



Rawalpindi Medical University
Sustainable Development Goals (SDGs)
International Collaborations



Rawalpindi Medical University Report
4th World Conference of Economic and Social Council (ECOSOC)
on Sustainable Development Goals (SDGs), United Nations
Headquarters, New York – July 9, 2024

On July 9, 2024, Professor Mohammad Umar, Vice Chancellor of Rawalpindi Medical University (RMU), Pakistan, attended the 4th World Conference of the Economic and Social Council (ECOSOC) at the United Nations Headquarters in New York. The conference focused on Sustainable Development Goals (SDGs) and brought together global leaders, policymakers, academicians, and delegates from various countries. The primary objective of the conference was to address pressing challenges, share innovative approaches to achieving SDGs, and strengthen collaborations to advance the 2030 Agenda for Sustainable Development. Professor Umar took this opportunity to present RMU’s SDG Report 2024, showcasing the institution's progress and commitment towards sustainable healthcare, education, and community development in Pakistan.

The 4th World Conference of ECOSOC is an annual platform for dialogue and action on sustainable development, aiming to bridge social and economic inequalities across the globe. This year's conference emphasized global solidarity, strategic partnerships, and evidence-based policy-making, particularly in areas impacted by climate change, poverty, healthcare disparities, and access to quality education. The conference was marked by insightful keynote addresses, interactive panels, and collaborative workshops, offering diverse perspectives from participants representing all major global regions.





Rawalpindi Medical University Report

Cross-sectoral dialogue about the SDGs with United States (US) Consulate General To Pakistan

Rawalpindi Medical University (RMU) held a cross-sectoral dialogue focused on advancing Sustainable Development Goals (SDGs) in Pakistan in collaboration with the United States Consulate General to Pakistan. This dialogue aimed to explore shared goals, promote knowledge exchange, and identify areas of collaboration between RMU and the U.S. Consulate General. Hosted at RMU's campus, the event brought together RMU faculty, students, public health professionals, policymakers, and representatives from the U.S. Consulate. Discussions centered around enhancing healthcare access, promoting education quality, advancing gender equality, and developing sustainable community health initiatives.

The meeting marked a significant step for RMU, reflecting its commitment to sustainable development and global collaboration in line with Pakistan's Vision 2030 and the UN 2030 Agenda. Both parties discussed actionable strategies to advance these agendas locally and regionally.

The U.S. Consulate agreed to facilitate exchange opportunities for RMU students and faculty, aiming to enhance their exposure to best practices in sustainable healthcare and medical education. These exchanges are anticipated to foster cultural understanding, promote diversity, and build lasting networks between Pakistan and the U.S.

The dialogue highlighted RMU's efforts to promote gender equality and empower women in medical fields. The U.S. Consulate proposed launching mentorship programs connecting female RMU students and faculty with women leaders in healthcare across U.S. institutions. This initiative aims to provide career guidance, leadership development, and networking opportunities.



RMU's Alumni Collaboration



The Alumni Associations of Rawalpindi Medical University (RMU), formerly known as Rawalpindi Medical College (RMC), have consistently been a driving force behind the university's development and success. Over the years, RMU alumni have demonstrated unwavering dedication to their alma mater, making significant contributions both financially and physically. These efforts stem from a deep sense of gratitude toward the institution that played a pivotal role in shaping their professional and personal lives. The RMU alumni community has continually supported various projects that have not only expanded the university's facilities but have also improved healthcare services and educational programs, benefiting countless patients, students, and medical professionals. The contributions made by the RMU alumni associations have had a profound impact on both the university and the broader community. Their support has:

Improved Patient and Community Facilities: Facilities such as the attendants' waiting area have improved patient and family experience within hospital settings, fostering a more supportive healthcare environment.

Supported Medical Education and Research: By funding research initiatives and academic positions, alumni contributions have strengthened RMU's research capabilities, facilitating high-quality research and advancing the university's academic reputation.

Enhanced Healthcare Services: The establishment of specialized units and departments has improved the quality and accessibility of healthcare services, allowing RMU to serve a larger patient population with advanced medical care.

The Rawalpindi Medical University alumni associations continue to play a vital role in the university's growth and progress. Through financial contributions, project funding, and unwavering dedication, RMU alumni have left an indelible mark on their alma mater. Their support has not only expanded RMU's healthcare and educational facilities but has also benefited the community at large. The alumni associations' contributions underscore a lasting bond between RMU and its graduates, ensuring that the university remains a beacon of medical education and healthcare innovation in Pakistan. RMU looks forward to further collaboration with its alumni, as their efforts remain crucial to the institution's mission of advancing healthcare and medical education in the region.

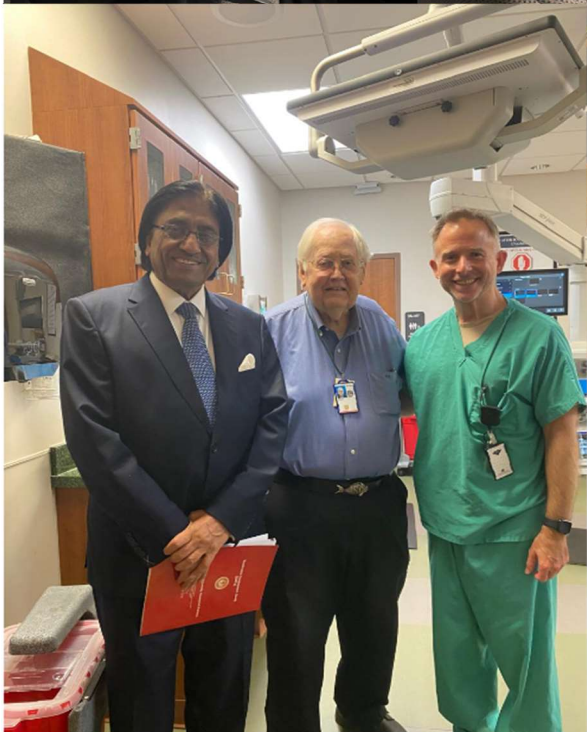


Rawalpindi Medical University Report


Baylor St. Luke's Medical Center

It sounds like Prof. Muhammad Umar from Rawalpindi Medical University (RMU) in Pakistan shared the Sustainable Development Goals (SDGs) report last year, particularly focusing on health and well-being. The occasion included discussions about quality of care, aligning with SDG 3, which promotes good health and well-being.

During this event, Dr. David Y. Graham, a distinguished expert, visited RMU and shared insights based on his work at Baylor St. Luke's Medical Center. They discussed quality standards and strategies to enhance healthcare delivery, possibly exchanging ideas for collaboration or improvements in Pakistan's healthcare systems, particularly around ensuring comprehensive, quality care.



Dr. David Y. Graham

 **Baylor St. Luke's Medical Center**



Rawalpindi Medical University (RMU), Pakistan, Vice Chancellor recently visited Queen Mary University in the UK. During this visit, he shared experiences and insights on various topics, including RMU's ongoing efforts to advance the United Nations Sustainable Development Goals (SDGs). A key focus of the discussions was on gender equality (SDG 5), where Prof. Umar presented RMU's SDGs report, highlighting initiatives aimed at promoting equal opportunities and support for both genders in the medical field.

In conversations with Queen Mary's faculty members, Prof. Umar discussed strategies to bridge gender gaps, particularly in medical education and professional practice, as well as initiatives to support women in healthcare. Following these discussions, a comprehensive report was prepared to summarize key takeaways and proposed actions, setting a foundation for potential collaboration between RMU and Queen Mary University in fostering SDGs, with a special emphasis on gender equality.



Shearing RMU's **Sustainable Development Goals (SDGs)** Report to delegate form other country in 4th World Conference of Economic and Social Council (ECOSOC) on Sustainable Development Goals (SDGs), United Nations Headquarters, New York – July 9, 2024





A strategic meeting was held between the Vice-Chancellors of **Royal Holloway University, University College London (UCL)**, and **Rawalpindi Medical University (RMU)**, Pakistan, focusing on enhancing the quality and impact of Sustainable Development Goals (SDGs) reports within higher education institutions. The discussion emphasized mutual goals of improving healthcare education, gender equality, and adopting sustainable practices.

Enhancing SDG Reporting Frameworks: Each institution presented their current SDG reporting methods. The discussion highlighted the need for a more **standardized, transparent approach** that aligns with international reporting standards.

RMU shared its SDG reporting model, noting challenges in data collection and impact measurement. UCL and Royal Holloway proposed techniques to streamline the process, including using **impact metrics** and enhancing **stakeholder involvement**.

VC Royal Holloway University, and UCL, London, UK with VC Rawalpindi Medical University, Rawalpindi Pakistan

Improving the SGD's Reports discuss

RMU emphasized its initiatives under SDG 3, such as improving healthcare access and medical training programs. The UK counterparts provided insights into their health programs, suggesting joint projects focused on **healthcare innovation** and **training exchange** to elevate the standards of medical education.

The institutions considered a **research partnership** to develop health solutions addressing both local and global healthcare challenges, with potential faculty and student exchanges.

Gender equality in academia, especially in medical fields, was a core topic. RMU presented its strategies for supporting women in healthcare, including its new **paternity support policy** to promote shared caregiving responsibilities.

UCL and Royal Holloway shared their established gender equality frameworks, providing suggestions for RMU to adapt similar practices. The VCs agreed on the potential to work collaboratively on **gender-focused research** and **policy development**.

All parties expressed a commitment to forming a **joint task force** to facilitate knowledge exchange, support SDG reporting improvements, and drive research initiatives.

The institutions are considering an **MoU** to formalize collaboration, laying out objectives such as joint workshops, shared research, and potential development projects focused on healthcare and gender equality.