



UNIVERSITY RESIDENCY PROGRAM -2019
LOG BOOK FOR PLASTIC SURGERY
RAWALPINDI MEDICAL UNIVERSITY
RAWALPINDI



PREFACE







The horizons of *Medical Education* are widening & there has been a steady rise of global interest in *Post Graduate Medical Education*, an increased awareness of the necessity for experience in education skills for all healthcare professionals and the need for some formal recognition of postgraduate training in Plastic Surgery.

We are seeing a rise in the uptake of places on postgraduate courses in medical education, more frequent issues of medical education journals and the further development of e-journals and other new online resources. There is therefore a need to provide active support in *Post Graduate Medical Education* for a larger, national group of colleagues in all specialties and at all stages of their personal professional development. If we were to formulate a statement of intent to explain the purpose of this log book, we might simply say that our aim is to help clinical colleagues to teach and to help students to learn in a better and advanced way. This book is a state of the art log book with representation of all activities of the MS Plastic Surgery program at RMU. A summary of the curriculum is incorporated in the logbook for convenience of supervisors and residents. MS curriculum is based on six Core Competencies of ACGME (*Accreditation Council for Graduate Medical Education*) including ***Patient Care, Medical Knowledge, System Based Practice, Practice Based Learning, Professionalism, Interpersonal and Communication Skills***. A perfect monitoring system of a training program including monitoring of teaching and learning strategies, assessment and Research Activities cannot be denied so we at RMU have incorporated evaluation by ***Quality Assurance Cell*** and its comments in the logbook in addition to evaluation by ***University Training Monitoring Cell (URPMC)***. Reflection of the supervisor in each and every section of the logbook has been made sure to ensure transparency in the training program. The mission of Rawalpindi Medical University is to improve the health of the communities and we serve through education, biomedical research and health care. As an integral part of this mission, importance of research culture and establishment of a comprehensive research structure and research curriculum for the residents has been formulated and a separate journal for research publications of residents is available.

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Vice Chancellor
Rawalpindi Medical University
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CONTRIBUTIONS

SR.NO	NAME & DESIGNATION		CONTRIBUTIONS IN FORMULATION OF LOG BOOK OF PLASTIC SURGERY & ALLIED
1.		Dr. Husnain Khan Head of Department of Plastic Surgery, Rawalpindi Medical University,	Over all synthesis, structuring & over all write up of MS Plastic Surgery Curriculum, Log Book of MS Plastic Surgery and also Log Book for MS Plastic Surgery rotations under guidance of Prof. Muhammad Umar Vice Chancellor, Rawalpindi Medical University, Rawalpindi. Also Proof reading & synthesis of final print version of Log Books of MS Plastic Surgery and Rotations Log Book.
2.		Dr. Sajid Rashid AP, General Surgery Holy Family Hospital Rawalpindi	Guidance regarding technical matters of Log Book of MS Plastic Surgery & Log Book for MS Plastic Surgery Rotations.
3.		DR. Yasir Iqbal SR, Plastic Surgery Holy Family Hospital Rawalpindi	Provision of required number of clinical procedures & educational activities for each year separately and rotation of Log Books of MS Plastic Surgery & Allied & Log Book for MS Plastic Surgery rotation.
4.		DR. Bilal Ahmed SR, Plastic Surgery Holy Family Hospital Rawalpindi	Formulating the log books & Computer work under his direct guidance & supervision.

ENROLMENT DETAILS

Program of Admission _____

Session _____

Registration / Training Number _____

Name of Candidate _____

Father's Name _____

Date of Birth _____ / _____ / _____ CNIC No. _____

Present Address _____

Permanent Address _____

E-mail Address _____

Cell Phone _____

Date of Start of Training _____

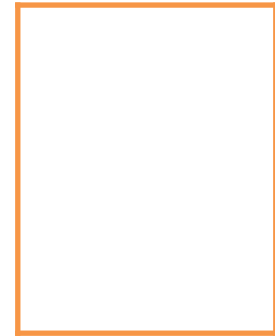
Date of Completion of Training _____

Name of Supervisor _____

Designation of Supervisor _____

Qualification of Supervisor _____

Title of department / Unit _____



Name of Rotations/Training Institute / Hospital _____

Sr. No	Discipline
1.	<i>Plastic Surgery</i>
2.	<i>General Surgery</i>
3.	<i>Orthopedic Surgery</i>
4.	<i>Pediatric Surgery</i>
5.	<i>Neuro Surgery</i>
6.	<i>Urology</i>
7.	<i>Dermatology</i>
8.	<i>Thoracic Surgery</i>
9.	<i>Maxillofacial Surgery</i>

INTRODUCTION

It is a structured book in which certain types of educational activities and patient related information is recorded, usually by hand. Logbooks are used all over the world from undergraduate to postgraduate training, in human, veterinary and dental Surgery, nursing schools and pharmacy, either in paper or electronic format .

Logbooks provide a clear setting of learning objectives and give trainees and clinical teachers a quick overview of the requirements of training and an idea of the learning progress. Logbooks are especially useful if different sites are involved in the training to set a (minimum) standard of training. Logbooks assist supervisors and trainees to see at one glance which learning objectives have not yet been accomplished and to set a learning plan. The analysis of logbooks can reveal weak points of training and can evaluate whether trainees have fulfilled the minimum requirements of training.

Logbooks facilitate communication between the trainee and clinical teacher. Logbooks help to structure and standardize learning in clinical settings. In contrast to portfolios, which focus on students' documentation and self-reflection of their learning activities, logbooks set clear learning objectives and help to structure the learning process in clinical settings and to ease communication between trainee and clinical teacher. To implement logbooks in clinical training successfully, logbooks have to be an integrated part of the curriculum and the daily routine on the ward. Continuous measures of quality management are necessary.

INDEX OF LOG:

- 1. MORNING REPORT PRESENTATION/CASE PRESENTATION**
- 2. TOPIC PRESENTATION/SEMINAR**
- 3. DIDACTIC LECTURES/INTERACTIVE LECTURES**
- 4. JOURNAL CLUB**
- 5. PROBLEM CASE DISCUSSION**
- 6. EMERGENCY CASES**
- 7. INDOOR PATIENTS**
- 8. OPD AND CLINICS**
- 9. PROCEDURES (OBSERVED, ASSISTED,PERFORMED UNDER SUPERVISION & PERFORMED INDEPENDENTLY)**
- 10. MULTIDISCIPLINARY MEETINGS**
- 11. CLINICOPATHOLOGICAL CONFERENCE**
- 12. MORBIDITY/MORTALITY MEETINGS**
- 13. HANDS ON TRAINING/WORKSHOPS**
- 14. PUBLICATIONS**
- 15. MAJOR RESEARCH PROJECT DURING MS TRAINING/ANY OTHER MAJOR RESEARCH PROJECT**
- 16. WRITTEN ASSESMENT RECORD**
- 17. CLINICAL ASSESMENT RECORD**
- 18. EVALUATION RECORD**
- 19. LEAVE RECORD**
- 20. RECORD SHEET OF ATTENDANCE/COUNCELLING SESSION/DOCUMENTATION QUALITY**
- 21. ANY OTHER IMPORTANT AND RELEVANT INFORMATION/DETAILS**

MINIMUM LOG BOOK ENTERIES PER MONTH IN GENERAL

(This minimum number is being provided for uniformity of the training and convenience for monitoring of the resident's performance by Quality Assurance Cell & University Research Training & Monitoring Cell of RMU but resident is encouraged to show performance above this minimum required number)

SR.NO	ENTRY	Minimum cases /Time duration
01	Case presentation	01 per month
02	Topic presentation	01 per month
03	Journal club	01 per month
04	Bed side teaching	10 per month
05	Large group teaching	06 per month
06	Emergency cases	10 per month
07	OPD	50 per month
08	Indoor (patients allotted)	8 per month plus participation in daily Morning & Evening rounds
09	Directly observed procedures	6-10 per month
10	CPC	02 per month
11	Mortality & Morbidity meetings	02 per month

MISSION STATEMENT

The mission of Plastic Surgery Residency Program of Rawalpindi Medical University is:

1. To provide exemplary surgical care, treating all patients who come before us with uncompromising dedication and skill.
2. To set and pursue the highest goals for ourselves as we learn the science, craft, and art of surgery.
3. To passionately teach our junior colleagues and students as we have been taught by those who preceded us.
4. To treat our colleagues and hospital staff with kindness, respect, generosity of spirit, and patience.
5. To foster the excellence and well-being of our residency program by generously offering our time, talent, and energy on its behalf.
6. To support and contribute to the research mission of our surgical center, nation, and the world by pursuing new knowledge, whether at the bench or bedside.
7. To promote the translation of the latest scientific knowledge to the bedside to improve our understanding of disease pathogenesis and ensure that all patients receive the most scientifically appropriate and up to date care.
8. To promote responsible stewardship of medical resources by wisely selecting diagnostic tests and treatments, recognizing that our individual decisions impact not just our own patients, but patients everywhere.
9. To promote social justice by advocating for equitable health care, without regard to race, gender, sexual orientation, social status, or ability to pay.
10. To extend our talents outside the walls of our hospitals and clinics, to promote the health and well-being of communities, locally, nationally, and internationally.
11. To serve as proud ambassadors for the mission of the Rawalpindi Medical University MS Plastic Surgery Residency Program for the remainder of our professional lives.

CLINICAL COMPETENCIES FOR 1st, 2nd, 3rd, 4th and 5th YEAR MS TRAINEES PLASTIC SURGERY

CLINICAL COMPETENCIES\SKILL\PROCEDURE

The clinical competencies, a specialist must have, are varied and complex. A complete list of the skills necessary for trainees and trainers is given below. The level of competence to be achieved each year is specified according to the key, as follows:

1. Observer status
2. Assistant status
3. Performed under supervision
4. Performed under indirect supervision
5. Performed independently

Note: Levels 4 and 5 for practical purposes are almost synonymous

CURRICULUM FOR PLASTIC SURGERY

GOALS

We have designed MS Plastic Surgery program in RMU to provide residents with an educational and training experience that encompasses all aspects of burn and plastic surgery reconstruction care.

Our goals and mission are:

- To provide a foundation in the basic principles of plastic surgery through an organized curriculum
- To provide well rounded clinical experiences that expose the trainee to all aspects of plastic surgery
- To foster confidence and expertise necessary for independent practice in both the academic and community settings
- To provide a balance of education, service, self-teaching/administration and continuity of care
- To provide the tools and skills necessary to become lifelong learners
- To provide the skill set necessary to critically appraise scientific literature and incorporate into practice
- To provide opportunities and experiences in clinical and basic science research

Over View

The Rawalpindi Medical University integrated plastic surgery MS residency program is designed to provide a broad education in general surgery, and specific training in plastic surgery. Our goal is to train independent plastic surgeons who are competent practitioners, who excel and become leaders in their field and communities, and are eligible and qualified to become a Plastic Surgery consultant. Our program is truly an integrated one, with rotations in plastic surgery and fields that fall within the scope of plastic surgery beginning intern year. All rotations during the first three years are chosen in order to provide the best possible foundation on which to build an education in plastic surgery. Residents are trained in all aspects of plastic surgery including thermal injury, reconstructive surgery, microvascular reconstruction, head and neck reconstruction, craniofacial trauma, hand surgery, pediatric plastic surgery, cleft and craniofacial surgery, and aesthetic surgery. Our training model is that of an apprenticeship: during each rotation, each resident is assigned to one attending and participates in all patient care within that attending's scope of practice. Residents participate in the preoperative, intraoperative and postoperative management of each patient and are encouraged to formulate and execute treatment plans as they progress in training.

Conferences and Education

The Department holds educational conferences on Friday morning at which all residents are present. During this time, the core curriculum is discussed, fractures and interesting cases are reviewed, and a quarterly mortality and morbidity conference is held. Additionally, one Wednesday each month is dedicated to the discussion of hand surgery topics. Both clinical and basic science research is strongly encouraged during the resident's tenure. The department has a full-time adipose stem cell and tissue engineering laboratory, an active wound healing research laboratory as well as a full-time microsurgical laboratory which are available for training and research projects. The department provides full funding for all research projects accepted for presentation at regional or national conference

Rotations Calendar

General Surgery: 18 months

Plastic Surgery : 36 months

Rotations in other departments: 02 months each

(Any three of mentioned below)

PROCEDURAL COMPETENCIES

The clinical skills, which a specialist must have, are varied and complex. A complete list of the same procedures necessary for residents and trainers is given below. It is arranged year wise and the level of competence to be achieved each year is arranged as follows:

1. Observer status
2. Assistant status
3. Performed under supervision
4. Performed independently

A resident is expected to attain the laid down level of competence for the following procedures by the end of each year as given below:

18 months curriculum of general surgery

COMPETENCIES	First Year								
	3Months		6Months		9Months		12Months		Total Cases 1st Year
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
Patient Management									
Elicit a pertinent history	5	15	5	15	5	15	5	15	60
Communicate effectively with patients, families and the health team (observed)	3	15	3	15	4	15	4	15	60
Perform a physical examination	5	15	5	15	5	15	5	15	60
Order appropriate investigations	4	15	4	15	4	15	4	15	60
Interpret the results of investigations	3	15	3	15	3	15	3	15	60
Assess fitness to undergo surgery	3	15	3	15	3	15	3	15	60
Decide and implement appropriate treatment	3	15	3	15	3	15	3	15	60
Postoperative management and monitoring	3	15	3	15	3	15	3	15	60
Maintain accurate and appropriate records	3	15	3	15	3	15	3	15	60
Preoperative preparation for various surgical procedures									
Use of aseptic techniques	2	5	2	5	3	5	3	5	20
Positioning of patient for diagnostics and operative procedures (variety)	2	5	2	5	3	5	3	5	20
Identification and appropriate use of common surgical instruments, suture materials and appliances	3	8	3	8	4	8	4	8	32

COMPETENCIES	First Year								
	3Months		6Months		9Months		12Months		Total Cases 1st Year
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
General Surgical Procedures									
Controlling hemorrhage	3	3	3	3	4	3	4	3	12
Debridement, wound excision, closure/suture of wound (excluding repair of special tissues like nerves and tendons)	3	3	3	3	4	3	4	3	12
Urethral catheterization	3	3	3	3	4	3	4	3	12
Suprapubic puncture	2	1	2	1	3	1	3	1	4
Meatotomy	2	1	2	1	3	1	3	1	4
Circumcision	2	2	2	2	3	2	3	2	8
Nasogastric intubation	4	4	4	4	4	4	4	4	16
Venesection	2	2	2	2	3	3	3	3	10
Tube throacostomy	2	3	2	3	3	3	4	3	12
Management of empyema	2	1	2	1	3	1	3	1	4
Biopsy of lymph nodes	2	2	2	2	3	2	3	4	10
Biopsy of skin lesions, subcutaneous lumps or swellings	2	2	2	2	3	2	3	2	8
Excision of soft tissue tumors and cysts (surface surgery)	2	2	2	2	3	2	3	2	8
Cricothyroidotomy	2	2	2	1	2	1	3	1	5
Opening and closing of abdomen	1	1	1	1	2	1	2	2	5
Proctoscopy and interpretation of findings	2	3	2	3	3	3	3	3	12
Proctosigmoidoscopy	2	-	2	-	3	1	3	1	2
Percutaneous needle aspiration under ultrasound guidance/CT scan	1	1	1	1	2	1	2	1	4

COMPETENCIES	First Year								
	3Months		6Months		9Months		12Months		Total Cases 1st Year
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
Abdominal Operations									
Inguinal hernia repair	1	1	1	1	2	1	3	2	5
Rectal polyp	1	1	1	1	2	1	3	1	4
Suprapubic cystostomy	1	1	1	2	2	2	3	2	7
Vesicolithotomy	1	1	1	1	2	1	3	1	4
Hemorrhoids, fissures, fistulae in ano	1	1	2	2	2	2	3	3	8
Exploratory Laparotomy	1	1	1	1	2	1	2	1	4
Appendectomy	1	1	1	2	2	3	3	3	9
Cholecystectomy	1	1	1	1	2	1	3	1	4
Oncological Surgery	1	1	1	1	2	1	3	1	4
Laparoscopic / Endoscopic surgery (Principles and instrument handling)	1	1	1	1	2	1	3	1	4
Breast operations and benign lesions	1	1	1	1	2	1	3	1	4

COMPETENCIES	First Year								
	3Months		6Months		9Months		12Months		Total Cases 1st Year
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
Perioperative Care									
Use of ventilators	1	1	1	1	2	1	2	1	4
Wound healing and Peri-operative Complication	1	2	2	2	3	2	3	2	8
CPR	1	1	2	1	2	2	3	2	6
CV lines	1	1	1	1	2	1	2	1	4
Fluid and electrolyte balance	2	2	3	2	4	3	4	3	10
Monitoring devices	1	2	2	2	2	3	2	3	10
Inotropic agents	1	2	2	2	2	3	2	3	10
Care of unconscious patient	1	1	2	1	2	1	3	1	4
Replacement of nutrition	2	1	3	1	4	1	5	1	4
Anaesthesia									
Airway maintenance and passing of endotracheal tube	1	1	2	1	2	1	3	2	5
IPPR and other methods of ventilation	1	1	2	1	2	1	3	1	4
Local anesthesia	1	1	2	1	2	1	3	2	5
Regional anesthesia	1	1	1	1	1	1	2	1	4
Lumber puncture and spinal anesthesia	1	1	1	1	1	1	2	1	4
Principles of general anesthesia	1	1	1	1	2	1	3	1	4

COMPETENCIES	Second Year				
	15Months		18Months		Total Cases 2nd Year
	Level	Cases	Level	Cases	
Patient Management					
Elicit a pertinent history	5	20	5	20	40
Communicate effectively with patients, families & the health team (observed)	5	20	5	20	40
Perform a physical examination	5	20	5	20	40
Order appropriate investigations	5	20	5	20	40
Interpret the results of investigations	4	20	5	20	40
Assess fitness to undergo surgery	4	20	5	20	40
Decide and implement appropriate treatment	4	20	5	20	40
Postoperative management and monitoring	4	20	5	20	40
Maintain accurate and appropriate records	4	20	4	20	40
Preoperative preparation for various surgical procedures					
Use of aseptic techniques	4	10	5	10	20
Positioning of patient for diagnostics and operative procedures (variety)	4	10	5	10	20
Identification and appropriate use of common surgical instruments, suture materials and appliances	4	15	5	15	30

COMPETENCIES	Second Year				
	15Months		18Months		Total Cases 2nd Year
	Level	Cases	Level	Cases	
General Surgical Procedures					
Controlling hemorrhage	4	5	5	5	10
Debridement, wound excision, closure/suture of wound (excluding repair of special tissues	5	5	5	5	10
Urethral catheterization	5	5	5	5	10
Suprapubic puncture	4	2	5	2	4
Meatotomy	4	2	5	2	4
Circumcision	4	5	5	5	10
Nasogastric intubation	4	5	5	5	10
Venesection	4	6	5	6	12
Tube throacostomy	4	6	5	6	12
Management of empyema	3	2	4	2	4
Biopsy of lymph nodes	3	5	4	5	10
Biopsy of skin lesions, subcutaneous lumps or swellings	3	5	4	5	10
Excision of soft tissue tumors and cysts (surface surgery)	4	5	5	5	10
Cricothyroidotomy	4	2	5	2	4
Opening and closing of abdomen	3	5	4	5	10
Proctoscopy and interpretation of findings	4	8	4	8	16
Proctosigmoidoscopy	4	5	4	5	10
Percutaneous needle aspiration under ultrasound guidance/CT scan	3	4	4	4	8

COMPETENCIES	Second Year				
	15Months		18Months		Total Cases 2nd Year
	Level	Cases	Level	Cases	
Abdominal Operations					
Inguinal hernia repair	4	4	5	4	8
Rectal polyp	4	3	5	3	6
Suprapubic cystostomy	4	4	5	4	8
Vesicolithotomy	4	2	5	2	4
Hemorrhoids, fissures, fistulae in ano	4	8	5	8	16
Exploratory Laparotomy	3	3	4	5	8
Appendicectomy	4	7	5	8	15
Cholecystectomy	4	2	5	2	4
Oncological Surgery	4	2	5	4	6
Laparoscopic / Endoscopic surgery (Principles and instrument handling)	4	3	5	3	6
Breast operations and benign lesions	4	4	5	4	8

COMPETENCIES	Second Year				
	15Months		18Months		Total Cases 2nd Year
	Level	Cases	Level	Cases	
Perioperative Care					
Use of ventilators	2	2	3	2	4
Wound healing and Peri-operative Complication	4	2	5	2	4
CPR	4	3	5	5	8
CV lines	3	4	4	4	8
Fluid and electrolyte balance	5	5	5	5	10
Monitoring devices	3	5	4	5	10
Inotropic agents	3	5	4	5	10
Care of unconscious patient	4	4	5	4	8
Replacement of nutrition	5	4	5	4	8
Anaesthesia					
Airway maintenance and passing of endotracheal tube	4	6	5	6	12
IPPR and other methods of ventilation	4	2	5	2	4
Local anesthesia	4	6	5	6	12
Regional anesthesia	2	2	3	2	4
Lumber puncture and spinal anesthesia	2	2	3	2	4
Principles of general anesthesia	3	1	4	1	4

ROTATIONS		
		Cases
ORTHOPAEDIC SURGERY (two Months Rotation)		
Closed treatment of common fractures	1,2	5,5
Open reduction, external fixation	1,2	5,5
Operation on tendons (repair and lengthening)	1,2,3	5,5,2
Nerve repair	1,2,3	5,5,2
Application of splints, POP casts and skin tract	1,2,3,4	5,5,5,5
Amputation	1,2,3	5,5,1
Skeletal traction	1,2,3	5,5,5
Closed treatment (MANIPULATIONS)	1,2,3	5,5,5
Closed treatment of dislocations	1,2,3	5,5,5
Management of compound fractures	1,2	5,5
Faciotomy	1,2,3	4,4,2
Bone biopsy	1,2	1,1
NEUROSURGERY (two Months Rotation)		
Burr hole for cerebral decompression	1,2	5,5
Management of head injury in trauma	1,2,3	5,5
Complete neurological examination in trauma	1,2,3	5,5
Medical management of acutely raised ICP	1,2,3	5,5

Spine stabilization and radiological assessment in head injury patients	1,2,3	5,5
Diagnostic and therapeutic lumbar puncture	1,2,3	5,5
Intracranial operations	1,2	5,5
Spinal decompression surgery	1,2,3	5,5,2

ROTATIONS		
	Level	Cases
THORACIC SURGERY (two Months Rotation)		
Needle thoracostomy	1,2,3	3,3,3
Tube thoracostomy	1,2,3,4	2,2,2
Thoracotomy (opening & closing)	1,2	1,1
Maxillofacial SURGERY (two Months Rotation)		
Anesthesia for maxillofacial surgery	1,2,3	5,5
Facial trauma and bony fixation	1,2	2,2
Congenital deformities	1,2	2,2
Malignancy	1,2	1,1

PLASTIC SURGERY CURRICULUM OF THREE YEARS

COMPETENCIES	THIRD YEAR								Total # of Cases
	3Months		6Months		9Months		12Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
General Procedures									
Excision of simple lesion with direct closure	1	5	2	5	3	10	4	10	30
Planning and execution of Z platy and local Flaps	1	5	2	5	3	10	4	10	30
Intralesional injection	1	2	2	3	3	5	4	5	15
Harvesting of partial and full thickness skin Grafts	1	5	2	10	3	10	4	10	35
Harvesting of rib/bone grafts	1	2	2	3	3	3	4	3	11
Harvesting of costal cartilage and framework Fabrication	1	2	2	2	3	1	4	2	07
Harvesting of nerve grafts	1	3	2	3	3	3	4	2	11
Elevation and insetting of fasciocutaneous Flaps	1	3	2	3	3	5	4	3	14
Elevation and insetting of perforator flaps	1	2	2	2	3	2	4	1	07
Elevation and insetting of muscle flaps	1	2	2	2	3	2	4	2	08

COMPETENCIES	THIRD YEAR								Total # of Cases
	3Months		6Months		9Months		12Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT ANAGEMENT									
Head and Neck Surgery									
Cleft lip	1	3	2	3	2	3	2	3	12
Cleft palate	1	3	2	3	2	3	2	3	12
Rare facial and craniofacial clefts	1	2	1	2	1	2	1	2	08
Congenital nasal deformities	1	2	1	2	1	2	1	2	08
Congenital ear deformities, microtia	1	2	2	2	2	2	2	2	08
Alveolar clefts and bone grafting	1	2	1	2	2	1	2	2	07
Velopharyngeal Insufficiency	1	-	1	1	2	1	2	1	03
Correction of secondary lip and nasal Deformities	1	1	1	2	1	2	1	2	07
Nasal reconstruction	1	3	1	3	1	3	2	2	11
Reconstruction of complex facial skeleton Defects	1	2	1	2	2	2	2	3	09
Fractures of facial skeleton	1	3	1	3	1	3	2	3	12
Major head and neck tumor resection and reconstruction with local and regional flaps	1	2	1	2	1	2	2	2	08
Facial reanimation	1	2	1	2	1	2	2	2	08

COMPETENCIES	THIRD YEAR								Total # of Cases
	3Months		6Months		9Months		12Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
Reconstruction of Scalp and Forehead	1	2	1	2	2	3	2	3	10
Reconstruction of cheek	1	3	1	3	1	2	2	2	10
Reconstruction of lips	1	2	1	2	2	2	2	2	08
Mandibular Reconstruction	1	2	1	2	2	3	2	3	10
Neck resurfacing after contracture release	1	2	1	2	1	2	2	2	08
Reconstruction of auricle	1	2	1	2	1	2	2	2	08
Parotid tumors	1	3	1	3	2	2	2	3	11
Cutaneous Surgery									
Skin lesion, excision and primary closure	1	5	2	5	3	10	4	10	30
Skin lesion, excision and repair by local or distant flaps	1	5	2	5	3	10	4	5	25
Tissue Expansion	1	2	2	2	3	1	4	1	06
Repair of major soft tissue losses	1	2	1	2	2	2	2	5	11
Vascular Malformation	1	2	2	2	2	2	2	3	9
Pressure Sores	1	1	1	2	2	2	2	2	7
Burns and contracture	1	3	2	5	2	5	3	5	18
Acute Burns, Early tangential excision and skin Grafting	1	2	1	2	2	4	3	5	13

COMPETENCIES	THIRD YEAR								Total # of Cases
	3Months		6Months		9Months		12Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
Acute burns desloughing/serial excision and skin grafting	1	2	1	2	2	4	3	4	12
Post burn scars/hypertrophic scars and keloids	1	3	2	3	2	3	3	3	12
Post burn contracture	1	5	2	3	2	3	3	3	14
Upper Limb Surgery									
Fingertip injuries	1	3	1	3	2	5	3	3	14
Tendon injuries (repair)	1	3	2	3	2	3	3	3	12
Tendon grafting	1	2	2	2	2	2	3	2	08
Acute hand trauma – initial management	1	5	2	5	3	5	4	10	25
Soft tissue coverage with local and regional Flaps	1	5	2	5	2	5	3	10	25
Nerve repairs and grafting	1	3	1	3	2	3	3	5	14
Tendon transfers	1	3	2	2	2	2	3	1	08
Congenital hand deformity correction	1	3	1	3	2	5	2	5	16
Fixation of fractures and correction of skeletal deformity	1	2	1	2	1	2	2	5	11
Reduction of dislocations	1	2	1	2	2	2	3	2	08
Brachial plexus exploration and repair	1	2	1	2	2	2	2	2	08

COMPETENCIES	THIRD YEAR								Total # of Cases
	3Months		6Months		9Months		12Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
Nerve transfers	1	3	1	3	2	5	2	5	16
Surgery for VIC	1	3	1	3	2	3	2	3	12
Hand infections	1	5	2	5	3	5	4	5	20
Axillary dissection	1	1	1	1	2	1	3	1	04
Functional muscle transfers	1	2	1	2	2	2	2	2	08
Lower Limb Surgery									
Lymphedema surgery	1	1	1	1	1	1	2	1	04
Limb salvage procedures	1	1	1	1	1	1	2	1	04
Groin dissection	1	1	1	1	2	1	3	1	04
Soft tissue coverage of exposed bone and implants with local flaps	1	3	2	3	2	3	3	3	12
Soft tissue coverage of exposed bone and implants with free flaps	1	2	1	2	2	1	2	2	07
Trunk Surgery									
Chest wall reconstruction	1	1	1	1	2	1	2	1	04
Breast reconstruction (pedicled flap)	1	1	1	1	2	3	2	3	08
Breast reconstruction (free flap)	1	3	1	3	2	3	2	3	12
Abdominal wall reconstruction	1	3	1	3	1	3	2	3	12

COMPETENCIES	THIRD YEAR								Total # of Cases
	3Months		6Months		9Months		12Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
Hypospadias	1	3	1	3	2	3	2	3	12
Epispadias	1	1	1	1	1	1	2	1	04
Gender re – assignment	1	3	1	3	1	3	2	3	12
Vaginal reconstruction	1	1	1	1	2	1	2	1	04
Penile reconstruction	1	1	1	1	2	1	2	1	04
Aesthetic Surgery									
Face lift and forehead lift	1	2	1	2	1	2	2	2	08
Blephroplasty	1	3	1	3	1	3	2	3	12
Natural and artificial filler	1	3	1	3	1	3	2	3	12
Botox	1	3	1	3	1	3	2	5	14
Rhinoplasty	1	2	1	2	1	2	2	2	08
Prominent ears	1	1	1	1	2	1	2	1	04
Hair restoration surgery	1	1	1	1	1	1	1	1	04
Dermabrasion and chemical peel	1	1	1	1	1	1	1	1	04
Abdominoplasty	1	3	1	3	1	3	2	3	12
Liposuction	1	3	1	3	1	3	2	3	12
Breast reduction	1	1	1	1	2	1	2	1	04
Breast augmentation	1	1	1	1	2	1	2	1	04
Mastopexy	1	1	1	1	2	1	2	1	04
Gynaecomastia	1	3	1	3	2	3	2	3	12
Laser surgery	1	3	1	3	2	3	2	3	12

COMPETENCIES	FOURTH YEAR								Total # of Cases
	15 Months		18 Months		21 Months		24 Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
General Procedures									
Excision of simple lesion with direct closure	4	5	4	5	4	5	4	5	20
Planning and execution of Z platy and local Flaps	4	10	4	10	4	10	4	10	40
Intralesional injection	4	5	4	5	4	5	4	5	20
Harvesting of partial and full thickness skin Grafts	4	5	4	5	4	5	4	5	20
Harvesting of rib/bone grafts	4	2	4	3	4	3	4	3	11
Harvesting of costal cartilage and framework Fabrication	4	2	4	2	4	2	4	2	8
Harvesting of nerve grafts	4	2	4	2	4	2	4	4	10
Elevation and insetting of fasciocutaneous Flaps	4	3	4	3	4	5	4	5	16
Elevation and insetting of perforator flaps	4	2	4	2	4	2	4	2	8
Elevation and insetting of muscle flaps	4	2	4	2	4	2	4	2	8

COMPETENCIES	FOURTH YEAR								Total # of Cases
	15 Months		18 Months		21 Months		24 Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
Head and Neck Surgery									
Cleft lip	3	3	3	3	3	3	3	3	12
Cleft palate	3	2	3	2	3	2	3	2	8
Rare facial and craniofacial clefts	2	2	3	2	3	2	3	2	8
Congenital nasal deformities	2	2	3	2	3	2	3	2	8
Congenital ear deformities, microtia	2	2	2	2	3	2	3	2	8
Alveolar clefts and bone grafting	2	2	2	2	2	2	3	2	8
Velopharyngeal Insufficiency	2	2	2	2	2	2	3	1	7
Correction of secondary lip and nasal Deformities	2	2	2	2	2	2	3	2	8
Nasal reconstruction	2	2	2	2	2	2	3	2	8
Reconstruction of complex facial skeleton Defects	2	1	2	1	2	1	3	1	4
Fractures of facial skeleton	2	1	2	1	2	1	3	1	4
Major head and neck tumor resection and reconstruction with local and regional flaps	2	2	2	2	3	2	3	2	8
Facial reanimation	2	2	2	2	3	1	3	1	6

COMPETENCIES	FOURTH YEAR								Total # of Cases
	15 Months		18 Months		21 Months		24 Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
Reconstruction of Scalp and Forehead	2	2	2	2	3	2	3	2	8
Reconstruction of cheek	2	2	2	2	3	2	3	2	8
Reconstruction of lips	2	3	2	3	3	3	3	3	12
Mandibular Reconstruction	2	1	2	2	2	3	2	3	9
Neck resurfacing after contracture release	2	3	2	3	3	5	3	5	16
Reconstruction of auricle	2	2	2	2	3	2	3	2	8
Parotid tumors	2	1	2	1	2	1	3	1	4
Cutaneous Surgery									
Skin lesion, excision and primary closure	4	5	4	5	4	5	4	5	20
Skin lesion, excision and repair by local or distant flaps	4	5	4	5	4	5	4	5	20
Tissue Expansion	4	3	4	3	4	3	4	3	12
Repair of major soft tissue losses	2	3	2	3	3	3	3	5	14
Vascular Malformation	2	2	3	3	3	3	4	3	11
Pressure Sores	2	3	3	3	3	3	4	3	12
Burns and contracture	3	5	3	5	4	5	4	5	20
Acute Burns, Early tangential excision and skin Grafting	3	5	3	5	4	5	4	5	20

COMPETENCIES	FOURTH YEAR								Total # of Cases
	15 Months		18 Months		21 Months		24 Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
Acute burns desloughing/serial excision and skin grafting	3	5	3	5	4	5	4	5	20
Post burn scars/hypertrophic scars and keloids	3	5	4	5	4	5	4	5	20
Post burn contracture	3	5	3	5	4	10	4	10	30
Upper Limb Surgery									
Fingertip injuries	3	10	3	10	4	5	4	5	30
Tendon injuries (repair)	3	10	3	10	4	5	4	5	30
Tendon grafting	3	5	3	5	4	3	4	3	16
Acute hand trauma – initial management	4	10	4	10	4	10	4	10	40
Soft tissue coverage with local and regional Flaps	3	5	3	5	3	5	4	5	20
Nerve repairs and grafting	3	5	3	5	4	5	4	5	20
Tendon transfers	3	3	3	3	3	3	3	3	12
Congenital hand deformity correction	2	3	2	3	3	3	3	3	12
Fixation of fractures and correction of skeletal deformity	3	3	3	3	3	3	4	3	12
Reduction of dislocations	3	3	3	3	4	3	4	3	12
Brachial plexus exploration and repair	2	3	2	3	3	3	3	3	12

COMPETENCIES	FOURTH YEAR								Total # of Cases
	15 Months		18 Months		21 Months		24 Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
Nerve transfers	2	5	2	5	3	5	3	5	20
Surgery for VIC	2	3	2	3	3	3	3	3	12
Hand infections	4	5	4	5	4	5	4	5	20
Axillary dissection	3	2	3	2	3	2	4	3	9
Functional muscle transfers	2	2	2	2	2	2	2	2	8
Lower Limb Surgery									
Lymphedema surgery	2	1	2	1	3	1	3	1	4
Limb salvage procedures	2	5	2	5	2	5	3	3	18
Groin dissection	3	1	3	1	3	1	4	1	4
Soft tissue coverage of exposed bone and implants with local flaps	3	5	3	5	3	10	4	5	25
Soft tissue coverage of exposed bone and implants with free flaps	2	2	2	3	3	1	3	1	7
Trunk Surgery									
Chest wall reconstruction	2	1	2	1	3	3	3	3	8
Breast reconstruction (pedicled flap)	2	3	2	3	2	3	2	3	12
Breast reconstruction (free flap)	2	1	2	1	2	1	2	1	4
Abdominal wall reconstruction	2	3	2	3	3	3	3	3	12

COMPETENCIES	FOURTH YEAR								Total # of Cases
	15 Months		18 Months		21 Months		24 Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
Hypospadias	2	5	2	5	2	5	3	5	20
Epispadias	2	1	2	1	2	1	2	1	4
Gender re – assignment	2	5	2	5	2	5	2	5	20
Vaginal reconstruction	2	1	2	1	2	1	2	1	4
Penile reconstruction	2	1	2	1	2	3	3	1	6
Aesthetic Surgery									
Face lift and forehead lift	2	3	2	3	2	3	2	3	12
Blephroplasty	2	3	2	3	2	3	2	3	12
Natural and artificial filler	2	3	2	3	2	3	2	3	12
Botox	2	3	2	3	2	3	2	3	12
Rhinoplasty	2	5	2	5	2	5	2	5	20
Prominent ears	2	5	2	5	2	5	3	3	18
Hair restoration surgery	2	3	2	3	2	3	2	3	12
Dermabrasion and chemical peel	2	2	2	2	2	2	2	2	8
Abdominoplasty	2	3	2	3	2	3	2	3	12
Liposuction	2	5	2	5	2	5	3	3	18
Breast reduction	2	3	2	3	2	3	2	3	12
Breast augmentation	2	3	2	3	2	3	2	3	12
Mastopexy	2	2	2	2	2	2	2	2	8
Gynaecomastia	2	5	3	3	3	3	4	3	14
Laser surgery	2	5	2	5	2	5	2	5	20

COMPETENCIES	FIFTH YEAR								Total # of Cases
	27 Months		30 Months		33 Months		36 Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
General Procedures									
Excision of simple lesion with direct closure	4	5	4	5	4	5	4	5	20
Planning and execution of Z platy and local Flaps	4	10	4	10	4	10	4	10	40
Intralesional injection	4	5	4	5	4	5	4	5	20
Harvesting of partial and full thickness skin Grafts	4	5	4	5	4	5	4	5	20
Harvesting of rib/bone grafts	4	3	4	3	4	3	4	3	12
Harvesting of costal cartilage and framework Fabrication	4	3	4	3	4	3	4	3	12
Harvesting of nerve grafts	4	3	4	3	4	3	4	4	13
Elevation and insetting of fasciocutaneous Flaps	4	3	4	3	4	5	4	5	16
Elevation and insetting of perforator flaps	4	5	4	5	4	5	4	5	20
Elevation and insetting of muscle flaps	4	5	4	5	4	5	4	10	25

COMPETENCIES	FIFTH YEAR								Total # of Cases
	27 Months		30 Months		33 Months		36 Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
Reconstruction of Scalp and Forehead	3	5	4	3	4	3	4	3	14
Reconstruction of cheek	4	3	4	3	4	3	4	3	12
Reconstruction of lips	3	5	4	3	4	3	4	3	14
Mandibular Reconstruction	2	3	3	1	3	1	4	1	6
Neck resurfacing after contracture release	3	5	4	5	4	5	4	5	20
Reconstruction of auricle	3	3	3	3	4	3	4	3	12
Parotid tumors	3	1	3	1	3	1	4	1	4
Cutaneous Surgery									
Skin lesion, excision and primary closure	4	5	4	5	4	5	4	5	20
Skin lesion, excision and repair by local or distant flaps	4	5	4	5	4	5	4	5	20
Tissue Expansion	4	3	4	3	4	3	4	3	12
Repair of major soft tissue losses	3	5	4	5	4	5	4	5	20
Vascular Malformation	4	5	4	5	4	5	4	5	20
Pressure Sores	4	5	4	5	4	5	4	5	20
Burns and contracture	4	10	4	10	4	10	4	10	40
Acute Burns, Early tangential excision and skin Grafting	4	10	4	10	4	10	4	10	40

COMPETENCIES	FIFTH YEAR								Total # of Cases
	27 Months		30 Months		33 Months		36 Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
Acute burns desloughing/serial excision and skin grafting	4	10	4	10	4	10	4	10	40
Postburnscars/hypertrophicscarsandkeloids	4	5	4	5	4	5	4	5	20
Post burn contracture	4	10	4	10	4	10	4	10	40
Upper Limb Surgery									
Finger tip injuries	4	5	4	5	4	5	4	5	20
Tendon injuries (repair)	4	5	4	5	4	5	4	5	20
Tendon grafting	4	3	4	3	4	3	4	3	12
Acute hand trauma – initial management	4	10	4	10	4	10	4	10	40
Soft tissue coverage with local and regional Flaps	4	5	4	5	4	5	4	5	20
Nerve repairs and grafting	4	5	4	5	4	5	4	5	20
Tendon transfers	4	3	4	3	4	3	4	3	12
Congenital hand deformity correction	3	3	3	3	4	3	4	3	12
Fixation of fractures and correction of skeletal deformity	4	5	4	5	4	5	4	5	20
Reduction of dislocations	4	3	4	3	4	3	4	3	12
Brachial plexus exploration and repair	3	3	3	3	4	3	4	3	12

COMPETENCIES	FIFTH YEAR								Total # of Cases
	27 Months		30 Months		33 Months		36 Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
Nerve transfers	3	5	4	3	4	3	4	3	14
Surgery for VIC	3	2	3	2	4	2	4	2	8
Hand infections	4	5	4	5	4	5	4	5	20
Axillary dissection	4	1	4	1	4	1	4	1	4
Functional muscle transfers	3	2	3	2	4	1	4	1	6
Lower Limb Surgery									
Lymphedema surgery	3	1	3	1	4	1	4	1	4
Limb salvage procedures	3	10	3	10	4	3	4	3	26
Groin dissection	4	3	4	3	4	3	4	3	12
Soft tissue coverage of exposed bone and implants with local flaps	4	10	4	10	4	10	4	10	40
Soft tissue coverage of exposed bone and implants with free flaps	3	3	3	3	4	2	4	2	10
Trunk Surgery									
Chest wall reconstruction	3	3	3	3	4	2	4	2	10
Breast reconstruction (pedicled flap)	3	3	3	3	4	2	4	2	10
Breast reconstruction (free flap)	3	2	3	2	4	1	4	1	6
Abdominal wall reconstruction	3	5	3	5	4	3	4	3	16

COMPETENCIES	FIFTH YEAR								Total # of Cases
	27 Months		30 Months		33 Months		36 Months		
	Level	Cases	Level	Cases	Level	Cases	Level	Cases	
PATIENT MANAGEMENT									
Hypospadias	3	5	3	5	4	3	4	3	16
Epispadias	3	1	3	1	4	1	4	1	4
Gender re – assignment	3	1	3	1	3	3	4	2	7
Vaginal reconstruction	3	2	3	2	3	2	4	1	7
Penile reconstruction	3	2	3	2	4	1	4	1	6
Aesthetic Surgery									
Face lift and forehead lift	3	3	3	3	3	3	4	3	12
Blephroplasty	3	3	3	3	3	3	4	2	11
Natural and artificial filler	3	3	3	3	3	3	4	3	12
Botox	3	3	3	3	3	3	4	5	14
Rhinoplasty	3	5	3	5	3	5	4	3	18
Prominent ears	3	5	4	3	4	3	4	3	14
Hair restoration surgery	3	5	3	5	4	5	4	5	20
Dermabrasion and chemical peel	3	3	3	3	4	3	4	3	12
Abdominoplasty	3	5	3	5	4	3	4	3	16
Liposuction	3	5	3	5	4	5	4	5	20
Breast reduction	3	3	3	3	4	3	4	3	12
Breast augmentation	3	5	3	5	4	3	4	3	16
Mastopexy	3	3	3	3	3	3	4	2	11
Gynaecomastia	4	5	4	5	4	5	4	5	20
Laser surgery	3	5	3	5	3	5	4	10	25

03 MONTHS ROTATAION IN ORTHOPAEDIC SURGERY CURRICULUM

COMPETENCES	LEVEL	CASES
History Taking	04	10
Physical Examination	04	10
Ordering Investigations	04	10
Interpreting results	03	10
Deciding and implementing appropriate treatment	03	10
Post operative management & monitoring	04	10
Presentation: skills long cases	04	04
Presentation: skills short cases	04	20
Use of Orthopaedic Instruments	03	10
Skeletal Traction	03	06
Application of Plaster of Paris Cast	03	20
Closed treatment (Manipulations)	03	20
Closed treatment of dislocations	03	10
Skin Grafting	03	02
Biopsy	03	02

COMPETENCES	LEVEL	CASES
External fixation of fractures of low limb / ilizarov	03	04
External fixation of fractures of upper limb	03	02
Bone grafting	03	02
Fixation of bones with plates	03	04
Intramedullary nailing of long bones	03	06
Fixation of trochanteric and neck of femur fractures	03	05
Fixation of fracture around knee joint	03	02
Complex trauma	02	02
Osteotomies	02	01
Arthrodesis	02	01
Amputation	03	02
Fracture fixation of hand and wrist	03	02
Total joint replacement (THR & TKR)	02	01
Arthroscopy of knee joint	02	01
Bone tumor surgery	02	01

03 MONTHS ROTATAION IN DERMATOLOGY CURRICULUM

COMPETENCES	LEVEL	CASES
Skin biopsy for histopathology	03	04
Wet dressings (salicyclic acid , paraffin gauze dressing)	03	02
Smear for LT bodies	03	02
Scrapping for fungal hyphae	02	04
electrocautery	03	06
cryotherapy	03	05
Wood's lamp examination for vitiligo and fungal infections	03	02
Ingrowing toe nail removal	02	02
Excision of small tumors and cysts	02	01
phototherapy	02	01
Punch biopsy	03	02
Scar revision	02	02

03 MONTHS ROTATAION IN NEUROSURGERY CURRICULUM

COMPETENCES	LEVEL	CASES
Initial management of head trauma	03	04
Complete Neurological examination in trauma	03	04
Endotracheal intubation	03	04
Emergency tracheostomy	03	04
Medical management of acutely raised intracranial pressure	03	04
Principles , diagnosis and confirmation of brain death	02	04
Spine stabilization and radiological assessment in head injury patients	03	04
Interpretation of CT scans and plain radiology	03	05
Diagnostic and therapeutic Lumbar puncture	02	04
Burr hole craniotomy for post traumatic extradural and subdural hematomas	02	04
Shunt procedures for Hydrocephalus	02	04
Management of cerebral tumors	02	04

03 MONTHS ROTATION IN UROLOGY CURRICULUM

COMPETENCES	LEVEL	CASES
Management of patient with acute ureteric colic	03	04
Management of patient with acute urinary infection including a patient with urosepsis	03	04
Catheterization including urinary catheter care	03	
Suprapubic catheterization	03	04
Urethral manipulation and dilatations	03	
Management of acute urinary retention	03	04
Management of acute scrotum	02	04
Management of renal , vesical and ureteral trauma	02	04
Management of pyelonephritis and other renal infections	03	04
Testis biopsy	03	05
Radiological studies –X ray KUB, IVU	03	
Scrotal surgery –hydrocele , epididymal cyst , orchidectomy	02	04
Inguinal surgery-varicocele, herniotomy ,orchidopexy	02	04
Transurethral resection of prostate	02	04
Lithotripsy	02	04

03 MONTHS ROTATAION IN paedes surgery CURRICULUM

COMPETENCES	LEVEL	CASES
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Venous cut down	03	04
Pediatric CVP	03	04
Pediatric chest intubation	03	
Lymph node biopsy	03	04
Appendectomy	03	
Herniotomy	03	04
Congenital hand defect	02	04
Urogenital defects	02	04
Congenital thoracic defects	03	04
Congenital reproductive defects	03	05

INTRODUCTION

Curriculum of MS Plastic Surgery at Rawalpindi Medical University is an important document that defines the educational goals of Residency Training Program and is intended to clarify the learning objectives for all inpatient and outpatient rotations. Program requirements are based on the ACGME (Accreditation Council for Graduate Medical Education) standards for categorical training in Internal Plastic Surgery. Curriculum is based on 6 core competencies. Detail of these competencies is as follows

CORE COMPETENCIES

Details of The Six Core Competencies of Curriculum of MS Plastic Surgery

COMPETENCY NO. 1

PATIENT CARE (PC)

☐ **Gathers and synthesizes essential and accurate information to define each patient's clinical problem(s).**

(PC1) o Collects accurate historical data

o Uses physical exam to confirm history

o Does not relies exclusively on documentation of others to generate own database or differential diagnosis o

Consistently acquires accurate and relevant histories from patients

o Seeks and obtains data from secondary sources when needed

o Consistently performs accurate and appropriately thorough physical exams o

Uses collected data to define a patient's central clinical problem(s)

o Acquires accurate histories from patients in an efficient, prioritized, and hypothesis- driven fashion o

Performs accurate physical exams that are targeted to the patient's complaints

o Synthesizes data to generate a prioritized differential diagnosis and problem list

o Effectively uses history and physical examination skills to minimize the need for further diagnostic testing o

Obtains relevant historical subtleties, including sensitive information that informs the differential diagnosis o

Identifies subtle or unusual physical exam findings

o Efficiently utilizes all sources of secondary data to inform differential diagnosis

o Role models and teaches the effective use of history and physical examination skills to minimize the need for further diagnostic testing

☐ **Develops and achieves comprehensive management plan for each patient.**

(PC2) o Care plans are consistently inappropriate or inaccurate

o Does not react to situations that require urgent or emergent care

o Does not seek additional guidance when needed Inconsistently develops an appropriate care plan o

Inconsistently seeks additional guidance when needed

o Consistently develops appropriate care plan

o Recognizes situations requiring urgent or emergent care

o Seeks additional guidance and/or consultation as appropriate

o Appropriately modifies care plans based on patient's clinical course, additional data, and patient preferences

o Recognizes disease presentations that deviate from common patterns and require complex decision- making

o Manages complex acute and chronic diseases

o Role models and teaches complex and patient-centered care

- o Develops customized, prioritized care plans for the most complex patients, incorporating diagnostic uncertainty and cost effectiveness principles

□ **Manages patients with progressive responsibility and independence. (PC3)**

- o Assume responsibility for patient management decisions
- o Consistently manages simple ambulatory complaints or common chronic diseases
- o Consistently manages patients with straightforward diagnoses in the inpatient setting
- o Unable to manage complex inpatients or patients requiring intensive care
- o Requires indirect supervision to ensure patient safety and quality care
- o Provides appropriate preventive care and chronic disease management in the ambulatory setting
- o Provides comprehensive care for single or multiple diagnoses in the inpatient setting
- o Under supervision, provides appropriate care in the intensive care unit Initiates management plan for urgent or emergent care
- o Independently supervise care provided by junior members of the physician-led team
- o Independently manages patients across inpatient and ambulatory clinical settings who have a broad spectrum of clinical disorders including undifferentiated syndromes
- o Seeks additional guidance and/or consultation as appropriate
- o Appropriately manages situations requiring urgent or emergent care
- o Effectively supervises the management decisions of the team
- o Manages unusual, rare, or complex disorders

□ **Skill in performing procedures. (PC4)**

- o Does not attempts to perform procedures without sufficient technical skill or supervision
- o Willing to perform procedures when qualified and necessary for patient care
- o Possesses basic technical skill for the completion of some common procedures
- o Possesses technical skill and has successfully performed all procedures required for certification
- o Maximizes patient comfort and safety when performing procedures
- o Seeks to independently perform additional procedures (beyond those required for certification) that are anticipated for future practice
- o Teaches and supervises the performance of procedures by junior members of the team

□ **Requests and provides consultative care. (PC5)**

- o Is responsive to questions or concerns of others when acting as a consultant or utilizing consultant services
- o Willing to utilize consultant services when appropriate for patient care
- o Consistently manages patients as a consultant to other physicians/health care teams o
- Consistently applies risk assessment principles to patients while acting as a consultant o
- Consistently formulates a clinical question for a consultant to address
- o Provides consultation services for patients with clinical problems requiring basic risk assessment o
- Asks meaningful clinical questions that guide the input of consultants
- o Provides consultation services for patients with basic and complex clinical problems requiring detailed risk assessment o
- Appropriately weighs recommendations from consultants in order to effectively manage patient care

- o Switches between the role of consultant and primary physician with ease
- o Provides consultation services for patients with very complex clinical problems requiring extensive risk assessment
- o Manages discordant recommendations from multiple consultants

Patient Care PC-1

- ☐ **How To Teach**
 - o Discussions in ward rounds to teach history taking.
 - o Discussions in ward rounds to teach physical examination. o
 - Demonstration in ward rounds to teach history taking.
 - o Demonstration in ward rounds to teach physical examination. o
 - Discussions in wards of short cases
 - o Discussions in wards of long cases
 - o Simulated patient (in order to simulate a set of symptoms or problems.) o
 - Should write a summary (synthesize a differential diagnosis).
- ☐ **How To Assess**
 - ☐ Discussions in ward rounds to assess history taking
 - ☐ Discussions in ward rounds to assess physical examination
 - ☐ Short cases assessment through long cases
 - ☐ Confirmation of physical findings by supervisor
 - ☐ Confirmation of history by supervisor.
 - ☐ OSPE

Patient Care PC-2

- ☐ **How To Teach**
 - o Resident should write management plan on history sheet and supervisor should discuss management plan.
 - o Resident should write investigational plans, should be able to interpret with help
 - o of supervisor
 - o Should be taught prioritization of care plans in complex patient by discussion.
- ☐ **How To Assess**
 - o Long cases and short cases to assess the clear concepts of management by the trainee.
- ☐ **Patient Care PC-3**
- ☐ **How To Teach**
 - o Discuss thoroughly the management side effects /interactions/dosage/therapeutic procedures and intervention
- ☐ **How To Assess**
 - o Long case
 - o Short case

- o OSPE
- o Simulated patient
- o Stimulated chart recall
- o Log book
- o Portfolio
- o Internal assessment record

☐ **Patient Care PC-4**



How To Teach

- o Supervisor should ensure that the resident has complete knowledge about the procedures.
- o Trainee should observe procedures
- o Should perform procedures under supervision
- o Should be able to perform procedures independently
- o Videos regarding different procedures.

☐ **How To Assess**

- o OSPE
- o Logbook/
portfolio
- o Direct
observation

Patient Care PC-5

How to Teach

- o All consultations by the trainees should be discussed by the supervisor.

How to Assess

- o Consultation record of the log book
- o Feedback by other department regarding consultation

COMPETENCY NO. 2 MEDICAL KNOWLEDGE (MK)

☐ **Clinical knowledge (MK1)**

- o Possesses sufficient scientific, socioeconomic and behavioral knowledge required to provide care for common medical Conditions and basic preventive care.
- o Possesses the scientific, socioeconomic and behavioral knowledge required to provide care for complex medical conditions and comprehensive preventive care
- o Possesses the scientific, socioeconomic and behavioral knowledge required to successfully diagnose and treat medically uncommon, ambiguous and complex conditions.

- o Knowledge of diagnostic testing and procedures.
- (MK2) o Consistently interprets basic diagnostic tests accurately
- o Does not need assistance to understand the concepts of pre-test probability and test performance Characteristics o Fully understands the rationale and risks associated with common procedures
- o Interprets complex diagnostic tests accurately
- o Understands the concepts of pre-test probability and test performance characteristics
- o Teaches the rationale and risks associated with common procedures and anticipates potential complications when performing procedures
- o Anticipates and accounts for pitfalls and biases when interpreting diagnostic tests and procedures o Pursues knowledge of new and emerging diagnostic tests and procedures

☐ **Medical Knowledge (MK-1, MK-2)**

☐ **How to Teach**

- o Books etc
- o Articles
- o CPC(Clinic Pathological Conference)
- o Lecture
- o Videos
- o SDL(Self Directed Learning) o PBL(Problem Based Learning)

- o Teaching experience with medical student

- o Read procedural knowledge.

☐ **How To Assess**

- o MCQs
- o SEQs
- o Viva o Videos
- o Internal assessment

COMPETENCY NO. 3 SYSTEM BASED PRACTICE (SBP)

☐ **Works effectively within an inter professional team (e.g. peers, consultants, nursing, Ancillary professionals and other support personnel). (SBP1).**

- o Recognizes the contributions of other inter professional team members o Does not frustrates team members with inefficiency and errors
- o Identifies roles of other team members and recognize how/when to utilize them as resources.
- o Does not requires frequent reminders from team to complete physician responsibilities (e.g. talk to family, enter orders) o Understands the roles and responsibilities of all team members and uses them effectively
- o Participates in team discussions when required and actively seek input from other team members

- o Understands the roles and responsibilities of and effectively partners with, all members of the team
- o Actively engages in team meetings and collaborative decision-making
- o Integrates all members of the team into the care of patients, such that each is able to maximize their skills in the care of the patient
- o Efficiently coordinates activities of other team members to optimize care
- o Viewed by other team members as a leader in the delivery of high quality care
- **Recognizes system error and advocates for system improvement. (SBP2)**
 - o Does not ignore a risk for error within the system that may impact the care of a patient.
 - o Does not make decisions that could lead to error which are otherwise corrected by the system or supervision.
 - o Does not resistant to feedback about decisions that may lead to error or otherwise cause harm.
 - o Recognizes the potential for error within the system.
 - o Identifies obvious or critical causes of error and notifies supervisor accordingly.
 - o Recognizes the potential risk for error in the immediate system and takes necessary steps to mitigate that risk.
 - o Willing to receive feedback about decisions that may lead to error or otherwise cause harm.
 - o Identifies systemic causes of medical error and navigates them to provide safe patient care.
 - o Advocates for safe patient care and optimal patient care systems
 - o Activates formal system resources to investigate and mitigate real or potential medical error.
 - o Reflects upon and learns from own critical incidents that may lead to medical error.
 - o Advocates for system leadership to formally engage in quality assurance and quality improvement activities.
 - o Viewed as a leader in identifying and advocating for the prevention of medical error.
 - o Teaches others regarding the importance of recognizing and mitigating system error.
- **Identifies forces that impact the cost of health care, and advocates for, and practices cost-effective care. (SBP3).**
 - o Does not ignores cost issues in the provision of care
 - o Demonstrates effort to overcome barriers to cost- effective care
 - o Has full awareness of external factors (e.g. socio- economic, cultural, literacy, insurance status) that impact the cost of health care and the role that external stakeholders (e.g. providers, suppliers, financiers, purchasers) have on the cost of care
 - o Consider limited health care resources when ordering diagnostic or therapeutic interventions
 - o Recognizes that external factors influence a patient's utilization of health care and Does not act as barriers to cost- effective care o Minimizes unnecessary diagnostic and therapeutic tests
 - o Possesses an incomplete understanding of cost- awareness principles for a population of patients (e.g. screening tests) o Consistently works to address patient specific barriers to cost-effective care
 - o Advocates for cost-conscious utilization of resources (i.e. emergency department visits, hospital readmissions)
 - o Incorporates cost-awareness principles into standard clinical judgments and decision-making, including screening tests

- o Teaches patients and healthcare team members to recognize and address common barriers to cost- effective care and appropriate utilization of resources
- o Actively participates in initiatives and care delivery models designed to overcome or mitigate barriers to cost-effective high quality care

□ **Transitions patients effectively within and across health delivery systems. (SBP4)**

- o Regards need for communication at time of transition
- o Responds to requests of caregivers in other delivery systems
- o Inconsistently utilizes available resources to coordinate and ensure safe and effective patient care within and across delivery systems
- o Written and verbal care plans during times of transition are complete
- o Efficient transitions of care lead to only necessary expense or less risk to a patient (e.g. avoids duplication of tests readmission) o Recognizes the importance of communication during times of transition
- o Communication with future caregivers is present but with lapses in pertinent or timely information
- o Appropriately utilizes available resources to coordinate care and ensures safe and effective patient care within and across delivery systems
- o Proactively communicates with past and future care givers to ensure continuity of care
- o Coordinates care within and across health delivery systems to optimize patient safety, increase efficiency and ensure high quality patient outcomes
- o Anticipates needs of patient, caregivers and future care providers and takes appropriate steps to address those needs o Role models and teaches effective transitions of care

□ **How To Teach**

- | | |
|---|--|
| <ul style="list-style-type: none"> o Lecture/ orientation session o Various system/policies should be identified and discussed with the residents. o Examples: o Zakaat o Admission procedure o Bait-ul-Mall o Discharge procedure o Consultation procedure o Shifting of patients according to SOPS | <ul style="list-style-type: none"> o Preferably a manual should be designed regarding various systems existing in the o Hospital for the resident. o Cost effectiveness/availability of Plastic Surgery o Avoidance of unnecessary tests because of limited health resources. o Direct observation by the supervisor during ward rounds o Feed back o Assessment during case discussion |
|---|--|

COMPETENCY NO. 4 PRACTICE BASED LEARNING (PBL)

- ☐ **Monitors practice with a goal for improvement. (PBLI1)**
 - o Willing to self-reflect upon one's practice or performance
 - o Concerned with opportunities for learning and self-improvement
 - o Unable to self-reflect upon one's practice or performance
 - o Avails opportunities for learning and self-improvement
 - o Consistently acts upon opportunities for learning and self-improvement
 - o Regularly self-reflects upon one's practice or performance and consistently acts upon those reflections to improve practice
 - o Recognizes sub-optimal practice or performance as an opportunity for learning and self-improvement
 - o Regularly self-reflects and seeks external validation regarding this reflection to maximize practice improvement
 - o Actively engages in self- improvement efforts and reflects upon the experience
- ☐ **Learns and improves via performance audit. (PBLI2)**
 - o Regards own clinical performance data
 - o Demonstrates inclination to participate in or even consider the results of quality improvement efforts
 - o Adequate awareness of or desire to analyze own clinical performance data
 - o Participates in a quality improvement projects
 - o Familiar with the principles, techniques or importance of quality improvement
 - o Analyzes own clinical performance data and identifies opportunities for improvement
 - o Effectively participates in a quality improvement project
 - o Understands common principles and techniques of quality improvement and appreciates the responsibility to assess and improve care for a panel of patients Analyzes own clinical performance data and actively works to improve performance
 - o Actively engages in quality improvement initiatives
 - o Demonstrates the ability to apply common principles and techniques of quality improvement to improve care for a panel of patients
 - o Actively monitors clinical performance through various data sources
 - o Is able to lead a quality improvement project
 - o Utilizes common principles and techniques of quality improvement to continuously improve care for a panel of patients
- ☐ **Learns and improves via feedback. (PBLI3)**
 - o Does not resists feedback from others
 - o Often seeks feedback
 - o Never responds to unsolicited feedback in a defensive fashion
 - o Temporarily or superficially adjusts performance based on feedback

- o Does not solicit feedback only from supervisors
- o Is open to unsolicited feedback
- o Solicits feedback from all members of the inter professional team and patients
- o Consistently incorporates feedback
- o Performance continuously reflects incorporation of solicited and unsolicited feedback
- o Able to reconcile disparate or conflicting feedback

□ **Learns and improves at the point of care. (PBLI4)**

- o Acknowledges uncertainty and does not revert to reflexive patterned response when inaccurate
- o Seeks or applies evidence when necessary
- o Familiar with strengths and weaknesses of the medical literature
- o Has adequate awareness of or ability to use information technology
- o Does not accept the findings of clinical research studies without critical appraisal Can translate medical information needs into well- formed clinical questions independently
- o Aware of the strengths and weaknesses of medical information resources and utilizes information technology with sophistication
- o Appraises clinical research reports, based on accepted criteria
- o Does not “slow down” to reconsider an approach to a problem, ask for help, or seek new information o Routinely translates new medical information needs into well-formed clinical questions
- o Utilizes information technology with sophistication
- o Independently appraises clinical research reports based on accepted criteria
- o Searches medical information resources efficiently, guided by the characteristics of clinical questions o Role models how to appraise clinical research reports based on accepted criteria
- o Has a systematic approach to track and pursue emerging clinical question

□ **Practice Based Learning (PBL1, PBL2, PBL3, PBL4)**

□ **How to Teach**

- o Discussions about problem cases
- o Should discuss errors and omissions

□ **How to Assess**

- o Feedback
- o 360 evaluation
- o Research article presentation o Journal club presentation
- o CPC presentation o Ward presentation
- o Quality improvement of projects

COMPETENCY NO. 5 PROFESSIONALISM(PROF)

- o Has professional and respectful interactions with patients, caregivers and members of the inter professional team (e.g. peers, consultants, nursing, ancillary professionals and support personnel). (PROF1)
- o Consistently respectful in interactions with patients, caregivers and members of the inter professional team, even in challenging situations
- o Is available and responsive to needs and concerns of patients, caregivers and members of the inter professional team to ensure safe and effective care Emphasizes patient privacy and autonomy in all interactions
- o Demonstrates empathy, compassion and respect to patients and caregivers in all situations
- o Anticipates, advocates for, and proactively works to meet the needs of patients and caregivers
- o Demonstrates a responsiveness to patient needs that supersedes self-interest
- o Positively acknowledges input of members of the inter professional team and incorporates that input into plan of care as appropriate
- o Role models compassion, empathy and respect for patients and caregivers
- o Role models appropriate anticipation and advocacy for patient and caregiver needs
- o Fosters collegiality that promotes a high-functioning inter professional team
- **Teaches others regarding maintaining patient privacy and respecting patient autonomy Accepts responsibility and follows through on tasks. (PROF2)**
 - o Demonstrates responsibilities expected of a physician professional
 - o Accepts professional responsibility even when not assigned or not mandatory
 - o Completes administrative and patient care tasks in a timely manner in accordance with local practice and/or policy
 - o Completes assigned professional responsibilities without questioning or the need for reminders
 - o Prioritizes multiple competing demands in order to complete tasks and responsibilities in a timely and effective manner o Willingness to assume professional responsibility regardless of the situation
 - o Role models prioritizing multiple competing demands in order to complete tasks and responsibilities in a timely and effective manner
 - o Assists others to improve their ability to prioritize multiple, competing tasks

- **Responds to each patient's unique characteristics and needs. (PROF3)**
 - Willing to modify care plan to account for a patient's unique characteristics and needs
 - Is sensitive to and has basic awareness of differences related to culture, ethnicity, gender, race, age and religion in the patient/caregiver encounter
 - Seeks to fully understand each patient's unique characteristics and needs based upon culture, ethnicity, gender, religion, and personal preference
 - Modifies care plan to account for a patient's unique characteristics and needs with complete success
 - Recognizes and accounts for the unique characteristics and needs of the patient/ caregiver
 - Appropriately modifies care plan to account for a patient's unique characteristics and needs
 - Role models professional interactions to negotiate differences related to a patient's unique characteristics or needs
 - Role models consistent respect for patient's unique characteristics and needs
- **Exhibits integrity and ethical behavior in professional conduct. (PROF4)**
 - Has a basic understanding of ethical principles, formal policies and procedures, and does not intentionally disregard them
 - Honest and forthright in clinical interactions, documentation, research, and scholarly activity
 - Demonstrates accountability for the care of patients
 - Adheres to ethical principles for documentation, follows formal policies and procedures, acknowledges and limits conflict of interest, and upholds ethical expectations of research and scholarly activity
 - Demonstrates integrity, honesty, and accountability to patients, society and the profession
 - Actively manages challenging ethical dilemmas and conflicts of interest
 - Identifies and responds appropriately to lapses of professional conduct among peer group
 - Assists others in adhering to ethical principles and behaviors including integrity, honesty, and professional responsibility
 - Role models integrity, honesty, accountability and professional conduct in all aspects of professional life
 - Regularly reflects on personal professional conduct

☐ **Professionalism (PROF1, PROF2, PROF3 AND PROF4)**

☐ **How To Teach**

1. Should be taught during ward rounds.
2. By supervisor
3. Through workshop

☐ **How To Assess**

1. Punctuality
2. Behavior
3. Direct observation during ward rounds
4. Feed back
5. 360 degree evaluation

Competency No. 6 INTERPERSONAL AND COMMUNICATION SKILL (ICS)

- ☐ Communicates effectively with patients and caregivers. (ICS1)
 - o Does not ignores patient preferences for plan of care
 - o Makes attempt to engage patient in shared decision-making
 - o Does not engages in antagonistic or counter-therapeutic relationships with patients and caregivers
 - o Engages patients in discussions of care plans and respects patient preferences when offered by the patient, and also actively solicit preferences.
 - o Attempts to develop therapeutic relationships with patients and caregivers which is often successful
 - o Defers difficult or ambiguous conversations to others
 - o Engages patients in shared decision making in uncomplicated conversations
 - o Requires assistance facilitating discussions in difficult or ambiguous conversations
 - o Requires guidance or assistance to engage in communication with persons of different socioeconomic and cultural backgrounds
 - o Identifies and incorporates patient preference in shared decision making across a wide variety of patient care conversations
 - o Quickly establishes a therapeutic relationship with patients and caregivers, including persons of different socioeconomic and cultural backgrounds
 - o Incorporates patient-specific preferences into plan of care
 - o Role models effective communication and development of therapeutic relationships in both routine and challenging situations
 - o Models cross-cultural communication and establishes therapeutic relationships with persons of diverse socioeconomic backgrounds
- ☐ **Communicates effectively in inter professional teams (e.g. peers, consultants, nursing, ancillary professionals and other support personnel). (ICS2)**
 - o Does not uses unidirectional communication that fails to utilize the wisdom of the team
 - o Does not resists offers of collaborative input
 - o Consistently and actively engages in collaborative communication with all members of the team
 - o Verbal, non-verbal and written communication consistently acts to facilitate collaboration with the team to enhance patient care o
 - Role models and teaches collaborative communication with the team to enhance patient care, even in challenging settings and with conflicting team member opinions

☐ **Appropriate utilization and completion of health records. (ICS3)**

- o Health records are organized and accurate and are not superficial and does not miss key data or fails to communicate clinical reasoning
- o Health records are organized, accurate, comprehensive, and effectively communicate clinical reasoning
- o Health records are succinct, relevant, and patient specific
- o Role models and teaches importance of organized, accurate and comprehensive health records that are succinct and patient specific

Interpersonal and Communication Skill (ISC1, ICS2 AND ICS3)

☐ **How to Teach**

- o Teaching through communication skills by supervisor
- o Through workshop

☐ **How to Assess**

- | | |
|------------------------------|-------------------------|
| 1. Direct observation | 7. Article presentation |
| 2. Feed back | 8. Consultation |
| 3. 360 degree evaluation | 9. OPD working |
| 4. History taking | 10. Counseling sessions |
| 5. CPC presentation | 11. OSPE |
| 6. Journal club presentation | 12. VIVA |

FOR EXAMPLE: In Plastic surgery the competencies other than Medical knowledge should be monitored/supervised /evaluated as follows

Practice and Procedural Skills	Attitudes, Values and Habits	Professionalism	Interpersonal and Communication Skills	Practice Based Learning Improvement	Evaluation of Medical Knowledge
<ul style="list-style-type: none"> <input type="checkbox"/> Development of basic human Anatomy related to plastic Surgery. <input type="checkbox"/> History taking & complete Physical examination for Plastic surgery cases. <input type="checkbox"/> Specialized pre-post opp Care of plastic surgery Patients. <input type="checkbox"/> Blood supply of graft And different flaps <input type="checkbox"/> The appropriate way to Manage plastic surgery Emergency in ER Department. <input type="checkbox"/> Out-patient care of plastic Surgery patients especially Follow up patients. 	<ul style="list-style-type: none"> <input type="checkbox"/> Keeping the patient and family informed on the clinical status of the patient, results of tests, etc. <input type="checkbox"/> Frequent, direct communication with the physician who requested the consultation. <input type="checkbox"/> Review of previous medical records and extraction of information relevant to the patient's problem. Other sources of information may be used, when pertinent <input type="checkbox"/> Understanding that patients have the right to either accepts or decline recommendations made by the physician <input type="checkbox"/> Education of the patient 	<ul style="list-style-type: none"> <input type="checkbox"/> The PGT should continue to develop his/her ethical behavior and the humanistic qualities of respect, compassion, integrity, and honesty. <input type="checkbox"/> The PGT must be willing to acknowledge errors and determine how to avoid future similar mistakes. <input type="checkbox"/> The PGT must be responsible and reliable at all times. <input type="checkbox"/> The PGT must always consider the needs of patients, families, colleagues, and support staff. <input type="checkbox"/> The PGT must maintain a professional appearance at all times 	<ul style="list-style-type: none"> <input type="checkbox"/> The PGT should learn when to call a subspecialist for evaluation and management of a patient with a cardiovascular disease. <input type="checkbox"/> The PGT should be able to clearly present the consultation cases to the staff in an organized and thorough manner <input type="checkbox"/> The PGT must be able to establish a rapport with the patients and listens to the patient's complaints to promote the patient's welfare. <input type="checkbox"/> The PGT should provide effective education and counseling for patients. <input type="checkbox"/> The PGT must write organized and legible notes <input type="checkbox"/> The PGT must communicate any patient problems to the staff in a timely fashion 	<ul style="list-style-type: none"> <input type="checkbox"/> The PGT should use feedback and self-evaluation in order to improve performance <input type="checkbox"/> The PGT should read the required material and articles provided to enhance learning <input type="checkbox"/> The PGT should use the medical literature search tools in the library to find appropriate articles related to Interesting cases. 	<ul style="list-style-type: none"> <input type="checkbox"/> The PGT's ability to answer directed questions and to participate in the didactic sessions. <input type="checkbox"/> The PGT's presentation of assigned short topics. These will be examined for their completeness, accuracy, organization, and the PGTs' understanding of the topic. <input type="checkbox"/> The PGT's ability to apply the information learned in the didactic sessions to the patient care setting. <input type="checkbox"/> The PGT's interest level in learning.

METHODS OF TEACHING & LEARNING DURING COURSE CONDUCTION

1. **Inpatient Services:** All residents will have rotations in emergency Plastic Surgery, orthopaedic ward etc. The required knowledge and skills pertaining to the ambulatory based training in following areas shall be demonstrated;
 - ☐ General Plastic Surgery
 - ☐ Emergency Plastic Surgery
 - ☐ Acute Burn care
 - ☐ Post burn management
 - ☐ Ortho-plastic surgery
2. **Outpatient Experiences:** Residents should demonstrate expertise in diagnosis and management of patients in acute care clinics and longitudinal clinic and gain experience in Dermatology, orthopedics, maxillofacial surgery, urology, neuro surgery etc
3. **Emergency services:** Our residents take an early and active role in patient care and obtain decision-making roles quickly. Within the Emergency Department, residents direct the initial stabilization of all critical patients, and oversee all critical care.
4. **Electives/ Specialty Rotations:** In addition, the resident will elect rotations in a variety of Plastic Surgery subspecialty consultative services or clinics. They may choose electives from each Plastic Surgery subspecialty and from offerings of other departments. Residents may also select electives at other institutions if the parent department does not offer the experiences they want.

5. **Interdisciplinary Plastic Surgery** Adolescent Plastic Surgery, Dermatology, Emergency Plastic Surgery, General Surgery, Occupational Plastic Surgery, Orthopedics and Sports Plastic Surgery, Otolaryngology, Physical Plastic Surgery and Rehabilitation, Urology.
6. **Community Practice:** Residents experience the practice of Plastic Surgery in a non-academic, non-teaching hospital setting. The rotation may be used to try out a practice that the resident later joins, to learn the needs of referring physicians or to decide on a future career path.
7. **Mandatory Workshops:** Residents achieve hands on training while participating in mandatory workshops of Research Methodology, Advanced Life Support, Communication Skills, Computer & Internet and Clinical Audit. Specific objectives are given in detail in the relevant section of Mandatory Workshops.
8. **Core Faculty Lectures (CFL):** The core faculty lecture's focus on monthly themes of the various Plastic Surgery topics for eleven months of the year, i.e., Burn, reconstructive, cosmetic surgery etc. Lectures are still an efficient way of delivering information. Good lectures can introduce new material or synthesize concepts students have through text-, web-, or field-based activities. *Buzz groups* can be incorporated into the lectures in order to promote more active learning.
9. **Introductory Lecture Series (ILS):** Various introductory topics are presented by subspecialty and Plastic Surgery faculty to introduce interns to basic and essential topics in Plastic Surgery.
10. **Long and short case presentations:** Giving an oral presentation on ward rounds is an important skill for medical student to learn. It is medical reporting which is terse and rapidly moving. After collecting the data, you must then be able both to document it in a written format and transmit it clearly to other health care providers. In order to do this successfully, you need to understand the patient's medical illnesses, the psychosocial contributions to their History of Presenting Illness and their physical diagnosis findings. You then need to compress them into a concise, organized recitation of the most essential facts. The listener needs to be given all of the relevant information without the extraneous details and should be able to construct his/her own differential diagnosis as the story unfolds. Consider yourself an advocate who is attempting to persuade an informed, interested judge the merits of your argument, without distorting any of the facts. An oral case presentation is NOT a simple recitation of your write-up. It is a concise, edited presentation of the most essential information. Basic structure for oral case presentations includes Identifying information/chief complaint (ID/CC) , History of present illness (HPI) including relevant ROS (Review of systems) questions only ,Other active medical problems , Medications/allergies/substance use (note: e. The complete ROS should

not be presented in oral presentations , Brief social history (current situation and major issues only) . Physical examination (pertinent findings only) , One line summary & Assessment and plan

- 11. Seminar Presentation:** Seminar is held in a non conference format. Upper level residents present an in-depth review of a medical topic as well as their own research. Residents are formally critiqued by both the associate program director and their resident colleagues.
- 12. Journal Club Meeting (JC):**A resident will be assigned to present, in depth, a research article or topic of his/her choice of actual or potential broad interest and/or application. Two hours per month should be allocated to discussion of any current articles or topics introduced by any participant. Faculty or outside researchers will be invited to present outlines or results of current research activities. The article should be critically evaluated and its applicable results should be highlighted, which can be incorporated in clinical practice. Record of all such articles should be maintained in the relevant department
- 13. Small Group Discussions/ Problem based learning/ Case based learning:** Traditionally small groups consist of 8-12 participants. Small groups can take on a variety of different tasks, including problem solving, role play, discussion, brainstorming, debate, workshops and presentations. Generally students prefer small group learning to other instructional methods. From the study of a problem students develop principles and rules and generalize their applicability to a variety of situations PBL is said to develop problem solving skills and an integrated body of knowledge. It is a student-centered approach to learning, in which students determine what and how they learn. Case studies help learners identify problems and solutions, compare options and decide how to handle a real situation.
- 14. Discussion/Debate:** There are several types of discussion tasks which would be used as learning method for residents including: guided discussion, in which the facilitator poses a discussion question to the group and learners offer responses or questions to each other's contributions as a means of broadening the discussion's scope; inquiry-based discussion, in which learners are guided through a series of questions to discover some relationship or principle; exploratory discussion, in which learners examine their personal opinions, suppositions or assumptions and then visualize alternatives to these assumptions; and debate in which students argue opposing sides of a controversial topic. With thoughtful and well-designed discussion tasks, learners can practice critical inquiry and reflection, developing their individual thinking, considering alternatives and negotiating meaning with other discussants to arrive at a shared understanding of the issues at hand.
- 15. Case Conference (CC):** These sessions are held three days each week; the focus of the discussion is selected by the presenting resident. For example, some cases may be presented to discuss a differential diagnosis, while others are presented to discuss specific management issues.

- 16. Noon Conference (NC):** The noon conferences focus on monthly themes of the various Plastic Surgery topics for eleven months of the year,
- 17. Grand Rounds (GR):** The Department of Plastic Surgery hosts Grand Rounds on weekly basis. Speakers from local, regional and national Plastic Surgery training programs are invited to present topics from the broad spectrum of Plastic Surgery. All residents on inpatient floor teams, as well as those on ambulatory block rotations and electives are expected to attend.
- 18. Professionalism Curriculum (PC):** This is an organized series of recurring large and small group discussions focusing upon current issues and dilemmas in medical professionalism and ethics presented primarily by an associate program director. Lectures are usually presented in a noon conference format.
- 19. Evening Teaching Rounds:** During these sign-out rounds, the inpatient Chief Resident makes a brief educational presentation on a topic related to a patient currently on service, often related to the discussion from morning report. Serious cases are mainly focused during evening rounds.
- 20. Clinico-pathological Conferences:** The clinicopathological conference, popularly known as CPC primarily relies on case method of teaching Plastic Surgery. It is a teaching tool that illustrates the logical, measured consideration of a differential diagnosis used to evaluate patients. The process involves case presentation, diagnostic data, discussion of differential diagnosis, logically narrowing the list to few selected probable diagnoses and eventually reaching a final diagnosis and its brief discussion. The idea was first practiced in Boston, back in 1900 by a Harvard internist, Dr. Richard C. Cabot who practiced this as an informal discussion session in his private office. Dr. Cabot incepted this from a resident, who in turn had received the idea from a roommate, primarily a law student.
- 21. Evidence Based Medicine (EBM):** Residents are presented a series of noon monthly lectures presented to allow residents to learn how to critically appraise journal articles, stay current on statistics, etc. The lectures are presented by the program director.
- 22. Clinical Audit based learning:** “Clinical audit is a quality improvement process that seeks to improve patient care and outcomes through systematic review of care against explicit criteria...Where indicated, changes are implemented...and further monitoring is used to confirm improvement in healthcare delivery.” *Principles for Best Practice in Clinical Audit (2002, NICE/CHI)*
- 23. Peer Assisted Learning:** Any situation where people learn from, or with, others of a similar level of training, background or other shared characteristic. Provides opportunities to reinforce and revise their learning. Encourages responsibility and increased self-confidence. Develops

teaching and verbalization skills. Enhances communication skills, and empathy. Develops appraisal skills (of self and others) including the ability to give and receive appropriate feedback. Enhance organizational and team-working skills.

24. **Morbidity and Mortality Conference (MM):** The M&M Conference is held occasionally at noon throughout the year. A case, with an adverse outcome, though not necessarily resulting in death, is discussed and thoroughly reviewed. Faculty members from various disciplines are invited to attend, especially if they were involved in the care of the patient. The discussion focuses on how care could have been improved.
25. **Clinical Case Conference:** Each resident, except when on vacation, will be responsible for at least one clinical case conference each month. The cases discussed may be those seen on either the consultation or clinic service or during rotations in specialty areas. The resident, with the advice of the Attending Physician on the Consultation Service, will prepare and present the case(s) and review the relevant literature
26. **SEQ as assignments on the content areas:** SEQs assignments are given to the residents on regular basis to enhance their performance during written examinations.
27. **Skill teaching in ICU, emergency, ward settings& skill laboratory:** Two hours twice a month should be assigned for learning and practicing clinical skills. List of skills to be learnt during these sessions is as follows:
 - ☐ Residents must develop a comprehensive understanding of the indications, contraindications, limitations, complications, techniques, and interpretation of results of those technical procedures integral to the discipline (mentioned in the Course outlines)
 - ☐ Residents must acquire knowledge of and skill in educating patients about the technique, rationale and ramifications of procedures and in obtaining procedure-specific informed consent. Faculty supervision of residents in their performance is required, and each resident's experience in such procedures must be documented by the program director
 - ☐ Residents must have instruction in the evaluation of medical literature, clinical epidemiology, clinical study design, relative and absolute risks of disease, medical statistics and medical decision-making
 - ☐ Training must include cultural, social, family, behavioral and economic issues, such as confidentiality of information, indications for life support systems, and allocation of limited resources
 - ☐ Residents must be taught the social and economic impact of their decisions on patients, the primary care physician and society. This can be achieved by attending the bioethics lectures and becoming familiar with Project Professionalism Manual such as that of the American Board of Internal Plastic Surgery
 - ☐ Residents should have instruction and experience with patient counseling skills and community education
 - ☐ This training should emphasize effective communication techniques for diverse populations, as well as organizational resources useful for patient and community education

- Residents should have experience in the interpretation of clinical laboratory and radiological studies i.e: CT scans, MRI.

28. Bedside teaching rounds in ward: *“To study the phenomenon of disease without a book is to sail an uncharted sea whilst to study books without patients is not to go to sea at all” Sir William Osler 1849-1919.* Bedside teaching is regularly included in the ward rounds.

Learning activities include the physical exam, a discussion of particular medical diseases, psychosocial and ethical themes, and management issues

29. Directly Supervised Procedures - (DSP): Residents learn procedures under the direct supervision of an attending or fellow during some rotations.

30. Self-directed learning: self-directed learning residents have primary responsibility for planning, implementing, and evaluating their effort.

It is an adult learning technique that assumes that the learner knows best what their educational needs are. The facilitator's role in self-directed learning is to support learners in identifying their needs and goals for the program, to contribute to clarifying the learners' directions and objectives and to provide timely feedback. Self-directed learning can be highly motivating, especially if the learner is focusing on problems of the immediate present, a potential positive outcome is anticipated and obtained and they are not threatened by taking responsibility for their own learning.

31. Follow up clinics: The main aims of our clinic for patients and relatives include (a) Explanation of patient's stay in hospital: Many patients do not remember their hospital stay, and this lack of recall can lead to misconceptions, frustration and having unrealistic expectations of themselves during their recovery. It is therefore preferable for patients to be aware of how ill they have been and then they can understand why it is taking some time to recover.(b)Rehabilitation information and support: We discuss with patients and relatives their individualized recovery from critical illness. This includes expectations, realistic goals, change in family dynamics and

C oming to terms with life style changes.(c)**Identifying physical, psychological or social problems**

Some of our patients have problems either as a result of their critical illness or because of other underlying conditions. The follow-up team will refer patients to various specialties, if appropriate. (d)**Promoting a quality service:** By highlighting areas which require change in nursing and medical practice, we can improve the quality of patient and relatives care. Feedback from patients and relatives

about their ICU & ward experience is invaluable. It has initiated various audits and changes in clinical practice, for the benefit of patients and relatives in the future.

32. **Core curriculum meeting:** All the core topics of Plastic Surgery should be thoroughly discussed during these sessions. The duration of each session should be at least two hours once a month. It should be chaired by the chief resident (elected by the residents of the relevant discipline). Each resident should be given an opportunity to brainstorm all topics included in the course and to generate new ideas regarding the improvement of the course structure
33. **Annual Grand Meeting** Once a year all residents enrolled for MS Plastic Surgery should be invited to the annual meeting at RMU. One full day will be allocated to this event. All the chief residents from affiliated institutes will present their annual reports. Issues and concerns related to their relevant courses will be discussed. Feedback should be collected and suggestions should be sought in order to involve residents in decision making. The research work done by residents and their literary work may be displayed. In the evening an informal gathering and dinner can be arranged. This will help in creating a sense of belonging and ownership among students and the faculty.
34. **Learning through maintaining log book:** *it is* used to list the core clinical problems to be seen during the attachment and to document the student activity and learning achieved with each patient contact.
35. **Learning through maintaining portfolio:** Personal Reflection is one of the most important adult educational tools available. Many theorists have argued that without reflection, knowledge translation and thus genuine “deep” learning cannot occur. One of the Individual reflection tools maintaining portfolios, Personal Reflection allows students to take inventory of their current knowledge skills and attitudes, to integrate concepts from various experiences, to transform current ideas and experiences into new knowledge and actions and to complete the experiential learning cycle.
36. **Task-based-learning:** A list of tasks is given to the students: participate in consultation with the attending staff, interview and examine patients, review a number of new radiographs with the radiologist.
37. **Teaching in the ambulatory care setting:** A wide range of clinical conditions may be seen. There are large numbers of new and return patients. Students have the opportunity to experience a multi-professional approach to patient care. Unlike ward teaching, increased numbers of students can be accommodated without exhausting the limited No. of suitable patients.

38. Community Based Medical Education: CBME refers to medical education that is based outside a tertiary or large secondary level hospital. Learning in the fields of epidemiology, preventive health, public health principles, community development, and the social impact of illness and understanding how patients interact with the health care system. Also used for learning basic clinical skills, especially communication skills.

39. Audio visual laboratory: audio visual material for teaching skills to the residents is used specifically in teaching gastroenterology procedure details.

40. E-learning/web-based medical education/computer-assisted instruction: Computer technologies, including the Internet, can support a wide range of learning activities from dissemination of lectures and materials, access to live or recorded presentations, real-time discussions, self-instruction modules and virtual patient simulations. distance-independence, flexible scheduling, the creation of reusable learning materials that are easily shared and updated, the ability to individualize instruction through adaptive instruction technologies and automated record keeping for assessment purposes.

41. Research based learning: All residents in the categorical program are required to complete an academic outcomes-based research project during their training. This project can consist of original bench top laboratory research, clinical research or a combination of both. The research work shall be compiled in the form of a thesis which is to be submitted for evaluation by each resident before end of the training. The designated Faculty will organize and mentor the residents through the process, as well as journal clubs to teach critical appraisal of the literature.

42. Other teaching strategies specific for different specialties as mentioned in the relevant parts of the curriculum

Some of the other teaching strategies which are specific for certain domains of Plastic Surgery are given along with relevant modules.

Remember to celebrate for the milestones as you prepare for the road ahead---Nelson Mandela.

High-quality assessment of resident performance is needed to guide individual residents' development and ensure their preparedness to provide patient care. To facilitate this aim, reporting milestones are now required across all Plastic Surgery (IM) residency programs. Milestones promote competency based training in internal Plastic Surgery. Residency program directors may use them to track the progress of trainees in the 6 general competencies including

patient care, Medical Knowledge, Practice-Based Learning and Improvement, Interpersonal and Communication Skills, Professionalism and Systems-Based Practice. Milestones inform decisions regarding promotion and readiness for independent practice. In addition, the milestones may guide curriculum development, suggest specific assessment strategies, provide benchmarks for resident self-directed assessment-seeking, assist remediation by facilitating identification of specific deficits, and provide a degree of national standardization in evaluation. Finally, by explicitly enumerating the profession's expectations for graduates, they may improve public accountability for residency training.

Table-1		Developmental Milestones for Plastic Surgery Training—Patient Care	
Competency	Developmental Milestones Informing Competencies	Approximate Time Frame Trainee Should Achieve Stage (months)	General Evaluation Strategies Assessment Methods/ Tools
<i>A. Clinical skills and reasoning</i> <input type="checkbox"/> Manage patients using clinical skills of interviewing and physical examination <input type="checkbox"/> Demonstrate competence in the performance of procedures <input type="checkbox"/> Appropriately use laboratory and imaging techniques	<i>Historical data gathering</i>		<input type="checkbox"/> Standardized patient <input type="checkbox"/> Direct observation
	1. Acquire accurate and relevant history from the patient in an efficiently customized, prioritized, and hypothesis driven fashion	8	
	2. Seek and obtain appropriate, verified, and prioritized data from secondary sources (eg, family, records, pharmacy)	12	
	3. Obtain relevant historical subtleties that inform and prioritize both differential diagnoses and diagnostic plans, including sensitive, complicated, and detailed information that may not often be volunteered by the patient	24	
	4. Role model gathering subtle and reliable information from the patient for junior members of the health care team	40	
	<i>Performing a physical examination</i>		<input type="checkbox"/> Standardized patient <input type="checkbox"/> Direct observation
	1. Perform an accurate physical examination that is appropriately targeted to the patient's	8	

	complaints and medical conditions. Identify pertinent abnormalities using common maneuvers		<input type="checkbox"/> Simulation
	2. Accurately track important changes in the physical examination over time in the outpatient and inpatient settings	12	
	3. Demonstrate and teach how to elicit important physical findings for junior members of the health care team	24	
	4. Routinely identify subtle or unusual physical findings that may influence clinical decision making, using advanced maneuvers where applicable	40	
	Clinical reasoning		
	1. Synthesize all available data, including interview, physical examination, and preliminary laboratory data, to define each patient's central clinical problem	16	<input type="checkbox"/> Chart-stimulated recall <input type="checkbox"/> Direct observation <input type="checkbox"/> Clinical vignettes
	2. Develop prioritized differential diagnoses, evidence-based diagnostic and therapeutic plan for common inpatient and ambulatory conditions	32	
	3. Modify differential diagnosis and care plan based on clinical course and data as appropriate	32	
	4. Recognize disease presentations that deviate from common patterns and that require complex decision making	48	
	Invasive procedures		
	1. Appropriately perform invasive procedures and provide post-procedure management for common procedures	24	<input type="checkbox"/> Simulation <input type="checkbox"/> Direct observation
B. Delivery of patient-centered clinical care			
<input type="checkbox"/> Manage patients with progressive responsibility <input type="checkbox"/> Manage patients across the			
Diagnostic tests			
1. Make appropriate clinical decisions based on the results of common diagnostic testing, including but not limited to routine blood chemistries, hematologic studies, coagulation tests, arterial blood gases, ECG, chest radiographs, pulmonary		16	<input type="checkbox"/> Chart-stimulated recall <input type="checkbox"/> Standardized tests

<div>spectrum of clinical diseases seen in the practice of general internal Plastic Surgery</div> <div><div><input type="checkbox"/> Manage patients in a variety of health care settings to include the inpatient ward, critical care units, the ambulatory setting, and the emergency setting</div><div><input type="checkbox"/> Manage undifferentiated acutely and severely ill patients</div><div><input type="checkbox"/> Manage patients in the prevention, counseling, detection, diagnosis, and treatment of gender-specific diseases</div><div><input type="checkbox"/> Manage patients as a consultant to other physicians</div></div>	function tests, urinalysis and other body fluids		<input type="checkbox"/> Clinical vignettes
	2. Make appropriate clinical decision based on the results of more advanced diagnostic tests	24	
	Patient management		
	1. Recognize situations with a need for urgent or emergent medical care, including life-threatening conditions	8	<div><input type="checkbox"/> Simulation</div> <div><input type="checkbox"/> Chart-stimulated recall</div> <div><input type="checkbox"/> Multisource feedback</div> <div><input type="checkbox"/> Direct observation</div> <div><input type="checkbox"/> Chart audit</div>
	2. Recognize when to seek additional guidance	8	
	3. Provide appropriate preventive care and teach patient regarding self-care	8	
	4. With supervision, manage patients with common clinical disorders seen in the practice of inpatient and ambulatory Plastic Surgery	16	
	5. With minimal supervision, manage patients with common and complex clinical disorders seen in the practice of inpatient and ambulatory general Plastic Surgery	16	
	6. Initiate management and stabilize patients with emergent medical conditions	16	
	7. Manage patients with conditions that require intensive care	48	
	8. Independently manage patients with a broad spectrum of clinical disorders seen in the practice of general internal Plastic Surgery	48	
	9. Manage complex or rare medical conditions	48	
	10. Customize care in the context of the patient’s preferences and overall health	48	
	Consultative care		
	1. Provide specific, responsive consultation to other services	32	<div><input type="checkbox"/> Simulation</div> <div><input type="checkbox"/> Chart-stimulated recall</div> <div><input type="checkbox"/> Multisource</div>
	2. Provide Plastic Surgery consultation for patients with more complex clinical problems	48	

	requiring detailed risk assessment		feedback <input type="checkbox"/> Direct observation <input type="checkbox"/> Chart audit
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Table-2 Developmental Milestones for Plastic Surgery Training— Medical Knowledge			
Competency	Developmental Milestones Informing Competencies	Approximate Time Frame Trainee Should Achieve Stage (months)	General Evaluation Strategies Assessment Methods/ Tools
A. Core knowledge of general Plastic Surgery and its subspecialties <input type="checkbox"/> Demonstrate a level of expertise in the knowledge of those areas appropriate for a Plastic Surgery specialist <input type="checkbox"/> Demonstrate sufficient knowledge to treat medical conditions commonly managed by internists, provide basic preventive care, and recognize and provide initial management of emergency medical problems	<i>Knowledge of core content</i>		
	1. Understand the relevant pathophysiology and basic science for common medical conditions	8	<input type="checkbox"/> Direct observation <input type="checkbox"/> Chart audit <input type="checkbox"/> Chart-stimulated recall <input type="checkbox"/> Standardized tests
	2. Demonstrate sufficient knowledge to diagnose and treat common conditions that require hospitalization	16	
	3. Demonstrate sufficient knowledge to evaluate common ambulatory conditions	24	
	4. Demonstrate sufficient knowledge to diagnose and treat undifferentiated and emergent conditions	24	
	5. Demonstrate sufficient knowledge to provide preventive care	24	
	6. Demonstrate sufficient knowledge to identify and treat medical conditions that require intensive care	32	
	7. Demonstrate sufficient knowledge to evaluate complex or rare medical conditions and multiple coexistent conditions	48	
	8. Understand the relevant pathophysiology and basic science for uncommon or complex medical conditions	48	
	9. Demonstrate sufficient knowledge of sociobehavioral	48	

	sciences including but not limited to health care economics, medical ethics, and medical education		
B. Common modalities used in the practice of internal Plastic Surgery & Demonstrate sufficient knowledge to interpret basic clinical tests and images, use common pharmacotherapy, and appropriately use and perform diagnostic and therapeutic procedures.	Diagnostic tests		
	1. Understand indications for and basic interpretation of common diagnostic testing, including but not limited to routine blood chemistries, hematologic studies, coagulation tests, arterial blood gases, ECG, chest radiographs, pulmonary function tests, urinalysis, and other body fluids	16	<input type="checkbox"/> Chart-stimulated recall <input type="checkbox"/> Standardized tests <input type="checkbox"/> Clinical vignettes
	2. Understand indications for and has basic skills in interpreting more advanced diagnostic tests	24	
	3. Understand prior probability and test performance characteristics	24	

Competency	Developmental Milestones Informing Competencies	Approximate Time Frame Trainee Should Achieve Stage (months)	General Evaluation Strategies Assessment Methods/ Tools
A. Learning and improving via audit of performance& Systematically analyze practice using quality improvement methods, and implement changes with the goal of practice improvement	Improve the quality of care for a panel of patients		
	1. Appreciate the responsibility to assess and improve care collectively for a panel of patients	16	<input type="checkbox"/> Several elements of quality improvement project <input type="checkbox"/> Standardized tests
	2. Perform or review audit of a panel of patients using standardized, disease-specific, and evidence-based criteria	32	
	3. Reflect on audit compared with local or national benchmarks and explore possible explanations for deficiencies, including doctor- related, system-related, and patient related factors	32	
	4. Identify areas in resident's own practice and local system that can be changed to improve effect of the processes and outcomes of care	48	
	5. Engage in a quality improvement intervention	48	
B. Learning and improvement via answering clinical questions from patient scenarios <input type="checkbox"/> Locate, appraise, and assimilate evidence from scientific studies related to their patients' health problems; <input type="checkbox"/> Use information technology to optimize learning	Ask answerable questions for emerging information needs		
	1. Identify learning needs (clinical questions) as they emerge in patient care activities	16	<input type="checkbox"/> Evidence-based Plastic Surgery evaluation instruments <input type="checkbox"/> EBM mini-CEX <input type="checkbox"/> Chart-stimulated recall
	2. Classify and precisely articulate clinical questions	32	
	3. Develop a system to track, pursue, and reflect on clinical questions	32	
	Acquires the best evidence		
	1. Access medical information resources to answer clinical questions and support decision making	16	<input type="checkbox"/> Evidence-based Plastic Surgery evaluation instruments <input type="checkbox"/> EBM mini-CEX <input type="checkbox"/> Chart-stimulated recall
	2. Effectively and efficiently search NLM database for original clinical research articles	16	
	3. Effectively and efficiently search evidence- based summary medical information resources	32	
	4. Appraise the quality of medical information resources	48	

1. With assistance, appraise study design, conduct, and statistical analysis in clinical research papers	16	<div><input type="checkbox"/> Evidence-based Plastic Surgery evaluation instruments</div> <div><input type="checkbox"/> EBM mini-CEX</div> <div><input type="checkbox"/> Chart-stimulated recall</div>
2. With assistance, appraise clinical guidelines	32	
3. Independently appraise study design, conduct, and statistical analysis in clinical research papers	48	
4. Independently, appraise clinical guideline recommendations for bias and cost-benefit considerations	48	
Applies the evidence to decision-making for individual patients		
1. Determine if clinical evidence can be generalized to an individual patient	16	<div><input type="checkbox"/> Evidence-based Plastic Surgery evaluation instruments</div> <div><input type="checkbox"/> EBM mini-CEX</div> <div><input type="checkbox"/> Chart-stimulated recall</div>
2. Customize clinical evidence for an individual patient	32	
3. Communicate risks and benefits of alternatives to patients	48	
4. Integrate clinical evidence, clinical context, and patient preferences into decision making	48	

C. Learning and improving via feedback and self-assessment <input type="checkbox"/> Identify strengths, deficiencies, and limits in one's knowledge and expertise <input type="checkbox"/> Set learning and improvement goals <input type="checkbox"/> Identify and perform appropriate learning activities <input type="checkbox"/> Incorporate formative evaluation	<i>Improves via feedback</i>		<input type="checkbox"/> Multisource feedback <input type="checkbox"/> Self-evaluation forms with action plans
	1. Respond welcomingly and productively to feedback from all members of the health care team including faculty, peer residents, students, nurses, allied health workers, patients, and their advocates	16	
	2. Actively seek feedback from all members of the health care team	24	
	3. Calibrate self-assessment with feedback and other external data	32	
	4. Reflect on feedback in developing plans for improvement	32	
	<i>Improves via self-assessment</i>		<input type="checkbox"/> Multisource feedback
	1. Maintain awareness of the situation in the moment, and respond to meet	32	

<input type="checkbox"/> feedback into daily practice <input type="checkbox"/> Participate in the education of patients, families, students, residents, and other health professionals	situational needs		<input type="checkbox"/> Reflective practice surveys
	2. Reflect (in action) when surprised, applies new insights to future clinical scenarios, and reflects (on action) back on the process	48	
	Participates in the education of all members of the health care team		<input type="checkbox"/> OSCE with standardized learners Direct observation <input type="checkbox"/> Peer evaluations
	1. Actively participate in teaching conferences	16	
	2. Integrate teaching, feedback, and evaluation with supervision of interns' and students' patient care	32	
	3. Take a leadership role in the education of all members of the health care team.	48	

Table-4 Developmental Milestones for Plastic Surgery Training— Interpersonal and Communication Skills			
Competency	Developmental Milestones Informing Competencies	Approximate Time Frame Trainee Should Achieve Stage (months)	General Evaluation Strategies Assessment Methods/ Tools
A. Patients and family Communicate effectively with patients, families, and the public, as appropriate, across a broad range of socioeconomic and cultural backgrounds	Communicate effectively		<input type="checkbox"/> Multisource feedback <input type="checkbox"/> Patient surveys <input type="checkbox"/> Direct observation <input type="checkbox"/> Mentored self-reflection
	1. Provide timely and comprehensive verbal and written communication to patients/advocates	16	
	2. Effectively use verbal and nonverbal skills to create rapport with patients/families	16	
	3. Use communication skills to build a therapeutic relationship		
	4. Engage patients/advocates in shared decision making for uncomplicated diagnostic and therapeutic scenarios	32	
	5. Use patient-centered education strategies	32	
	6. Engage patients/advocates in shared decision making for difficult, ambiguous, or controversial scenarios	48	
	7. Appropriately counsel patients about the risks and benefits of tests and procedures, highlighting cost awareness and resource allocation	48	

	8. Role model effective communication skills in challenging situations	48	
	<i>Intercultural sensitivity</i>		
	1. Effectively use an interpreter to engage patients in the clinical setting, including patient education	8	<input type="checkbox"/> Multisource feedback <input type="checkbox"/> Direct observation <input type="checkbox"/> Mentored self-reflection
	2. Demonstrate sensitivity to differences in patients including but not limited to race, culture, gender, sexual orientation, socioeconomic status, literacy, and religious beliefs	16	
	3. Actively seek to understand patient differences and views and reflects this in respectful communication and shared decision-making with the patient and the healthcare team	40	
B. Physicians and other health care professionals <input type="checkbox"/> Communicate effectively with physicians, other health professionals, and health-related agencies <input type="checkbox"/> Work effectively as a member or leader of a health care team or other professional group <input type="checkbox"/> Act in a consultative role to other physicians and	<i>Transitions of care</i>		
	1. Effectively communicate with other caregivers in order to maintain appropriate continuity during transitions of care	16	<input type="checkbox"/> Multisource feedback <input type="checkbox"/> Direct observation <input type="checkbox"/> Sign-out form ratings <input type="checkbox"/> Patient surveys
	2. Role model and teach effective communication with next caregivers during transitions of care	32	
	<i>Interprofessional team</i>		
	1. Deliver appropriate, succinct, hypothesis-driven oral presentations	8	<input type="checkbox"/> Multisource feedback
	2. Effectively communicate plan of care to all members of the health care team	16	
	3. Engage in collaborative communication with all members of the health care team	40	
	<i>Consultation</i>		
	1. Request consultative services in an effective manner	8	<input type="checkbox"/> Multisource feedback <input type="checkbox"/> Chart audit
	2. Clearly communicate the role of consultant to the patient, in support of the primary care relationship	16	
	3. Communicate consultative recommendations to the referring team in an effective manner	48	

health professionals			
C. Medical records	<i>Health records</i>		
<input type="checkbox"/> Maintain comprehensive, timely, and legible medical records	1. Provide legible, accurate, complete, and timely written communication that is congruent with medical standards	8	<input type="checkbox"/> Chart audit
	2. Ensure succinct, relevant, and patient-specific written communication	32	

Table-5 Developmental Milestones for Plastic Surgery Training— Professionalism			
Competency	Developmental Milestones Informing Competencies	Approximate Time Frame Trainee Should Achieve Stage (months)	General Evaluation Strategies Assessment Methods/ Tools
A. Physician ship <input type="checkbox"/> Demonstrate compassion, integrity, and respect for others <input type="checkbox"/> Responsiveness to patient needs that supersedes self-interest <input type="checkbox"/> Account- ability to patients, society, and the profession	<i>Adhere to basic ethical principles</i>		
	1. Document and report clinical information truthfully	1.5	<input type="checkbox"/> Multisource feedback
	2. Follow formal policies	1.5	
	3. Accept personal errors and honestly acknowledge them	8	
	4. Uphold ethical expectations of research and scholarly activity	48	
	<i>Demonstrate compassion and respect to patients</i>		
	1. Demonstrate empathy and compassion to all patients	4	<input type="checkbox"/> Multisource feedback
	2. Demonstrate a commitment to relieve pain and suffering	4	
	3. Provide support (physical, psychological, social, and spiritual) for dying patients and their families	32	
	4. Provide leadership for a team that respects patient dignity and autonomy	32	
	<i>Provide timely, constructive feedback to colleagues</i>		
	1. Communicate constructive feedback to other members of the health care team	16	<input type="checkbox"/> Multisource feedback <input type="checkbox"/> Mentored self- reflection

	2. Recognize, respond to, and report impairment in colleagues or substandard care via peer review process	24	<input type="checkbox"/> Direct observation
	<i>Maintain accessibility</i>		
	1. Respond promptly and appropriately to clinical responsibilities including but not limited to calls and pages	1.5	<input type="checkbox"/> Multisource feedback
	2. Carry out timely interactions with colleagues, patients, and their designated caregivers	8	
	<i>Recognize conflicts of interest</i>		
	1. Recognize and manage obvious conflicts of interest, such as caring for family members and professional associates as patients	8	<input type="checkbox"/> Multisource feedback <input type="checkbox"/> Mentored self- reflection <input type="checkbox"/> Clinical vignettes
	2. Maintain ethical relationships with industry	40	
	3. Recognize and manage subtler conflicts of interest	40	
	<i>Demonstrate personal accountability</i>		
	1. Dress and behave appropriately	1.5	<input type="checkbox"/> Multisource feedback <input type="checkbox"/> Direct observation
	2. Maintain appropriate professional relationships with patients, families, and staff	1.5	
	3. Ensure prompt completion of clinical, administrative, and curricular tasks	8	
	4. Recognize and address personal, psychological, and physical limitations that may affect professional performance	16	
	5. Recognize the scope of his/her abilities and ask for supervision and assistance appropriately	16	
	6. Serve as a professional role model for more junior colleagues (eg, medical students, interns)	40	
	7. Recognize the need to assist colleagues in the provision of duties	40	

	<i>Practice individual patient advocacy</i>		
	1. Recognize when it is necessary to advocate for individual patient needs	8	<input type="checkbox"/> Multisource feedback <input type="checkbox"/> Direct observation
	2. Effectively advocate for individual patient needs	40	
	<i>Comply with public health policies</i>		
	1. Recognize and take responsibility for situations where public health supersedes individual health (eg, reportable infectious diseases)	32	<input type="checkbox"/> Multisource feedback

B. Patient-centeredness

- ☐ Respect for patient privacy and autonomy
- Sensitivity and responsiveness to a diverse patient population, including but not limited to diversity in gender, age, culture, race, religion, disabilities, and sexual orientation

<i>Respect the dignity, culture, beliefs, values, and opinions of the patient</i>		
1. Treat patients with dignity, civility and respect, regardless of race, culture, gender, ethnicity, age, or socioeconomic status	1.5	<input type="checkbox"/> Multisource feedback <input type="checkbox"/> Direct observation
2. Recognize and manage conflict when patient values differ from their own	40	
<i>Confidentiality</i>		
1. Maintain patient confidentiality	1.5	<input type="checkbox"/> Multisource feedback <input type="checkbox"/> Chart audits
2. Educate and hold others accountable for patient confidentiality	24	
<i>Recognize and address disparities in health care</i>		
1. Recognize that disparities exist in health care among populations and that they may impact care of the patient	16	<input type="checkbox"/> Multisource feedback <input type="checkbox"/> Direct observation <input type="checkbox"/> Mentored self- reflection
2. Embrace physicians' role in assisting the public and policy makers in understanding and addressing causes of disparity in disease and suffering	40	
3. Advocates for appropriate allocation of limited health care resources.	40	

Table-6 Developmental Milestones for Plastic Surgery Training— Systems-Based Practice

Competency	Developmental Milestones Informing Competencies	Approximate Time Frame Trainee Should Achieve Stage (months)	General Evaluation Strategies Assessment Methods/ Tools
A. <u>Work effectively with other care providers and settings</u> <input type="checkbox"/> Work effectively in various health care delivery settings and systems relevant to their clinical practice	<i>Works effectively within multiple health delivery systems</i>		<input type="checkbox"/> Multisource feedback <input type="checkbox"/> Chart-stimulated recall <input type="checkbox"/> Direct observation
	1. Understand unique roles and services provided by local health care delivery systems.	16	
	2. Manage and coordinate care and care transitions across multiple delivery systems, including ambulatory, subacute, acute,	32	

<div><input type="checkbox"/> Coordinate patient care within the health care system relevant to their clinical specialty</div> <div><input type="checkbox"/> Work in interprofessional teams to enhance patient safety and improve patient care quality</div> <div><input type="checkbox"/> Work in teams and effectively transmit necessary clinical information to ensure safe and proper care of patients, including the transition of care between settings</div>	rehabilitation, and skilled nursing.		<div><input type="checkbox"/> Multisource feedback</div> <div><input type="checkbox"/> Chart-stimulated recall</div> <div><input type="checkbox"/> Direct observation</div>
	3. Negotiate patient-centered care among multiple care providers.	48	
	<i>Works effectively within an interprofessional team</i>		
	1. Appreciate roles of a variety of health care providers, including but not limited to consultants, therapists, nurses, home care workers, pharmacists, and social workers.	8	
	2. Work effectively as a member within the interprofessional team to ensure safe patient care.	8	
	3. Consider alternative solutions provided by other teammates	16	
	4. Demonstrate how to manage the team by using the skills and coordinating the activities of interprofessional team members.	48	
<i><u>B. Improving health care delivery</u></i>	<i>Recognizes system error and advocates for system improvement</i>		<div><input type="checkbox"/> Multisource feedback</div> <div><input type="checkbox"/> Quality improvement project</div>
<div><input type="checkbox"/> Advocate for quality patient care and optimal patient care systems</div>	1. Recognize health system forces that increase the risk for error including barriers to optimal patient care	16	
<div><input type="checkbox"/> Participate in identifying system errors and implementing potential systems solutions</div>	2. Identify, reflect on, and learn from critical incidents such as near misses and preventable medical errors	16	
<div><input type="checkbox"/> Recognize and function effectively in high-quality care system</div>	3. Dialogue with care team members to identify risk for and prevention of medical error	32	
	4. Understand mechanisms for analysis and correction of systems errors	32	
	5. Demonstrate ability to understand and engage in a system-level quality improvement intervention.	48	
	6. Partner with other health care professionals to identify, propose improvement opportunities	48	

	within the system.		
C. <u>Cost-effective care for patients and populations</u> & Incorporate considerations of cost awareness and risk-benefit analysis in patient and/or population- based care as appropriate	<i>Identifies forces that impact the cost of health care and advocates for cost-effective care</i>		
	1. Reflect awareness of common socioeconomic barriers that impact patient care.	16	<input type="checkbox"/> Standardized examinations <input type="checkbox"/> Direct observation <input type="checkbox"/> Chart-stimulated recall
	2. Understand how cost-benefit analysis is applied to patient care (ie, via principles of screening tests and the development of clinical guidelines)	16	
	3. Identify the role of various health care stakeholders including providers, suppliers, financiers, purchasers, and consumers and their varied impact on the cost of and access to health care.	32	
	4. Understand coding and reimbursement principles.	32	
	<i>Practices cost-effective care</i>		
	1. Identify costs for common diagnostic or therapeutic tests.	8	<input type="checkbox"/> Chart-stimulated recall
	2. Minimize unnecessary care including tests, procedures, therapies, and ambulatory or hospital encounters	8	
	3. Demonstrate the incorporation of cost-awareness principles into standard clinical judgments and decision making	24	
	4. Demonstrate the incorporation of cost-awareness principles into complex clinical scenarios	48	

[illegible][illegible][illegible]

[illegible]

[illegible]

[illegible]

[illegible]

Section-2

TOPIC PRESENTATION/SEMINAR

[illegible]

[illegible]

Section-3

JOURNAL CLUB

SR#	DATE	TITLE OF THE ARTICLE	NAME OF JOURNAL	DATE OF PUBLICATION	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

[illegible]

Section-4

PROBLEM CASE DISCUSSION

[illegible]

[illegible]

Section-5

[illegible][illegible]

SR #	DATE	TOPIC & BRIEF DESCRIPTION	NAME OF THE TEACHER	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

SR #	DATE	TOPIC & BRIEF DESCRIPTION	NAME OF THE TEACHER	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

Section-6

EMERGENCY CASES (Repetition of Cases Should Be Avoided)

(Estimated 50 cases to be documented/Year)

(8 cases/month)

SR#	DATE	REG # OF THE PATIENT	BRIEF DESCRIPTION//HISTORY, DIAGNOSIS,TREATMENT & OUTCOME IF ANY	PROCEDURES PERFORMED	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

SR#	DATE	REG # OF THE PATIENT	BRIEF DESCRIPTION//HISTORY, DIAGNOSIS,TREATMENT & OUTCOME IF ANY	PROCEDURES PERFORMED	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

SR#	DATE	REG # OF THE PATIENT	BRIEF DESCRIPTION//HISTORY, DIAGNOSIS,TREATMENT & OUTCOME IF ANY	PROCEDURES PERFORMED	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

SR#	DATE	REG # OF THE PATIENT	BRIEF DESCRIPTION//HISTORY, DIAGNOSIS,TREATMENT & OUTCOME IF ANY	PROCEDURES PERFORMED	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

SR#	DATE	REG # OF THE PATIENT	BRIEF DESCRIPTION//HISTORY, DIAGNOSIS,TREATMENT & OUTCOME IF ANY	PROCEDURES PERFORMED	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

Section-7

INDOOR PATIENTS (repetition of cases should be avoided)

(Estimated cases to be attended are 50 patients per year)

[illegible]

[illegible]

SR#	DATE	REG # OF THE PATIENT	DIAGNOSIS	MANAGEMENT	PROCEDURES PERFORMED	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

SR#	DATE	REG # OF THE PATIENT	DIAGNOSIS	MANAGEMENT	PROCEDURES PERFORMED	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

R#	DATE	REG # OF THE PATIENT	DIAGNOSIS	MANAGEMENT	PROCEDURES PERFORMED	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

Section-8

OPD AND CLINICS (repetition of cases should be avoided) (Estimated cases to be attended are 100 patients per month)

SR#	DATE	REG # OF THE PATIENT	BRIEF DESCRIPTION//HISTORY, DIAGNOSIS,TREATMENT & OUTCOME IF ANY	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

SR#	DATE	REG # OF THE PATIENT	BRIEF DESCRIPTION//HISTORY, DIAGNOSIS,TREATMENT & OUTCOME IF ANY	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

SR#	DATE	REG # OF THE PATIENT	BRIEF DESCRIPTION//HISTORY, DIAGNOSIS,TREATMENT & OUTCOME IF ANY	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

[illegible]

[illegible]

R#	DATE	REG # OF THE PATIENT	BRIEF DESCRIPTION//HISTORY, DIAGNOSIS,TREATMENT & OUTCOME IF ANY	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

Section-9

MEDICAL PROCEDURES

OBSERVED (O)/ASSISTED (A)/ PERFORMED UNDER SUPERVISION (PUS)/PERFORMED INDEPENDENTLY (PI)

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

SECTION-10

MULTI DICIPLINARY MEETINGS

[illegible]

[illegible]

SECTION-11

CLINICOPATHOLOGICAL CONFERENCE (CPC)

(50% attendance of CPC is mandatory for the resident every year)

SR#	DATE	BRIEF DESCRIPTION OF THE TOPIC/CASE DISCUSSED	SUPERVISOR'S SIGNATURE (Name/Stamp)

[illegible]

[illegible]

SECTION-12

MORBIDITY/MORTALITY MEETINGS

(Total Morbidity/Mortality Meetings to be attended TWO Morbidity/Mortality Meetings per month)

SR#	DATE	REG. # OF THE PATIENT DISCUSSED	BRIEF DESCRIPTION OF THE CASE	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

SR#	DATE	REG. # OF THE PATIENT DISCUSSED	BRIEF DESCRIPTION OF THE CASE	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

SECTION-13

HANDS ON TRAINING/WORKSHOPS

SR#	DATE	TITLE	VENUE	FACILITATOR	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

SR#	DATE	TITLE	VENUE	FACILITATOR	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

SECTION-14

PUBLICATIONS

SNO.	NAME OF PUBLICATION	TYPE OF PUBLICATION ORIGINAL ARTICLE /EDITORIAL/CASE REPORT ETC	NAME OF JOURANL	DATE OF PUBLICATION	PAGE NO.	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

[illegible]

SECTION-15

MAJOR RESEARCH PROJECT DURING MS TRAINING/ANY OTHER MAJOR RESEARCH PROJECT

SNO.	RESEARCH TOPIC	PLACE OF RESEARCH	NAME AND DESIGNATION OF SUPERVISOR	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

SNO.	RESEARCH TOPIC	PLACE OF RESEARCH	NAME AND DESIGNATION OF SUPERVISOR	SUPERVISOR'S REMARKS	SUPERVISOR'S SIGNATURE (Name/Stamp)

[illegible][illegible][illegible]

[illegible]

1. The first part of the document is a title page. It contains the title of the report, the author's name, and the date of the report. The title is "The Impact of Climate Change on the Environment". The author is "John Doe". The date is "10/10/2023".

[illegible]

[illegible]

SECTION-18

Evaluation records
RAWALPINDI MEDICAL UNIVERSITY
SUPERVISOR APPRAISAL
FORM

To Be Filled At the End of 1st
Year of Training

Resident's

Name: _____

Hospital Name: _____

Evaluator's Name(s): _____

Department: _____ Unit : _____

1. Use one of the following ratings to describe the performance of the individual in each of the categories.

1	Unsatisfactory	Performance does not meet expectations for the job
2	Needs Improvement	Performance sometimes meets expectations for the job
3	Good	Performance often exceeds expectations for the job
4	Merit	Performance consistently meets expectations for the job
5	Special Merit	Performance consistently exceeds expectations for the job

I. CLINICAL KNOWLEDGE / TECHNICAL SKILLS

	5	4	3	2	1
a) Clinical Knowledge is up to the mark					
b) Follows procedures and clinical methods according to SOPs					
c) Uses techniques, materials, tools & equipment skillfully					
d) Stays current with technology and job-related expertise					
e) Works efficiently in various workshops					
f) Has interest in learning new skills and procedures					
g) Understands & performs assigned duties and job requirements					

II. QUALITY / QUANTITY OF WORK

	5	4	3	2	1
a) Sets and adheres to protocols and improving the skills					
b) Exhibits system based learning methods smartly					
c) Exhibits practice based learning methods efficaciously					
d) Actively participates in large group interactive sessions for postgraduate trainees					
e) Actively takes part in morning & evening teaching and learning sessions & noon conferences					
f) Actively takes part in Multidisciplinary Clinic & Pathological Conferences (CPC)					
g) Actively participates in Journal clubs					
h) Uses resources sensibly and economically					

i) Accomplishes accurate management of different medical cases with minimal assistance or supervision					
j) Provides best possible patient care					
III. INITIATIVE / JUDGMENT	5	4	3	2	1
a) Takes effective action without being told					
b) Analyzes different emergency cases and suggests effective solutions					
c) Develops realistic plans to accomplish assignments					
IV. DEPENDABILITY / SELF-MANAGEMENT	5	4	3	2	1
a) Demonstrates punctuality and regularly begins work as scheduled					
b) Contacts supervisor concerning absences on a timely basis					
c) Contacts supervisor without any delay regarding any difficulty in managing any patient					
d) Can be depended upon to be available for work independently					
e) Manages own time effectively					
f) Manages Outdoor Patient Department (OPD) efficiently					
g) Accepts responsibility for own actions and ensuing results					
h) Demonstrates commitment to service					
i) Shows Professionalism in handling patients					
j) Offers assistance, is courteous and works well with colleagues					
k) Is respectful with the seniors					
OVERALL RATINGS/SUGGESTIONS/REMARKS REGARDING PERFORMANCE OF THE TRAINEE					
Total Score _____/155					

Date

Resident's Name &Signatures

Date

Evaluator's Signature &Stamp

RAWALPINDI MEDICAL
UNIVERSITY
SUPERVISOR APPRAISAL FORM

**To Be Filled At The End Of 2nd
Year Of Training**

Resident's Name: _____ **Hospital Name:** _____
Evaluator's Name(s): _____ **Department :** _____ **Unit :** _____

1 . Use one of the following ratings to describe the performance of the individual in each of the categories.

1	Unsatisfactory	Performance does not meet expectations for the job
2	Needs Improvement	Performance sometimes meets expectations for the job
3	Good	Performance often exceeds expectations for the job
4	Merit	Performance consistently meets expectations for the job
5	Special Merit	Performance consistently exceeds expectations for the job

**I. CLINICAL KNOWLEDGE / TECHNICAL
SKILLS**

	5	4	3	2	1
a) Clinical Knowledge is up to the mark					
b) Follows procedures and clinical methods according to SOPs					
c) Uses techniques, materials, tools & equipment skillfully					
d) Stays current with technology and job-related expertise					
e) Works efficiently in various workshops					
f) Has interest in learning new skills and procedures					
g) Understands & performs assigned duties and job requirements					

II. QUALITY / QUANTITY OF WORK

	5	4	3	2	1
a) Sets and adheres to protocols and improving the skills					
b) Exhibits system based learning methods smartly					
c) Exhibits practice based learning methods efficaciously					
d) Actively participates in large group interactive sessions for postgraduate trainees					
e) Actively takes part in morning & evening teaching and learning sessions & noon conferences					
f) Actively takes part in Multidisciplinary Clinic & Pathological Conferences (CPC)					
g) Actively participates in Journal clubs					
h) Uses resources sensibly and economically					
i) Accomplishes accurate management of different medical cases with minimal assistance or					

supervision					
j) Provides best possible patient care					
III. INITIATIVE / JUDGMENT	5	4	3	2	1
a) Takes effective action without being told					
b) Analyzes different emergency cases and suggests effective solutions					
c) Develops realistic plans to accomplish assignments					
IV. DEPENDABILITY / SELF-MANAGEMENT	5	4	3	2	1
a) Demonstrates punctuality and regularly begins work as scheduled					
b) Contacts supervisor concerning absences on a timely basis					
c) Contacts supervisor without any delay regarding any difficulty in managing any patient					
d) Can be depended upon to be available for work independently					
e) Manages own time effectively					
f) Manages Outdoor Patient Department (OPD) efficiently					
g) Accepts responsibility for own actions and ensuing results					
h) Demonstrates commitment to service					
i) Shows Professionalism in handling patients					
j) Offers assistance, is courteous and works well with colleagues					
k) Is respectful with the seniors					
OVERALL RATINGS/SUGGESTIONS/REMARKS REGARDING PERFORMANCE OF THE TRAINEE					
Total Score _____/155					

Date

Resident's Name & Signatures

Date

Evaluator's Signature & Stamp

RAWALPINDI MEDICAL UNIVERSITY **SUPERVISOR APPRAISAL FORM**

**To Be Filled At the End Of 3rd
Year Of Training**

Resident's Name: _____ **Hospital Name:** _____
Department : _____ **Unit :** _____

Evaluator's Name(s): _____

1 . Use one of the following ratings to describe the performance of the individual in each of the categories.

1	Unsatisfactory	Performance does not meet expectations for the job
2	Needs Improvement	Performance sometimes meets expectations for the job
3	Good	Performance often exceeds expectations for the job
4	Merit	Performance consistently meets expectations for the job
5	Special Merit	Performance consistently exceeds expectations for the job

I. CLINICAL KNOWLEDGE / TECHNICAL SKILLS

	5	4	3	2	1
a) Clinical Knowledge is up to the mark					
b) Follows procedures and clinical methods according to SOPs					
c) Uses techniques, materials, tools & equipment skillfully					
d) Stays current with technology and job-related expertise					
e) Works efficiently in various workshops					
f) Has interest in learning new skills and procedures					
g) Understands & performs assigned duties and job requirements					

II. QUALITY / QUANTITY OF WORK

	5	4	3	2	1
a) Sets and adheres to protocols and improving the skills					
b) Exhibits system based learning methods smartly					
c) Exhibits practice based learning methods efficaciously					
d) Actively participates in large group interactive sessions for postgraduate trainees					
e) Actively takes part in morning& evening teaching and learning sessions & noon conferences					
f) Actively takes part in Multidisciplinary Clinic & Pathological Conferences (CPC)					
g) Actively participates in Journal clubs					
h) Uses resources sensibly and economically					
i) Accomplishes accurate management of different medical cases with minimal assistance or supervision					

j) Provides best possible patient care					
III. INITIATIVE / JUDGMENT	5	4	3	2	1
a) Takes effective action without being told					
b) Analyzes different emergency cases and suggests effective solutions					
c) Develops realistic plans to accomplish assignments					
IV. DEPENDABILITY / SELF-MANAGEMENT	5	4	3	2	1
a) Demonstrates punctuality and regularly begins work as scheduled					
b) Contacts supervisor concerning absences on a timely basis					
c) Contacts supervisor without any delay regarding any difficulty in managing any patient					
d) Can be depended upon to be available for work independently					
e) Manages own time effectively					
f) Manages Outdoor Patient Department (OPD) efficiently					
g) Accepts responsibility for own actions and ensuing results					
h) Demonstrates commitment to service					
i) Shows Professionalism in handling patients					
j) Offers assistance, is courteous and works well with colleagues					
k) Is respectful with the seniors					
OVERALL RATINGS/SUGGESTIONS/REMARKS REGARDING PERFORMANCE OF THE TRAINEE					
Total Score _____/155					

Date

Resident's Name & Signatures

Date

Evaluator's Signature & Stamp

**RAWALPINDI MEDICAL
UNIVERSITY**
**SUPERVISOR APPRAISAL
FORM**

**To Be Filled At The End
Of 4th Year Of
Training**

Resident's Name: _____ **Hospital Name:** _____
Evaluator's Name(s): _____ **Department:** _____ **Unit :** _____

1 . Use one of the following ratings to describe the performance of the individual in each of the categories.

1	Unsatisfactory	Performance does not meet expectations for the job
2	Needs Improvement	Performance sometimes meets expectations for the job
3	Good	Performance often exceeds expectations for the job
4	Merit	Performance consistently meets expectations for the job
5	Special Merit	Performance consistently exceeds expectations for the job

**I. CLINICAL KNOWLEDGE / TECHNICAL
SKILLS**

	5	4	3	2	1
a) Clinical Knowledge is up to the mark					
b) Follows procedures and clinical methods according to SOPs					
c) Uses techniques, materials, tools & equipment skillfully					
d) Stays current with technology and job-related expertise					
e) Works efficiently in various workshops					
f) Has interest in learning new skills and procedures					
g) Understands & performs assigned duties and job requirements					

II. QUALITY / QUANTITY OF WORK

	5	4	3	2	1
a) Sets and adheres to protocols and improving the skills					
b) Exhibits system based learning methods smartly					
c) Exhibits practice based learning methods efficaciously					
d) Actively participates in large group interactive sessions for postgraduate trainees					
e) Actively takes part in morning& evening teaching and learning sessions & noon conferences					
f) Actively takes part in Multidisciplinary Clinic O Pathological Conferences (CPC)					
g) Actively participates in Journal clubs					
h) Uses resources sensibly and economically					
i) Accomplishes accurate management of different medical cases with minimal assistance or					

supervision					
j) Provides best possible patient care					
III. INITIATIVE / JUDGMENT	5	4	3	2	1
a) Takes effective action without being told					
b) Analyzes different emergency cases and suggests effective solutions					
c) Develops realistic plans to accomplish assignments					
IV. DEPENDABILITY / SELF-MANAGEMENT	5	4	3	2	1
a) Demonstrates punctuality and regularly begins work as scheduled					
b) Contacts supervisor concerning absences on a timely basis					
c) Contacts supervisor without any delay regarding any difficulty in managing any patient					
d) Can be depended upon to be available for work independently					
e) Manages own time effectively					
f) Manages Outdoor Patient Department (OPD) efficiently					
g) Accepts responsibility for own actions and ensuing results					
h) Demonstrates commitment to service					
i) Shows Professionalism in handling patients					
j) Offers assistance, is courteous and works well with colleagues					
k) Is respectful with the seniors					
OVERALL RATINGS/SUGGESTIONS/REMARKS REGARDING PERFORMANCE OF THE TRAINEE					
Total Score _____/155					

Date

Resident's Name & Signatures

Date

Evaluator's Signature & Stamp

SECTION-18

EVALUATION / REMARKS BY UNIVERSITY TRAINING MONITORING CELL (UTMC) WORKING UNDER DEPARTMENT OF MEDICAL EDUCATION (DME)

(AT THE END OF 1ST YEAR OF TRAINING)

SECTION-18

**EVALUATION / REMARKS BY UNIVERSITY TRAINING MONITORING CELL (UTMC) WORKING UNDER
DEPARTMENT OF MEDICAL EDUCATION (DME)**

(AT THE END OF 2ND YEAR OF TRAINING)

SECTION-18

**EVALUATION / REMARKS BY UNIVERSITY TRAINING MONITORING CELL (UTMC) WORKING UNDER
DEPARTMENT OF MEDICAL EDUCATION (DME)
(AT THE END OF 3RD YEAR OF TRAINING)**

SECTION-18

**EVALUATION / REMARKS BY UNIVERSITY TRAINING MONITORING CELL (UTMC) WORKING UNDER
DEPARTMENT OF MEDICAL EDUCATION (DME)
(AT THE END OF 4th YEAR OF TRAINING)**

SECTION=18

**EVALUATION / REMARKS BY QUALITY ENHANCEMENT CELL (QEC) WORKING UNDER DEPARTMENT OF MEDICAL
EDUCATION (DME)
(AT THE END OF 1ST YEAR OF TRAINING)**

SECTION=18

EVALUATION / REMARKS BY QUALITY ENHANCEMENT CELL (QEC) WORKING UNDER DEPARTMENT OF MEDICAL EDUCATION (DME)

(AT THE END OF 2ND YEAR OF TRAINING)

SECTION-18

EVALUATION / REMARKS BY QUALITY ENHANCEMENT CELL (QEC) WORKING UNDER DEPARTMENT OF MEDICAL EDUCATION (DME)

(AT THE END OF 3RD YEAR OF TRAINING)

SECTION-18

**EVALUATION / REMARKS BY QUALITY ENHANCEMENT CELL (QEC) WORKING UNDER DEPARTMENT OF MEDICAL
EDUCATION (DME)
(AT THE END OF 4th YEAR OF TRAINING)**

SECTION-19

LEAVE RECORD

(Signed & Approved Leave Application/Certificate to Be Kept In Record and To Be Brought In Meetings with URTMC & QEC)

[illegible]

20

Year - I

RECORD SHEET OF ATTENDANCE/COUNCELLING SESSION/DOCUMENTATION QUALITY PER YEAR

TO BE FILLED AT THE END OF FIRST YEAR OF TRAINING

January	ATTENDANCE RECORD			DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS
	TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	SIGNATURE (Name/Stamp)
	WARD											
	CPC											
	LECTURE											
	WORKSHOP											

February	ATTENDANCE RECORD			DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS
	TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	SIGNATURE (Name/Stamp)
	WARD											
	CPC											
	LECTURE											
	WORKSHOP											

[illegible]

MONTH	ATTENDANCE RECORD				DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS SIGNATURE (Name/Stamp)
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	
April	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

MONTH	ATTENDANCE RECORD				DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS SIGNATURE (Name/Stamp)
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	
May	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

MONTH	ATTENDANCE RECORD				DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS SIGNATURE (Name/Stamp)
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	
June	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

MONTH	ATTENDANCE RECORD				DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	SIGNATURE (Name/Stamp)
July	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

[illegible][illegible]

MONTH	ATTENDANCE RECORD				DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS SIGNATURE (Name/Stamp)
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	
October	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

MONTH	ATTENDANCE RECORD				DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS SIGNATURE (Name/Stamp)
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	
November	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

MONTH	ATTENDANCE RECORD				DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS SIGNATURE (Name/Stamp)
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	
December	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

TO BE FILLED AT THE END OF SECOND YEAR OF
TRAINING

January	ATTENDANCE RECORD				DOCUMENTATION QUALITY				COUNCELLING SESSION			SUPERVISOR'S REMARKS	
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	SIGNATURE (Name/Stamp)
	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

February	ATTENDANCE RECORD				DOCUMENTATION QUALITY				COUNCELLING SESSION			SUPERVISOR'S REMARKS	
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	SIGNATURE (Name/Stamp)
	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

MONTH	ATTENDANCE RECORD				DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	SIGNATURE (Name/Stamp)
March													
	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

MONTH	ATTENDANCE RECORD				DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS SIGNATURE (Name/Stamp)
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	
April	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

MONTH	ATTENDANCE RECORD				DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS SIGNATURE (Name/Stamp)
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	
May	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

MONTH	ATTENDANCE RECORD				DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS SIGNATURE (Name/Stamp)
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	
June	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

MONTH	RECORD				QUALITY					SESSION			SUPERVISOR'S REMARKS
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	SIGNATURE (Name/Stamp)
July	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

MONTH	ATTENDANCE RECORD			DOCUMENTATION QUALITY					COUNSELLING SESSION			SUPERVISOR'S REMARKS
	TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	SIGNATURE (Name/Stamp)
August												
	WARD											
	CPC											
	LECTURE											
WORKSHOP												

[illegible]

		ATTENDANCE			DOCUMENTATION					COUNCELLING			
MONTH	RECORD				QUALITY					SESSION			SUPERVISOR'S REMARKS
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	SIGNATURE (Name/Stamp)
October	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

[illegible][illegible]

TO BE FILLED AT THE END OF THIRD YEAR OF
TRAINING

January	ATTENDANCE RECORD				DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	SIGNATURE (Name/Stamp)
	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

February	ATTENDANCE RECORD			DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS	
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	SIGNATURE (Name/Stamp)
	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

MONTH	ATTENDANCE RECORD				DOCUMENTATION QUALITY					COUNCELLING SESSION			SUPERVISOR'S REMARKS
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	SIGNATURE (Name/Stamp)
March													
	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

MONTH	RECORD				QUALITY					SESSION			SUPERVISOR'S REMARKS SIGNATURE (Name/Stamp)
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	
April	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

MONTH	ATTENDANCE RECORD			DOCUMENTATION QUALITY					COUNSELLING SESSION			SUPERVISOR'S REMARKS SIGNATURE (Name/Stamp)
	TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	
May												
	WARD											
	CPC											
	LECTURE											
WORKSHOP												

[illegible]

MONTH	RECORD				QUALITY					SESSION			SUPERVISOR'S REMARKS
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	SIGNATURE (Name/Stamp)
July	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

[illegible][illegible]

[illegible]

MONTH	RECORD				QUALITY					SESSION			SUPERVISOR'S REMARKS SIGNATURE (Name/Stamp)
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	
April	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

[illegible][illegible]

MONTH	RECORD				QUALITY					SESSION			SUPERVISOR'S REMARKS
		TOTAL	ATTENDED	%	Poor	Average	Good	V. Good	Excellent	YES	NO	IF YES THEN NUMBER OF SESSIONS	SIGNATURE (Name/Stamp)
July	WARD												
	CPC												
	LECTURE												
	WORKSHOP												

[illegible][illegible]

SECTION-21

ANY OTHER IMPORTANT AND RELEVANT INFORMATION/DETAILS

SECTION-21

ANY OTHER IMPORTANT AND RELEVANT INFORMATION/DETAILS