



# PhD ANATOMY

## LOG BOOK

(2025)



**Rawalpindi Medical University, Rawalpindi**

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## University Mission Statement



## University Mission/Vision

- To impart evidence-based research oriented medical education
- To provide best possible patient care
- To inculcate the values of mutual respect and ethical practice of medicine
- Highly recognized and accredited center of excellence in Medical Education, using evidence-based training techniques for development of highly competent health professionals.

## Introduction of Logbook

A logbook is a record-keeping document where students can track and document their progress, activities, and achievements throughout their research and study period. It also provides a valuable resource for supervisors and examiners to review the student's work and progress during the Ph.D program

The Anatomy department of RMU requires our PhD students to maintain a logbook as part of their doctoral studies. The log book serves as a comprehensive record of their academic journey, including coursework, presentations, experiments, research activities, literature reviews, seminars attended, conferences participated in, coursework completed, and other scholarly pursuits undertaken during the course of the PhD program. It can be a valuable tool for our PhD Scholars to stay organized, documenting their journey, and improving their research skills. It provides a sense of accountability which can help them stay focused and motivated.

It should be signed regularly by the concerned teacher, lab assistant, co-supervisor and supervisor and are scored as part of internal assessment and semester examinations. Logbooks are preferably written by hands on daily basis but E log Books will also be available for our Scholars.

Prepared By:  
Program Director  
Prof Dr Saima Naz

# PhD Scholar's Enrolment Details

Program of Admission: \_\_\_\_\_

Session: \_\_\_\_\_ Registration/Training Number: \_\_\_\_\_

Name of Candidate: \_\_\_\_\_

Father's/Husband's Name: \_\_\_\_\_

Dare of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ CNIC No. \_\_\_\_\_

Present Address: \_\_\_\_\_  
\_\_\_\_\_

Permanent Address: \_\_\_\_\_  
\_\_\_\_\_

E-mail Address: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_

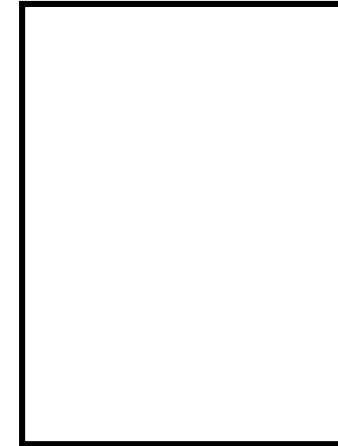
Date of Start of Training: \_\_\_\_\_ Date of completion of Training: \_\_\_\_\_

Name & Designation of Supervisor: \_\_\_\_\_

Name & Designation of Co-Supervisor: \_\_\_\_\_

Department: \_\_\_\_\_

Name of Training Institute: \_\_\_\_\_



This log book documents the academic journey of Mr./Miss \_\_\_\_\_ pursuing a PhD in Anatomy at RMU.

## SUPERVISOR/CO-SUPERVISOR'S DETAILS

### Main Supervisor:

Name: \_\_\_\_\_

Qualification : \_\_\_\_\_

Designation: \_\_\_\_\_

Registration #: \_\_\_\_\_

Email: \_\_\_\_\_

### Co-Supervisor(s):

1. \_\_\_\_\_

2. \_\_\_\_\_

**Section-1: Interactive Lectures (may include multiple pages)**

**Course Title (Code):**

**Start Date:**

**End Date**

S #	Date/Time	Subject/ Topic	Lecture	Attended	Teacher's Name	Teacher' Signs
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

\*Grade A = Excellent, Grade B = Very Good, Grade C = Good, Grade D = Acceptable, Grade F = Unsatisfactory



**Section-2: Practical Laboratory Work In different Labs (may include multiple pages)**

Course Title (Code):

Start Date:

End Date

S#	Date/Time	Practical Topics	Technical Staff Name	Technical Staff Signs	Grade A-F*	Teacher's Name	Teacher's Signs
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							

\*Grade A = Excellent, Grade B = Very Good, Grade C = Good, Grade D = Acceptable, Grade F = Unsatisfactory

**Section-3: Dissection (may include multiple pages)**

**Course Title (Code):**

**Start Date**

**End Date**

S #	Date/Time	Region	Teacher Name	Assisting Staff	Grade A-F*	Teacher's Name	Teacher' Signs
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							

\*Grade A = Excellent, Grade B = Very Good, Grade C = Good, Grade D = Acceptable, Grade F = Unsatisfactory

**Section-4: Completion of Assignments by Students (may include multiple pages)**

**Course Title (Code):**

**Start Date:**

**End Date:**

S #	Date/Time	Topic of Assignment	Grade A-F*	Teacher's Name	Teacher' Signs
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

\*Grade A = Excellent, Grade B = Very Good, Grade C = Good, Grade D = Acceptable, Grade F = Unsatisfactory

**Section-5: Journal Clubs Discussions (may include multiple pages)**

S #	Date/Time	Subject/Topic	Presented/ Attended	Grade A-F*	Teacher's Name	Teacher' Signs
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

\*Grade A = Excellent, Grade B = Very Good, Grade C = Good, Grade D = Acceptable, Grade F = Unsatisfactory

**Section-6: Use of Library/Digital Library and Internet (may include multiple pages)**

**Course Title (Code):**

**Start Date:**

**End Date:**

S #	Date/Time	Topic of Study	Grade A-F*	Teacher's Name	Teacher' Signs
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

\*Grade A = Excellent, Grade B = Very Good, Grade C = Good, Grade D = Acceptable, Grade F = Unsatisfactory

**Section-7: Directed Self Learning (may include multiple pages)**

**Course Title (Code):**

**Start Date:**

**End Date:**

S #	Date/Time	Topic of Study	Grade A-F*	Teacher's Name	Teacher' Signs
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

\*Grade A = Excellent, Grade B = Very Good, Grade C = Good, Grade D = Acceptable, Grade F = Unsatisfactory

**Section-8: CBL/PBL (may include multiple pages)**

**Course Title (Code):**

**Start Date:**

**End Date:**

S#	Date/Time	Topic	Grade A-F*	Teacher's Name	Teacher's Signs
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

\*Grade A = 91-100%, Grade B = 81-90%, Grade C = 71-80%, Grade D = 61-70%, Grade F = <60%

## Section-9: Teaching/Training Sessions for PhD Anatomy Students(may include multiple pages)

\*Grade A = Excellent, Grade B = Very Good, Grade C = Good, Grade D = Acceptable, Grade F = Unsatisfactory

S #	Date/Time	Subject/Topic	Lecture/ Practical	Grade A-F*	Supervisor's Signs
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					



## Section-10: SMALL GROUP DISCUSSION (SGDs)

S #	Date	Topic	Grade A-F*	Supervisor's Name	Supervisor's Signs
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

\*Grade A = Excellent, Grade B = Very Good, Grade C = Good, Grade D = Acceptable, Grade F = Unsatisfactory

**Section-11: Seminars & Conferences Attended/Presented (may include multiple pages)**

S #	Date/Time	Workshop/ Seminar/ Conference	Title of Workshop/ Seminar/ Conference	Attended / Presented	Title of presentation/ poster	Grade A-F*	Attendance Certificate	Supervisor's Signs
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								

\*Grade A = Excellent, Grade B = Very Good, Grade C = Good, Grade D = Acceptable, Grade F = Unsatisfactory

**Section-12: Hands on Training workshop attended (may include multiple pages)**

S #	Date/Time	Venue	Title	Facilitator	Grade A-F*	Attendance Record	Supervisor's Signs
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							

\*Grade A = Excellent, Grade B = Very Good, Grade C = Good, Grade D = Acceptable, Grade F = Unsatisfactory

**Section-13: Publications :Original Article/Review Article (may include multiple pages)**

S #	Date/Time	Authors	Article Title	Journal Details	National/ International	Category/Impact Factor	Supervisor's Signs
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							

\*Grade A = Excellent, Grade B = Very Good, Grade C = Good, Grade D = Acceptable, Grade F = Unsatisfactory

## Section-14: Rotations /Attachment in Other HEIs

S #	Date From-to	Department/HEI visited	Details of Assignments/Training	Name of Facilitator in HEI	Signs of Facilitator in HEI	Visit Report Prepared	Grade A-F*	Supervisor's Signs
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								

\*Grade A = Excellent, Grade B = Very Good, Grade C = Good, Grade D = Acceptable, Grade F = Unsatisfactory

EX

### Section 15: Leave Record

S #	Date From-to	Type of Leave	No. of days	Reason for Leave	Substitute Name/Signs	Supervisor's Signs
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

EX

### Section 16: Feedback by the Teacher/Supervisor

S#	Date /Time	Topic for feedback	Student's Signs	Supervisor's Signs
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

EX

### Section 17: Feedback by the Student

S#	Date /Time	Topic for feedback	Student's Signs	Supervisor's Signs
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				



EX

### Section 18: Counselling Sessions by the Teacher/Supervisor/Supervisory Committee

S #	Date /Time	Counselling Session (Issue/Topic)	Counselled by Supervisor/Supervisory Committee etc	Documented (Yes/No)	Student's Signs	Supervisor's Signs
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

EX

**Section 19: Assisted/Co-Supervised Research Projects of MBBS and MPhil Students(may include multiple pages)**

S#	Date /Time	Research Topic	Level of student MBBS, Mphil	Student's Signs	Supervisor Signs
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

EX

### Section 20: Discussion Sessions for Research Topic Selection & Synopsis Writing

S #	Date /Time	Topic for Discussion	Attended by	Student's Signs	Supervisor's Signs
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

EX

### Section 21: Discussion Sessions for Research Work Progress

S #	Date /Time	Topic for Discussion	Attended by	Student's Signs	Supervisor's Signs
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

EX

### Section 22: Discussion Sessions for Thesis Writing Progress

S #	Date /Time	Topic for Discussion	Attended by	Student's Signs	Supervisor's Signs
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

EX

### Section 23: Supervisor-Student Meetings Record

S #	Date /Time	Topic for Discussion	Attended by	Student's Signs	Supervisor's Signs
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

EX

### Section 24 : Exams /Tests/Quiz Record

S #	Date /Time	COURSE/TOPIC	SEMISTER	Type (MCQ/SEQ)	Student's Signs	Supervisor's Signs
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

EX

**SECTION 25 : Any Other Important Or Relevant Information/Details**



## SECTION 26: PGT Evaluation by Students

(To be filled by the student)

Course Title and Number: \_\_\_\_\_

Name of Instructor: \_\_\_\_\_ Semester \_\_\_\_\_

Department: \_\_\_\_\_ Degree \_\_\_\_\_

Use the scale to answer the following questions below and make comments

A: Strongly Agree B: Agree C: Uncertain D: Disagree E: Strongly Disagree

Instructor:					
1. The Instructor is prepared for each class	A	B	C	D	E
2. The Instructor demonstrates knowledge of the subject	A	B	C	D	E
3. The Instructor has completed the whole course	A	B	C	D	E
4. The Instructor provides additional material apart from the textbook	A	B	C	D	E
5. The Instructor gives citations regarding current situations with reference to Pakistani context.	A	B	C	D	E
6. The Instructor communicates the subject matter effectively	A	B	C	D	E
7. The Instructor shows respect towards students and encourages class participation	A	B	C	D	E
8. The Instructor maintains an environment that is conducive to learning	A	B	C	D	E

EX

9. The Instructor arrives on time	A	B	C	D	E
10. The Instructor leaves on time	A	B	C	D	E
11. The Instructor is fair in examination	A	B	C	D	E
12. The Instructor returns the graded scripts etc, in a reasonable amount of time	A	B	C	D	E
13. The Instructor was available during the specified office hours and for after class consultations	A	B	C	D	E
Course:					
14. The Subject matter presented in the course has increased your knowledge of the subject	A	B	C	D	E
15. The syllabus clearly states course objectives requirements, procedures and grading criteria	A	B	C	D	E
16. The course integrates theoretical course concepts with real-world applications	A	B	C	D	E
17. The assignments and exams covered the materials presented in the course	A	B	C	D	E
18. The course material is modern and updated	A	B	C	D	E

Comments:

Instructor: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Course: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_