

Annual Report 2010
Paediatric Department



Benazir Bhutto Hospital
Rawalpindi

Prof. Rai Muhammad Asghar

Department of Paediatrics Benazir Bhutto Hospital

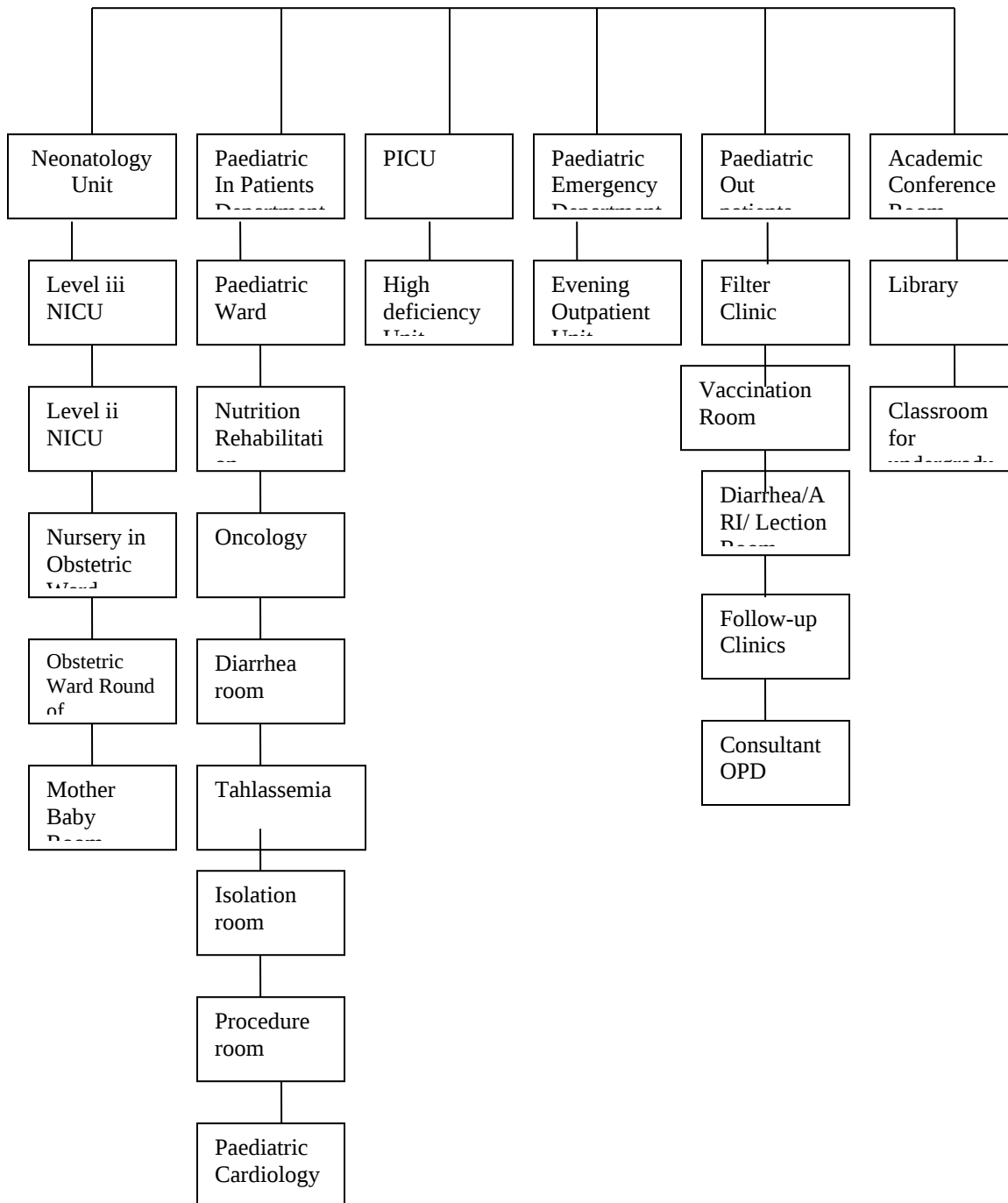
Paediatric Unit:

- **Benazir Bhutto Hospital**
- **Holy Family Hospital**
- **DHQ Hospital**

Benazir Bhutto Hospital:

- **Rawalpindi Medical College Srtart in 1976**
- **First Batch in 1981**
- **Paediatric department shifted to the present building in 1995**
- **New Paediatric Emergency Block**

LAYOUT OF THE DEPARTMENT



FACULTY MEMBERS

Professor

Professor Rai Muhammad Asghar
MBBS, MCPS, FCPS
Head of Paediatric Department
Rawalpindi Medical College
Benazir Bhutto Hospital
Rawalpindi

Assistant Professor

Dr. Najaf Masood
MBBS, MCPS, FCPS
Benazir Bhutto Hospital
Rawalpindi

Senior Registrar

Dr. Muddassar Sharif Bhatti
MBBS, MCPS, FCPS
Benazir Bhutto Hospital
Rawalpindi

Dr. Zeeshan Ghani
MBBS, MCPS, DCH, FCPS
Benazir Bhutto Hospital
Rawalpindi

Dr. Ayesha Afzal
MBBS, MCPS, FCPS
Benazir Bhutto Hospital
Rawalpindi

MEDICAL OFFICERS

- **Dr. Ghulam Sughra**
- **Dr. Waqas Akram**
- **Dr. Yasmeen Niazi**
- **Dr. Mansoor Afzal**
- **Dr. Wardah Saleem**

POSTDRAGUATE TRAINEES (FCPS)

- **Dr. Waqas Ashfaq**
- **Dr. Imran Hussain**
- **Dr. Sajid Sherazi**
- **Dr. Waseem Ashraf**
- **Dr. Madia Qammar**
- **Dr. Numair Ali Sheikh**
- **Dr. Maryam Amjad**
- **Dr. Sidra-tul-Muntaha**
- **Dr. Almas Hashmi**
- **Dr. Madeeha Saleem**
- **Dr. Aida Waheed**
- **Dr. Asadullah Memon**
- **Dr. Arouj Javed**
- **Dr. Farrah Bashir**
- **Dr. Bilal Naveed**
- **Dr. Muhammad Ali**

POSTDRAGUATE TRAINEES (MCPS)

- **Dr. Uzma Zafar**
- **Dr. Asad Naeem**
- **Dr. Fouzia Rizwana**
- **Dr. Wardah Saleem**
- **Dr. Mansoor Afzal**

HOUSE OFFICERS

- **Dr. Sidra Ali**
- **Dr. Sadia Sadaf**
- **Dr. Samina Yaqoob**
- **Dr. Tanzeela Rani**
- **Dr. Hassan Mujtaba**
- **Dr. Umer Farooq**

NURSING AND PARAMEDICAL STAFF

Paediatric Ward / Emergency / Nursery

- **Head Nurse** **01**
- **Charge Nurse** **12**
- **Student Nurse** **10**
- **Midwives** **01**
- **Aya** **01**
- **Ward Boy** **04**

Paediatric OPD

- **Aya** **01**
- **Ward Boy** **02**

POSTDRAGUATE TRAINEES IN THE DEPARTMENT

Supervisor

- **Prof. Rai Muhammad Asghar**
- **Dr. Najaf Masood**

FCPS AWARDEES

- **Dr. Tariq Sheikh**
- **Dr. Zarmast**
- **Dr. Saima Ihsan**
- **Dr. Sadia Riaz**
- **Dr. Muddassar Shairf**
- **Dr. Zeeshan Ghani**

MCPS

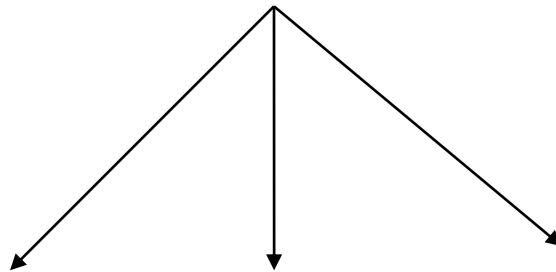
- **Dr. Muddassar Sharif**
- **Dr. Sadia Riaz**
- **Dr. Saima Ihsan**
- **Dr. Akhtar Ali**
- **Dr. Uzma Farooq**
- **Dr. Shahreen Hashmi**
- **Dr. Hareem Khourshid**
- **Dr. Zeeshan Ghani**

ACADEMIC ACTIVITIES

**Under Graduate
House Officer
Post Graduate**

**MCPS
FCPS**

ACADEMIC TEACHING ACTIVITIES



Undergraduate

Postgraduate

House Officers

Indoor Teaching

Fourth Year

16 working days in Benazir Bhutto Hospital for bed side teaching standardized indoor teaching program is made, with special emphasis on history taking, using growth chart, eliciting physical signs, systemic examination relevant to Paediatric and different diagnosis. Every student is supposed to present History taking before the ward test/

TEACHING SCHEDULE OF FOURTH YEAR MBBS

Day	Date	Roll No	First Half	Second Half
Monday	16-05-2011		Introduction / History Taking Dr. Muddassar Sharif	GPE Dr. Asadullah
Tuesday	17-05-2011	07, 27	EPI Dr. Najaf Masood	CNS Dr. Sajid Sherazi

Wednesday	18-05-2011	28, 33	Ac. Hepatitis / CLD Dr. Ayesha Afzal	Resp. System Dr. Imran
Thursday	19-05-2011	38, 51	Infection – PUO / Enteric Malaria Prof. Rai Asghar	GIT Dr. Asaduulah
Monday	23-05-2011	94, 96	IMCI Dr. Muddassar Sharif	CVS Dr. Sajid Sherazi
Tuesday	24-05-2011	101, 241	CNS-Meningitis / Encephalitis Dr. Najaf Masood	Short Case Dr. Madia Qamar
Wednesday	25-05-2011	251, 305	Oedema Dr. Ayesha Afzal	Short Case Dr. Asadullah
Thursday	26-05-2011	148, 152	Lymphadenopathy Prof. Rai Asghar	Revision of Clinical Methods Dr. Fouzia Rizwana
Monday	30-05-2011	200, 206	App. To Child with chronic cough Dr. Muddassar Shairf	GIT Dr. Asadullah
Tuesday	31-05-2011	207, 215	Anthropometry / Centile Chart Dr. Najaf Masood	Resp. System Dr. Imran
Wednesday	01-06-2011	216, 221	App. To Child with AFP Dr. Ayesha Afzal	GPE Dr. Sajid Sherazi
Thursday	02-06-2011	07, 27	Anemia Prof. Rai Asghar	EPI room visit Dr. Sajid Sherazi
Monday	06-06-2011		OSPE Dr. Muddassar Sharif	
Tuesday	07-06-2011	28, 33	Malnutrition Dr. Najaf Masood	GIT Dr. Sajid Shearzi
Wednesday	08-06-2011		Neonatal Examination Dr. Ayesha Afzal	
Thursday	09-06-2011		Ward Test Dr. Zeeshan Ghani, Dr. Ayesha Afzal	

FINAL YEAR MBBS

Total duration of 3 weeks (18 working days)

The Paediatric disease are covered according to syllabus. The students prepare the case in the evening so that 02 classes are

taking in the morning and 02 diseases can be covered, observed procedure, shown instruments and OSPE practice.

TEACHING SCHEDULE OF FINAL YEAR MBBS

Day	Date	Roll No	First Half (9:30 to 11:30)	Second Half (12:00 to 20:00pm)
Monday	23-05-2011		Introduction / Diarrhea Dr. Najaf Masood	GPE Dr. Waqas Akram
Tuesday	24-05-2011	209	Malnutrition / Failure to thrive Prof. Rai Asghar	CVS Dr. Sajid Sherazi
Wednesday	25-05-2011	214	Cough & breathing difficulty Dr. Muddassar Sharif	Resp. System Dr. Madia Qammar
Thursday	26-05-2011	225	Chronic cough (TB/Asthma) Dr. Zeeshan Ghnai	GIT Dr. Imran
Friday	27-05-2011	226	Fever with Fits / Unconsciousness Dr. Ayesha Afzal	
Saturday	28-05-2011	227	Neonatal Resuscitation Prof. Rai Asghar/Dr. Zeeshan Ghani	
Monday	30-05-2011	219	PUO Dr. Najaf Masood	CNS Dr. Madiha Qamar
Tuesday	31-05-2011	235	Fever with Jaundice Prof. Rai Asghar	CNS Dr. Numair Ali
Wednesday	01-06-2011	292	CLD Dr. Muddassar Sharif	Growth & development Dr. Sajid Sherazi
Thursday	02-06-2011	265	Heart failure (VSD, PDA) Dr. Zeeshan Ghani	Vaccination Dr. Fouzia Rizwana
Friday	03-06-2011	58	Child with Cyanotic (CHD) Dr. Ayesha Afzal	

Saturday	04-06-2011	264	Oedema Prof. Rai Asghar/Dr. Zeeshan Ghani	Procedure / Instrument Dr. Asadullah
Day	Date	Roll No.	First Half (9:30 to 11:30)	Second Half (12:00 to 20:00pm)
Monday	06-06-2011	107	Progressive Pallor Dr. Najaf Masood	X-ray Dr. Sajid Sherazi
Tuesday	07-06-2011	09	AFP Prof. Rai Asghar	Procedure / Instrument Dr. Asadullah
Wednesday	08-06-2011	37	OSPE Dr. Muddassar Sharif	Lab Data Dr. Madiha Qamar
Thursday	09-06-2011	261	Child with Rash Dr. Zeeshan Ghani	Clinical Pictures Dr. Imran
Friday	10-06-2011	93	Developmental Delay Dr. Ayesha Afzal	
Saturday	11-06-2011		Ward Test	

Lectures

1 Lecture/week for Fourth Year (45 minutes)

1 Lecture / week for Final Year

Fourth Year MBBS Lecture Schedule 2011

Date	Section I (Odd)	Section II (Even)
15-01-2011	Introduction to child growth pattern Unit I	Acute Diarrhea Prof. Rai Asghar

22-01-2011	Developmental Milestones Unit I	Measles Prof. Rai Asghar
29-01-2011	Acute Diarrhea Prof. Rai Asghar	Introduction to child growth pattern Unit I
05-02-2011 Holiday	Measles Prof. Rai Asghar	Developmental Milestones Unit I
12-02-2011	Breast Feeding Unit I	Bacterial Meningitis Prof. Rai Asghar
19-02-2011	Malnutrition Assessment Unit I	Tuberculosis Dr. Najaf Masood
26-02-2011	Bacterial Meningitis Prof. Rai Asghar	Breast Feeding Unit I
05-03-2011	Tuberculosis Dr. Najaf Masood	Malnutrition Assessment Unit I
12-03-2011	Malnutrition Management Unit I	TBM Prof. Rai Asghar
19-03-2011	Vitamin A Deficiency Unit I	Tetanus Dr. Najaf Masood
26-03-2011 Sport week	TBM Prof. Rai Asghar	Malnutrition Management Unit I
02-04-2011	Tetanus Dr. Najaf Masood	Vitamin A Deficiency Unit
09-04-201 Spring Vacation	Vitamin D Deficiency Unit I	Diphtheria Prof. Rai Asghar
16-04-2011	Iron Deficiency Unit I	Chicken pox/ Pertusis Dr. Najaf Masood
23-04-2011	Diphtheria Prof. Rai Asghar	Vitamin D Deficiency Unit I
30-04-2011	Chicken pox/ Pertusis Dr. Najaf Masood	Iron Deficiency Unit I
07-05-2011	Hemolytic Anemia Unit I	Malaria Dr. Najaf Masood
14-05-2011 Strike	Aplastic Anemia Unit I	Enteric Fever Dr. Najaf Masood
21-05-2011	Malaria Dr. Najaf Masood	Hemolytic Anemia Unit I
28-05-2011	Enteric Fever Dr. Najaf Masood	Aplastic Anemia Unit I

04-06-2011	ITP Unit I	Polio /GBS Dr. Najaf Masood
11-06-2011	Hemophilia Unit I	Bronchiolitis Prof. Rai Asghar
Summer Vacations		
03-09-2011	Polio /GBS Dr. Najaf Masood	ITP Unit I
10-09-2011	Bronchiolitis Prof. Rai Asghar	Hemophilia Unit I
17-09-2011	ALL Unit I	Rheumatic Fever Prof. Rai Asghar
24-09-2011	Lymphoma Unit I	AGN Dr. Najaf Masood
01-10-2011	Rheumatic Fever Prof. Rai Asghar	ALL Unit I
08-10-2011	AGN Dr. Najaf Masood	Lymphoma Unit I
15-10-2011	Childhood Asthma Unit I	Nephrotic Syndrome Unit I
22-10-2011	Nephrotic Syndrome Unit I	Childhood Asthma Unit I

Final Year MBBS Lectures Schedule 2011-2012

Date	Day	Lectures	Unit
06-05-2011	Friday	Neonatal Resuscitation	Prof. Rai Asghar
07-05-2011	Saturday	Perinatal Asphyxia	Holy Family Hospital
13-05-2011	Friday	Inborn Error of new Metabolism	Prof. Rai Asghar
14-05-2011	Saturday	Neonatal Sepsis	Holy Family Hospital

20-05-2011	Friday	LBW	Dr. Najaf Masood
21-05-2011	Saturday	Neonatal Seizures	Holy Family Hospital
27-05-2011	Friday	Diabetes	Dr. Najaf Masood
28-05-2011	Saturday	Neonatal Jaundice	Holy Family Hospital
03-06-2011	Friday	Asthma /CF	Prof. Rai Asghar
04-06-2011	Saturday	Cerebral Palsy	Holy Family Hospital
10-06-2011	Friday	Short Stature	Prof. Rai Asghar
11-06-2011	Saturday	Acyanotic Heart Disease	Holy Family Hospital
05-08-2011	Friday	CRF	Prof. Rai Asghar
06-08-2011	Saturday	Heart Failure in children	Holy Family Hospital
12-08-2011	Friday	ARF	Dr. Najaf Masood
13-08-2011	Saturday	Acute Leukemia	Holy Family Hospital

Dated: 26-05-2011

**Prof. Rai Muhammad Asghar,
Head of Paediatric Department
BBH Rawalpindi**

