

**Title of Position:** Research Fellow in Global Health Research in Mental and Physical Multi-Morbidity

**Location:** Institute of Psychiatry, Rawalpindi, Pakistan

**Expected Salary:** PKR 120,000-150,000/month

**Hours of work:** Full-time (40 hours per week)

**Duration of Contract:** 2 years (renewable annually based on performance)

**Probation Period:** 6 months

**Reports to:** Program Manager

**Contracting Institution:** Institute of Psychiatry, Rawalpindi Medical University

**Overview:**

We are seeking a motivated Mixed Method Research fellow to join our research team at the IMPACT Research Office at the Institute of Psychiatry (IOP), Rawalpindi. IOP is an academic unit of Rawalpindi Medical University (RMU) and a tertiary mental health care facility at the Benazir Bhutto Hospital, Rawalpindi. The IOP has multiple collaborations with national and international organizations in various mental health projects. The Research Fellow will join the Global Health Research Team on Mental and Physical Comorbidity working on multiple projects in collaboration with the University of York, and Hull York Medical School, UK and will be working primarily on the project called “The SCIMITAR-South Asia Programme to Address Tobacco-Related Multiple Long-Term Conditions in Severe Mental Illness”.

We will design and implement a previously developed treatment (a behavioral intervention for smoking cessation) and test the feasibility, acceptability, clinical effectiveness and cost effectiveness of this behavioral intervention for all forms of tobacco users (including smokeless tobacco) in people with severe mental illnesses in India, Bangladesh and Pakistan.

Details of the job responsibilities for this role are outlined below.

**Job Responsibilities:**

The job responsibilities will include but will not be limited to:

- Contributing to preparing research proposals, research tools and other relevant applications to external bodies (e.g. ethics review boards, drug regulatory authorities, etc.)
- Working closely with the research staff to conduct a comprehensive mixed methods research including collection of qualitative and quantitative reviews, interviews, group discussions, consultation meetings and clinical trials. This project is extended to selected mental health facilities in Rawalpindi and Karachi.
- Working closely with the program manager and principal investigator to recruit and enroll, maintain communication with, and address issues in an empathetic way, for the participants in the trial while ensuring adherence to ethical guidelines and study protocols.
- Developing, adapting, translating, and reviewing resource materials for both qualitative and quantitative research including participants' information sheets, promotional materials, consent forms, topic guides for interviews/ focus groups, agenda points for stakeholder and community consultations, case report forms and other relevant materials.
- Systematically, capturing, storing, and managing all data gathered in the project, also contributing to data collection and analysis.
- Developing, adapting, translating, and reviewing resource materials for both qualitative and quantitative research including participants' information sheets, promotional materials, consent forms, topic guides for interviews/ focus groups, agenda points for stakeholder and community consultations, case report forms and other relevant materials
- Working closely with the program manager and research team in contributing to the systematic reviews; use of appropriate research techniques and methods; write-up of research results and dissemination through publications; conducting co-design workshops; seminar and conference presentations and public engagement and outreach activities.

- Monitoring progress, planning, and reporting activities to line supervisors, placed at the Institute of Psychiatry, Rawalpindi, and University of York, United Kingdom
- Maintaining the office decorum and following the ethical code of conduct.

### Eligibility and Specifications:

#### Qualifications

First degree in a relevant subject area (health-related or social sciences)	Essential
Masters in relevant area (health-related or social sciences)	Essential
A completed or ongoing PhD in a relevant field (health-related or social sciences)	Desirable
<b>Knowledge</b>	
Knowledge of applied health research methods relevant to both mental and physical health	Essential
Knowledge of common mental disorders	Desirable
Knowledge of non-communicable diseases	Desirable
<b>Skills, abilities, and competencies</b>	
Highly developed communication skills to engage effectively with a wide-ranging audience, both orally and in writing, using a range of media	Essential
Ability to conduct research with patients, carers, and healthcare staff	Essential
Ability to accept, give and build on feedback for personal development	Essential
Ability to write up research work for publication and engage in public dissemination with the assistance of a mentor if required	Essential
Ability to develop healthcare research objectives, projects, and proposals with the assistance of a mentor if required	Essential
Competency to make presentations at conferences or exhibit work in other appropriate events	Essential
Competency to conduct individual and collaborative research projects	Essential
Competency in day-to-day data management	Essential
Ability to contribute to the writing of research grant applications if required	Desirable
<b>Experience</b>	
Experience in carrying out both independent and collaborative research	Essential
Experience in writing up research work for publication	Essential
Experience in conducting research with patients, carers, or healthcare staff	Essential
Experience in a relevant health area such as mental health	Desirable
Experience in conducting a clinical trial	Desirable
<b>Personal attributes</b>	
Commitment to high quality	Essential
Attention to detail	Essential
Collaborative ethos	Essential
Interest in and enthusiasm for the subject matter of the project(s)	Essential
Positive attitude to colleagues and others involved in the project in any capacity	Essential
Willingness to work proactively with colleagues in other work areas/institutions	Essential
Ability to plan and prioritize own work to meet deadlines	Essential
Commitment to personal development and updating of knowledge and skills	Essential
Willingness to respect equality & diversity	Essential
Ability to accept, give and build on feedback for personal development	Essential

### Application Process:

Interested candidates should submit a filled copy of the RMU application form (found at <https://rmur.edu.pk/jobs/>) along with their CV and cover letter to the email ID “administrator\_rgmo@rmur.edu.pk” with the subject line “Name\_Position\_Project”

**Application Deadline:**

The Institute of Psychiatry will be accepting applications for this role by **Friday, 2<sup>nd</sup> August, 2024** and will be shortlisting them on a rolling basis.

**What to expect:**

Shortlisted candidates will be contacted for interviews within two weeks of their application submission.