

MEDICOS AID SOCIETY

RAWALPINDI MEDICAL UNIVERSITY



40

Years of
Selfless
Work!!



ANNUAL REPORT 2023

January, 2023- December,
2023



INSPIRATION

**I AM ONLY ONE,
BUT STILL I AM
ONE,**

**I CANNOT DO
EVERYTHING,**

**BUT STILL I CAN
DO SOMETHING.**

**I DO NOT REFUSE
SOMETHING,
THAT I CAN DO**

**DO NOT WALK
BEHIND US,**

**WE MAY NOT
LEAD,**

**DO NOT WALK
AHEAD OF US**

**WE MAY NOT
FOLLOW,**

**WALK BESIDE US
AND HELP US IN
HELPING**

**THE HELPLESS
POOR**



INTRODUCTION

Medicos Aid Society is a student-based, Non-political, welfare organization of Rawalpindi Medical University, working in the name of selflessness, devotion and service. We are registered with social welfare and Bait-ul-Maal Department, Government of Punjab. This year MAS has completed 40 YEARS of voluntary efforts with the grace of Almighty Allah. Since its establishment in 1983, under the umbrella of Rawalpindi Medical University, all its members are actively and more positively working for the poor and ailing humanity.

Renewal Number: (DD/SW&BM/RWP/2021-1132)

DATED 13-07-2021

Registration Number: (DDSW/RWP/1983=098)



REGISTRATION

Medicos Aid Society is registered with the Social Welfare and Bait-ul-mal Department of Government of Punjab under Registration No. DDSW/RWP/1983-098.

GOVERNMENT OF THE PUNJAB
OFFICE OF THE
DEPUTY DIRECTOR
SOCIAL WELFARE & BAIT-UL-MAAL
RAWALPINDI
(REGISTRATION AUTHORITY)

No. DDSW & BM/RWP/2021-1132 Dated: 13-07-2021

To ✓
The President/ General Secretary
Medicos Aid Society Rawalpindi Medical University,
Rawalpindi.

Subject: RENEWAL CERTIFICATE

Reference your request letter for issuance of renewal certificate received from the office of the Social Welfare Officer, Urban Community Development Project No-02, Rawalpindi.

The Voluntary Social Welfare Organization named "Medicos Aid Society Rawalpindi" (Registration No. DDSW/RWP/1983-098 dated 20-10-1983) is hereby renewed for a term of next three years w.e.f. 01.07.2021 to 30.06.2024 vide section 4 of the Notification No. DSW (NGOs) DT&DP/2017-5479-93 dated 27-03-2017 under the Voluntary Social Welfare Agencies (Registration & Control) Ordinance, 1961/rules 1962.

It is pertinent to mention here that effect to this renewal is subject to the compliance of the provisions of the Ordinance ibid. Otherwise: Registration Authority reserves the right to cancel the renewal granted herewith.

Deputy Director/ Registration Authority
Social Welfare & Bait-ul-Maal
Rawalpindi

NO. & DATE EVEN:
A copy is forwarded for information to:-

1. The Divisional Director, Social Welfare & Bait ul Maal, Rawalpindi.
2. The Social Welfare Officer, UCD Project NO-02 Rawalpindi.
3. Office file

Deputy Director/ Registration Authority
Social Welfare & Bait-ul-Maal
Rawalpindi



EXECUTIVE MEMBER OF OUTGOING PANEL(2022-2023)

DESIGNATIONS	NAME
President	Shahrukh Ahmed Khan
Vice President I	Ehsan Ahmad
Vice President II	Sadia Aziz
General Secretary	Tayyab Rasool
Joint Secretary	Muhammad Usman Haider
Senior Executive	Sanan Rashid Jawad Basit Hamza Khan Muhammad Usama Sialvi Hafsa Noor Hadia Eman Sheezah Maryam Ayesha Saleem Ayesha Tasaddug Iram Malik
Finance Section Incharge	Ahmad Haroon
Co-FSI	Rikzah Zareen
Sub-FSI	Muhammad Saad Khan Meerab Imtiaz
Medicine Section Incharge	Abdullah Shafique
Co-MSI	Syeda Zainab Aleena Saleem
Sub-MSI	Mudassir Amjad Hamza Bin Sajid Anoosha Adnan Saira Azam
Blood Section Incharge	Syed Tabeer Hussain
Co-BSI	Amal Zahra Aneeqa Sarwar
Sub-BSI	Zain Ali Khalil Abbas Lashari Ayet Zulfiqar Nida Nisar
Publication & Computer Section In charge	Muhammad Khubaib Arshad Abdullah Abid
Co-P&CSI	Maria Waqar Fareeha Naseer
Sub-P&CSI	Haris Mumtaz Malik Aiman Afkar Hafsa Arshad



EXECUTIVE MEMBERS OF THE CURRENT PANEL (2023-2024)

DESIGNATIONS	NAME
President	Tayyab Rasool
Vice President I	Muhammad Ahmed Haroon Janjua
Vice President II	Syeda Zainab Ali Naqvi
General Secretary	Muhammad Usman Haider
Joint Secretary	Muhammad Saqib
Senior Executive	Syed Tabeer Hussain Naqvi, Abdullah Shafique, Abdullah Abid, Khubaib Arshad, Rikzah Zareen, Aleena Sameen, Syeda Amal Zehra, Aneeqa Sarwar, Maria Waqar, Fareeha Naseer
Finance Section Incharge	Muhammad Saad Khan
Co-FSI	Meerab Imtiaz
Sub-FSI	Irtiza Zahid, Muzammil Abbas, Moizza Munir
Medicine Section Incharge	Hamza Bin Sajid
Co-MSI	Anoosha Adnan Saira Azhar
Sub-MSI	Touqeer Ahmad, Nida Ali, Mishal Ahmad
Blood Section Incharge	Zain Ali Khalil Abbas Lashari
Co-BSI	Aayet Zulfiqar Eman Ahmad
Sub-BSI	Syed Ateeq Raza, Massab Saeed, Hajira Arooj, Zahra Batool
Publication Section Incharge	Haris Mumtaz Malik
Co-PSI	Aiman Afkar Abbasi Faryal Ahmed
Sub-PSI	Muhammad Muavia, Muhammad Afaq, Ayesha Hanif, Alina Batool



DEPARTMENTS

**BLOOD
SECTION**

**FINANCE
SECTION**

**GENERAL
SECTION**

**MEDICINE
SECTION**

**PUBLICATION
SECTION**



BLOOD SECTION

"GIVE SOMEONE A CHANCE TO LIVE"





BLOOD SECTION

Blood section is the most energetic and bubbling section of Provision of the blood to the people in the hour of need is its foremost aim and objective. Following our aim, we strive to arrange healthy and fresh blood for thalassemic patients through blood camps in different universities of Islamabad and Rawalpindi and blood donation drive in ISF and PTC involving RMU students and also provide screening reports against HIV, Hep B & Hep C to the donors. Apart from this, we arrange blood for any emergency in the hospitals.





BLOOD SECTION



Emergency Cases

- Medicos Aid Society arranged **204** Fresh donors for emergency cases in the hospitals of Rawalpindi & Islamabad.

Blood Camps & Drives

	INSTITUTE	DATE	NO. OF BAGS COLLECTED
1	NATIONAL SKILLS UNIVERSITY	17th March, 2023	53
2	Watim Medical & Dental College	24th May, 2023	71
3	Jamia Rizvia Zia ul Uloom	10th June, 2023	60
4	Wah Medical College	15th June, 2023	69
5	Jamia Ghosia Eastridge Scheme	23rd September, 2023	39
6	Govt. Graduate College	10th October, 2023	14
7	National University of Sciences & Technology (NUST)	17th & 18th October, 2023	330
8	SZABIST	25th & 26th October, 2023	150

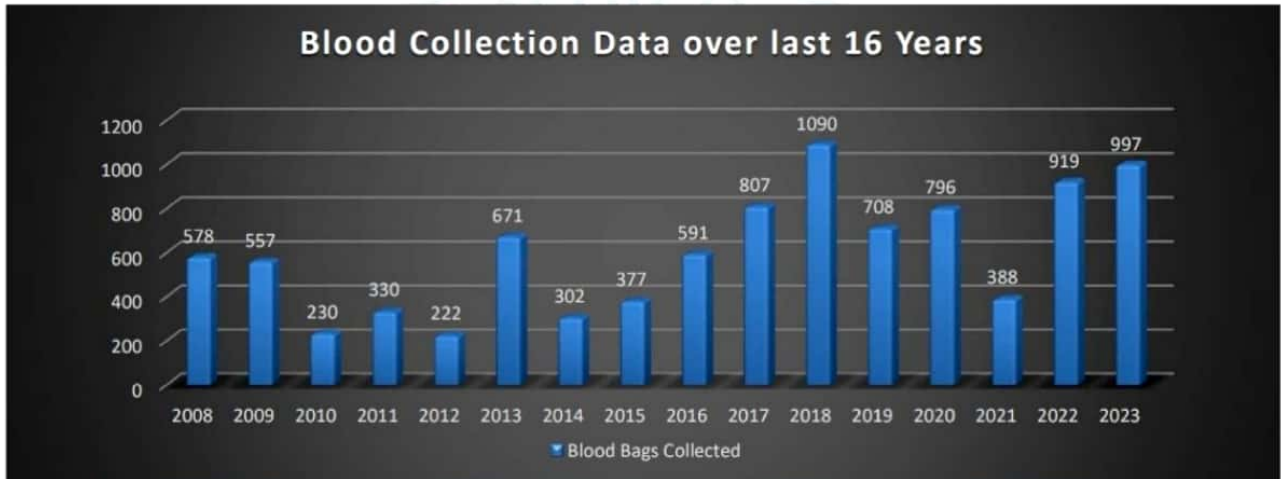
- Medicos Aid Society conducted 2 Blood Drives at Jamila Sultana foundation in which total **7** students donated blood.

TOTAL BLOOD BAGS = 997



BLOOD SECTION

PHOTO GALLERY



Blood Camp organized at National University of Sciences & Technology (NUST) on 18th October, 2023.

**MEDICOS AID SOCIETY** (Regd.)
RAWALPINDI MEDICAL UNIVERSITY



BLOOD CAMP
National University of Sciences & Technology (NUST) | 18th October, 2023
Blood Bags Collected: 208 (Combined Blood Bags Day 1 & 2 208 +122 =330)
In collaboration with Jamila Sultana Foundation & NUST Community Services Club



BLOOD SECTION

PHOTO GALLERY



Blood Camp organized
at Wah Medical College
on 15th June, 2023.

Blood Camp organized
at Watim Medical &
Dental College, Rawat
on 24th May, 2023.





MEDICINE

SECTION

"WE FIGHT AGAINST DISEASES"





MEDICINE

SECTION

It is the most enthusiastically working section of MAS and aims at providing free medical care to those who either don't have access to it or can't afford it. This section besides having free dispensary at office for medical students, university employees and deserving patients, also arranges free medical camps in remote areas of Rawalpindi and Islamabad with scarce medical facilities. At our medical camps, consultants, registrars and medical officers from our teaching hospitals provide free check up facilities and free screening against viral diseases and medicines of reputed pharmaceuticals. Along with that Public Awareness sessions on common health problems are also conducted. It also arranges vaccination camps against Hepatitis B for RMU students and maintains medical boxes in both girls and boys hostels.





MEDICINE

SECTION



Treatment from Dispensary

- **569** patients were treated from Medicos Aid Society dispensary at main campus, RMU.

Free Medical Camp Details

	VILLAGE	DATE	NO. OF PATIENTS TREATED
1	Saroba, District Rawalpindi	15th October, 2023	276
2	Kotli, Azad Kashmir	29th October, 2023	622

Vaccination Camp Details

NTB CAMPS

DATE	No. of Students Vaccinated (& Screened)
3rd May, 2023	62 (42)
6th June, 2023	57 (8)
8th August, 2023	68 (9)

OTB CAMPS

DATE	No. of Students Vaccinated (& Screened)
8th May, 2023	41 (41)
8th June, 2023	52 (15)
15th August, 2023	44 (2)

TOTAL PATIENTS TREATED = 1,467
TOTAL STUDENTS VACCINATED = 324




MEDICINE

SECTION



PHOTO GALLERY

MEDICOS AID SOCIETY (Regd.)
RAWALPINDI MEDICAL UNIVERSITY



FREE MEDICAL CAMP
Village Saroba, District Rawalpindi | 15th October, 2023
Patients Treated : 276
Patients Screened for Hepatitis B & C : 35 (5 Hepatitis C+ve)

Free Medical Camp at village Saroba on 15th October, 2023.

Hepatitis Vaccination Camp at New Teaching Block, RMU organized on 8th August, 2023.

MEDICOS AID SOCIETY (Regd.)
RAWALPINDI MEDICAL UNIVERSITY



HEPATITIS B VACCINATION CAMP
New Teaching Block, RMU | 8th August, 2023
Students Vaccinated: 68
Students Screened: 9



FINANCE

SECTION

"GIVE SOMEONE A REASON TO SMILE"





FINANCE

SECTION

Finance section is the root of MAS providing nutrition and growth to all sections of MAS. From handling all the expenses of MAS activities (Blood camp, medicine camp , office dispensary maintenance and purchasing medicines) to providing medical aid to the deserving patients , donating medical equipments to the Allied Health Hospitals & arranging ration drives for the poor and needy , finance section holds the central position in MAS. It is also responsible for maintaining records and Annual Audit of all donations, expenditures and assets.





FINANCE

SECTION



Total Expenditure =
Rs.15,18,583/-

Special Cases=Rs.12,71,725/-

Regular Activities=Rs.2,46,858/-

DETAILS OF MAJOR SPECIAL CASES

Medicines

CASE	AMOUNT
Medicines for patients of Thyroid Cancer	Rs.1,51,573/-
Medicines for Patients of Fibromyalgia & Hypertension	Rs.1,69,998/-
Medicines for Patients of Arthritis & Hypertension	Rs.95,732/-
Medicines for Patients of Diabetes	Rs.78,669/-
Medicines for Patients of Stroke	Rs.68,859/-



FINANCE

SECTION



Injections

CASE	AMOUNT
Injection for patient of Spinal cord Tumor	Rs.46,000/-
Rhogam Injections for a Patient of Rh Incompatibility	Rs.30,000/-
Omnipaque Injections for a Patient of suspected for having Meningitis	Rs.24,000/-
Injection for a Patient of Erythroblastosis Fetalis	Rs.15,000/-
Meronem Injections for a Patient of Cholelithiasis	Rs.14,200/-

Lab Tests

CASE	AMOUNT
Hb Electrophoresis for a Patient of Thalassemia Major	Rs.2,100/-

Instruments

CASE	AMOUNT
Oxygen Cylinder for a Patient of Tuberculosis	Rs.10,000/-
Wheel chair for a Patient of Paraplegia	Rs.18,000/-
Sclerotherapy needle for a Patient of Varicos Veins	Rs.8,000/-



PUBLICATION SECTION

“PEOPLE KNOW MAS BECAUSE OF US”





PUBLICATION SECTION

Publication section connects the public with MAS. Promoting the cause of the society, publication section highlights all the activities of MAS on our social media handles i.e Facebook, Instagram & Youtube and uses the influence of social media to raise awareness regarding important medical issues, in the local language, through posters, videos and awareness seminars, that are easily understood by the general public. This section also deals with the IT related aspects. It is also responsible for the maintenance of all the records of the society and also arranges webinar sessions regarding health issues.





PUBLICATION SECTION



Poster & Video Campaigns

- World Cancer Day
- World Rare Disease Day
- Autism Day
- World Health Day
- World Parkinson's Day
- World Hemophilia Day
- MAS Ramadan Drive
- World Malaria Day
- Vaccine Awareness Week
- World Thalassemia Day
- World Hypertension Day
- No Tobacco Day
- World Blood Donor's Day
- World Sickle Cell Day
- Congo Virus near Eid al Adha
- Naegleriasis Awareness
- World Hepatitis Day
- Dengue Fever Campaign
- World Rabies Day
- World Heart Day
- Campaign for Conjunctivitis Awareness
- Mental Health Disease Day
- World Arthritis Day
- Breast Cancer Awareness
- World Diabetes Day
- Solidarity for Palestine

Webinars & Seminars

- Medicos Aid Society organized a Webinar with Dr. Zeyd Merenkov (BS, MD) on World Blood Donor's Day (14th June, 2023).
- Medicos Aid Society organized a Seminar on Blood Donation Awareness at Wah Medical College, Wah cantt. on 15th June, 2023.



PUBLICATION SECTION



Podcasts

- Medicos Aid Society organized a Podcast with Dr. Ambreen Akhter (Project Manager Canadian College of Pharmaceuticals) on "Naegleriasis Prevention & Control".
- Medicos Aid Society organized a Podcast with Dr. Mujeeb Khan (HOD Infectious Diseases, Holy Family Hospital) on "World Hepatitis Day".

RMU Golden Jubilee Celebrations

- MAS Stall was decorated at RMU 6th International Scientific Conference and RMU Golden Jubilee Celebrations to Highlight 40 Years of Selfless Services.

Maintenance of Boards & Database

- MAS Boards were maintained in the Main Campus as well as New Teaching Block
- MAS Webpage was maintained on RMU official Website.
- MAS Online Database was maintained



PUBLICATION

SECTION

PHOTO GALLERY



Seminar at Wah Medical College regarding Importance of Blood Donation

MAS Stall at RMU 6th ISC & Golden Jubilee Celebrations



Blood Is Short-Lived:

- Whole blood—21 days
- RBCs in CPDA1—35 days
- RBCs in SAGM—42 days
- Platelets—5 or 7 days at room temperature, 14 days if refrigerated 1-6C



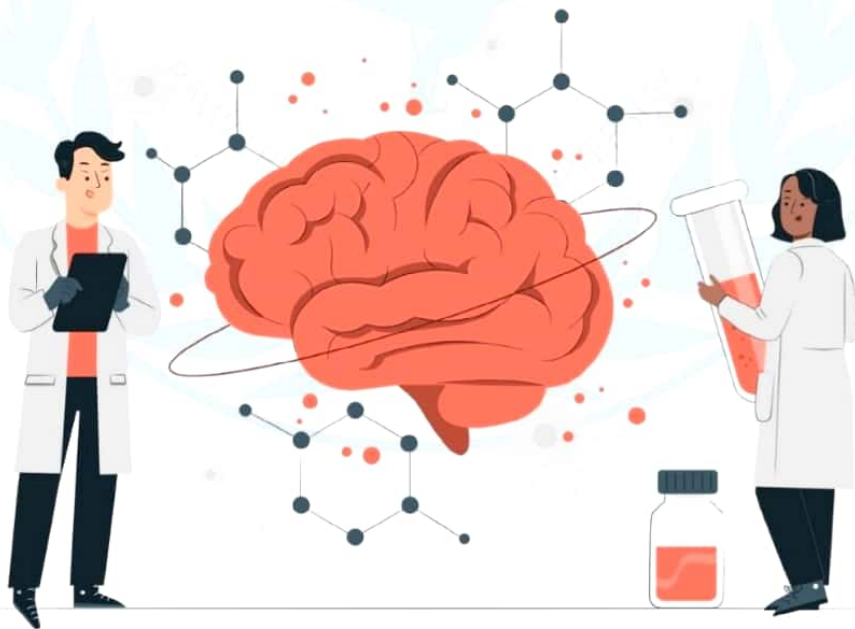
zoom

World Blood Donor Day 2023

Webinar on Blood Donor's day with Dr. Zeyd Merenkov (BS & MD)



GENERAL SECTION





GENERAL SECTION

It supervises the working of all sections, maintains MAS office, conducts Executive and General Body meetings and maintains a healthy connection amongst the University administration, Social Welfare and Bait-ul-mal Department and the society.



GENERAL SECTION



Working

- General Section arranged Executive Body Meetings.
- General Section maintained MAS office.
- General Section timely informed the active and executive members regarding various activities of the society and made sure maximum participation of active and executive members.
- General Section handled official documentation throughout the year.
- General Section maintained smooth and effective communication with the officials of RMU and Social Welfare Department Government of Punjab.
- General Section played its role in maintaining decorum of the society and maintained discipline throughout the year.
- General Section supervised the working of all the sections and maintained coordination among all the sections.



**A few Glipmses of Medicos Aid
Society Executive Body Meetings**

SUMMARY OF ANNUAL REPORT 2023

BLOOD SECTION

- ❖ **786** Blood bags Arranged at **8 Blood Camps**
- ❖ **204** Fresh Donors from Rawalpindi Medical University
- ❖ **7** Blood bags were arranged in **2 Blood Drives**
- TOTAL 997 BLOOD BAGS COLLECTED**

MEDICINE SECTION

- ❖ **569** Patients were provided medicines from MAS Dispensary
- ❖ **898** Patients were treated in **2 Medical Camps**
- ❖ **324** Medical Students were vaccinated in Hepatitis B Vaccination Camps
- TOTAL 1467 PATIENTS GOT TREATED**

PUBLICATION SECTION

- ❖ **Poster designed** for Blood ,Medical and Vaccination camps
 - ❖ **Public Health Education** via Posters and Videos
 - ❖ Organized **MAS Podcasts**
 - ❖ **Online Webinars and Seminars** were organized
 - ❖ **Highlighting MAS Activities** on different Forums
 - ❖ **MAS Stall** Organized at **RMU 6th ISC**
 - ❖ **Updating the Social media** with **MAS activities**
 - ❖ **Maintenance of Online MAS database**
 - ❖ **Made Monthly & Annual reports**

FINANCE SECTION

- ❖ Expenditure on Regular activities: **Rs.2,46,858/-**
- ❖ Special Deserving Cases: **Rs.12,71,625/-**
- TOTAL EXPENDITURES Rs.15,18,583/-**

Live Once, Live For Others