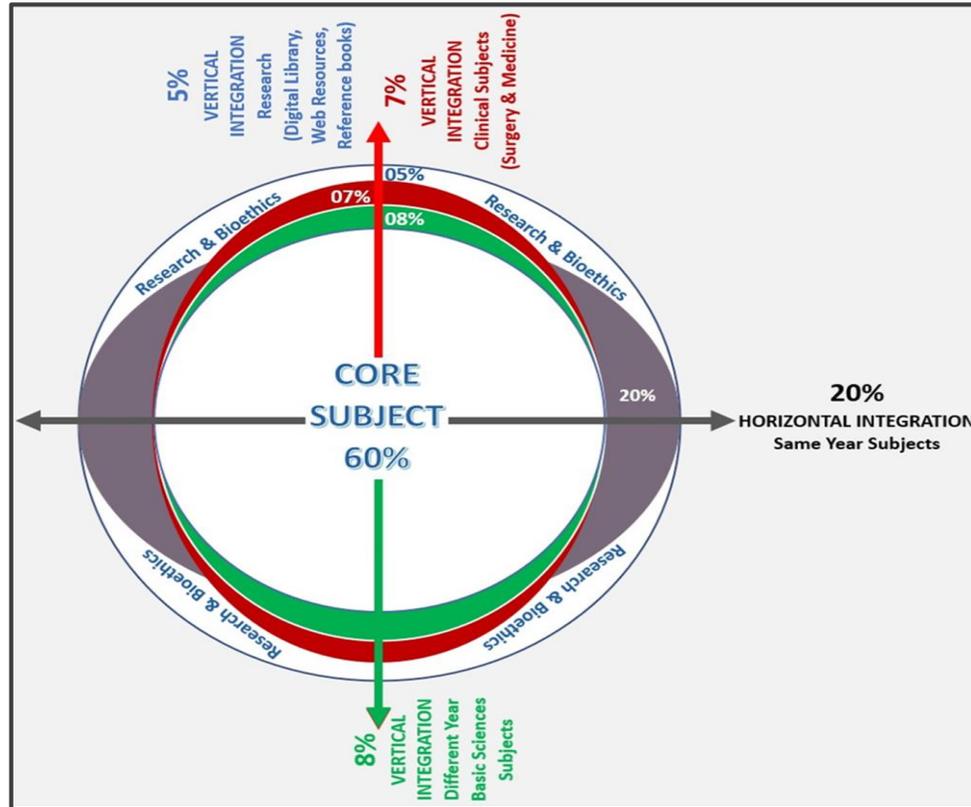


# DRUGS USED IN TREATMENT OF VIRAL HEPATITIS (HCV)

Dr. Zunera Hakim

- **Katzung's Basic & Clinical Pharmacology, 15<sup>th</sup> Edition**
- **Goodman and Gilman's The Pharmacological Basis of Therapeutics, 13<sup>th</sup> Edition**

# SCHEME OF LECTURE



<b>3<sup>rd</sup> Year Pharmacology LGIS</b>	
<b>Core Subject – 60%</b>	
<b>Pharmacology</b>	
<b>Horizontal Integration – 10%</b>	
<b>Same Year Subjects</b>	• Pathology (10%)
<b>Vertical Integration – 10%</b>	
<b>Clinical Subjects</b>	• Medicine (10%)
<b>Spiral Integration – 15%</b>	
<b>Different Year Basic Sciences Subjects</b>	• Physiology (10%) • Biochemistry (5%)
<b>Vertical Integration – 05%</b>	
<b>Research &amp; Bioethics</b>	

# LEARNING OBJECTIVES

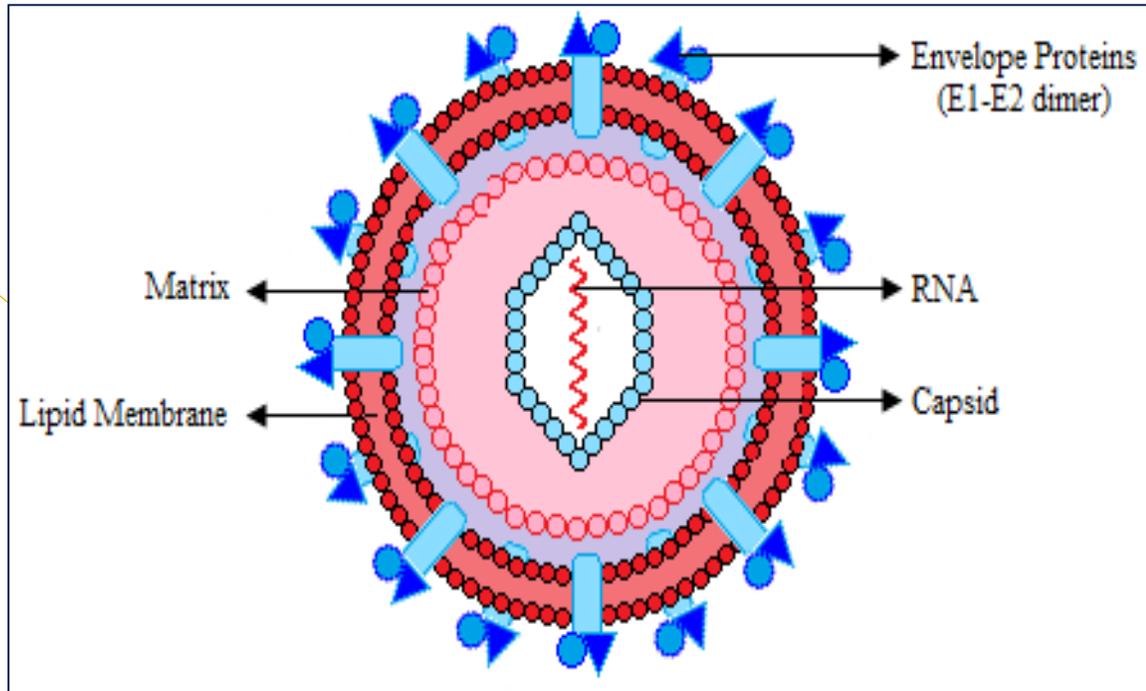
FR

At the end of the lecture, students will be able to:

- Classify antiviral drugs used in the treatment of hepatitis C
- Outline the salient pharmacokinetic & pharmacodynamic features of antiviral drugs used to treat Hep C infections
- Discuss the mechanism of action , adverse effects and contra indications of ribavirin
- Identify the advantages of DAA over interferon based regimens

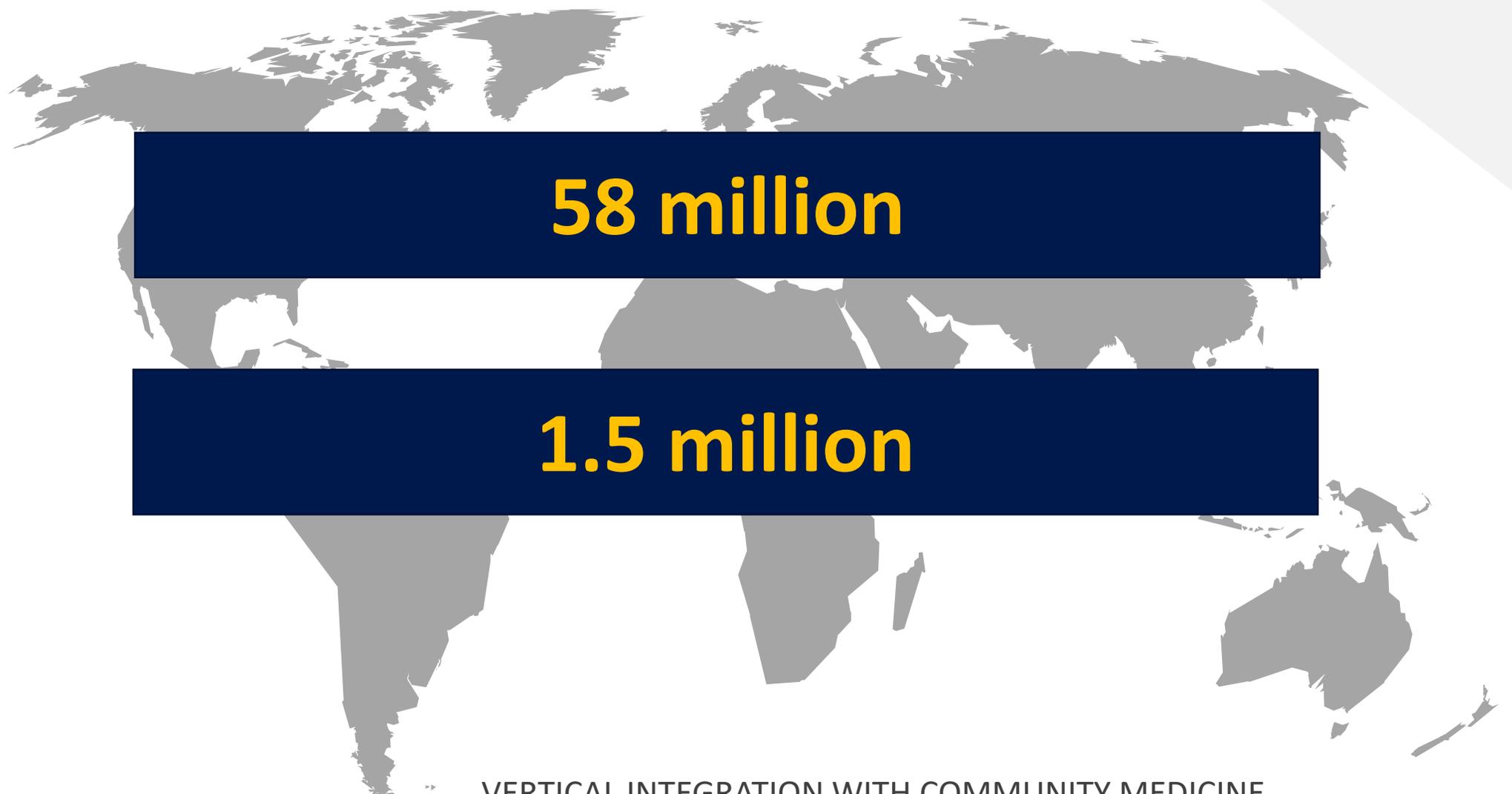
# HEPATITIS C VIRUS

## RNA Virus: Hepatitis C Virus



- Post transfusion hepatitis virus, latter termed as Non-A non-B Hepatitis (NANBH) finally termed Hepatitis C in 1989
- Six main genotypes 1,2,3,4 ,5 and 6
- Transmitted via infected blood products, unsterilized instruments and injections, infected mother to child

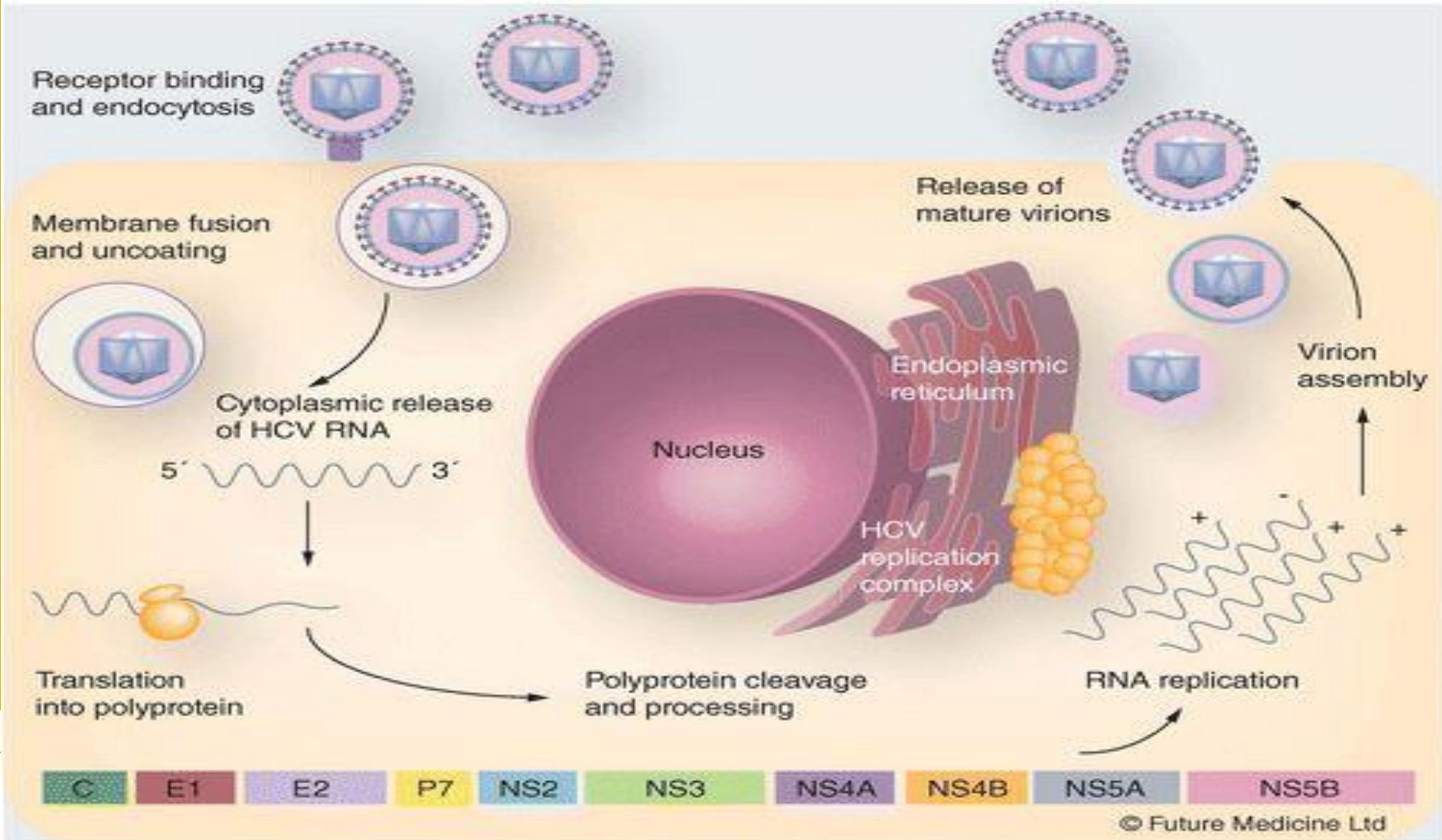
# PREVALENCE OF HEPATITIS C



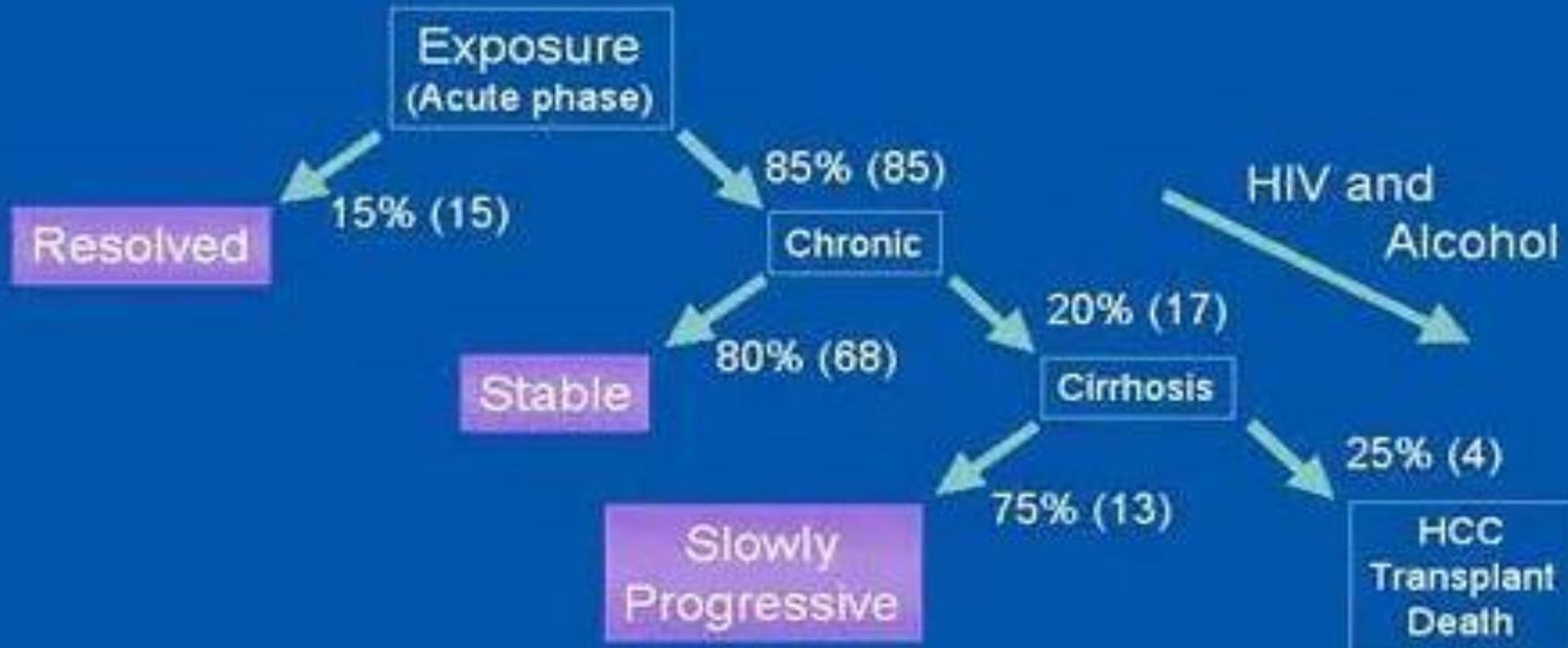
**58 million**

**1.5 million**

# HCV REPLICATION CYCLE



# Natural History of HCV Infection



# The basics

## Hepatitis C treatment



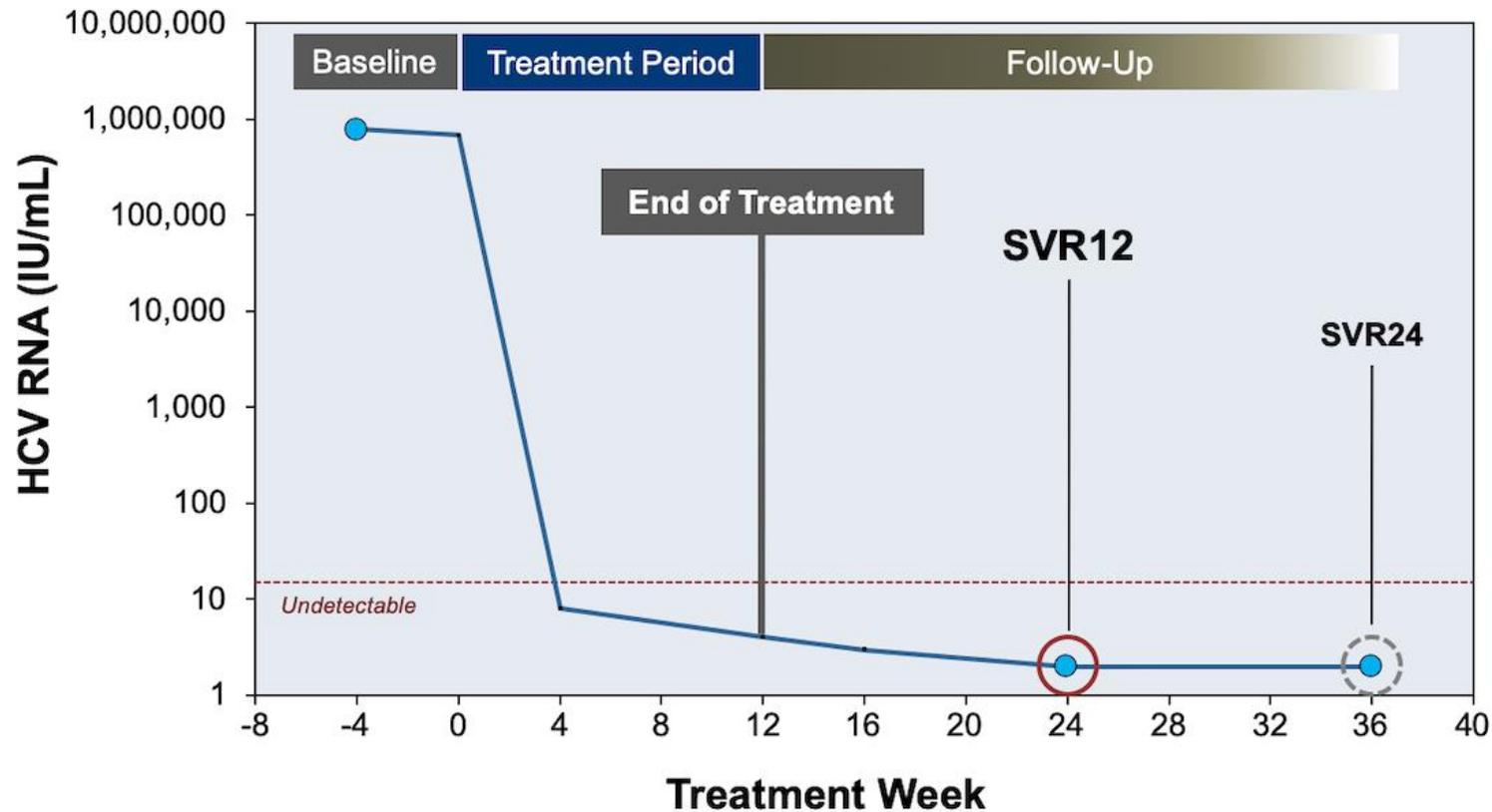
# HEPATITIS C VIRUS TREATMENT

The goals of chronic HCV treatment are:

- To achieve sustained viral response (eradication of infection)
- Inhibit progression to chronic stage

# HEPATITIS C VIRUS TREATMENT

## Sustained Virologic Response



VERTICAL INTEGRATION WITH MEDICINE

# DRUGS USED IN HEPATITIS C

## 1. HOST TARGETING AGENTS

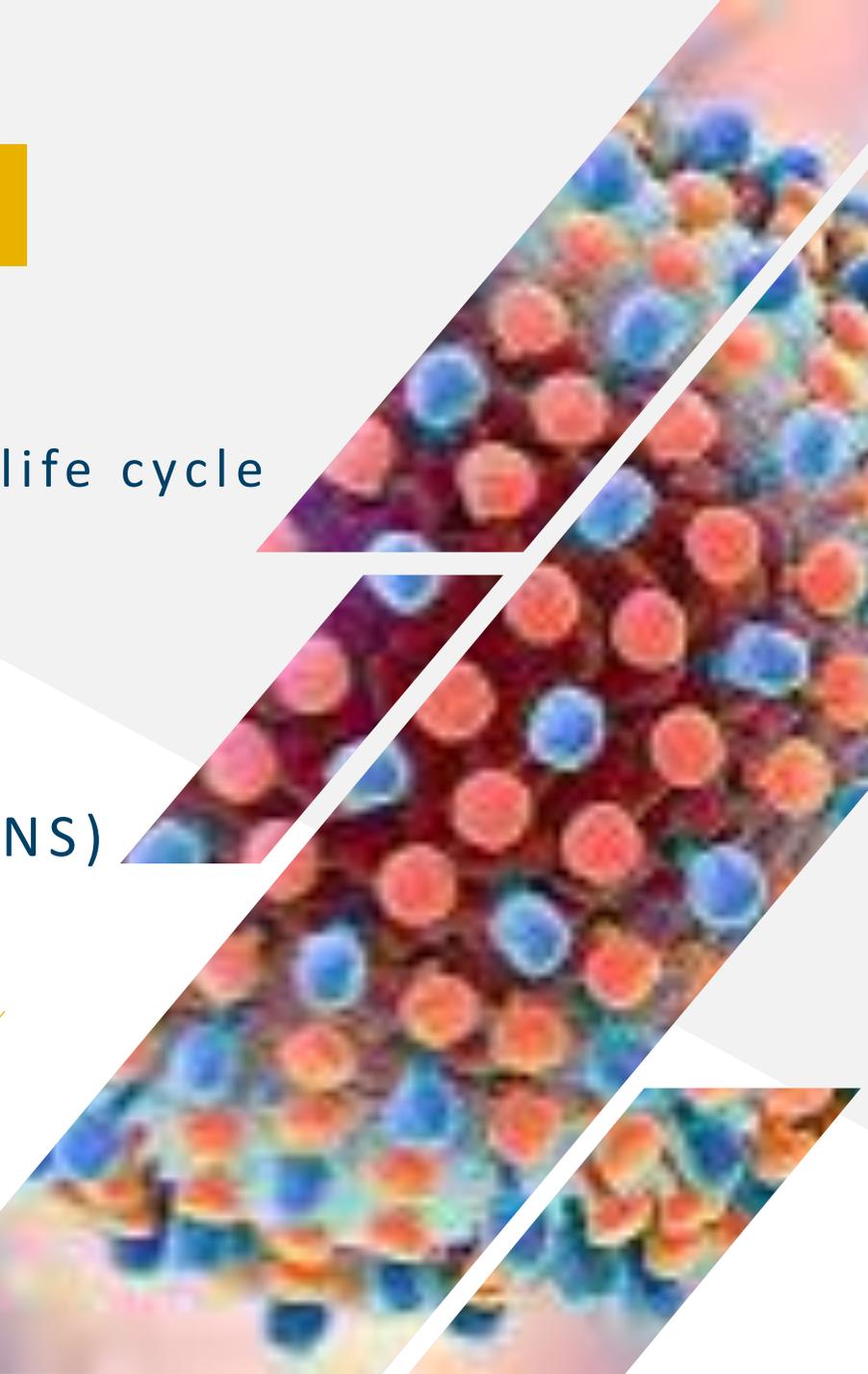
a. Target host factors indispensable for the viral life cycle (host cell entry, replication & assembly)

b. Target the host by boosting the host's innate immunity (INF or TLR agonists)

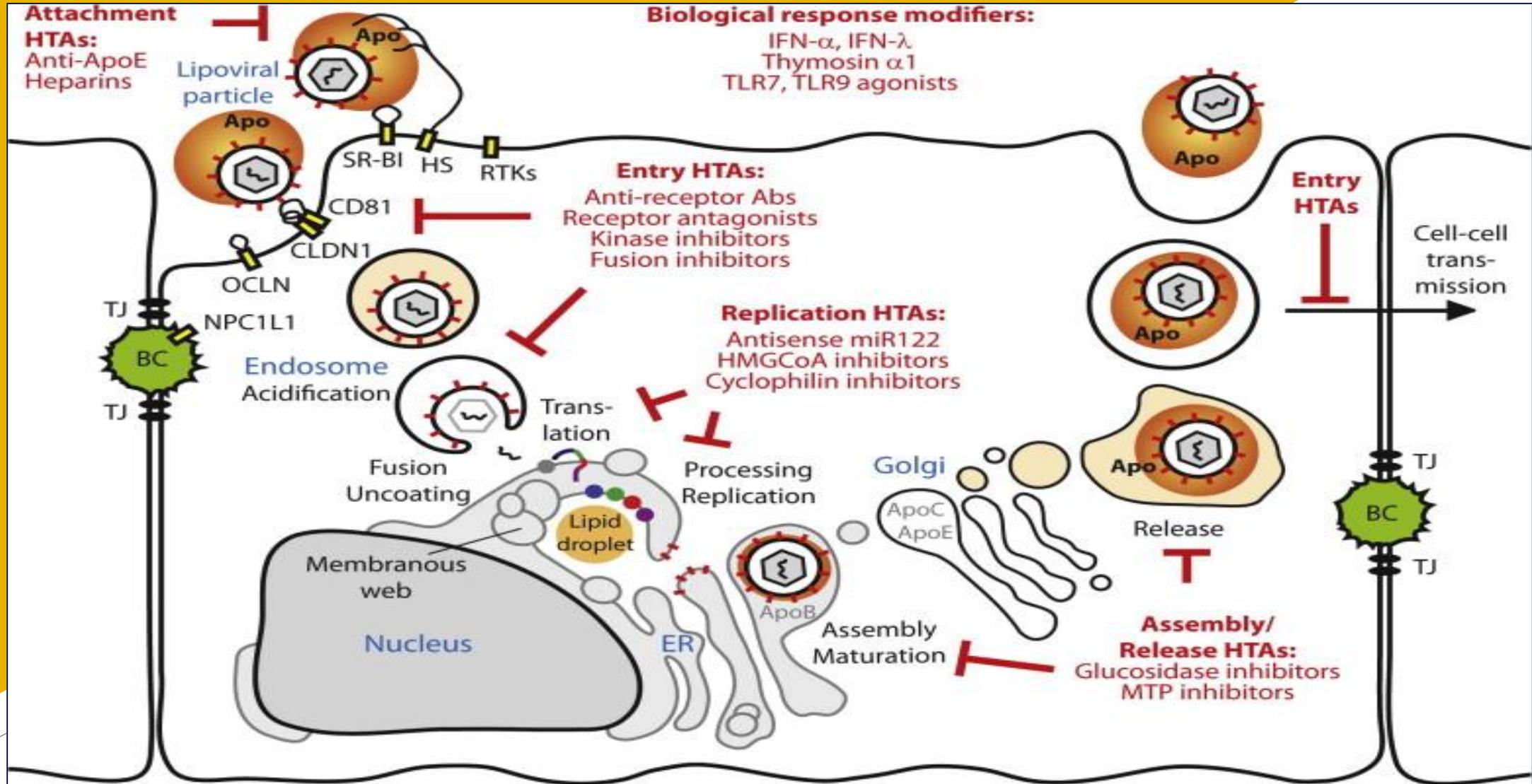
## 2. DIRECTLY ACTING ANTIVIRALS(DAA)

Inhibit specific HCV non-structural proteins (NS) that are vital for its replication

- NS3/4A Protease inhibitors
- NS5B Polymerase inhibitors (nucleoside & non nucleoside)
- NS5A inhibitors



# HOST TARGETING AGENTS USED IN HEPATITIS C



# DRUGS USED IN HEPATITIS C

FR

## 1. INTERFERON ALPHA

## 2. RIBAVIRIN

## 3. DIRECTLY ACTING ANTIVIRALS(DAA)

- NS3/4A Protease inhibitors

Boceprevir

Telaprevir

Simeprevir

Asunaprevir

Grazoprevir

Paritaprevir

Volixaprevir

- NS5B Polymerase inhibitors

Nucleosid: Sofosbuvir

Non nucleoside: Dasabuvir

- NS5A inhibitors

Ombitasvir

Ledipasvir

Daclatasvir

Elbasvir

Velpatasvir

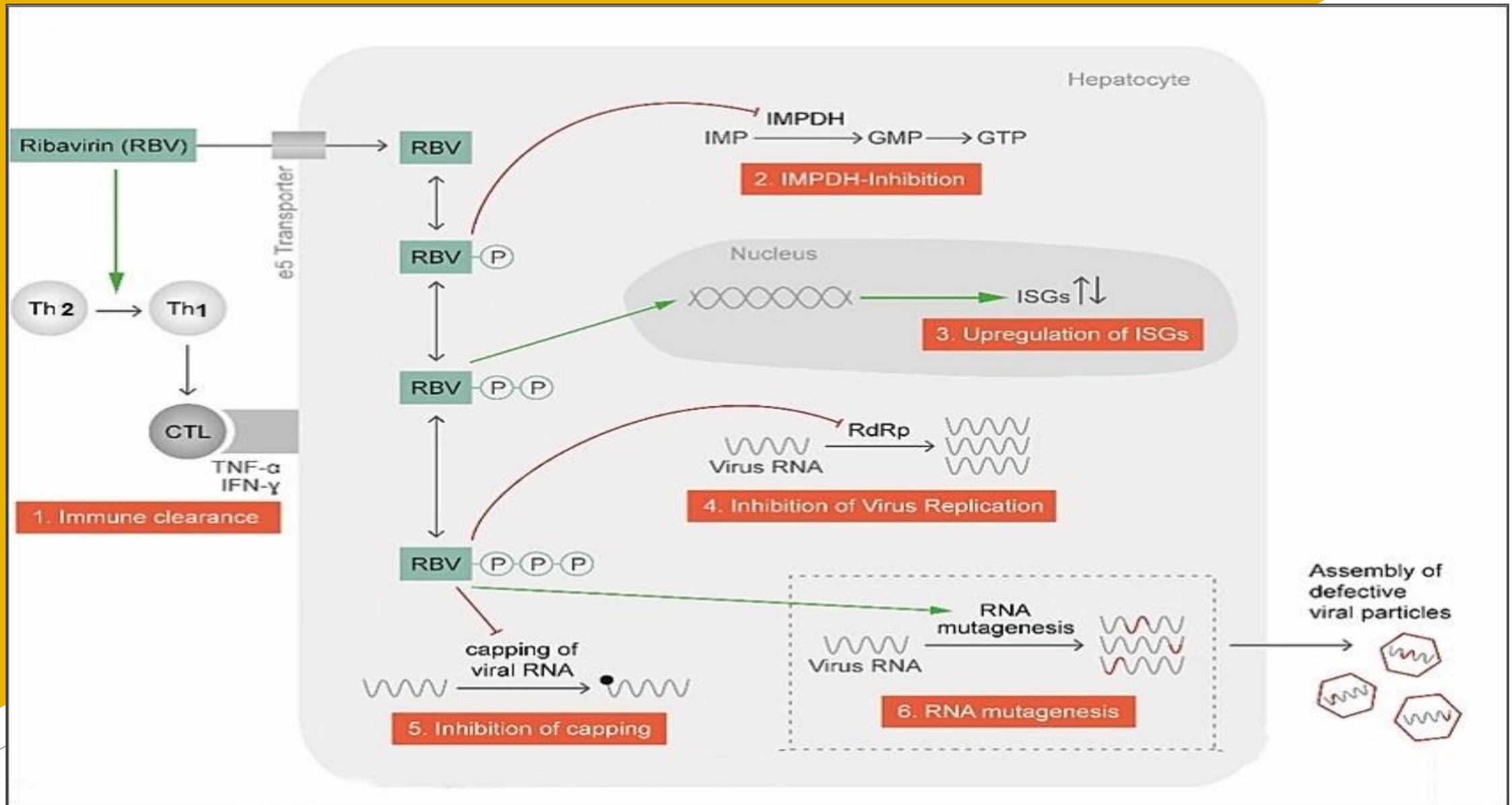
# RIBAVIRIN

FR

Synthetic guanosine analog  
HCV, HIV, influenza A & B, parainfluenza, RSV

- Ribavirin is phosphorylated intracellularly by host cells to triphosphate which causes:
  1. Depletion of guanosine triphosphate (inosine monophosphate dehydrogenase)
  2. Inhibition of viral mRNA capping (triphosphate)
  3. Inhibition of RNA dependent polymerase
  4. Enhancement of viral mutagenesis
  5. Induction of IFN stimulated genes

# MECHANISM OF ACTION

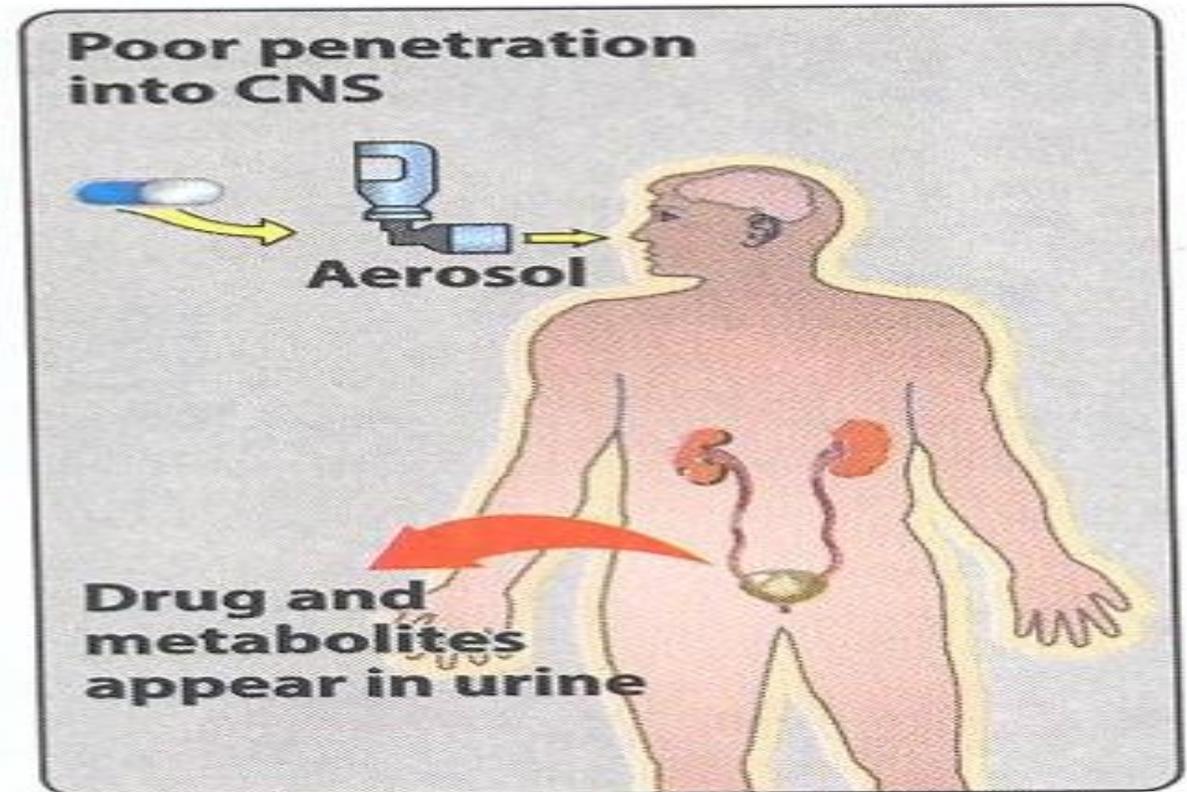


# RIBAVIRIN

FR

## PHARMACOKINETICS

- Oral, IV and aerosol
- BA 45-64 %
- Widely distributed through transporters
- Half life 7-10 days
- Renal elimination



# RIBAVIRIN

FR

## THERAPEUTIC USES

- Hepatitis C infection
- Respiratory syncytial viral pneumonia and bronchitis (aerosolized)
- Influenza A & B infection & parainfluenza infection (aerosolized)
- I/V Ribavirin ↓ mortality in lassa fever & haemorrhagic fever if started
- Severe measles pneumonitis

# RIBAVIRIN

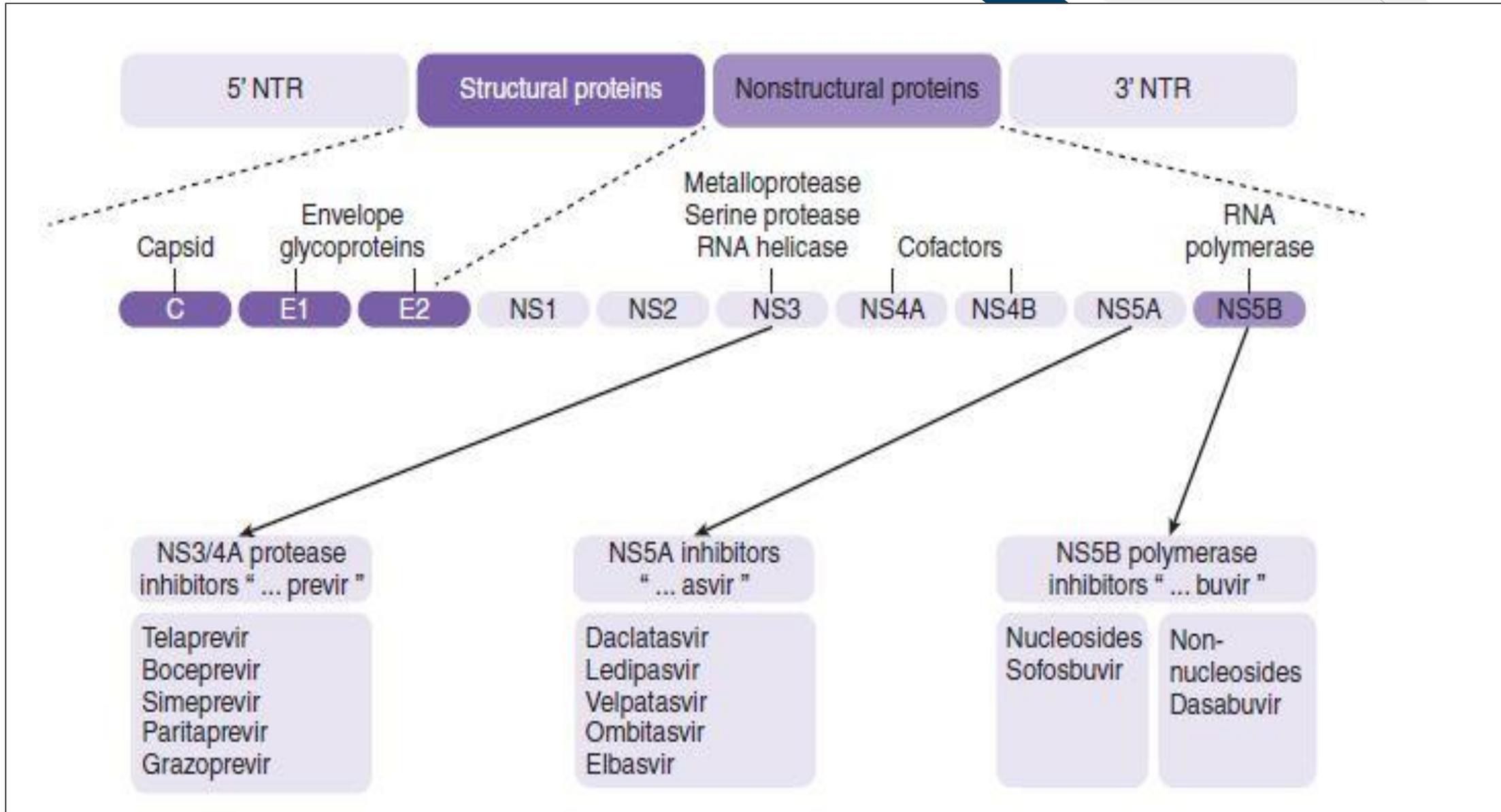
FR

## ADVERSE EFFECTS

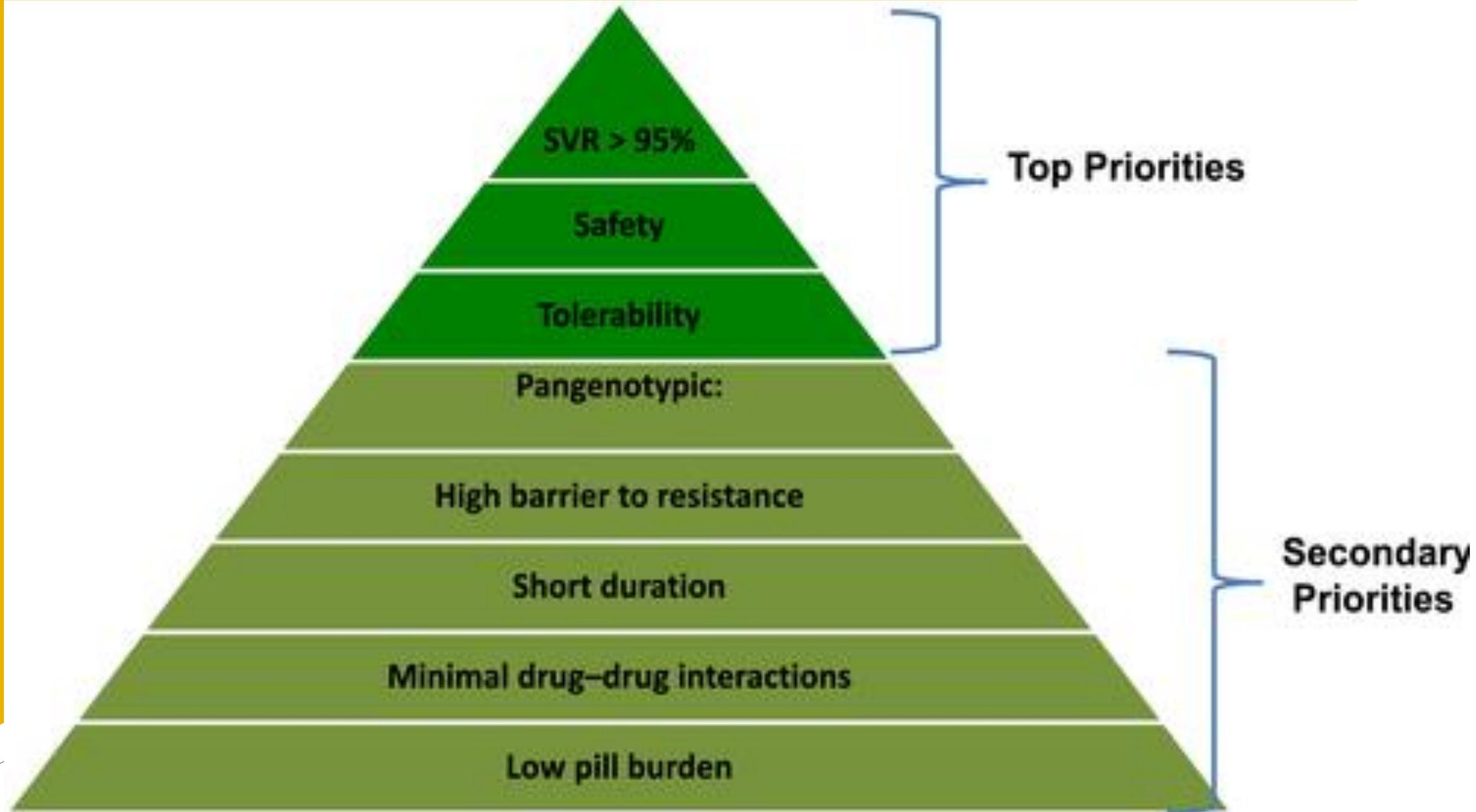
- Dose dependent hemolytic anemia
- Depression ,irritability and insomnia
- Fatigue
- Rash & pruritis
- Cough and transient wheezing
- Conjunctival or bronchial irritation (aerosolized)
- Precipitation on contact lens, plugging of valves & tubings
- Teratogenic

## CONTRAINDICATIONS

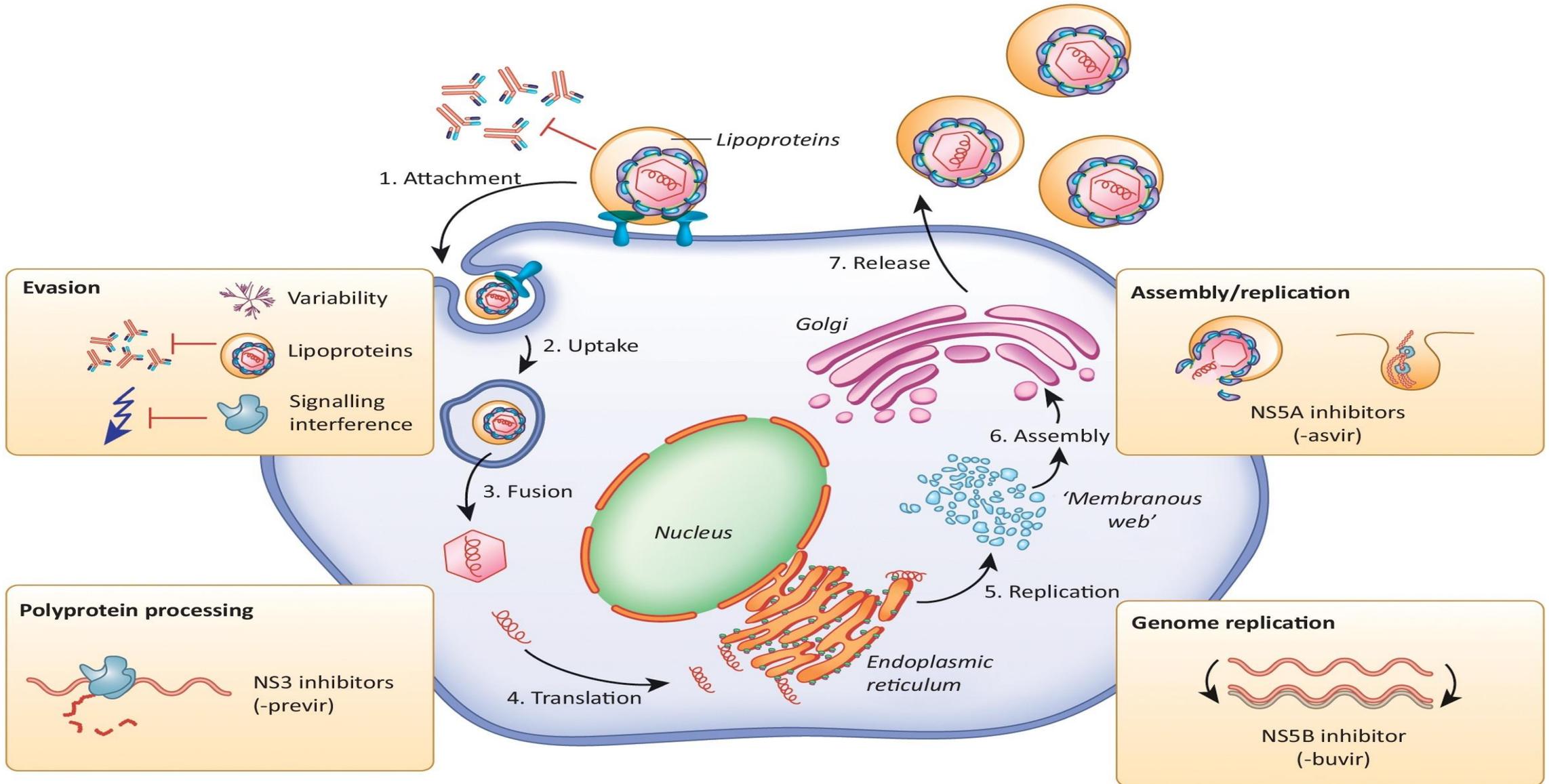
- Anemia
- Renal failure
- Ischemic vascular disease
- Pregnancy



# DIRECTLY ACTING ANTIVIRALS



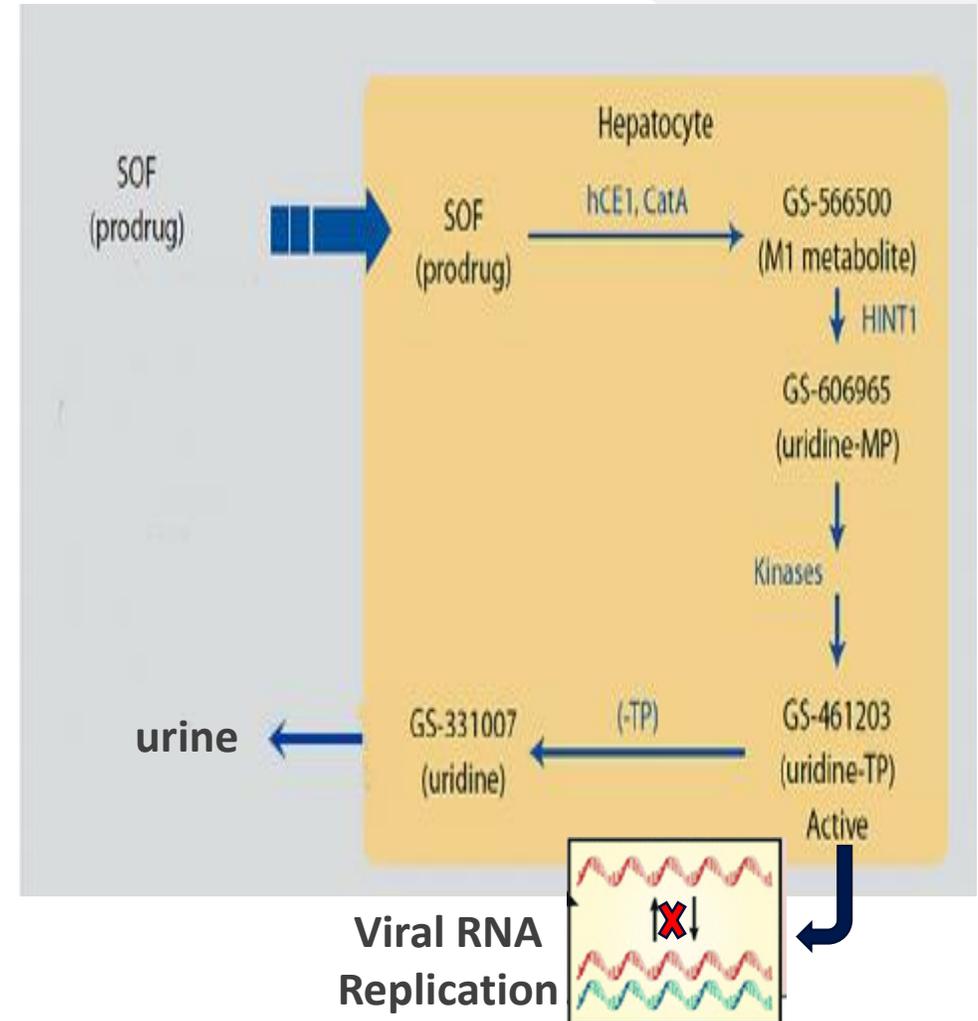
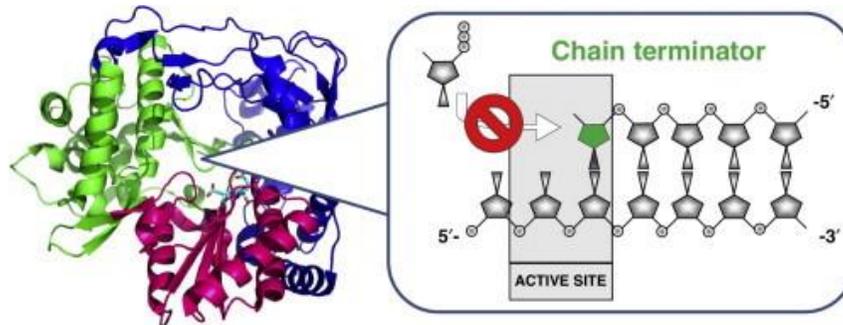
# MECHANISM OF ACTION OF DAA



# NS5B POLYMERASE INHIBITORS

## SOFOSBUVIR

- Pangenotypic
- Sofosbuvir is a uridine nucleotide prodrug which is phosphorylated to its active form in the hepatocytes.
- The active form competes with natural nucleotides causing termination of HCV-RNA replication.



### 3. NS5B POLYMERASE INHIBITORS

NS5B Polymerase Inhibitors						
Nucleoside Inhibitors						
Sofosbuvir	Food ↔	PPB 61-65%	Substrate of P-gp and BCRP	Prodrug is phosphorylated to active-form	ND	Renal
Non-Nucleoside Inhibitors						
Dasabuvir	↑ by food	PPB 99%	substrate of P-gp and BCRP	CYP2C8 CYP3A, CYP2D6	ND	Hepatic

- Associated with no significant adverse effects itself
- ADRs arise when administered as part of combination DAA treatment (bradycardia with amiodarone)

# RESEARCH

- Page K, Melia MT, Veenhuis RT, Winter M, Rousseau KE, Massaccesi G, Osburn WO, Forman M, Thomas E, Thornton K, Wagner K, Vassilev V, Lin L, Lum PJ, Giudice LC, Stein E, Asher A, Chang S, Gorman R, Ghany MG, Liang TJ, Wierzbicki MR, Scarselli E, Nicosia A, Folgori A, Capone S, Cox AL. **Randomized Trial of a Vaccine Regimen to Prevent Chronic HCV Infection.** *N Engl J Med.* 2021 Feb 11;384(6):541-549. doi: 10.1056/NEJMoa2023345. PMID: 33567193; PMCID: PMC8367093.
- Calleja, J.L., Aguilera, A., Buti, M. *et al.* Ten steps to eliminating hepatitis C in hospitals. *Nat Rev Gastroenterol Hepatol* **19**, 481–483 (2022). <https://doi.org/10.1038/s41575-022-00647-1>
- Feld, J. J. *et al.* Short-course, direct-acting antivirals and ezetimibe to prevent HCV infection in recipients of organs from HCV-infected donors: a phase 3, single-centre, open-label study. *Lancet Gastroenterol. Hepatol.* **5**, 649–657 (2020).

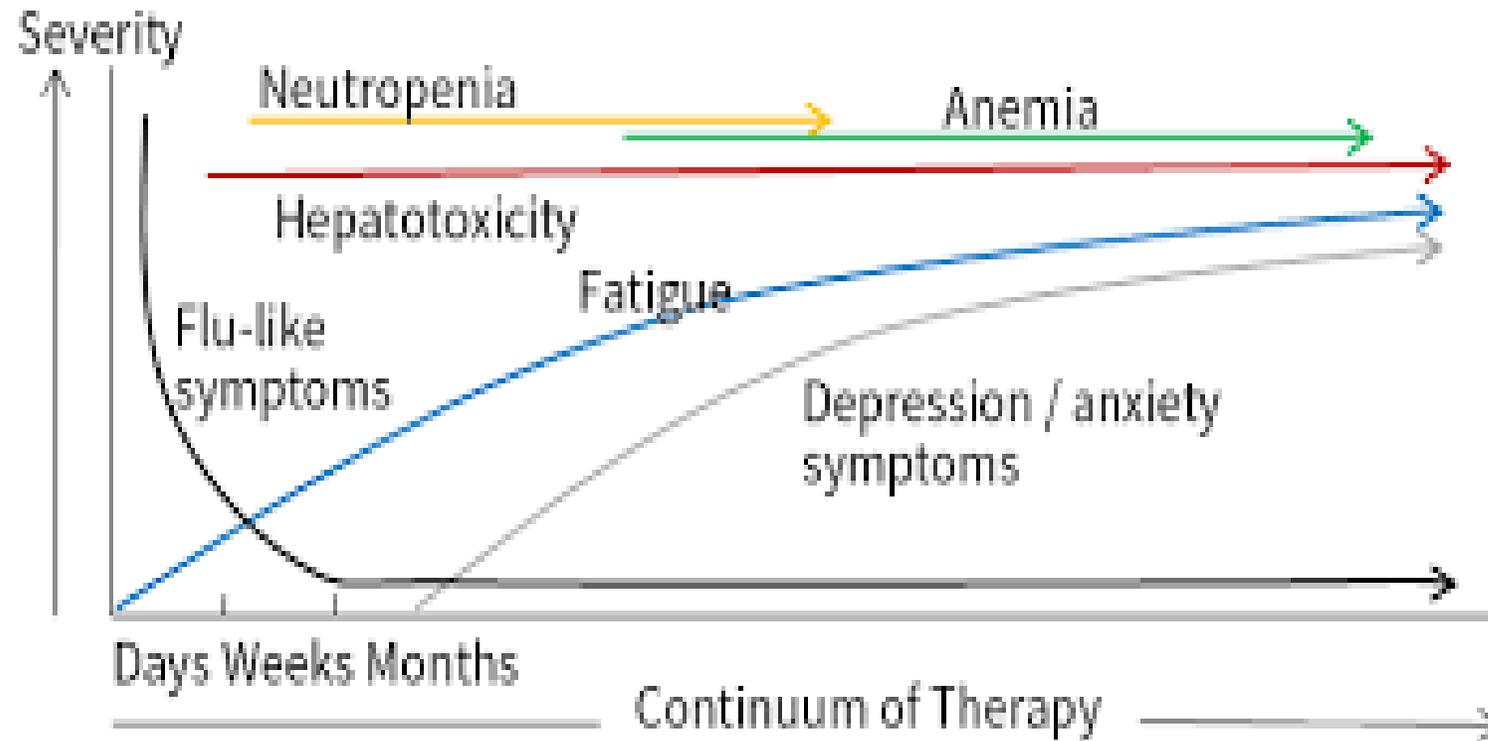
# BIOETHICS

- Clinical trials involving testing newer drugs on humans require informed consent

# ARTIFICIAL INTELLIGENCE

- Kashif, A.A., Bakhtawar, B., Akhtar, A., Akhtar, S., Aziz, N. and Javeid, M.S., 2021. Treatment response prediction in hepatitis C patients using machine learning techniques. *International Journal of Technology, Innovation and Management (IJTIM)*, 1(2), pp.79-89.
- Park, H., Lo-Ciganic, W.H., Huang, J., Wu, Y., Henry, L., Peter, J., Sulkowski, M. and Nelson, D.R., 2022. Machine learning algorithms for predicting direct-acting antiviral treatment failure in chronic hepatitis C: An HCV-TARGET analysis. *Hepatology*, 76(2), pp.483-491.

# END OF LECTURE ASSESSMENT



- Identify the drug most likely responsible for the adverse effects in Fig
- Give the mechanism of action
- Write important clinical indications

Thanks With **جَزَاكَ اللهُ خَيْرًا**  
May Allah reward you in goodness

