



## **Rawalpindi Medical University Plantation Information**

### **Lagerstroemia (gul-e-fanoos)**

#### **English Name:**

Pride of India

#### **Scientific Name:**

*Lagerstroemia speciosa*

#### **Family:**

Lathyraceae

#### **Origin:**

Tropical southern Asia

#### **Importance:**

It is grown in South East Asia, China India, Bangladesh and the Philippines and even extends to Australia. It is native to India particularly in the Western Ghats of India covering Belgaum, north and south Kanara, Malabar and Travancore and also in Assam and West Bengal. It is also widely cultivated as an ornamental plant in tropical and subtropical areas. The leaves of the banabá and other parts are used widely in the Philippines, Taiwan, and Japan as a tea preparation. Banabá herb is one of the 69 herbal plants promoted by the Philippine Department of Health

#### **Identified by:**

Dr. Haq Nawaz