

# **PROSPECTUS**

## **MD / MS PROGRAMS**



# University Residency Programs

Doctor of Medicine (MD), Master of Surgery

Prof. Muhammad Umar  
Prof. Jahangir Sarwar Khan  
Dr. Rizwana Shahid  
Dr. Rabbia Khalid

Revised Edition August 2022



Rawalpindi Medical University

[www.rmuc.edu.pk](http://www.rmuc.edu.pk)

## **Mission Statement**

To impart evidence-based research oriented health professional education in order to provide best possible patient care and inculcate the values of mutual respect, ethical practice of healthcare and social accountability.

## **Vision & Values**

Highly recognized and accredited centre of excellence in Medical Education, using evidence-based training techniques for development of highly competent health professionals, who are lifelong experiential learner and are socially accountable.

# CONTRIBUTORS



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Rawalpindi Medical University, Rawalpindi

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## Message from Vice Chancellor



It is indeed a great honor and privilege for me to be reappointed as Vice Chancellor of Rawalpindi Medical University. This university was founded on 5<sup>th</sup> May 2017 with many dreams and visions; one of them was the excellence of Medical Education. I am thankful to Allah Almighty for providing me the opportunities not only to initiate Integrated Undergraduate medical education but also to launch ACGME centered competency based postgraduate medical curricula. The day and night rigorous efforts of all honorable Deans, faculty and support staff in successful implementation of University Postgraduate Medical Education is really worth mentioning.

Now RMU is not only ranking as top medical university in Pakistan and among the Times Higher Education (THE) impact rankings for the year 2022, but by the grace of Allah it has become a Degree Awarding Institute (DAI) after prosperously passing out of our University residents. Our University is currently the third one after King Edward Medical University (KEMU) and University of Health Sciences (UHS) to produce competent consultants. The dedication of the whole team inclusive of Examination department, committed faculty, URTMC and QEC in accomplishment of this undertaking throughout this tiring journey is really admirable. I wish them all the best for their future endeavor and pray for their prosperity and success.

**Prof. Muhammad Umar (SI)**  
Vice Chancellor & CEO  
RMU & Allied Hospitals

## **Preamble**

Rawalpindi Medical University is renowned not only for strengthening the health care delivery system through innovation in its teaching hospitals but also by commencement of University Residency Programs. Untiring efforts of Prof. Muhammad Umar and Prof. Bushra Khaar are admirable in this regard. University residency programs will not only provide an opportunity to the postgraduate trainees and faculty for polishing their knowledge and enhancing their skills but will also create visionary and committed leaders.

I am confident that our University Residency Program will be competitive with International residency programs and our passing out residents will prove them to be the best healthcare professionals all over the world. I congratulate all my seniors, colleagues and residents on the success attained so far pertaining to successful and invite them to work with commitment and devotion for continuation of this journey towards prosperity.

**Dr. Rizwana Shahid**

Assistant Director Medical Education

Incharge URTMC

16<sup>th</sup> August, 2022



## Introduction

On up-gradation of Rawalpindi Medical College to Rawalpindi Medical University on 5<sup>th</sup> May, 2017, Residency Program of Rawalpindi Medical University was launched to offer rigorous and vibrant postgraduate degree programs. Our University Residency Program entails MS, MD, M.Phil, Masters, PhD, Certificate and Diploma courses. These residency programs are meant to get our residents well equipped with knowledge and skills deemed inevitable to compete with international doctors and to improve the healthcare of the nation.

Rawalpindi Medical University provide excellent opportunities to its postgraduate residents and worthy faculty for scholarships, linkages and collaborations with the renowned universities of the world ranking high in research projects. The faculty members are actively engaged in several training and research programs with universities/institutions/centers in the technologically advanced countries.

The University provides excellent academic facilities through its fully equipped laboratories, library, museums, information technology facility, video conferencing, besides good logistic facilities at departments, hostels and the campus in general. Examination Cell of the University has also started taking undergraduate as well as postgraduate exams and University will be the Degree Awarding Institute (DAI) very soon.

We hope that joining the Rawalpindi Medical University & enrollment in University Residency Program will pave the way of upcoming generation towards new horizon of excellence and prosperity.

## **Objectives of University Residency Program**

Objectives of University Residency Program (URP) are to:

1. Recognize the significance of concerned specialty in the context of health needs of the community and national priorities in the health sector
2. Practice the concerned specialty ethically and in compliance with steps of primary health care
3. Promote system based practice and patient safety
4. Advocate for appropriate health resource allocation
5. Identify social, economic, environmental, biological and emotional determinants of health while dealing with patients and take them into consideration before application of therapeutic, rehabilitative and preventive measures
6. Diagnose and manage the patients on the basis of clinical assessment and appropriate investigations
7. Demonstrate empathy and humane approach towards patients and their families
8. Express interpersonal behavior according to societal norms and expectations
9. Implement national health programs effectively and responsibly
10. Organize and supervise the chosen/assigned health care services demonstrating adequate managerial skills in the clinic / hospital / community
11. Develop skills as a self-directed learner, recognize continuing education needs; select and use appropriate learning resources
12. Function as an effective leader of a health team engaged in health care, research and training
13. Elaborate innovative knowledge about diseases of their specialty in the context of technological and pharmacological advances

## Section-I

### About Rawalpindi Medical University



## Rawalpindi Medical University

Rawalpindi Medical College was established in Faisalabad on 18<sup>th</sup> March 1974 and later shifted to Rawalpindi on 5<sup>th</sup> November 1974 in an incomplete building at Tipu Road (Science block of Gordon College Rawalpindi), that was later handed over to Rawalpindi Medical College. It was upgraded to Rawalpindi Medical University on 5<sup>th</sup> May, 2017 under the leadership of Prof. Muhammad Umar (SI) who is currently the Vice Chancellor of this University. This institute is visulaized to emerge as an advanced centre of excellence in healthcare sciences all over the world.

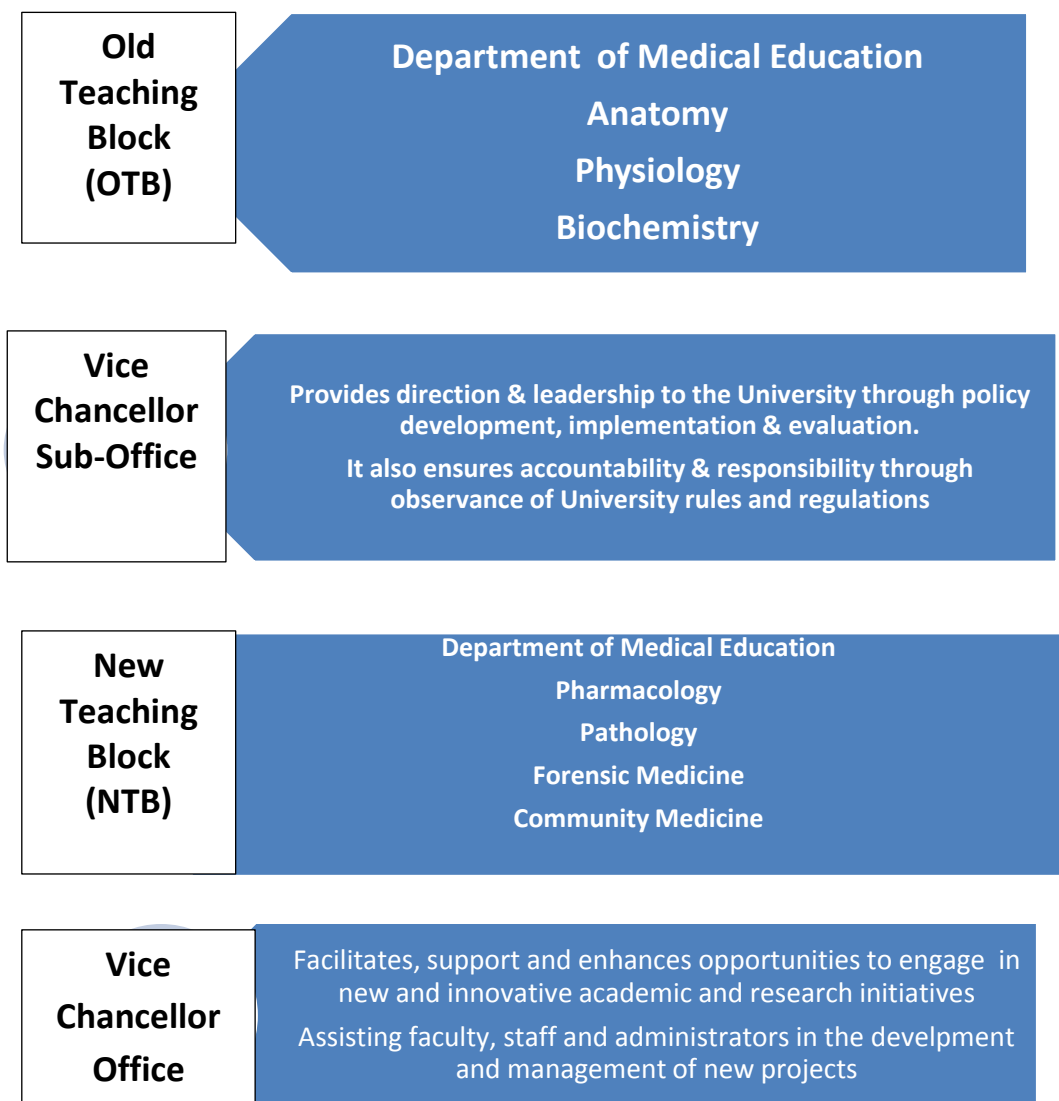


There are two campuses of Rawalpindi Medical University. Old teaching block is situated at Tipu Road, Rawalpindi while New Teaching Block is located at Satellite Town within the premises of Holy Family Hospital Rawalpindi which is one of the teaching hospitals affiliated with Rawalpindi Medical University.

This University is intended to impart evidence-based research oriented medical education, to promote ethical practice of medicine and hence to improve the healthcare of our nation. It is actively involved not only in undergraduate teaching of MBBS students, but also the training and clinical teaching of M.Phil, M.S, M.D, FCPS & MCPS postgraduate trainees in various disciplines. Apart from that, the college is also providing teaching facilities to nursing and Allied Health Sciences students.

## Departments & Human Resource

There are two teaching blocks of Rawalpindi Medical University. The departments operational in both teaching blocks are depicted below:



Specialized and trained faculty along with support staff is available in well-equipped departments of both the campuses of RMU. In addition Department of Medical Education and splendid library with thousands of books on all medical subjects to facilitate the learning of undergraduate students and postgraduate trainees are also accessible separately in both teaching blocks.

## Teaching Hospitals

There are three tertiary care hospitals attached to RMU for clinical training namely Holy Family Hospital, Benazir Bhutto Hospital & District Head Quarters Hospital with total bed strength of 2177. A school of Nursing is also attached with each of the three teaching hospitals.

Holy Family Hospital, Rawalpindi (HFH) was established in 1927. It is 962 bedded tertiary care hospital. It is fully equipped with the latest medical equipment. The hospital has an emergency department that works 24 hours a day and receives emergency patients. This is the biggest hospital in district Rawalpindi and receives the highest number of patients in the whole district. Hospital has two units of Surgery, Medicine and Gynaecology departments along with specialties of Cardiology, ENT, Paediatrics, Ophthalmology, Pathology, Nephrology, Plastic Surgery, Paediatric Surgery etc. Hospital has state-of-the-Art Radiology Department, Centre for Liver and Digestive Diseases, Department of Infectious Diseases and well-equipped critical / intensive care unit.



**Holy Family Hospital, Rawalpindi established in 1927**

Benazir Bhutto Hospital (BBH) that was formerly Rawalpindi General Hospital (RGH) was established in 1957. 762 bedded tertiary care teaching hospital. BBH is a centre for undergraduate and post-graduate studies in different disciplines of Medicine and Surgery. It is a state of the art health facility, well-equipped with advanced Diagnostic and Therapeutic facilities and caters for a wide range of patient from wide catchment area. Besides usual specialties, there

are specialties of Orthopaedic, Urology and Psychiatry. Institute of Psychiatry is WHO Collaboration Centre for Mental Health.



**Benazir Bhutto Hospital, Rawalpindi established in 1957**

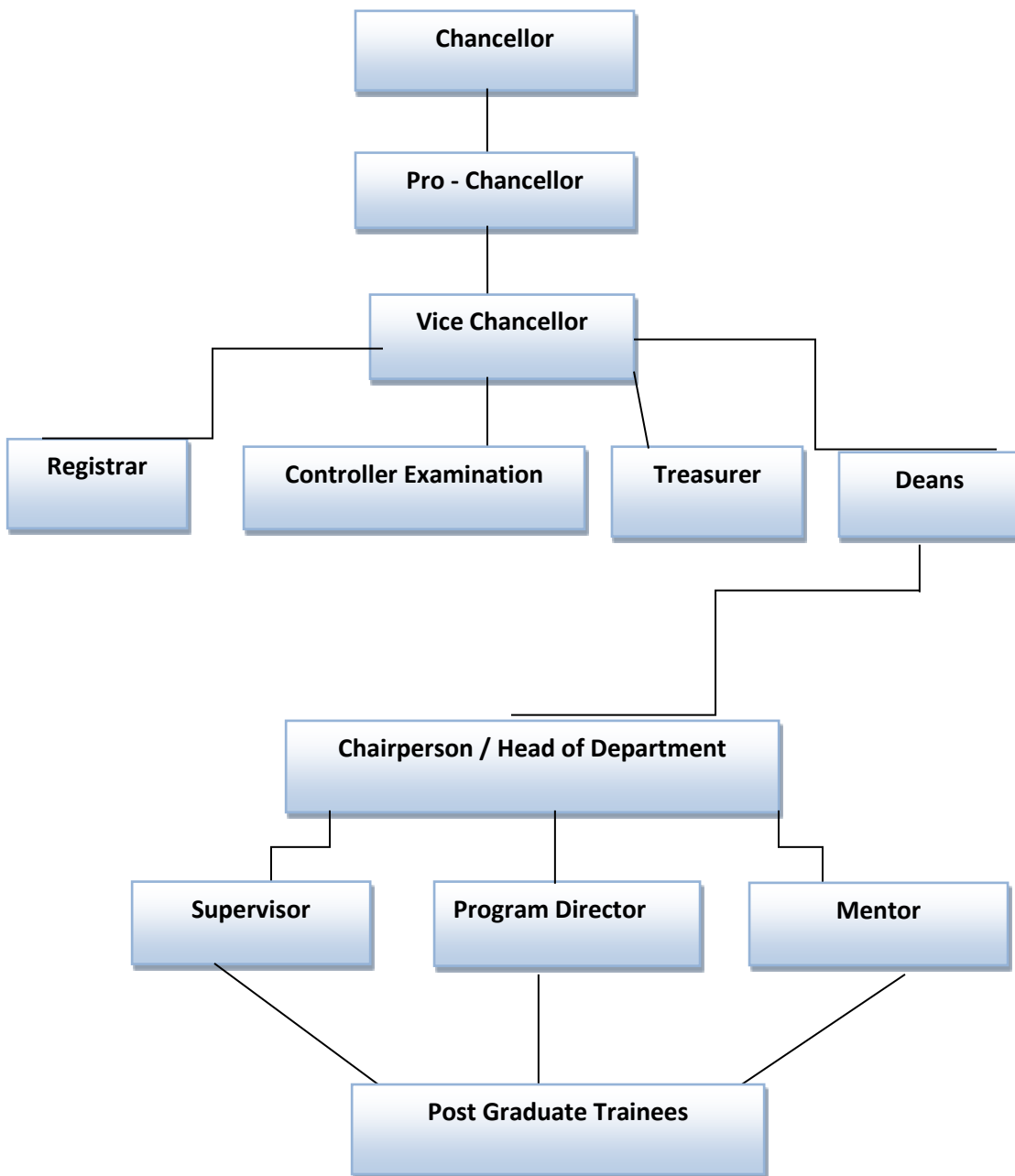
District Head Quarters (DHQ) Hospital was established in 1967. It is 453 bedded healthcare facility that offers all basic outdoor as well as indoor treatment facilities including infectious diseases (including TB), Coronary Care Unit and an Intensive Therapy Centre services along with a diagnostic Pathology Laboratory and a fully functioning mortuary facility. The recent years have seen the addition of an Orthopaedics Unit, a new Accident & Emergency building, Reproductive health unit, Homeopathy / Hikmat OPDs, Computerized Tomography, Endoscopy, Mammography, Doppler Scanning and a state of the Art Modular Operation Theatre (for Neurosurgical Operations).



**District Head Quarters Hospital, Rawalpindi established in 1967**



## Hierarchy for University Working





## **Authorities of the University**

Syndicate

Academic Council

Board of Faculty

Board of Advanced Studies and Research (BASR)

Planning and Finance Committee

Recruitment Board

## **Officers of the University**

### **Chancellor**

**Governor of Punjab**

### **Pro Chancellor**

**Health Minister**

### **Vice Chancellor**

**Professor Muhammad Umar**

### **Registrar**

**Prof. Muhammad Idress Anwar**

### **Controller Examination**

**Professor Rai Muhammad Asghar**

### **Treasurer**

**Director Finance**

### **Deans**

### **Program Directors**

### **Supervisors**

### **Mentors**

### **Program Coordinators**

## Syndicate

The Syndicate shall consist of:

- a) Pro-Chancellor who shall be its chairperson;
- b) Vice Chancellor;
- c) Secretary of the Government, Specialized Healthcare and Medical Education Department or a nominee not below the rank of an Additional Secretary;
- d) Secretary to the Government, Finance Department or a nominee not below the rank of an Additional Secretary;
- e) Secretary to the Government, Higher Education department, or a nominee not below the rank of an Additional Secretary;
- f) Secretary to the Government, Law and Parliamentary Affairs department or a nominee not below the rank of an Additional Secretary;
- g) Chairman of the Commission or a nominee not below the rank of a whole-time member of Commission;
- h) One senior most Dean of the Faculties;
- i) Three members including at least one woman member of Provincial Assembly of Punjab preferably medical doctors to be nominated by the Speaker of the Assembly;
- j) Two retired Principals or Professor of Rawalpindi Medical College or University to be nominated by the Government;
- k) Two financial experts or bankers to be nominated by the Government;
- l) Two philanthropists or representatives of civil society to be nominated by the Government;
- m) Head of an associated faculty;
- n) Medical Superintendent of an attached hospital having not less than two hundred beds;
- o) Two Dean of an attached nursing school;
- p) Two Vice Chancellors, one from public sector university and one from a private sector university, to be nominated by the Chancellor.
- q) The Registrar shall be the Secretary of the Syndicate.



## Academic Council

- 1) The Academic Council shall consist of the Vice Chancellor who shall be the Chairperson of the Academic Council and the following members:
  - a) Pro-Vice Chancellor;
  - b) Deans;
  - c) Chairpersons;
  - d) One retired Principal or Professor of Rawalpindi Medical College for the University nominated by the Syndicate;
  - e) All Professors including Professor Emeritus
  - f) Two Associate Professors, two Assistant Professors and two lecturers to be elected from amongst themselves;
  - g) Three academicians of eminence including at least one woman to be nominated by the Syndicate;
  - h) Secretary to the Government, Specialized Healthcare and Medical Education Department or a nominee not below the rank of a Deputy Secretary;
  - i) Five experts including at least two women in the field of medical education to be nominated by the Chancellor;
  - j) Registrar (Member / Secretary);
  - k) Controller of Examinations; and
  - l) Librarian

The members of Academic Council, other than ex-officio members, shall hold office for three years, and the vacancy, if any, shall be filled for the remaining period in the prescribed manner.

The quorum for a meeting of the Academic Council shall be one-third of the total number of members, a fraction being counted as one.



## **Board of Faculty**

As per Rawalpindi Medical University Act 2017 (XVI of 2017), board of faculty for disciplines will comprise of the following members:

1. Dean of the faculty
2. Chairperson and Professors in the faculty
3. Three teachers to be nominated by the Academic Council on the basis of their specialized knowledge of the subjects
4. Two experts in the field from outside the University to be nominated by the Syndicate
5. One Associate Professor, one Assistant Professor and one Demonstrator to be appointed by rotation in order of seniority from each department of the faculty
6. One member to be nominated by the Vice Chancellor



**Board of Faculty of Rawalpindi Medical University with Vice Chancellor RMU in Academic Council Hall**

## Board of Advanced Studies & Research (BASR)

### Functions

The functions of Board of Advanced Studies & Research as prescribed under serial No. 27 of Rawalpindi Medical University Act 2017 are to:

1. Advise the authority on all matters connected with promotion of Advanced studies and research publications in the University
2. Consider and report to an authority with regard to a research degree of the University
3. Propose regulations regarding the award of research degree
4. Appoint supervisors for a postgraduate research student and to approve title and synopsis of the thesis or dissertation
5. Recommend panel of examiners for evaluation of a research examination
6. Perform such other functions as may be prescribed by the statutes

### Members

Sr.#	Members
1.	Vice Chancellor of the University
2.	All Deans of the University
3.	Controller of Examination
4.	One University Professor from each faculty to be nominated by the Syndicate
5.	One member to be nominated by the Vice Chancellor
6.	Three members from the relevant field, research organizations or the Government to be nominated by the Syndicate
7.	Three Professors other than Deans to be nominated by the Syndicate
8.	Registrar of the University



8<sup>th</sup> Meeting of BASR in syndicate hall of RMU

## Deans



**Prof. Tehzeeb-ul-Hassan**

**Basic Sciences and Diagnostics**

(Pathology, Anatomy, Physiology, Biochemistry, Pharmacology and therapeutics, Radiology)



**Prof. Muhammad Khurram**

**Dean of Medicine & Allied Subjects**

(Internal Medicine, Psychiatry, Nephrology, Neurology, Dermatology, Cardiology, Pulmonology, Emergency Medicine)



**Prof. Syed Arshad Sabir**

**Community Medicine and Public Health**

(Community Medicine & Forensic Medicine)



**Prof. Muhammad Idrees Anwar**

**Surgery & Allied Subjects**

General Surgery, Urology, Plastic Surgery, Pediatric Surgery, Anesthesia



**Prof. Lubna Ejaz Kahloon**

**Gynaecology and Obstetrics**



**Prof. Rai Muhammad Asghar**

**Paediatrics**



**Dr. Fuad Ahmed Khan Niazi**

**Otorhinolaryngology, Ophthalmology**



**Prof. Nayyar Qayyum**

**Orthopedics and Trauma**

(Orthopedics, Neurosurgery, Trauma)



**Prof. Samia Sarwar**

**Allied Health Sciences**

Physiotherapy, Orthotics and Prosthetics, Medical Imaging Technology, Medical Laboratory, Technology, Optometry and Orthoptics



**Prof. Mobina Ahsan Dodhy**

**Nursing**

College of Nursing and School of Nursing

## **Finance & Planning Committee**

The Planning and Finance Committee of Rawalpindi Medical University is comprised of the following members:

- All Deans
- Members of Syndicate to be nominated by the Syndicate
- Chairman Planning and Development Board of the Government or his nominee not below the rank of a member
- Director (Budget) nominee of the Higher Education Commission
- One member of the Academic Council to be nominated by the Academic Council
- Registrar RMU
- Medical Superintendents of all 3 teaching hospitals of RMU
- Treasurer RMU



**Meeting of Finance & Planning Committee**



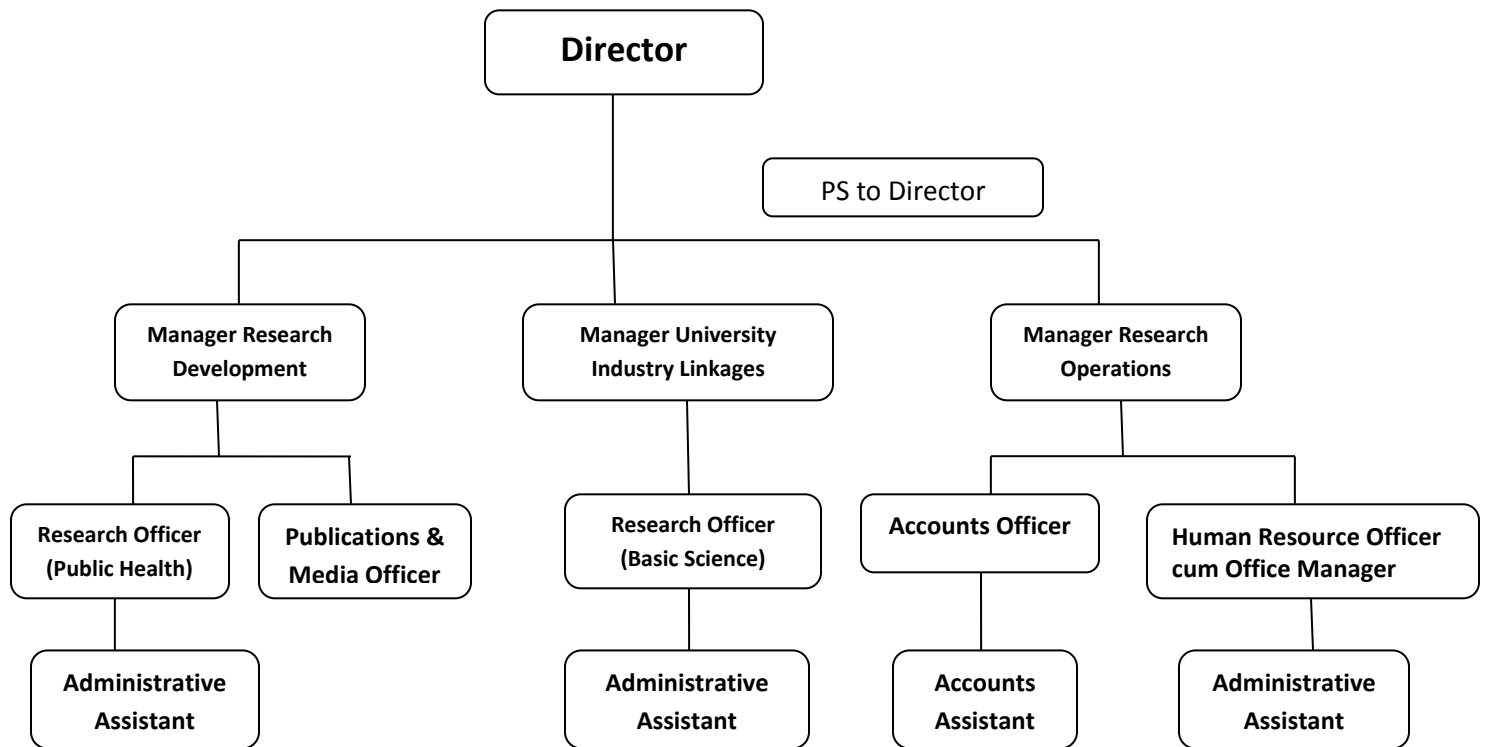
## **Office of Research Innovation & Commercialization (ORIC)**

ORIC is basically directed by Director ORIC and assisted by Deputy Director (Manager) Research. The concerned officers are intended to execute the following activities.

1. Manage and enhance research activities in the University which includes acting as secretariat for the advanced studies and research board & ethics board.
2. Develop research policies and priorities (which include management, administration, supervision, monitoring and coordination of all research related activities) and explore new themes of research and research agenda of RMU.
3. Work for fund raising and acquiring grants for research and development both nationally and internationally.
4. Promote capacity building activities within the University not only in the field of research but also in other disciplines.
5. Mobilize faculty and resources to yield quality research projects.
6. Mobilize community and industry to promote research commercialization
7. Serve as an effective advocate for research with the University and to its broader community of stakeholders and supporters to develop collaboration with national and international research bodies.
8. Develop collaboration with relevant government bodies (health department) and lead in establishing and conducting health systems research.
9. Endorse development of intellectual property (IP) and patenting activities. In addition, IP success stories are also to be endorsed within university to enforce communication efforts.



## Organizational Chart of ORIC at RMU



❖ *Managers of ORIC at RMU are also referred to as Deputy Directors RMU*

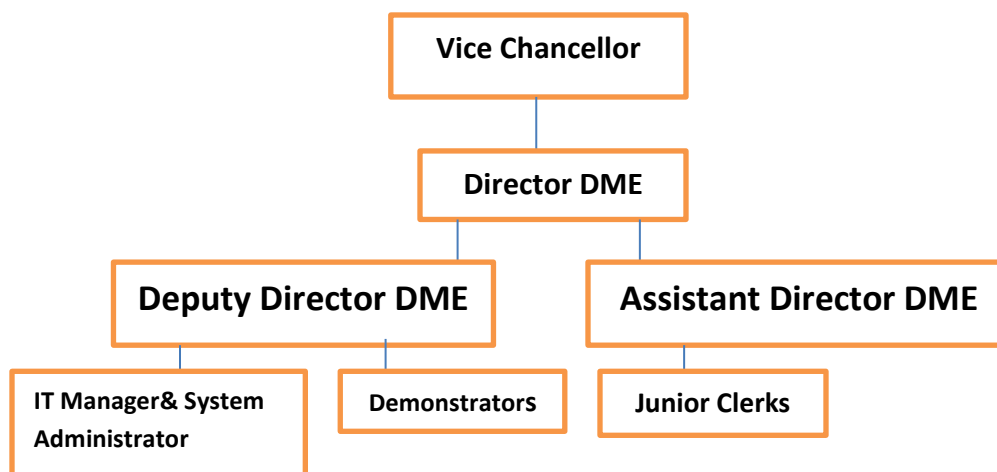


Office of Research Innovation & Commercialization

## Department of Medical Education

Department of Medical Education (DME) was established on 15<sup>th</sup> December, 2015 at Rawalpindi Medical College which is now upgraded to Rawalpindi Medical University (RMU). This department has become an essential requirement of any medical institute worldwide for educational development. Untiring efforts of Prof. Muhammad Umar, Vice Chancellor RMU are worth mentioning in this regard. He supported the faculty of this department to get specialized in this field. The core staff of this department includes educationists, technical support staff and computer operators.

### Hierarchy & Structure of Department of Medical Education



### Functions of Department of Medical Education

Department of Medical Education at Rawalpindi Medical University is proficiently working to facilitate the reshaping of medical education and implementation of successful innovations both at undergraduate and postgraduate level. This department is liaising with all departments of RMU / Allied Hospitals for effective delivery of services. This department is efficiently engaged in improving all the fundamental phases of medical education which are:

- Undergraduate training
- Postgraduate education
- Continuing Medical Education (CME)
- Continuing Professional Development (CPD)

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Davis MH, Karunathilake I, Harden RM. AMEE Education Guide No. 28: The development and role of departments of medical education. *Medical Teacher* 2005; 27(8): 665-675.

The qualified doctors employed in Department of Medical Education are dedicated to:

- Arrange guest lecture forums through liaising with national and international experts
  - Organize annual lectures for RMU residents
  - Facilitate teaching by organizing capacity building programs / workshops / conferences, seminars and symposia
  - Develop the curriculum by arranging meetings of curriculum committee
  - Organize meeting of syndicate for thorough review of integrated modular and University residency programs' curricula
  - Evaluate the course design
  - Support learning of students and trainees through small group and self-directed learning
  - Design instructional materials to guide both tutors and tutees
  - Fairly assess students and trainees through conduction of block examinations and dissemination of Multi Source Feedback (MSF) proforma
  - Arrange counseling sessions for undergraduate students
  - Facilitate the students in national and international electives
  - Get training programs recognized by accrediting bodies and councils
  - Promote research at faculty, undergraduate and postgraduate level through organization of research workshops
- ❖ ***Other details pertinent to DME are already mentioned in "Department of Medical Education 2013-2016"***



Department of Medical Education, New Teaching Block, Rawalpindi Medical University, Rawalpindi

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Benor DE. Faculty development, teacher training and teacher accreditation in medical education: twenty years from now. *Medical Teacher* 2000; 22: 503-512.

## **University Residency Training & Monitoring Cell (URTMC)**

University Residency Programs are successfully executed and monitored in RMU by University Residency Training & Monitoring Cell (URTMC). This Cell is headed by Prof. Muhammad Umar Vice Chancellor RMU followed by Prof. Jahangir Sarwar Khan, Dean of Postgraduate Studies as shown below.

### **HIERARCHY OF UNIVERSITY WORKING**



**Prof. Muhammad Umar**  
Vice Chancellor RMU



**Prof. Jahangir Sarwar Khan**  
Dean of Postgraduate Studies



**Prof. Rai Muhammad Asghar**  
Director DME & Controller of Examinations



**Dr. Rizwana Shahid**  
Assistant Professor Community Medicine  
Assistant Director DME, RMU

URTCM is a computerized system for maintaining the profile and detailed academic information pertinent to each university resident at RMU. On selection through Punjab Residency Program in compliance with Punjab Residency Program Guidelines available at: <http://prp.punjab.gov.pk/>, postgraduate trainees coming to Rawalpindi Medical University, Rawalpindi and its 3 Allied Hospitals (HFH, BBH and DHQ Hospital) get affiliated with UTRC and are issued UTRC Registration Number. Computerized UTRC data of RMU residents is depicted below:

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S
S	Yes	Profile	UTRC (RMU)	Speciality Name	Candidate Name	MSB	Supervisor	Joining date	Completion date	Rotations Completed			Residency	Workshop	Computer	Annual Lecture	Annual Lecture	Annual Lecture
										Ortho	Plastic Surgery	Paediatric Surgery		Communication	Computer	2013/2014	2014/2015	2015/2016
1	206	HFH	UTRCMS-SURFH-JUN-16	Surgery	Asif Shahid	MS	Prof. Iqbal Anwar	2013/03/16	2013/03/16									
2	207	HFH	UTRCMS-SURFH-JUN-17	Surgery	Amir Shahid	MS	Prof. Iqbal Anwar	24-03-2017	23/03/2021	NA								
3	208	HFH	UTRCMS-GASTRH-JUN-16	Gastroenterology	Ali Danish	MD	Prof. M. Usman	24-03-2016	25/03/2021	NA								
4	207	HFH	UTRCMS-GASTRH-JUN-17	Gastroenterology	Ali Danish	MD	Prof. M. Usman	24-03-2017	23/03/2021	NA								
5	207	HFH	UTRCMS-GASTRH-JUN-17	Nephrology	Chahar Ahmad	MD	Dr. Naveed Sarwar	24-03-2017	23/03/2021	NA								
6	207	HFH	UTRCMS-NEURFH-JUN-17	Neurosurgery	Dr. Asif Shahid	MS	Prof. Nadeem Akhtar	25-03-2017	23/03/2021	NA								
7	207	HFH	UTRCMS-NEURFH-JUN-17	Neurosurgery	Dr. Asif Shahid	MS	Prof. Nadeem Akhtar	24/03/2017	23/03/2021	NA								
8	206	HFH	UTRCMS-NEURFH-JUN-16	Neurosurgery	Sana Jafar	MS	Prof. Nadeem Akhtar	24/03/2016	24/03/2021	Plastic Surgery	Orthopedic Surgery	ENT- Paediatric Surgery						
9	207	HFH	UTRCMS-ANESTH-JUN-17	Anesthesia	Naveed Ahmad	MS	Prof. Jawad Zaher	07/03/2017	06/03/2021	NA								
10	207	HFH	UTRCMS-ANESTH-JUN-17	Anesthesia	Naveed Ahmad	MS	Prof. Jawad Zaher	07/03/2017	06/03/2021	NA								
11	207	HFH	UTRCMS-ANESTH-JUN-17	Anesthesia	Naveed Ahmad	MS	Prof. Jawad Zaher	07/03/2017	06/03/2021	NA								
12	207	HFH	UTRCMS-RADFH-JUN-17	Diagnostic Radiology	Dr. Naveed Sarwar	MD	Dr. Naveed Sarwar	07/03/2017	06/03/2021	NA								
13	207	HFH	UTRCMS-GASTRH-JUN-17	Gastroenterology	Ali Danish	MD	Prof. M. Usman	07/03/2017	06/03/2021	NA								
14	207	HFH	UTRCMS-SURFH-JUN-17	General Surgery	Dr. Asif Shahid	MS	Prof. Iqbal Anwar	07/03/2017	06/03/2021	NA								
15	207	HFH	UTRCMS-SURFH-JUN-17	General Surgery	Sana Jafar	MS	Prof. Iqbal Anwar	24/03/2017	06/03/2021	NA								
16	207	HFH	UTRCMS-GYNFH-JUN-17	Gynecology & Obstetrics	Naveed Ahmad	MS	Prof. Raza Chaudhri	07/03/2017	06/03/2021	NA								
17	207	HFH	UTRCMS-SURFH-JUN-17	Gynecology & Obstetrics	Sana Jafar	MS	Prof. Iqbal Anwar	07/03/2017	06/03/2021	NA								
18	207	HFH	UTRCMS-GYNFH-JUN-17	Gynecology & Obstetrics	Ali Danish	MS	Prof. Raza Chaudhri	24/03/2017	06/03/2021	NA								
19	207	HFH	UTRCMS-GYNFH-JUN-17	Gynecology & Obstetrics	Sana Jafar	MS	Dr. Naveed Sarwar	07/03/2017	06/03/2021	NA								
20	207	HFH	UTRCMS-ENTFH-JUN-17	Otorhinolaryngology ENT	Dr. Naveed Sarwar	MS	Prof. M. Usman	24/03/2017	06/03/2021	NA								
21	207	HFH	UTRCMS-PEDFH-JUN-17	Pediatrics	Muhammad Asif	MD	Prof. Raza Chaudhri	07/03/2017	06/03/2021	NA								
22	207	HFH	UTRCMS-PEDFH-JUN-17	Pediatrics	Muhammad Asif	MD	Prof. Raza Chaudhri	07/03/2017	06/03/2021	NA								
23	207	HFH	UTRCMS-PEDFH-JUN-17	Pediatric Surgery	Sana Jafar	MS	Dr. Naveed Sarwar	24/03/2017	06/03/2021	NA								
24	207	HFH	UTRCMS-CARDFH-JUN-17	Cardiology	Mirza Ahsan Begi RQ	MD	Dr. Faisal Rehman	06/03/2017	06/03/2021	NA								
25	207	HFH	UTRCMS-CARDFH-JUN-17	Cardiology	Mirza Ahsan Begi RQ	MD	Dr. Faisal Rehman	06/03/2017	06/03/2021	NA								
26	207	BBH	UTRCMS-ANESTH-JUN-17	Anesthesia	Naveed Ahmad	MS	Dr. Naveed Sarwar	06/03/2017	06/03/2021	NA								
27	207	BBH	UTRCMS-CARDFH-JUN-17	Cardiology	Mirza Ahsan Begi RQ	MD	Dr. Faisal Rehman	06/03/2017	06/03/2021	NA								
28	207	BBH	UTRCMS-NEURFH-JUN-17	Neurology	Mirza Ahsan Begi RQ	MD	Dr. Faisal Rehman	06/03/2017	06/03/2021	NA								
29	207	BBH	UTRCMS-NEURFH-JUN-17	Neurology	Mirza Ahsan Begi RQ	MD	Dr. Faisal Rehman	06/03/2017	06/03/2021	NA								
30	207	BBH	UTRCMS-SURFH-JUN-17	General Surgery	Sana Jafar	MS	Prof. Iqbal Anwar	06/03/2017	06/03/2021	NA								
31	207	BBH	UTRCMS-SURFH-JUN-17	General Surgery	Muhammad Asif	MS	Dr. Naveed Sarwar	06/03/2017	06/03/2021	NA								
32	207	BBH	UTRCMS-GYNFH-JUN-17	Gynecology & Obstetrics	Sana Jafar	MS	Prof. Raza Chaudhri	06/03/2017	06/03/2021	NA								
33	207	BBH	UTRCMS-GYNFH-JUN-17	Gynecology & Obstetrics	Sana Jafar	MS	Prof. Raza Chaudhri	06/03/2017	06/03/2021	NA								
34	207	BBH	UTRCMS-OPEDFH-JUN-17	Orthopedic Surgery	Mirza Ahsan Begi RQ	MS	Prof. Raza Chaudhri	06/03/2017	06/03/2021	NA								
35	207	BBH	UTRCMS-OPEDFH-JUN-17	Orthopedic Surgery	Mirza Ahsan Begi RQ	MS	Prof. Raza Chaudhri	06/03/2017	06/03/2021	NA								
36	207	BBH	UTRCMS-OPEDFH-JUN-17	Orthopedic Surgery	Mirza Ahsan Begi RQ	MS	Prof. Raza Chaudhri	06/03/2017	06/03/2021	NA								
37	206	BBH	UTRCMS-OPEDFH-JUN-16	Orthopedic Surgery	Fahim Asif	MS	Prof. Raza Chaudhri	24/03/2016	23/03/2021	NA								
38	206	BBH	UTRCMS-OPEDFH-JUN-16	Orthopedic Surgery	Muhammad Asif	MS	Prof. Raza Chaudhri	24/03/2016	23/03/2021	NA								
39	206	BBH	UTRCMS-OPEDFH-JUN-16	Orthopedic Surgery	Mirza Ahsan Begi RQ	MS	Prof. Raza Chaudhri	24/03/2016	23/03/2021	NA								

URTCM data in RMU Software

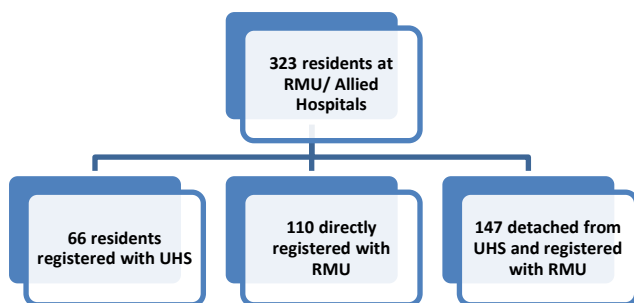
## Objectives of URTMC

- To register the residents at RMU following their induction via Central Induction Program (CIP) through allotment of URTMC Registration number
- To get supervisors and mentors of Residency Program registered
- To update the whole personal and training record of residents
- To monitor the record of trainees' rotations
- To receive attendance and leave record of trainees on 4 monthly basis from respective departments
- To have liaison with resource persons for conduction of mandatory workshops
- To update the schedule of annual lectures and mandatory workshops for residents
- To organize workshops for capacity building of the supervisors, mentors, program directors and program coordinators
- To timely assess the synopsis and dissertation in order to meet the eligibility requirement of examination
- To collaborate with examination department regarding status of training, registration and dissertation of trainees
- To provide curriculum and logbook to the trainees
- To coordinate with teaching hospitals via prior intimation about issues related to training
- To procure all assessment proforma duly filled by concerned personnel on 6 monthly basis
- To submit assessment proforma in QEC for in depth evaluation of trainees' academic performance
- To arrange orientation sessions for trainers as well as trainees to introduce innovative academic opportunity
- To verify the eligibility of university residents for their assessments to be done by the end of each academic year

## Functions of URTMC

Curriculum and logbooks of respective disciplines designed by respective Deans / Chairpersons are available for downloading at website of RMU ([rmur.edu.pk](http://rmur.edu.pk)). However, these are proposed curricula and liable to amendments on recommendations of competent authority. Curricula have also been revised with respect to their assessment scheme and to ensure acquisition of all 6 core competencies as specified by ACGME (Accreditation Council for Graduate Medical Education).. Logbooks and portfolio have been designed to facilitate the residents in achievement of their learning objectives during the course of postgraduate training.

About Supervisors / Mentors in University Residency Program are supervising the residents to streamline their training activities form induction till completion of training at RMU / Allied Hospitals. Three types of residents are being supervised here.



Supervisor ship and Mentorship certificates are also issued to the respective personnel.



Duties assigned to these personnel are comprehensively mentioned in Program Director Guide. Program Director Guide is a fundamental book to keep the supervisors, mentors, program directors and program coordinators well aware of their responsibilities requisite for successful execution of University Residence Program. In addition, Residency Program Trainees' guide is also specifically compiled for guidance of RMU residents throughout their training.



## **Criteria for MS / MD Supervisors**

The following is notified for information of all concerned:

1. The Assistant Professors, Associate Professor and Professors shall be allowed to act as supervisor for postgraduate training in MS / MD Programs.
2. The supervisors must have experience of minimum 3 years after post-graduation.
3. The supervisors must have attended the following Mandatory workshops for capacity building:
  - a) Educational planning & evaluation
  - b) Assessment of Competence
  - c) Supervisory skills
  - d) Research Methodology, Biostatistics & Medical writing
  - e) Advanced Research Methodology
4. Workshops on Leadership and Professionalism are optional.
5. The minimum eligibility criteria for rotational supervisor include major postgraduate qualification in the subject with 2 years' experience after post-graduation. In addition, he / she should have attended all aforementioned mandatory workshops.
6. Senior Registrars can apply in Department of Medical Education to become supervisor of postgraduate trainees in the absence of professorial staff in department.



## Quality Enhancement Cell (QEC)

Quality Enhancement Cell (QEC) was established at Rawalpindi Medical University in January 2018 with the vision to achieve excellence in medical education, scientific research and healthcare services of the country by meeting international standards.

Dr. Rabbia Khalid is Assistant Director of QEC. She works for collection, compilation and analysis of all data (assessment of residents & feedback proforma filled by the end of workshops & annual lectures) pertinent to quality enhancement of RMU.



Quality Enhancement Cell

Progress is being made to meet the space and other requirements for quality enhancement as per HEC guidelines. QEC personnel also attend the meetings called by HEC regarding quality enhancement of institutions. Curriculum (undergraduate & postgraduate) teachers and students are surveyed periodically and annual monitoring report is compiled by the end of each year to emphasize the developments and challenges pertinent to all the teaching and learning issues of the University.

### Functions of QEC

QEC is intended to have excellent quality and standards of:

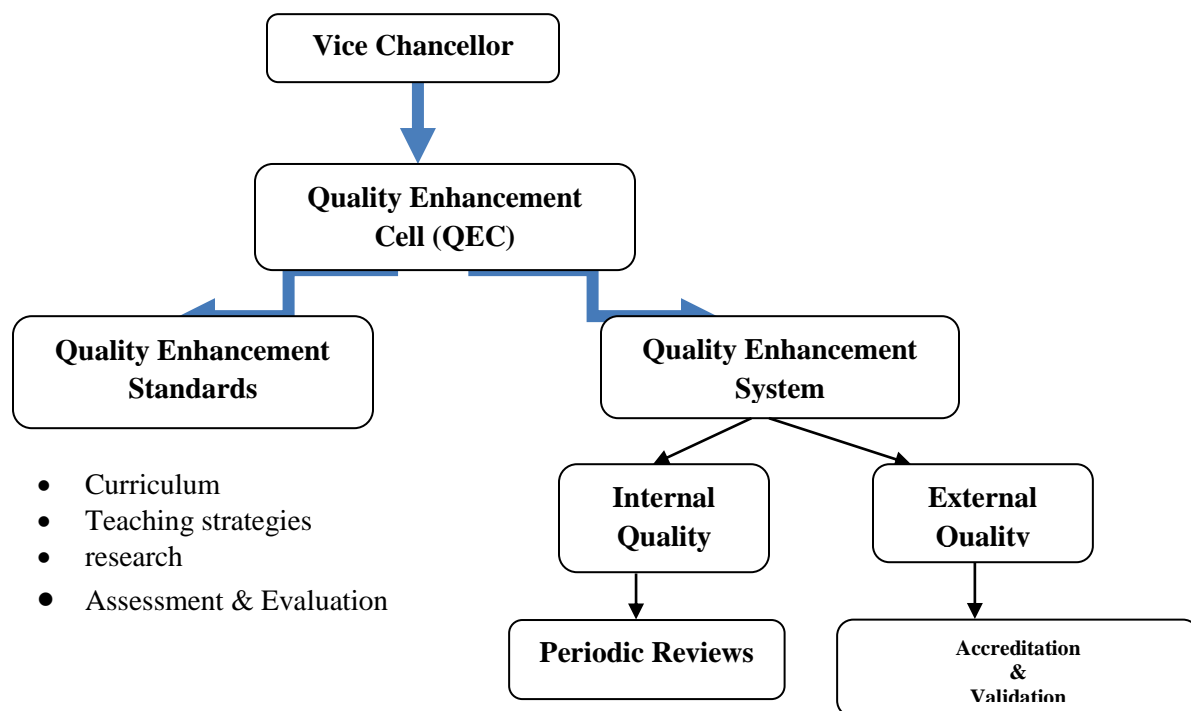
- University Residency programs
- Examinations
- Inductions of students, residents and faculty
- Planning & development
- Research & other academic activities

QEC is also meant to carry out Institutional Performance Evaluation (IPE) and Post Graduate Program Review (PGPR) as per recommendations of HEC.

### QEC Tool Box

Comprises of HEC guidelines for quality enhancement to be followed and Multi-Source Feedback (MSF) proforma that are to be filled biannually for comprehensive assessment of RMU residents.

### Quality Assurance Model of RMU



In addition to quality assessment of undergraduate and postgraduate programs, QEC also works for arranging Self – IPE & PGPR on annual basis as depicted below:

### Self-Institutional Performance Evaluation by HEC 2022



### Post Graduate Program Review (PGPR) by HEC nominated focal person 2021



### Post Graduate Program Review (PGPR) by HEC nominated focal person 2022





## Examination Department

University Examination Cell of Rawalpindi Medical University is situated in Old Campus of the University. Apart from undergraduate (MBBS) exam, post graduate assessments were also done here. UEC is headed by Prof. Rai Muhammad Asghar who is Controller Examination at University.



**Secrecy Branch of University Examination Cell**



**TOS of Final Training Assessment (FTA) in Examination Cell**

## Examination Committee

The examination committee is comprised of competent officers of diverse specialties of RMU in addition to Controller Examination, Deputy Controller and Assistant Controller Examination. All the members of Examination committee are well versed in knowledge of examinations, assessment practice, and principles of evaluation.



**MTA January 2022 in examination hall of RMU**



**Vice Chancellor & Controller of Examinations RMU addressing to the queries of residents during exam**

## **Functions of Examination Department**

- Examination Cell serves all Examination notices received from University to all concerned.
- Examination cell prepares Circulars for students regarding Exam Fee Collection, the last date of fee Collection, modalities of payments of fine etc.
- Examination Cell takes all precautions while preparing Examination Time table, Invigilation duty chart, seating plans for the students in the Examination halls, smooth conduct of Examinations etc. Examination Time table will be displayed on institutional notice boards and at University website ([www.rmur.edu.pk](http://www.rmur.edu.pk)).
- Examination Cell mobilizes the proper staff during the examination time and assigning them duty as per the duty chart already prepared.
- After the examination, concerned staff of UEC shall seal the answer booklets along with the attendance sheet, course wise and degree program wise and shall be preserved in a secured place.
- Examination cell takes necessary steps for distribution of Answer sheets to the concerned teachers after completion of the exam and receiving the answer sheets, award list, and preparing in the desired format to send them to University.
- Examination cell analyzes all examination results and in consultation with Controller Examination, prepares the report thereof for submission to appropriate authorities for follow up action.
- Examination Cell keeps all records pertaining to examinations.
- Examination Cell staff addresses grievances of administration, faculty, staff and students on all examination related issues.
- The Internal and the External Examination marks shall be compiled at the UEC and the results shall be finalized by the Controller Examination. The results shall be uploaded to the University website ([www.rmur.edu.pk](http://www.rmur.edu.pk)) one month after completion of examination.

- Queries regarding re-totaling of marks, providing photocopies of evaluated answer booklets and re-evaluation of answer booklets shall be attended as per University rules.
- The supplementary examinations shall be conducted along with the final external examinations as and when the courses are offered.
- The meetings of University examination cell will be arranged thrice per year.
- Examination format in liaison with relevant faculties will be updated from time to time.

## Section-II

### Residency Programs



## **University Residency Program**

### **Mission**

To provide residents with a comprehensive structured education and training in both basic and clinical sciences that will enable the resident to become competent and proficient.

### **Vision**

To disseminate best services and bring innovation in treatment and preventive strategies through research that spans fundamental discovery, health care services and knowledge mobilization



## **Objectives of University Residency Program**

By the end of postgraduate training in the discipline concerned, resident should be able to:

1. Recognize the significance of concerned specialty in the context of health needs of the community and national priorities in the health sector
2. Practice the concerned specialty ethically and in compliance with steps of primary health care
3. Promote system based practice and patient safety
4. Advocate for appropriate health resource allocation
5. Identify social, economic, environmental, biological and emotional determinants of health while dealing with patients and take them into consideration before application of therapeutic, rehabilitative and preventive measures
6. Diagnose and manage the patients on the basis of clinical assessment and appropriate investigations
7. Demonstrate empathy and humane approach towards patients and their families
8. Express interpersonal behavior according to societal norms and expectations
9. Implement national health programs effectively and responsibly
10. Organize and supervise the chosen/assigned health care services demonstrating adequate managerial skills in the clinic / hospital / community
11. Develop skills as a self-directed learner, recognize continuing education needs; select and use appropriate learning resources
12. Function as an effective leader of a health team engaged in health care, research and training
13. Elaborate innovative knowledge about diseases of their specialty in the context of technological and pharmacological advances

## Nomenclature & Duration of University Residency Programs

### Nomenclature

- MD – Doctor of Medicine
- MS – Master of Surgery

### Specialists approved for MS / MD Training at RMU

Total 22 specialties are approved for MS / MD training at RMU / Allied Hospitals by Pakistan Medical Commission (PMC). Adequate qualified supervisors and nursing staff are working in these disciplines. Number of residents enrolled through CIP at RMU affiliated hospitals against these programs is revealed below:

Sr.#	Training Programs	Duration	No. of residents
1)	MD Medicine	4 years	37
2)	MD Gastroenterology	5 years	10
3)	MD Nephrology	5 years	08
4)	MD Dermatology	5 years	08
5)	MD Cardiology	5 years	08
6)	MD Psychiatry	4 years	08
7)	MD Emergency Medicine	5 years	01
8)	MD Critical Care	5 years	----
9)	MD Pulmonology	5 years	01
10)	MD Infectious Diseases	5 years	----
11)	MS General Surgery	4 years	42
12)	MS Orthopedic Surgery	5 years	21
13)	MS Neurosurgery	5 years	21
14)	MS Pediatric Surgery	5 years	08
15)	MS Plastic Surgery	5 years	07
16)	MS Urology	5 years	10
17)	MS Gynaecology & Obstetrics	4 years	47
18)	MS Otorhinolaryngology (ENT)	4 years	19
19)	MS Ophthalmology	4 years	08
20)	MS Anesthesiology	5 years	21
21)	MD Paediatrics	4 years	25
22)	MD Diagnostic Radiology	4 years	13

### PhD & Masters Programs

SR #	Residency Programs	Duration
1.	PhD Microbiology & Molecular Biology	6 years
2.	Masters in Health Professions Education (MHPE)	2 years
3.	PhD Biochemistry	6 years

### Proposed Programs

SR #	Residency Programs	Duration
4.	M. Phil Community medicine	2 years
5.	M. Phil Pharmacology	2 years
6.	M. Phil Anatomy	2 years
7.	M. Phil Physiology	2 years
8.	M. Phil Biochemistry	2 years
9.	M. Phil Histopathology	2 years
10.	M. Phil Chemical Pathology	2 years
11.	M. Phil Haematology	2 years

## Rotations of University Residents at RMU/ Allied Hospitals

The rotations in respective specialties and sub-specialties are clearly defined. Assessments of both external and internal rotations are updated in the academic record of the residents. Updated planner of residents' rotations 2022 for both 4 years and 5 years residency programs is depicted below:

### Rotations' Planners for 4 years Training Program

Sr. No.	Training programs	1 <sup>st</sup> year	2 <sup>nd</sup> year	3 <sup>rd</sup> year	4 <sup>th</sup> year
1	MD Medicine	Cardiology, Nephrology, ICU (Each of 2 months) to be completed in 1 <sup>st</sup> 2 years of training		Neurology (1 month), Gastroenterology (2 months), Dermatology (1 month), Pulmonology (1 month), Radiology (2 weeks), Psychiatry (2 weeks)	
2	MS General Surgery	General Surgery	<ul style="list-style-type: none"> <li>• Orthopedics – 3 months</li> <li>• Urology – 3 months</li> <li>• Pediatric Surgery – 3 months</li> <li>• Neurosurgery – 2 months</li> <li>• Plastic / Cardiac Surgery – 1 month</li> </ul>	General Surgery	General Surgery
3	MS Gynaecology & Obstetrics	Internal Medicine - 2 months	Neonatology (1 month) & Surgical ICU (critical care) (1 month)	Surgery - 2 months	Urology – 2 months
4	MD Paediatrics	Neonatology, Emergency Paediatrics & Paediatrics Medicine (each of 2 months)		Cardiology & Rehabilitative Medicine (each of 2 months)	
5	MD Diagnostic Radiology	Nuclear Medicine (6 weeks)	Interventional Radiology (1 month), MRI-I (2 months)	Echocardiography (2 weeks), MRI-II (2 months)	Interventional Radiology (1 month)
6	MS Otorhinolaryngology (ENT)	General Surgery, Neurosurgery (each of 2 months)	Maxillofacial surgery (2 months)	Plastic surgery (2 months)	ENT
7	MS Ophthalmology	General Surgery (1 month), Emergency Medicine (1 month)		Community Ophthalmology (1 month) Neurosurgery, Plastic Surgery, Radiology, Oncology, Dermatology & Pathology (each for 1 month)	
8	MD Psychiatry	3 rotations each of 3 months in Psychology, Medicine & Neurology		-----	-----

### Rotations' Planner for 5 years Training Programs

Sr. No.	Training programs	1 <sup>st</sup> year	2 <sup>nd</sup> year	3 <sup>rd</sup> year	4 <sup>th</sup> year	5 <sup>th</sup> year
1	MS Orthopedics	General Surgery (1 year) 3 rotations each of 2 months can be opted from the following: Pediatric surgery, Urology, Thoracic Surgery, Neurosurgery, Plastic Surgery		2 rotations each of 3 months can be opted from the following: Physical Medicine & Rehabilitation, Hand surgery, Arthroplasty, Spine, Pediatric Orthopedics		
2	MD Dermatology	3 rotations each of 2 months to be completed. Cardiology, Nephrology, Gastroenterology		1 month Histopathology, 1 month Plastic Surgery, 15 days Laser Clinic, 15 days Leprosy Hospital		
3	MS Plastic Surgery	General Surgery (18 months)		3 rotations each of 2 months to be completed in the following: Dermatology, Maxillofacial surgery, any other Plastic surgery department		
4	MS Neurosurgery	General Surgery (1 year) Trauma & Orthopedics (2 months) 2 rotations each of 2 months to be opted from the following: Plastic Surgery, Pediatric Surgery, Thoracic surgery & Urology		Neurology (1 month), Neuro-Radiology (1 month)		
5	MD Gastroenterology	3 rotations each of 2 months to be completed Cardiology, Nephrology / ICU, Dermatology		ICU (2 months)	Radiology (02 months) Histopathology (01 month) Liver transplant/ GI surgery (01 month)	
6	MD Nephrology	After 6 months in Nephrology, 10 months in Internal Medicine & 8 months of external rotation (4 external rotations can be opted each of 2 months from: Neurology, Radiology, Dermatology, Medical ICU, Pulmonology, Psychiatry, Gastroenterology, Rheumatology)		Medical ICU (1 month)	Radiology (1 month)	Transplant (2 months)
7	MD Cardiology	First 6 months in Cardiology, 12 months Internal Medicine, total 3 rotations each of 2 months can be opted from the following: • Pulmonology • Nephrology • Medical ICU • Gastroenterology • Psychiatry		4 rotations each of 3 months. Coronary care unit, consultation service, non-invasive service cardiac catheterization laboratory	Echo (3 months), Nuclear Radiology (2 months), non-invasive cardiac testing including exercise stress testing (2 months), EKG interpretation and Holter monitoring (1 month), cardiac catheterization laboratory (2 months), Electrophysiology (2 months)	Invasive Track OR Non-invasive track
8	MS Urology	First 6 months in Urology, 12 months in General Surgery, 3 rotations (Plastic Surgery, Pediatric Surgery & Radiology) – each rotation of 2 months duration		Urology	Urology	Urology

### Rotations' Planner for MS Anesthesiology

Training programs	1 <sup>st</sup> year	2 <sup>nd</sup> year	3 <sup>rd</sup> year	4 <sup>th</sup> year	5 <sup>th</sup> year
MS Anesthesiology	<p>A: Introduction to Anesthesia (6 months):</p> <ol style="list-style-type: none"><li>1. Preoperative assessment</li><li>2. Premedication</li><li>3. Post-operative and recovery room care</li><li>4. Perioperative management of emergency patients</li><li>5. Induction of general anesthesia</li><li>6. Intraoperative care</li><li>7. Infection control</li><li>8. Management of cardiac arrest in adults and children.</li><li>9. Mandatory workshops</li><li>10. Synopsis preparation.</li></ol> <p>B: Core Anesthesia (18 Months)</p> <p>Basics of Surgery:</p> <ol style="list-style-type: none"><li>1. Basic Airway Management &amp; Critical Incident Management; 2 weeks</li><li>2. Day Surgery: 2 weeks</li><li>3. General Surgery &amp; Trauma: 6 Months</li><li>4. Urological Surgery:1 months</li><li>5. Gynecological Surgery:1 month</li><li>6. Head Neck Maxillofacial &amp; Dental Surgery: 2 weeks</li><li>7. Orthopedic Surgery :1 Month</li></ol> <p>Basics of medicine:</p> <ol style="list-style-type: none"><li>1. Intensive Care Medicine: 2 months</li><li>2. Outside Theatre :2 weeks</li><li>3.Obstetrics :3 months</li><li>4. Pediatrics :2 months</li></ol>		<p>Focus on Subspeciality Training(24 months):</p> <p>Essential Units:</p> <ol style="list-style-type: none"><li>1. Anesthesia for Neurosurgery, Neuroradiology &amp; Neurocritical care: 1 month</li><li>2. Cardiothoracic, Vascular &amp; Thoracic Anesthesia: 2 months</li><li>3. Intensive Care Medicine:2 months</li><li>4. Day Surgery: 2 weeks</li><li>5. General Surgery, Trauma &amp; Stabilisation:5 months</li><li>6. Urological Surgery:1 Months</li><li>7. Gynecological Surgery: 1 Month</li><li>8. Head Neck maxillofacial &amp; Dental Surgery:2 weeks</li><li>9. Outside Theatre:2 weeks</li><li>10. Orthopedic Anesthesia: 1 month</li><li>11. Regional Anesthesia: 1 month</li><li>12. Sedation: 2 weeks</li><li>13. Anesthesia for Obstetrics: 3 months</li><li>14. Pediatrics Anesthesia: 3 months</li><li>15. Pain Medicine: 1 month</li></ol> <p>Minor rotations:</p> <ol style="list-style-type: none"><li>16. Ophthalmic: 2 weeks</li><li>17. Plastic/Burns: 2 Weeks</li></ol>		<p>Focused advanced training:</p> <p>May elect to do up to 6 months in two of the following Subspecialities:</p> <ol style="list-style-type: none"><li>1. Anesthesia in Neurosurgery, <u>Neuroradiology &amp; Neurocritical care</u></li><li>2. Cardiothoracic anesthesia &amp; Cardiothoracic critical care</li><li>3. Regional</li><li>4. Intensive Care Medicine</li><li>5. Obstetrics</li><li>6. Pediatrics</li><li>7. Pain Medicine</li><li>8. Plastics/Burns</li></ol>

## Curricula of University Residency Program

Curricula of both ongoing and proposed Residency Programs have been prepared by subject specialists in compliance with objectives of University Residency Program. These curricula can be viewed by all residents on RMU website ([www.rmur.edu.pk](http://www.rmur.edu.pk).)

### Curricula of Residency Programs at Rawalpindi Medical University



These curricula are designed and finalized by worthy Dean of respective departments with consensus and discussion of their dedicated faculty in alignment with ACGME (Accreditation Council for Graduate Medical Education) <sup>1</sup>guidelines that are tracked in order to ensure acquisition of our residents by all the 6 core competencies which are:

1. Medical Knowledge
2. Patient care
3. Interpersonal & Communication skills
4. Professionalism
5. Practice Based Learning & Improvement
6. System Based Practice

### WFME Global Standards for Quality Improvement in Post-graduate Medical Education

World Federation for Medical Education (WFME)<sup>2</sup> recommends the following set of global standards for Post-graduate medical education according to 9 areas. These areas are defined as broad components in the structure, process and outcome of post-graduate medical education and training. These are:

1. Mission and outcomes
2. Training process
3. Assessment of Trainees
4. Trainees
5. Staffing



6. Training settings and Educational resources
7. Evaluation of Training process
8. Governance & Administration
9. Continuous Renewal

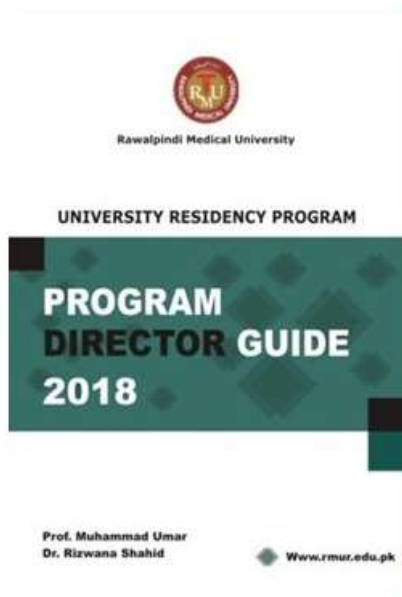
Intended users of these standards are Authorities, organizations and institutions with responsibility for postgraduate medical education. This 9 set of international standards can be used globally as a tool for quality assurance and development of postgraduate medical education in the following ways:

1. Self-evaluation of Programs
2. peer review
3. Combination of self-evaluation and External Peer review
4. Recognition and Accreditation

- 
1. **ACGME Guidelines Available at:**  
<https://knowledgeplus.nejm.org/blog/exploring-acgme-core-competencies/>.
  2. **WFME Global Standards for Quality improvement in Post-graduate Medical Education Available at:**  
<https://wfme.org/publications/wfme-global-standards-for-quality-improvement-pgme-2015/>.

## Residents' Appointments

Residents / postgraduate medical trainees are enrolled in training program in compliance with Punjab Residency Program Guidelines available at: <http://prp.punjab.gov.pk/>. These guidelines are also mentioned in detail in *Program Director Guide*.



In order to get a residency in government institutes of Punjab, candidates need to apply to Punjab Residency Program (PRP) Central Induction Policy (CIP). It's an online process. The candidates need to fill the form online on the official website (<http://prp.phf.gop.pk>) of PRP.

### Seat Distribution:

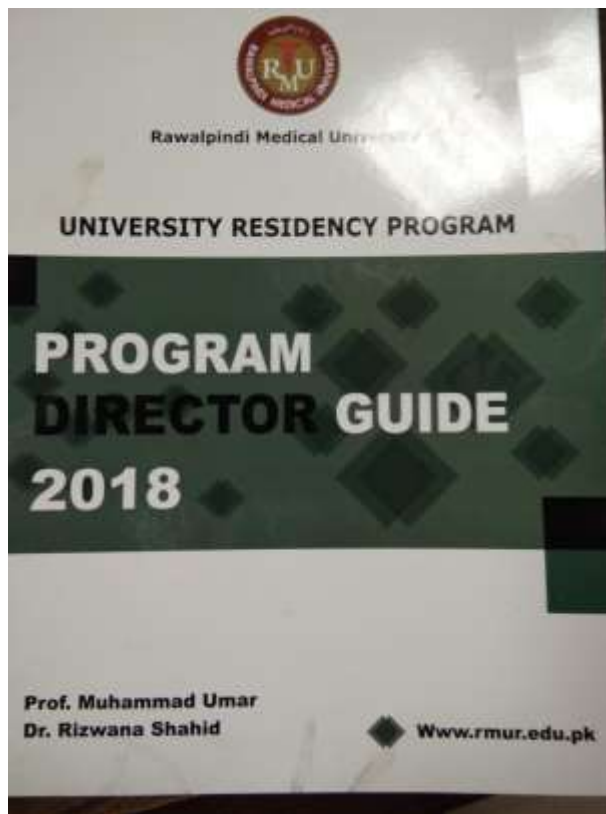
- 50% of the total seats are for FCPS candidates
- 50% of the total seat are for MS / MD / MDS candidates
- 93% seats are for Punjab
- 6% seats are for other regions distributed as:
  - a) 2% seats for foreign candidates
  - b) 2% seat for AJK, Gilgit, Islamabad
  - c) 2% seats for Sindh, KPK, Baluchistan
  - d) 1% for disabled candidates of Punjab Province (from the discipline of Anesthesia, Radiology & Pathology)

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Central Induction Policy – UPMED Available at: <https://www.upmed.net/cip/>.

## Section-III

### Teaching & Training



## **Instructional Strategies**

Teaching and training of the residents enrolling in University Residency Program are through diverse modalities which are:

- Bedside teaching
- Morning meetings
- Multidisciplinary Team meetings (MDT) monthly
- Mandatory workshops
- Orientation seminar & Training sessions
- Annual lectures
- Interactive sessions
- Rotations

Apart from aforementioned methodologies, trainees will also get expertise in their respective specialty through participation in Conferences / Seminars / Symposium, doing Self-Directed Learning (SDL), visualizing videos of procedures and attending interactive sessions.

## Case Based Discussion (CBD)

A clinical teaching tool for the postgraduate residents in the field of medicine that entails structured interview of trainee by the supervisor within which actual written case records presented by the trainee are thoroughly focused. It is neither an informal chat nor a formal examination, but rather a process in which residents are not graded for their discussion but also bestowed by constructive feedback by the supervisor<sup>1</sup>.

Case Based Discussion is one of the most valuable modality to assess clinical reasoning of the trainees and application of knowledge to solve the problem of the patients. the importance of this mode of teaching cannot be overlooked due to reflective practice of the trainees followed by feedback of the trainers<sup>2</sup>.

The primary function of the rating scale of a CBD is to inform the trainee and trainer about what needs to be learnt<sup>3</sup>. Marks per se provide no learning improvement; students gain the most learning value from assessment that is provided without marks or grades<sup>4</sup>. CBDs have in built feedback and so trainees get feedback immediately through this modality. Verbal feedback has a significantly greater effect on future performance than grades or marks as the assessor can check comprehension and encourage the student to act upon the advice given<sup>4</sup>.

Proforma for Case Based clinical evaluation of trainee along with other 360 degree evaluation Proforma designed for RMU residents is attached as Annexure in Program Director Guide 2018.

- 
1. Case Based Discussion Available at: <https://medical-dictionary.thefreedictionary.com/case-based+discussion>.
  2. Mehta F, Brown J, Shaw NJ. Do trainees value feedback in case-based discussion assessments? Medical Teacher 2013; 35: 1166-1172.
  3. Williamson JML, Osborne AJ. Critical analysis of Case Based Discussion. BJMP 2012; 5(2): 1-4.
  4. Cooks TJ. The impact of classroom evaluation practices on students. Review of Educational Research 1998;58;438-481.

## Morning Meetings

Morning meetings are of paramount importance to enhance the interpersonal communication among doctors and nurses in addition to improvement of patients' outcome. These meetings not only facilitate better planning of activities to be undertaken throughout the day but also promote better understanding of the subject among residents. Such meetings also assist the residents exponentially in achievement of desired learning outcomes<sup>1</sup>.

## Multi-Disciplinary Team (MDT) Meetings

There is enormous increase in multidisciplinary team meetings in healthcare setting due to more specialties<sup>2</sup> and advancement in technology<sup>3</sup>. Consultations are taking place through MDTMs promote better patient care as management is aided with case discussions<sup>4</sup>.

MDT meetings are characterized by coordination among functional departments of the hospital. They also promote learning among residents as they get an opportunity of in depth visualization of health status of the patients<sup>5</sup>.

- 
1. [Aston J, Shi E, Bullôt H, Galway R, Crisp J](#). Qualitative evaluation of regular morning meetings aimed at improving interdisciplinary communication and patient outcomes. [Int J Nurs Pract](#). 2005; 11(5): 206-213.
  2. Calman K, Hine D. A Policy Framework for Commissioning Cancer Services. London: Department of Health, Welsh Office; 1995.
  3. Board of the Faculty of Clinical Radiology. Cancer Multidisciplinary Team Meeting – Standards for Clinical Radiologists. London: The Royal College of Radiologists; 2005.
  4. Kane B, Luz S, O'Brain DS, McDermott R. Multidisciplinary team meetings and their impact on workflow in radiology and pathology departments. *BMC Med* 2007; 5:15.
  5. Kane B, Luz S. Multidisciplinary medical team meetings: an analysis of collaborative working with special attention to timing and teleconferencing. *Comp Support Coop Work*. 2006;15:501–535.

## Mortality & Morbidity Meetings (MMM)

Apart from International organizations mortality and morbidity meetings are frequently organized in our national health care settings to scrutinize frequency of mortality and morbidity with an intention to promote patient safety. Such meetings are also meant to ensure accountability. they also facilitate professional learning among doctors<sup>1</sup>.

In many countries, mortality and morbidity meetings are intruded within the medical curriculum for postgraduate trainees<sup>2</sup>. Junior doctors present cases to other doctors for reflection on diagnostic or treatment decision-making, and in return they receive clinico-pathological wisdom and learn presentation skills. In the past, the brief discussions between the clinicians about the causes of death were thought to be effective peer review and an adequate means of changing practice<sup>3,4</sup>. Little attention was paid to analyze the causes of deaths for quality improvement. Studies have shown that for M&M meetings need to be structured and systematic in reviewing and discussing deaths, directing discussions towards improving system and process variations<sup>5</sup>. There is dire need to Integrate M&M meetings into the wider governance structure and monitor meeting outcomes for shared learning and assurance<sup>6</sup>.

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1. National Patient Safety Agency. *Patient Safety First. The Campaign Review* London: National Patient Safety Agency, 2011.

2. Accreditation Council for Graduate Education. *ACGME Program Requirements for Graduate Medical Education in Surgery* 2008. [http://www.acgme.org/acWebsite/downloads/RRC\\_progReq/440\\_general\\_surgery\\_01012008.pdf](http://www.acgme.org/acWebsite/downloads/RRC_progReq/440_general_surgery_01012008.pdf).

3. Biddle C. Investigating the nature of the mortality and morbidity conference. *Acad Med* 1990;65:420.

4. Pierluissi E, Fischer MA, Campbell AR et al. Discussion of medical errors in morbidity and mortality conferences. *JAMA* 2003;290:2838–42.

5. Schwarz D, Schwarz R, Gauchan B, et al. Implementing a systems-oriented morbidity and mortality conference in remote rural Nepal for quality improvement. *BMJ QualSaf* 2011;20:1082–8.

6. Higginson J, Walters R, Fulop N. Mortality and Morbidity meetings: An updated resource for improving the governance of patient safety? *BMJ QualSaf* 2012; 21: 576-585.



## Mandatory Workshops

The importance of workshops as a component of postgraduate training can never be neglected. This modality provides a platform of single short educational program to teach or introduce to participants practical skills or techniques that can facilitate them at their workplace. Workshops endorse brainstorming among participants who also get an opportunity to share their experiences and learn from those of others. Mandatory workshops for these residents are conducted during 6 months-1 year period following their registration. Mandatory workshops are:

- Communication skills
- Computer skills
- Research methodology, Biostatistics& Dissertation writing (RMB&DW)
- Synopsis writing
- Cardiac First Response



**Prof. Muhammad Umar is addressing RMU residents at the end of communication skills workshop**



**Cardiac First Response (CFR) workshop in skill Lab**

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**Communication skills workshop for university residents in DME Conference Hall of RMU**

These workshops are proposed keeping in view both national and international training standards.

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Conducting a workshop. Available at: <https://ctb.ku.edu/en/table-of-contents/structure/training-and-technical-assistance/workshops/main>.

## Orientation Seminar & Training Sessions

Orientation sessions are imperative to prepare the faculty members for commencement of new academic program. These sessions are meant to provide the guidance pertinent to course structure, expectation and support services available.

A grand orientation seminar was organized about University Residency Program at RMU. All the Deans, supervisors, Mentors, Program Directors and Program Coordinators were invited in this seminar. The honorable Vice Chancellor RMU Prof. Muhammad Umar, Chairman PGME Committee Prof. Muhammad Ajmal and Director DME Prof. Rai Muhammad Asghar gave an overview of University Residency Program (URP), briefed its road map and assured the audience of transparency in all the upcoming steps from enrollment in this program through CIP till award of degree.

Numerous orientation sessions have been arranged regarding University Residency Programs.

- For facilitators (supervisors, mentors, program directors & program coordinators)
- For residents

These were basically organized to clear the ambiguities regarding filling of assessment proforma. The pictures relevant to this prestigious event are shown below:



**Prof. Muhammad Umar VC RMU is distributing UTMIC Registration cards to RMU residents**



**Supervisors and mentors are collecting their reg. certificates at the end of orientation session**

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Orientation sessions Available at: [https://www.westernsydney.edu.au/starting/orientation/orientation\\_sessions](https://www.westernsydney.edu.au/starting/orientation/orientation_sessions).

Other worth mentioning pictures related to orientation and training sessions regarding URP are depicted below:



**Prof. Muhammad Umar VC RMU addressing the queries of RMU residents in orientation session of URP**



**Worthy faculty of RMU asking questions pertinent to URP from the patrons of University Residency Program (URP)**



**VC RMU discussing the assessments of residents' rotations with supervisors**



**Dr. Rabbia Khalid, Assistant Director QEC explaining about the scoring of 360 degree evaluation proforma**



**VC RMU elaborating the supervisors and residents about the importance of Continuous Internal Assessment (CIA)**



**Dr. Arsalan Manzoor giving orientation to Assistant Professors of Allied Hospitals about URP**

Such sessions are planned to be organized every 4 months to resolve the queries of RMU residents pertinent to their training.

## Annual Lectures

There is great emphasis worldwide to integrate basic and clinical sciences in medical education for long term learning and to prepare the future generation for practice. Annual lectures are also being delivered for these residents by esteemed and experienced lecturers which are preferably professorial staff of the university.

### **FORMAT OF ANNUAL LECTURES**

1. Annual lectures should comprise of the following content:
  - 80% patho-physiology
  - 20% applied clinical
2. Prepare lectures power point presentation keeping in view all the characteristics of good presentation like proper colour match of slide background and font, adequate font size, use of pictures for understanding of clinical pictures, avoiding overcrowding of slides etc. Optimal number of slides should be 30.
3. Learning objectives should be specified at the beginning of lecture.
4. MCQs paper should also be designed relevant to annual lecture with key that should be distributed among trainees by the end of lecture and should also be marked. Pass percentage is 60%.
5. MCQs paper of trainees should be assessed and tabulate the result for submission to DME.
6. Feedback proforma should be filled by the trainees at the end of lecture.
7. Soft copy of annual lecture should preferably be uploaded on RMU website.

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Hoeven DV, Hoeven RV, Zhu L, Busaidy K, Quock RL. Integration of Basic and Clinical Sciences: Faculty Perspectives at a U.S. Dental School. *Journal of Dental Education* 2018, 82 (4) 349-355.

## List of Annual Lectures

List of annual lectures to be delivered to RMU residents from in New Teaching Block of Rawalpindi Medical University is depicted below:

Sr.#	Topics of Annual lecture	Teachers
1.	Research Ethics	Dr. Faiza Aslam
2.	Cardiac cycle	Dr. Syed Muarraf Hussain
3.	Acid Base Balance	Dr. Shmyla Hamid
4.	Fluid & electrolyte imbalance	Dr. Syed Muarraf Hussain
5.	Genetic diseases & Inheritance	Prof. Rai Muhammad Asghar
6.	immunological components of diseases	Prof. Naeem Akhtar
7.	Principles of Infectious Diseases	Dr. Mujeeb Khan
8.	Patho-physiology of sepsis & septic shock	Dr. Abrar Akbar
9.	Systemic inflammatory response syndrome	Prof. Mobina Ahsan Dodhy
10.	Abdominal & chest imaging	Dr. Hina Hanif
11.	Electrocardiogram (ECG)	Dr. Muhammad Asad
12.	Interpretation of clinical chemical reports	Prof. Mobina Ahsan Dodhy
13.	Physiology of critical illnesses	Dr. Abrar Akbar
14.	Therapeutics in Oncology	Dr. Asma Khan
15.	Palliative care & pain management in terminal illness	Prof. Jawad Zaheer
16.	Adult respiratory distress syndrome (ARDS)	Dr. Abrar Akbar



Some of the pictures of annual lectures at RMU for University residents are depicted below:



**Prof. Muhammad Umar Vice Chancellor RMU highlighting the significance of research in annual lecture**



**Dr. FiazAslam Research Coordinator RMU delivering annual lecture on ethical perspective of research to RMU residents**



**Dr. FaizaniaShabbir AP Physiology delivering annual Lecture on Fluid & Electrolyte Imbalance to RMU residents**



**Prof. Muhammad Umar VC RMU clarifying the ambiguities of RMU residents in annual lecture**



**Dr. Mujeeb Khan is delivering Annual lecture on Principles of Infectious Diseases to RMU residents**



**Dr. Mujeeb Khan clarifying the ambiguities of RMU residents about principles of Infectious Diseases**

## Interactive Sessions

Interactive sessions are also occasionally arranged for RMU residents with International speakers to give them an overview of modern healthcare concepts operating worldwide. One of such sessions was organized on 12<sup>th</sup> September, 2018 in CPC Hall of RMU. The speakers were Dr. Najma Siddiqui, Clinical Senior Lecturer in Psychiatry, Department of Health Sciences, Hull York Medical School, UK and Mr. Jerome Uright, Senior Lecturer in Mental Health, Department of Health Sciences, University of York, UK. Topic of this interactive session was **“Clinicians engaging in Research – Why Bother?”**

The pictures of this prestigious event are depicted below:



**Mr. Jerome Uright, Senior Lecturer in Mental Health University of York, UK briefing about research**



**RMU residents listening to prestigious lecture in CPC Hall of RMU**



## Logbook

Logbook is an ideal tool to document the activities undertaken during training for accomplishment of the learning outcomes along with procurement of remarks / feedback of the supervisor. They should be appropriately designed to encompass all the components of curriculum<sup>1</sup>. Logbooks guide the residents regarding the number of cases to be seen, procedures to be done deemed necessary for skill acquisition. They also facilitate supervisors in giving constructive feedback to the trainees<sup>2</sup>.

Logbooks can be successfully implemented in residency program by getting input of the stakeholders for its content, keeping short and precise, integrating it into the curriculum and training the supervision physicians and mentors<sup>3</sup>.

Logbooks are designed for each University Residency program separately by the consensus of the worthy faculty of RMU. These logbooks are also uploaded on [www.rmur.edu.pk](http://www.rmur.edu.pk) to ease its availability for the trainees.



- 
1. Gouda P. The need for logbooks to evolve in the undergraduate medical setting. [Perspect Med Educ](#). 2016 Feb; 5(1): 65.
  2. Rees CE, Shepherd M, Chamberlain S. The utility of reflective portfolios as a method of assessing first year medical students' personal and professional development. *Reflect Pract*. 2005;6(1):3–14.
  3. Brauns KS, Narciss E, Schneyinck C, Bohme K, Brustle P, Mau-Holzmann U, et al. Twelve tips for successfully implementing logbooks in clinical training. *Medical Teacher*, 38: 6, 564-569.

## Portfolio

Portfolios are of great use in postgraduate medical training as an assessment tool, as documentation of competence, a database of procedure experience and for revalidation purposes<sup>1</sup>. This form of assessment promotes achievement of learning outcomes AND assists in understanding varied aspects of the trainees in clinical settings like attitude, personal attributes and professionalism through reflective practices<sup>2</sup>.

Reflection which is the hallmark of portfolio allows our doctors at all stages of training to learn from their actions and promotes continued review of the literature to keep them up to date<sup>3</sup>. The Portfolio of a doctor or medical resident should comprise of the following pillars of Good Medical Practice:

- Maintaining good medical practice
- Good clinical care
- Teaching and training, appraising and assessing
- Relationships with patients
- Working with colleagues<sup>4</sup>

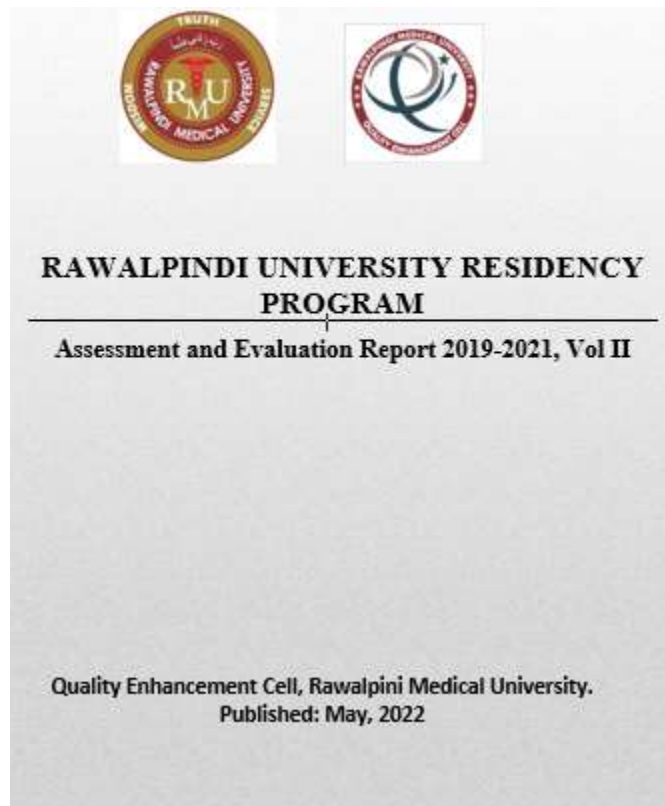


**Logbooks & Portfolio appraisal of University Residents for FTA & MTA July 2022 by Dean of Postgraduate Studies, DME & QEC**

1. Haldane T. "Portfolios" as a method of assessment in medical education. [GastroenterolHepatol Bed Bench](#). 2014; 7(2): 89–93.
2. Davis MH, Ponnampuruma GG. Portfolios, projects and dissertations. In: Dent JA, Harden RM, editors. A practical guide for medical teachers. London: Elsevier Churchill Livingstone; 2006.
3. O'Sullivan PS, Cogbill KK, McClain T, Reckase MD, Clardy JA. Portfolios as a novel approach for residency evaluation. *Acad Psychiatry*. 2002;26:173–179.
4. Douglas H, West C. Creating a good portfolio. *BMJ* 2009; 338: 811.

# Assessment & Evaluation

## Section-IV



## Assessment of University Residents

Revised curriculum and assessment scheme 2021 are implemented on the university residents inducted from July 2020. Revised Assessment Plan for the residents is revealed below:

Assessments for residents enrolled in 4 years training program	Assessments for residents enrolled in 5 years training program
In training assessment- 1 <sup>st</sup> year	In training assessment- 1 <sup>st</sup> year
Mid Training Assessment (MTA)	Mid Training Assessment (MTA)
In training Assessment – 3 <sup>rd</sup> year	In training Assessment – 3 <sup>rd</sup> year
Final Training Assessment (FTA)	In training Assessment – 4 <sup>th</sup> year
-----	Final Training Assessment (FTA)

Components of Assessment:

1. Written Assessment ---- will be based on 100 one best MCQs
2. Clinical Assessment --- will be based on OSCE, long case and short case presentation.

Residents will be supposed to defend their thesis on passing their clinical assessment in FTA.

## Eligibility requirements for Assessments

4 years Program	5 years Program
<b>Domains of DME</b>	
Participation in workshops	
Completion of all respective rotations	
Real time entries in logbooks & portfolio and their scoring by supervisors	
Scoring of rotational logbook by rotational supervisor	
Maintenance of leave record of trainees (Casual, maternity, Earned, sick leave)	
<b>Domains of QEC</b>	
Submission of Multi-Source Feedback (MSF) / 360 degree Evaluation Proforma every 6 months duly signed & stamped by the supervisor in QEC	

### Continuous Internal Assessment (CIA)

- 75% CIA is mandatory

- CIA will be an average of logbooks' / rotational scores & MSF / 360 degree evaluation scores.

### **Continuous Assessment of University Residents**

Transparent assessment plans have been defined for these residents. These assessments are meant to score 6 core competencies among the residents as per ACGME guidelines<sup>1</sup>. These are:

1. Medical knowledge
2. Patient care
3. Interpersonal & communication skills
4. Professionalism
5. Practice based learning & improvement
6. System based learning

Multi-Source Feedback (MSF) and Direct Observation of Procedural skills (DOPS) are authentic in academic assessment of residents at their workplace<sup>2</sup>.

Duly filled self-assessment proforma were collected from university residents followed by their analysis and compilation of report. Now 360 degree evaluation proforma has been sent to their respective departments to get multi-source feedback as these proforma are to be filled by their supervisors, mentors, nursing staff and patients pertinent to their knowledge, skills and attitude. DOPS proforma will also be designed by clinical departments with respect to their specialty to assess the procedural skills of their residents.

Diverse profroma designed for assessment and evaluation of RMU residents are shown in ***360 degree OR Multi-source Assessment***



1. ACGME Core Competencies Available at: <https://knowledgeplus.nejm.org/blog/exploring-acgme-core-competencies/>.
2. Vleuten C, Verhoeven B. In-training assessment developments in postgraduate education in Europe. ANZ J Surg 2013; 83: 454-459.

### **360 Degree Evaluation**

360-degree evaluations are comprised of measurement tools duly filled by multiple people in an individual's sphere of influence. They are also labelled as multisource feedback, multi-rater assessment, full-circle appraisal, and peer evaluation. This method of providing developmental feedback is used to assess competency as well as behaviour of concerned individual<sup>1</sup>.

360-degree evaluations in health care settings are destined to assess the six core competencies among residents but they are particularly valuable in evaluating interpersonal skills, communications skills, and professionalism. Most 360-degree tools use a survey or questionnaire to gather information in several areas (e.g., knowledge base, skills and task proficiency, teamwork, communication, managerial skills, decision making, professionalism and practice based learning)<sup>2</sup>.

The evaluators filling the 360- degree evaluation proforma should include departmental faculty, fellow residents, medical students, nurses, ancillary staff, patients, families, and the resident self-assessment, allowing for a “gap analysis” between how residents perceive themselves and how others perceive them. This provides a golden opportunity to focus on areas which are to be improved<sup>3</sup>. However, both raters and ratees must understand and accept the process as a career-enhancing tool for its successful implementation. Raters should give fair and honest feedback, and ratees must respect the confidentiality and anonymity of the process. 360 degree feedback must be used in a positive and constructive manner to enhance career development. Failure in either of these areas will diminish participation and effectiveness<sup>1</sup>.

This tool focuses on multiple perspectives and results are considered to be highly credible to change behavior. This is a significant deviation from the traditional peer review and the resident review processes that almost exclusively use physicians as raters<sup>4</sup>.

360 degree Evaluation report of the RMU residents is computer based to generate timely and easily correlated results. These reports are sent to respective Deans and are open for discussion only among supervisors and their residents. They constitute 15% weight age in final assessments of residents.

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1. Rodger KG, Manifold C. 360-degree Feedback: Possibilities for Assessment of ACGME Core Competencies for Emergency Medicine Residents. AcaEmerg Med 2002; 9(11): 1300-1304.



2. Rudy DW, Fejfar MC, Griffith CH, Wilson JF. Self and peer assessment in a first-year communication and interviewing course. Eval Health Prof. 2001; 24:436–45.
3. Atwater LE, Yammarino FJ. Self-other rating agreement: a review and model. Res Person Hum Resources Manage. 1997; 15:141–64.
4. Southgate L, Cox J, David T, et al. The General Medical Council's Performance Procedures: peer review of performance in the workplace. Med Educ. 2001; 35(suppl 1):9– 19.

## 360 Degree Evaluation Proforma

These proforma are enlisted below:

1. Mentor / Supervisor Evaluation of Trainee Proforma
2. Patient Medical Record / Chart Evaluation Proforma
3. Resident Evaluation by Nurse / Staff Proforma
4. Patient Evaluation of Trainee Proforma
5. Resident/Fellow Evaluation of Faculty Teaching Proforma
6. Final Evaluation Scoring Sheet Proforma
7. Resident Self-Assessment Proforma
8. Direct Observation of Procedural Skills (DOPS) Proforma
9. Case Based Clinical Evaluation Of Trainee Proforma

### Format of 360 degree evaluation report compilation

**EVALUATION REPORT**

Note: 70% is required to be in the satisfactory zone

<p>UTMC No: _____</p> <p>Name of Resident: _____</p> <p>Discipline: _____</p> <p><b>Supervisor Evaluation of Trainee: (1)</b></p> <p>Medical Patient Care: ____/ 90 (%)</p> <p>Medical Knowledge: ____/ 90 (%)</p> <p>Professionalism: ____/ 105 (%)</p> <p>Communication Skills: ____/ 60 (%)</p> <p>System Based Learning: ____/ 105 (%)</p> <p>Practice Based Learning: ____/ 45 (%)</p> <p>Grand % = 85.45%</p> <p><b>Patient Medical Record Evaluation: (2)</b> Marks obtained: ____/240 (%)</p> <p><b>Resident Evaluation by Staff / Nurse: (3)</b> Marks obtained: ____/ 168 (%)</p> <p><b>Resident Evaluation by Patient / Attendant: (4)</b> Marks obtained: ____/ 90 (%)</p> <p><b>DOPS: (8)</b> Marks obtained: ____/64 (%)</p> <p><b>Case Based Clinical Evaluation: (9)</b> Marks obtained: ____/100 (%)</p> <p><b>Comments:</b></p> <p>_____</p> <p>_____</p>	<p><b>Unit /Hospital:</b> _____</p> <p><b>Supervisor:</b> _____</p> <p><b>Year of Starting:</b> _____</p>
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Chair person  
Post Graduate Medical Education  
Rawalpindi Medical University

Quality Enhancement Cell  
Department of Medical Education  
Rawalpindi Medical University

Candidate's signature \_\_\_\_\_

Supervisor's comments \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



## Supervisor Evaluation of The Trainee

This is form no. 1. It has to be filled by the supervisors, program directors, deans, coordinators and mentors and minimum three faculty members should duly fill the form so that average value can be taken. This form contains strength of our university residency program i.e., 6 core competencies.



**RAWALPINDI MEDICAL UNIVERSITY**

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### MENTOR / SUPERVISOR EVALUATION OF TRAINEE

Resident's Name: \_\_\_\_\_

Evaluator's Name(s): \_\_\_\_\_

Hospital Name: \_\_\_\_\_

Date of Evaluation: \_\_\_\_\_

☐ Traditional Track (10% Clinic)      ☐ Primary Care Track (20% Clinic)

1	Unsatisfactory
2	Below Average
3	Average
4	Good
5	Superior

*Please circle the appropriate number for each item using the scale above.*

Patient Care		Scale				
1.	Demonstrates sound clinical judgment	1	2	3	4	5
2.	Presents patient information case concisely without significant omissions or digressions	1	2	3	4	5
3.	Able to integrate the history and physical findings with the clinical data and identify all of the patient's major problems using a logical thought process	1	2	3	4	5
4.	Develops a logical sequence in planning for diagnostic tests and procedures and Formulates an appropriate treatment plan to deal with the patient's major problems	1	2	3	4	5
5.	Able to perform commonly used office procedures	1	2	3	4	5
6.	Follows age appropriate preventative medicine guidelines in patient care	1	2	3	4	5
Medical Knowledge		Scale				
1.	Uses current terminology	1	2	3	4	5
2.	Understands the meaning of the patient's abnormal findings	1	2	3	4	5
3.	Utilizes the appropriate techniques of physical examination	1	2	3	4	5
4.	Develops a pertinent and appropriate differential diagnosis for each patient	1	2	3	4	5
5.	Demonstrates a solid base of knowledge of ambulatory medicine	1	2	3	4	5
6.	Can discuss and apply the applicable basic and clinically supportive sciences	1	2	3	4	5
Professionalism		Scale				
1.	Demonstrates consideration for the patient's comfort and modesty	1	2	3	4	5
2.	Arrives to clinic on time and follows clinic policies and procedures	1	2	3	4	5
3.	Works effectively with clinic staff and other health professionals	1	2	3	4	5
4.	Able to gain the patient's cooperation and respect	1	2	3	4	5
5.	Demonstrates compassion and empathy for the patient	1	2	3	4	5
6.	Demonstrates sensitivity to patient's culture, age, gender, and disabilities	1	2	3	4	5
7.	Discusses end-of-life issues (DPOA, advanced directives, etc.) when appropriate	1	2	3	4	5



Interpersonal and Communication Skills		Scale				
1. Demonstrates appropriate patient/physician relationship		1	2	3	4	5
2. Uses appropriate and understandable layman's terminology in discussions with patients		1	2	3	4	5
3. Patient care documentation is complete, legible, and submitted in timely manner		1	2	3	4	5
4. Recognizes need for behavioral health services and understands resources available		1	2	3	4	5
Systems-based Practice		Scale				
1. Spends appropriate time with patient for the complexity of the problem		1	2	3	4	5
2. Able to discuss the costs, risks and benefits of clinical data and therapy		1	2	3	4	5
3. Recognizes the personal, financial, and health system resources required to carry out the prescribed care plan		1	2	3	4	5
4. Demonstrates effective coordination of care with other health professionals		1	2	3	4	5
5. Recognizes the patient's barriers to compliance with treatment plan such as age, gender, ethnicity, socioeconomic status, intelligence, dementia, etc.		1	2	3	4	5
6. Demonstrates knowledge of risk management issues associated with patient's case		1	2	3	4	5
7. Works effectively with other residents in clinic as if a member of a group practice		1	2	3	4	5
Practice-Based Learning and Improvement		Scale				
1. Locates, appraises, and assimilates evidence from scientific studies		1	2	3	4	5
2. Apply knowledge of study designs and statistical methods to the appraisal of clinical studies to assess diagnostic and therapeutic effectiveness of treatment plan		1	2	3	4	5
3. Uses information technology to access information to support diagnosis and treatment		1	2	3	4	5
Comments						

Total Score \_\_\_\_\_/165

\_\_\_\_\_  
Resident's Signature\_\_\_\_\_  
Date\_\_\_\_\_  
Evaluator's Signature\_\_\_\_\_  
Date

## Patient Medical Record Evaluation Proforma

This is form no. 2. It has to be filled by the supervisors, program directors, deans, coordinators and mentors and minimum three faculty members should duly fill the form so that average value can be taken. Random files of the patients are consulted to fill this form.



**RAWALPINDI MEDICAL UNIVERSITY**

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### Patient Medical Record / Chart Evaluation Proforma

Name of Resident \_\_\_\_\_

Location of Case or Interaction \_\_\_\_\_

(OPD/Ward/Emergency/Endoscopy Department)

S#		Poor	Fair	Good	V. Good	Excellent
1.	Basic Data on Front Page Recorded	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2.	Presenting Complaints written in chronological order	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3.	Presenting Complaints Evaluation Done	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4.	Systemic review Documented	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5.	All Components of History Documented	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6.	Complete General Physical Examination done	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7.	Examination of all systems documented	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8.	Differential Diagnosis framed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9.	Relevant and required investigations documented	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10.	Management Plan framed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11.	Notes are properly written and eligible	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12.	Progress notes written in organized manner	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13.	Daily progress is written	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14.	Chart is organized no loose paper	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15.	Investigations properly pasted	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16.	Abnormal findings in investigations encircled.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17.	Procedures done on patient documented properly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18.	Medicine written in capital letter	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19.	I/v fluids orders are proper with rate of infusion mentioned	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20.	All columns of chart complete	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

*Poor: 0, Fair: 1, Good: 2, V.Good: 3, Excellent: 4*

## Resident Evaluation by Nurse / Staff

This is form no. 3. It has to be filled by the nurses or the staff which are in contact with the trainee and minimum three nurses should duly fill the form so that average value can be taken.



**RAWALPINDI MEDICAL UNIVERSITY**

**3**

### Preview Form

### RESIDENT EVALUATION BY NURSE / STAFF

Please take a few minutes to complete this evaluation form. All information is confidential and will be used constructively. You need not answer all the questions

Name of Resident\*

Location of care or interaction: (OPD/Ward/Emergency/Endoscopy Department)

Your position (Nurse, Ward Servant, Endoscopy Attendant)

PROFESSIONALISM							
S#		Poor	Fair	Good	V Good	Excellent	Insufficient Contact
1.	Resident is Honest and Trustworthy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2.	Resident treats patients and families with courtesy, compassion and respect	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3.	Resident treats me and other member of the team with courtesy and respect	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4.	Resident shows regard for my opinions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5.	Resident maintains a professional manner and appearance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
INTERPERSONAL AND COMMUNICATIONS SKILLS							
6.	Resident communicates well with patients, families, and members of the healthcare team	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7.	Resident provides legible and timely documentation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8.	Resident respect differences in religion, culture age, gender sexual orientation and disability	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
SYSTEMS BASED PRACTICE							
9.	Resident works effectively with nurses and other professionals to improve patient care.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
PATIENT CARE							
10.	Resident respects patient preferences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11.	Resident is reasonable accessible to patients	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12.	Resident take care of patient comfort and dignity during procedures.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
PRACTICE BASED LEARNING AND IMPROVEMENT							
13.	Resident facilitates the learning of students and other professionals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COMMENTS							
14.	Please describe any praises or concerns or information about specific incidents	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

THANK YOU for your time and thoughtful input. You play a vital role in the education and training of the internal medicine residents.

Poor: 0, Fair: 1, Good: 2, V. Good: 3, Excellent: 4

Total Score \_\_\_\_\_/56



## Patient Evaluation of Trainee

This is form no. 4. It has to be filled by the patients which are in contact with the trainee and minimum three patients should duly fill the form so that average value can be taken.



RAWALPINDI MEDICAL UNIVERSITY

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### Patient Evaluation of Trainee

Trainee Name: \_\_\_\_\_  
Date of Evaluation: \_\_\_\_\_

1	Strongly Disagree
2	Disagree
3	Neutral
4	Agree
5	Strongly Agree


Please circle the appropriate number for each item using this scale. Please provide any relevant comments on the back of this form.

	This Trainee:	Scale				
1.	Introduces him/herself and greets me in a way that makes me feel comfortable. ڈاکٹر صاحب نے خود کو متعارف کرایا اور خوش اسلوبی سے پیش آئے	1	2	3	4	5
2.	Manages his/her time well and is respectful of my time. ڈاکٹر صاحب نے میرے وقت اور اپنے وقت کا خیال رکھا۔	1	2	3	4	5
3.	Is truthful, upfront, and does not keep things from me that I believe I should know. ڈاکٹر صاحب نے میرے مرض کی صورتحال پر بری چھپائی سے بیان کیا۔	1	2	3	4	5
4.	Talks to me in a way that I can understand, while also being respectful. ڈاکٹر صاحب نے میرے سامنے اسرار سے بات کا خیال رکھا اور عزت سے میرا خیال کیا۔	1	2	3	4	5
5.	Understands how my health affects me, based on his/her understanding of the details of my life. ڈاکٹر صاحب نے میرے طبع میں میری صحت پر اپنی زندگی کو مد نظر رکھا۔	1	2	3	4	5
6.	Takes time to explain my treatment options, including benefits and risks. ڈاکٹر صاحب نے میرے مرض کے علاج کے فوائد اور نقصانات کو سمجھایا بیان کیا۔	1	2	3	4	5

Total Score \_\_\_\_\_/30

## Resident's Evaluation of Faculty Teaching

This is form no. 5. It has to be filled by the trainee him / herself. This form is about the teaching methodology of the facilitators. This is not included in the final score. This is just for information and improvement of the faculty teaching.

	<b>RAWALPINDI MEDICAL UNIVERSITY</b>	<div style="font-size: 2em; font-weight: bold; margin: 0;">5</div>					
<b>Resident/Fellow Evaluation of Faculty Teaching</b>							
Evaluator: _____							
Evaluation of: _____							
Date: _____							
Evaluation information entered here will be anonymous and made available only in aggregated form.							
S#		Strongly Disagree	Disagree Moderately	Disagree Slightly	Agree Slightly	Agree Moderately	Strongly Agree
<b>PATIENT CARE</b>							
1.	Teaches current scientific evidence for daily patient management*						
2.	Explains rationale behind clinical judgements/decisions*						
3.	Teaches clear diagnostic algorithms*						
4.	Teaches clear treatment algorithms*						
<b>PATIENT CARE - OPERATIVE AND PROCEDURAL SKILLS</b>							
5.	Teaches operative/procedural skills during cases*						
6.	Allows learners to perform operative/procedural skills when appropriate*						
<b>MEDICAL KNOWLEDGE</b>							
7.	Teaches relevant pathophysiology needed to evaluate patient medical conditions*						
8.	Teaches how/when to use-order-perform procedures/tests*						
9.	Teaching content adds significantly to my medical knowledge						
10.	Teaches the use of literature / evidence based medicine to support clinical decisions/teaching points*						

## Final Evaluation Scoring Sheet



RAWALPINDI MEDICAL UNIVERSITY

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### FINAL Evaluation Scoring Sheet

Name of Resident	Name of Supervisor	Year of Training

Date _____	<b>Faculty #1</b> (165)	<b>Faculty #2</b> (165)	<b>Faculty #3</b> (165)	<b>Average Score</b>	Duration of Assessment _____  Specialty _____  Hospital _____  Unit _____
Medical Patient Care (30)				___/30	
Medical Knowledge (30)				___/30	
Professionalism (35)				___/35	
Interpersonal and Communication Skills (20)				___/20	
System Based Practice (35)				___/35	
Practice Based Learning and Improvement (15)				___/15	
Overall Rating					
Average:	___/165				___/30
					___/80
					___/56
					Grand Total
					___/331



RAWALPINDI MEDICAL UNIVERSITY

Logbook                      complete ☐                      incomplete ☐

Portfolio                      complete ☐                      incomplete ☐

Leave /absentees: \_\_\_\_\_

**Comments**

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Supervisor Name (1) \_\_\_\_\_ Supervisor Name (2) \_\_\_\_\_ Head of Unit \_\_\_\_\_

Sign & Stamp \_\_\_\_\_ Sign & Stamp \_\_\_\_\_ Sign & Stamp \_\_\_\_\_

## Self-Assessment Form

This is form no. 7. It has to be filled by the trainee him / herself. This is not included in the final score. This is just giving the idea how much the trainee is confident about him / herself.

	<b>RAWALPINDI MEDICAL UNIVERSITY</b>	<div style="border: 2px solid black; padding: 5px; display: inline-block; font-size: 2em; font-weight: bold;">7</div>
<b>RESIDENT SELF-ASSESSMENT PROFORMA</b>		
Resident Name _____		Date _____
Year of Training _____	Hospital Name _____	Unit _____

□ NA	□ 1	□ 2	□ 3	□ 4
Not Applicable	I rarely demonstrates (<25% of the time)	I do this Sometimes (25-50% of the time)	I do this most of the time (50-75% of the time)	I do this all the time (>75% of the time)

1.	I am able to acquire accurate and relevant histories from my patients in an efficient, prioritized and hypothesis driven fashion.	□ NA	□ 1	□ 2	□ 3	□ 4
2.	I am able to seek and obtain appropriate, verified, and prioritized data from secondary sources (e.g. family, records and pharmacy)	□ NA	□ 1	□ 2	□ 3	□ 4
3.	I am able to perform accurate physical examinations that are appropriately targeted to the patient's complaints.	□ NA	□ 1	□ 2	□ 3	□ 4
4.	I am able to synthesize all available data, including interview, physical exam, and preliminary lab data to define each patient's central clinical problem.	□ NA	□ 1	□ 2	□ 3	□ 4
5.	I am able to develop prioritized differential diagnoses, evidence based diagnostic and therapeutic plans for common conditions in Internal Medicine patients.	□ NA	□ 1	□ 2	□ 3	□ 4
6.	I am able to recognize situations with a need for urgent or emergent medical care, including life threatening conditions.	□ NA	□ 1	□ 2	□ 3	□ 4
7.	I am able to recognize when to seek additional guidance.	□ NA	□ 1	□ 2	□ 3	□ 4
8.	I am able to provide appropriate preventive care.	□ NA	□ 1	□ 2	□ 3	□ 4
9.	I am able to manage patients with common clinical disorders in the practice of outpatient internal medicine with minimal supervision.	□ NA	□ 1	□ 2	□ 3	□ 4
10.	I have performed several invasive procedures and documented them in my New Innovations log.	□ NA	□ 1	□ 2	□ 3	□ 4
11.	I demonstrate sufficient knowledge to diagnose and treat common conditions that require hospitalization.	□ NA	□ 1	□ 2	□ 3	□ 4
12.	I understand the indications for and the basic interpretation of common diagnostic tests.	□ NA	□ 1	□ 2	□ 3	□ 4
13.	I have reviewed my in service exam scores and believe my medical knowledge is where it should be for my level of training.	□ NA	□ 1	□ 2	□ 3	□ 4
14.	I am able to identify clinical questions as they emerge	□ NA	□ 1	□ 2	□ 3	□ 4





# RAWALPINDI MEDICAL UNIVERSITY

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	in patient care activities.					
15.	I am responsive to feedback from all members of the healthcare team including faculty, residents, students, nurses, allied health professionals, patients and their advocates.	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
16.	I am an active participant in teaching rounds and intern report.	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
17.	I effectively use verbal and non verbal skills to create rapport with patients and their advocates.	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
18.	I communicate effectively with other caregivers to ensure safe transitions in care.	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
19.	My patient presentations on rounds are organized, complete and succinct.	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
20.	I am able to communicate the plan of care to all the members of the healthcare team.	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
21.	My documentation in the medical record is accurate, complete and timely.	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
22.	I accept personal errors and honestly acknowledge them.	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
23.	I demonstrate compassion and respect to all patients.	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
24.	I complete my clinical, administrative and academic tasks promptly.	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
25.	I maintain patient confidentiality	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
26.	I log my duty hours regularly and make every effort not to violate the rules	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
27.	When I feel I am too fatigued to work safely, I understand that I can call the chief medical residents for back-up.	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
28.	I understand the unique roles and services provided by the workers in the local health delivery system (social workers, case managers, dept of public health etc....)	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
29.	I am able to identify, reflect on, and learn from critical incidents and preventable medical errors.	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
30.	I do my best to minimize unnecessary care including tests, procedures, therapies and consultations.	<input type="checkbox"/> NA	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

**Please identify three specific clinical skills that you have improved over the past six months:**


**Please set three specific goals for the next six months:**

Signature \_\_\_\_\_

Date \_\_\_\_\_

## Direct Observation of Procedural Skills

This is form no. 8. It has to be filled by the supervisors, program directors, deans, coordinators and mentors. Marks are included in the evaluation. Supervisors or mentors observe and evaluate any procedure (short case).



# Rawalpindi Medical University

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**DIRECT OBSERVATION OF PROCEDURAL SKILLS (DOPS)**

Please complete the questions using a cross ☒ Please use black ink and CAPITAL LETTERS

Doctor's Name: \_\_\_\_\_

PMDC Number: \_\_\_\_\_

Clinical setting:	<input type="checkbox"/> A&E	<input type="checkbox"/> OPD	<input type="checkbox"/> In-patient	<input type="checkbox"/> Antenatal Admission	<input type="checkbox"/> Other		
Procedure number	<input type="text"/>						
Assessor's position:	<input type="checkbox"/> Consultant	<input type="checkbox"/> SpSR	<input type="checkbox"/> SpR	<input type="checkbox"/> Specialty doctor	<input type="checkbox"/> Nurse	<input type="checkbox"/> Other	
Number of previous DOPS observed by assessor with any trainee	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5-9	<input type="checkbox"/> >9
Number of times procedure performed by trainee:	<input type="checkbox"/> 0	<input type="checkbox"/> 1-4	<input type="checkbox"/> 5-9	<input type="checkbox"/> >10	Difficulty of procedure:		
	<input type="checkbox"/> Well below expectations	<input type="checkbox"/> Below Expectations	<input type="checkbox"/> Borderline	<input type="checkbox"/> Meets Expectations	<input type="checkbox"/> Above Expectations	<input type="checkbox"/> Well above expectations	<input type="checkbox"/> UIC*
Please grade the following areas	1	2	3	4	5	6	
1. Demonstrate understanding of indications, relevant anatomy, technique of procedure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Obtains informed consent	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Demonstrates appropriate preparation pre-procedure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Appropriate analgesia or sedation pre-procedure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Technical ability safe sedation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Aseptic technique	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Seeks help where appropriate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Post procedure management	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Communication skills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Consideration of Patient/professionals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Overall ability to perform procedure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\* UIC Please mark this if you have not observed the behaviour and therefore feel unable to comment.

Please use this space to record areas of strength or any suggested development

Anything especially good?

Suggestions for development:

Have you had training in the use of this assessment tool? ☐ Face to face ☐ Have read guidelines ☐ Web/ CD-Rom

Assessor's signature: \_\_\_\_\_ Date (mm/yy) \_\_\_\_\_

Assessor's Name: \_\_\_\_\_

Time taken for observation: (in minutes)

Time taken for feedback


\* If applicable Please note failure of return of all completed forms to your administrator is a probity issue

Acknowledgment: Adapted with permission of the American Board of Internal Medicine

SpSR - Specialty Senior Registrar  
SpR - Specialty Registrar

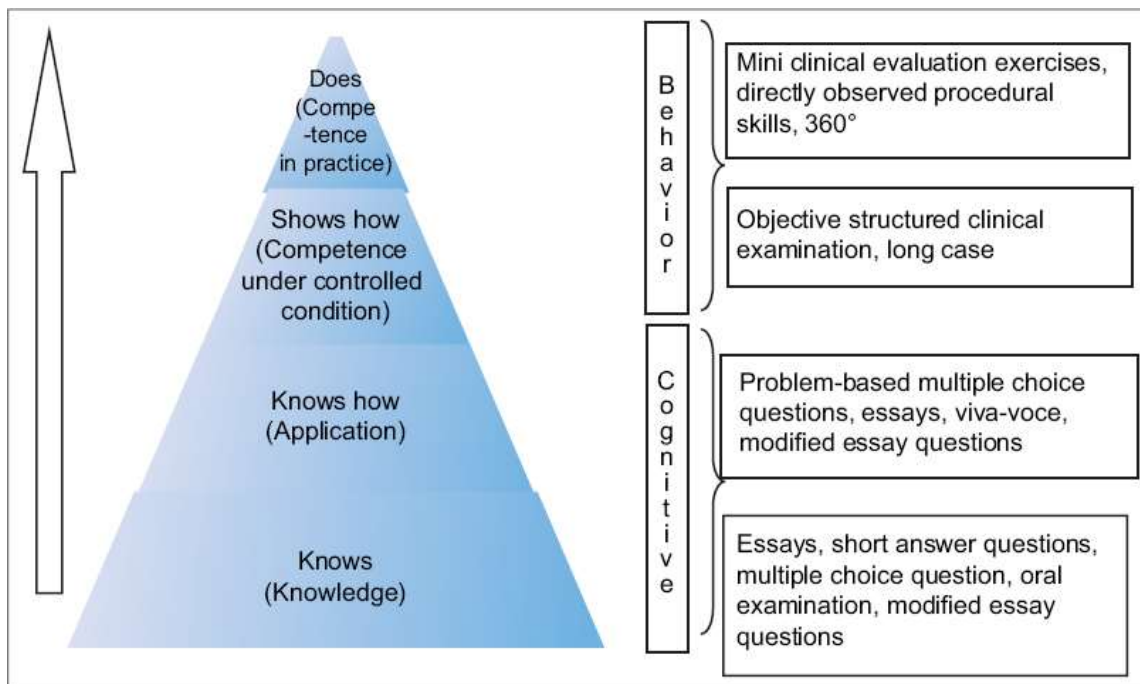
## Case Based Clinical Evaluation of Trainee

This is form no. 9. It has to be filled by the supervisors, program directors, deans, coordinators and mentors. Marks are included in the evaluation. Supervisors or mentors observe and evaluate the whole one case i.e. from history taking to management (long case).

	<b>RAWALPINDI MEDICAL UNIVERSITY</b>	9										
<b>CASE BASED CLINICAL EVALUATION OF TRAINEE</b>												
<b>Resident's Name:</b> _____ <b>Evaluator's Name(s):</b> _____ <b>Hospital Name:</b> _____ <b>Date of Evaluation:</b> _____	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">1</td><td style="text-align: center;">Unsatisfactory</td></tr> <tr><td style="text-align: center;">2</td><td style="text-align: center;">Below Average</td></tr> <tr><td style="text-align: center;">3</td><td style="text-align: center;">Average</td></tr> <tr><td style="text-align: center;">4</td><td style="text-align: center;">Good</td></tr> <tr><td style="text-align: center;">5</td><td style="text-align: center;">Superior</td></tr> </table>		1	Unsatisfactory	2	Below Average	3	Average	4	Good	5	Superior
1	Unsatisfactory											
2	Below Average											
3	Average											
4	Good											
5	Superior											
<input type="checkbox"/> Traditional Track (10% Clinic) <input type="checkbox"/> Primary Care Track (20% Clinic)												
<i>Please circle the appropriate number for each item using the scale above.</i>												
<b>History</b>		<b>Scale</b>										
1. Introduces himself and greet the patient.		1 2 3 4 5										
2. Listen to the patient problems.		1 2 3 4 5										
3. Shows politeness and empathy		1 2 3 4 5										
4. Gathers proper information of present and past history		1 2 3 4 5										
<b>Physical Examination</b>		<b>Scale</b>										
1. Physical examination done correctly		1 2 3 4 5										
2. Pick physical signs correctly		1 2 3 4 5										
3. Relevant examination done in detail		1 2 3 4 5										
4. Interpret physical signs correctly		1 2 3 4 5										
<b>Assessment Plans</b>		<b>Scale</b>										
1. Can list a logical differential diagnosis		1 2 3 4 5										
2. Defend the diagnosis logically		1 2 3 4 5										
3. Identifies patient active problems		1 2 3 4 5										
<b>Interpretation and Correlation of Laboratory and Imaging Data</b>		<b>Scale</b>										
1. Can order logical and relevant investigations		1 2 3 4 5										
2. Correctly interpret investigations (Laboratory and Imaging)		1 2 3 4 5										
3. Formulate a logical management plan		1 2 3 4 5										
4. Treatment plan is logical and relevant		1 2 3 4 5										
5. Able to write a proper prescription		1 2 3 4 5										

## Work Place Based Assessment (WPBA)

They are now considered to be an integral part of training. Workplace-based methods of assessment are at the topmost position in Miller's Pyramid of Competence because they provide information about performance of trainees during their everyday clinical practice as depicted below:



Most commonly used modalities for assessing the trainees at their workplace are:

- a) Direct Observation of Procedural Skills (DOPS)
- b) Case Based Discussions (CBD)
- c) Mini-Clinical Evaluation Exercise (Mini-CEX)

Experts believe that assessments of actual practice are much better reflections of routine performance than assessments done under test conditions.

## Direct Observation of Procedural Skills (DOPS)

The Direct Observation of Procedural Skills (DOPS) is an evidence-based assessment intended to guide the trainees during their learning process and to ensure acquisition of skills. The assessor provides constructive feedback to the trainees keeping in view their learning needs. The assessor gives feedback in a structured manner by breaking up the procedure into skill-related areas. Feedback on each area can be of greater value than feedback on the overall procedure as the assessor can pinpoint areas for improvement.

Trainees are assessed by using a structured checklist.

### Areas To Be Assessed

- Understanding of indications, relevant anatomy, technique of procedure
- Pre-procedure preparation
- Patient and risk awareness
- Technical ability
- Post-procedure management
- Communication skills
- Professionalism



DOPS Assessment form for MD Gastroenterology Residents

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**Direct Observation of Procedural Skills Available at:** <https://www.racp.edu.au/trainees/assessments/work-based-assessments/direct-observation-of-procedural-skills>.



## Mini-Clinical Evaluation Exercise (mini-CEX)

Mini-CEX is designed to assess the trainees in their real-life settings at workplace. Trainees can choose a different for each assessment. It is intended to assess the clinical skills, attitudes and behaviors essential to the provision of high-quality care. The estimated time required is 20 minutes (15 minutes for assessment, 5 minutes for feedback).

The following areas of competence are covered in Mini-CEX:

- History taking
- Physical examination
- Professionalism
- Clinical judgment
- Communication skills
- Organization
- Efficiency
- Overall clinical care

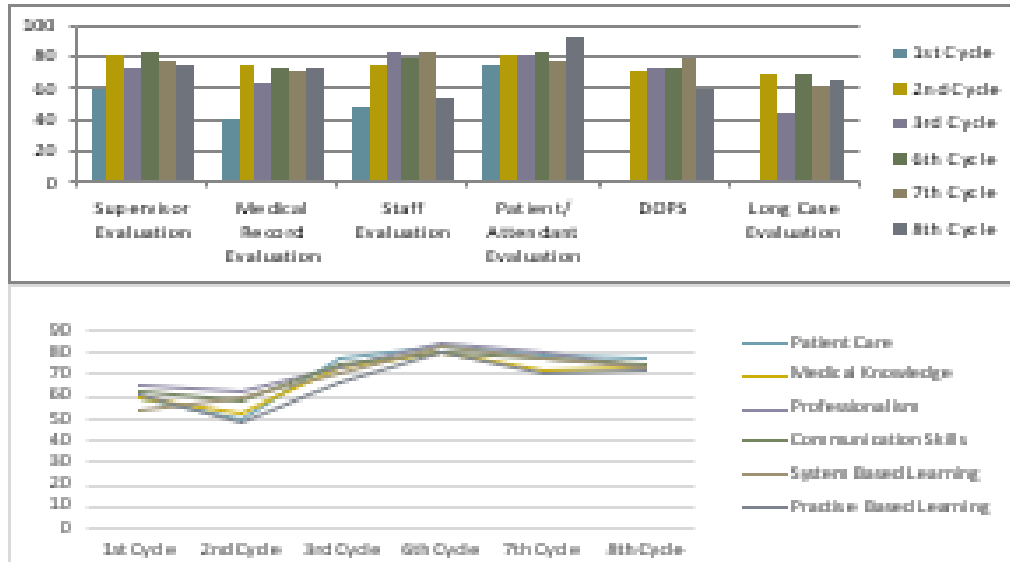
Feedback questions	Mean	Minimum score	Maximum score
Mini-CEX	Yes (100)		
useful/not useful (%)			
To what extent it was useful	5.47	5	6
What was most useful			
Multiple encounters with patient being observed	5.6	5	6
Faculty feedback	5.9	5	7
Rate improvement in following skills			
Medical interviewing skills	5.2	4	6
Physical examination skills	4.9	4	6
Humanistic qualities/ professionalism	5.7	4	6
Clinical judgment	5.4	4	6
Counseling skills	5.3	4	7
Organization/efficiency	5.3	4	7

Rating was obtained on a Likert scale of 1-7 where 1 was minimum and 7 was maximum possible score. Mini-CEX: Mini-clinical evaluation exercise

Norcini JJ, Blank LL, Duffy FD, Fortna GS. The mini-CEX: a method for assessing clinical skills. Ann Intern Med. 2003; 138: 476–81.

**Name of Resident:** Dr. Naseer Ahmad  
**Discipline:** MS ANAESTHESIA

**Supervisor:** Prof. Jawad Zaheer  
**Year of Starting:** 7/7/2017



**Average Performance of Core Competencies:**

Patient Care:	71.0%	Communication Skills:	71.3%
Medical Knowledge:	68.7%	System Based Learning:	69.8%
Professionalism:	73.3%	Practice Based Learning:	66.5%

Internal Evaluation of MS residents: OTs (6 months-Collective assessment), Oct 2021- march 2022					
Names	DOPS Total marks =60	Presentations Journal clubs, topic presentations.. Total marks=60	Tabletop Total Marks=100	Log book Total marks=60	Grand Total marks=280
Dr. Naseer Ahmad	52	45	50	60	207

**Exam Status**

1 <sup>st</sup> Year	2 <sup>nd</sup> Year	3 <sup>rd</sup> Year	4 <sup>th</sup> Year	Final Year
Pass	Pass	N/A	N/A	N/A

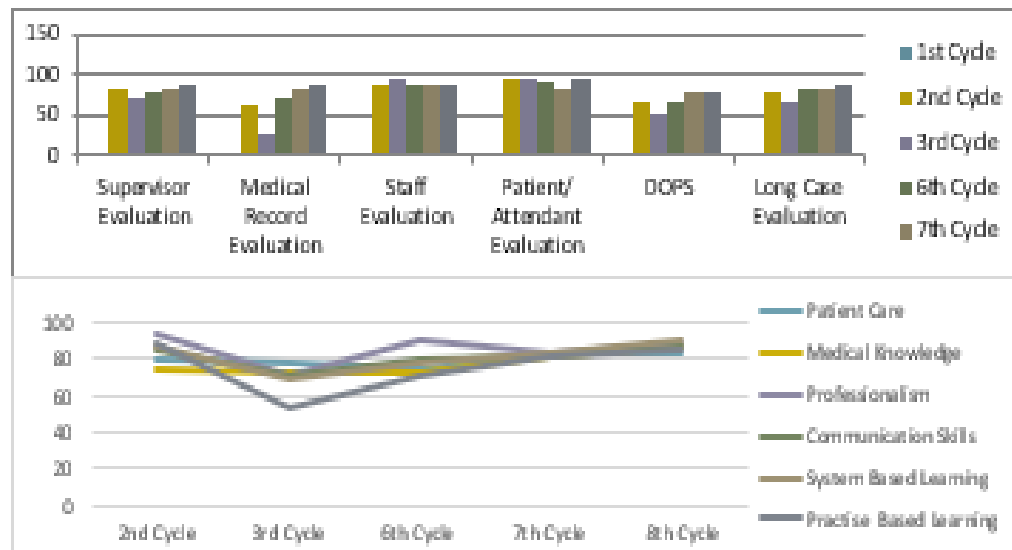
**Research Status**

One Disease Statistical Report	Synopsis Status	EAER Approval	Thesis Status
Pass	Approved	Approved	N/A

## FINAL SCORING SHEET

**Name of Resident:** Dr. M. Umar Javed  
**Discipline:** MS Surgery

**Supervisor:** Prof M. Hanif  
**Year of Starting:** 7/28/2018



### Average Performance of Core Competencies:

Patient Care:	79.6%	Communication Skills:	80.8%
Medical Knowledge:	77.4%	System Based Learning:	81.6%
Professionalism:	85.0%	Practice Based Learning:	76.0%

Internal Evaluation of MD residents: WARD (6 months-Collective assessment)						
Long case and group discussions Total Marks=15	Short case Total marks=15	System wise written test SEQ and MCQ Total Marks=20	TOACS Total marks=20	Log book Total marks=10	360 evaluations Total marks=20	Grand Total 100 marks
13	10	16	15	08	18	80
Internal Evaluation of MD residents: WARD (6 months-Collective assessment)						
DOPS Total marks =60		Research Knowledge, clubs, topic presentations, Histology radiology presentations. Total marks=10			Log book Total marks=10	Grand Total marks=100
49		24			8	81
Internal Evaluation of MD residents: WARD (6 months-Collective assessment)						
Internal rotation Marks obtained						
Ward rotation (100)			Emergency rotation (100)			Grand total = 200
81			86			167

### Exam Status

1 <sup>st</sup> Year	2 <sup>nd</sup> Year	3 <sup>rd</sup> Year	4 <sup>th</sup> Year	Final Year
NA	Pass	NA	NA	NA

### Research Status

One Disease Statistical Report	Synopsis Status	BASR Approval	Thesis Status
NA	Approved	Approved	NA



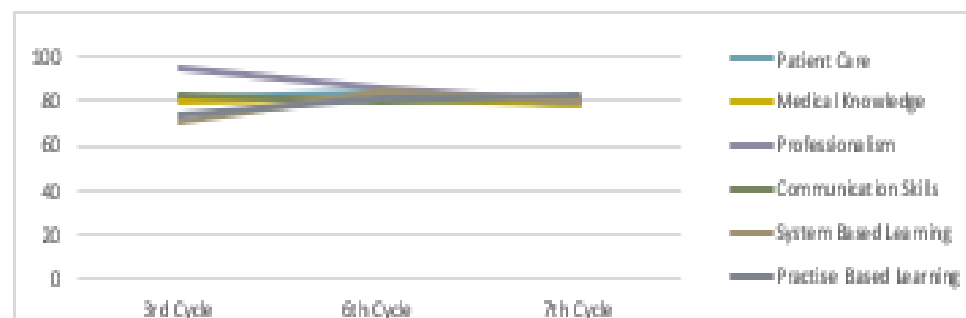
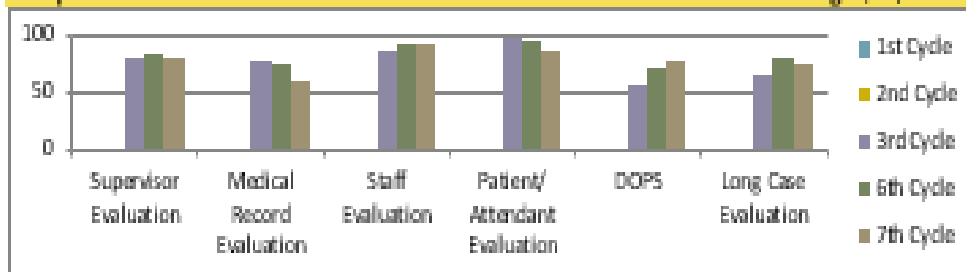
### FINAL SCORING SHEET

**Name of Resident:** Dr. Nabeel Riaz

**Supervisor:** Prof. Ali Khalid

**Discipline:** MD Medicine

**Year of Starting:** 5/14/2019



#### Average Performance of Core Competencies:

Patient Care: 81.3%  
 Medical Knowledge: 80.0%  
 Professionalism: 87.0%

Communication Skills: 81.7%  
 System Based Learning: 78.3%  
 Practice Based Learning: 79.3%

#### Internal Evaluation of MD residents: WARD (6 months-Collective assessment)

LONG CASE AND GROUP DISCUSSIONS TOTAL MARKS= 15	SHORT CASE TOTAL MARKS=15	SYSTEM WISE WRITTEN TEST SEQ AND MCQ MARKS=20	TOACS TOTAL MARKS=20	LOGBOOK TOTAL MARKS=10	360 EVALUATION TOTAL MARKS= 20	GRAND TOTAL 100 MARKS
8/15	10/15	16/20	12/20	8/10	15/20	69 (69 %)

#### Exam Status

1 <sup>st</sup> Year	2 <sup>nd</sup> Year	3 <sup>rd</sup> Year	4 <sup>th</sup> Year	Final Year
NA	Pass	NA	NA	NA

#### Research Status

One Disease Statistical Report	Synopsis Status	EASR Approval	Thesis Status
NA	Approved	Approved	NA

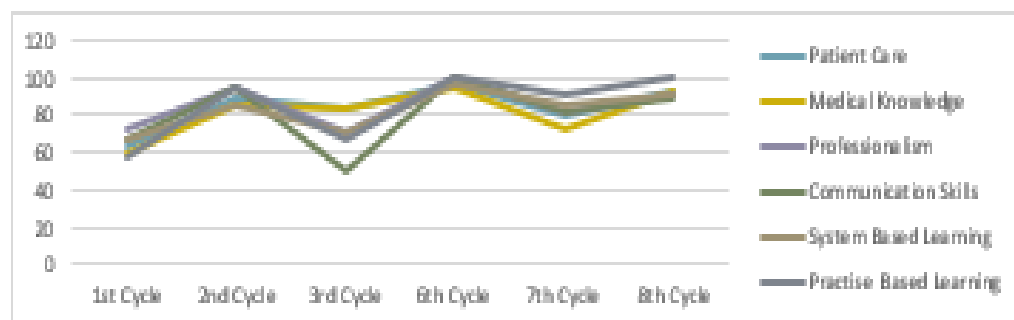
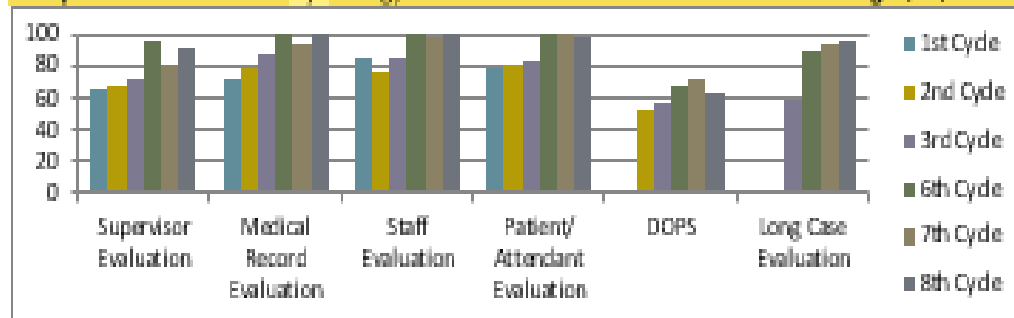
## FINAL SCORING SHEET

**Name of Resident:** Dr. ~~Umera~~ Malik

**Supervisor:** Dr. ~~Shadia~~ Syed

**Discipline:** MS Obstetrics & Gynecology

**Year of Starting:** 1/29/2018



### Average Performance of Core Competencies:

Patient Care:	84.2%	Communication Skills:	80.5%
Medical Knowledge:	81.7%	System Based Learning:	82.7%
Professionalism:	85.0%	Practice Based Learning:	84.8%

CIA						
DOP's (10)	Long case (20)	Presentation/ Journal club (20)	MCO/ SAQ's (20)	Log book (10)	Mini- CEX (20)	Grand Total = 100
8	15	16	14	9	17	79

### Exam Status

1 <sup>st</sup> Year	2 <sup>nd</sup> Year	3 <sup>rd</sup> Year	4 <sup>th</sup> Year	Final Year
NA	Pass	NA	NA	NA

### Research Status

One Disease Statistical Report	Synopsis Status	EASR Approval	Thesis Status
NA	Approved	Approved	NA

## Short Intensive Preparatory Course for MTA & FTA in Surgery & Allied Disciplines



## Short Intensive Preparatory Course for MTA in MD Psychiatry



## SHORT INTENSIVE PREPARATORY COURSE FOR MTA & FTA IN MS GYNAECOLOGY & OBSTETRICS



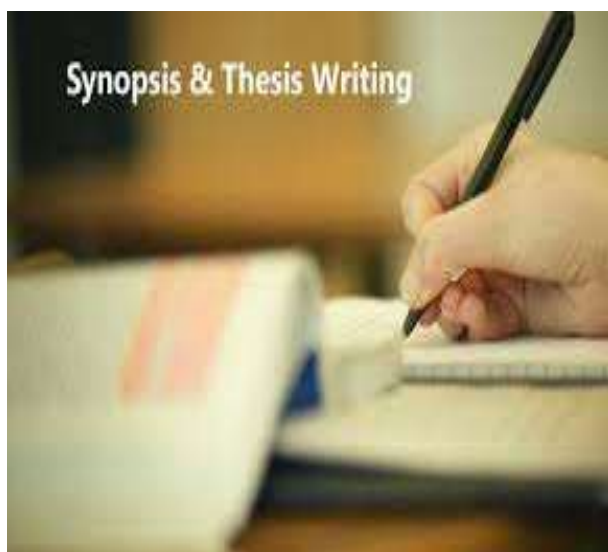


## FTA (Final Training Assessment) 2022 of MS / MD residents at RMU

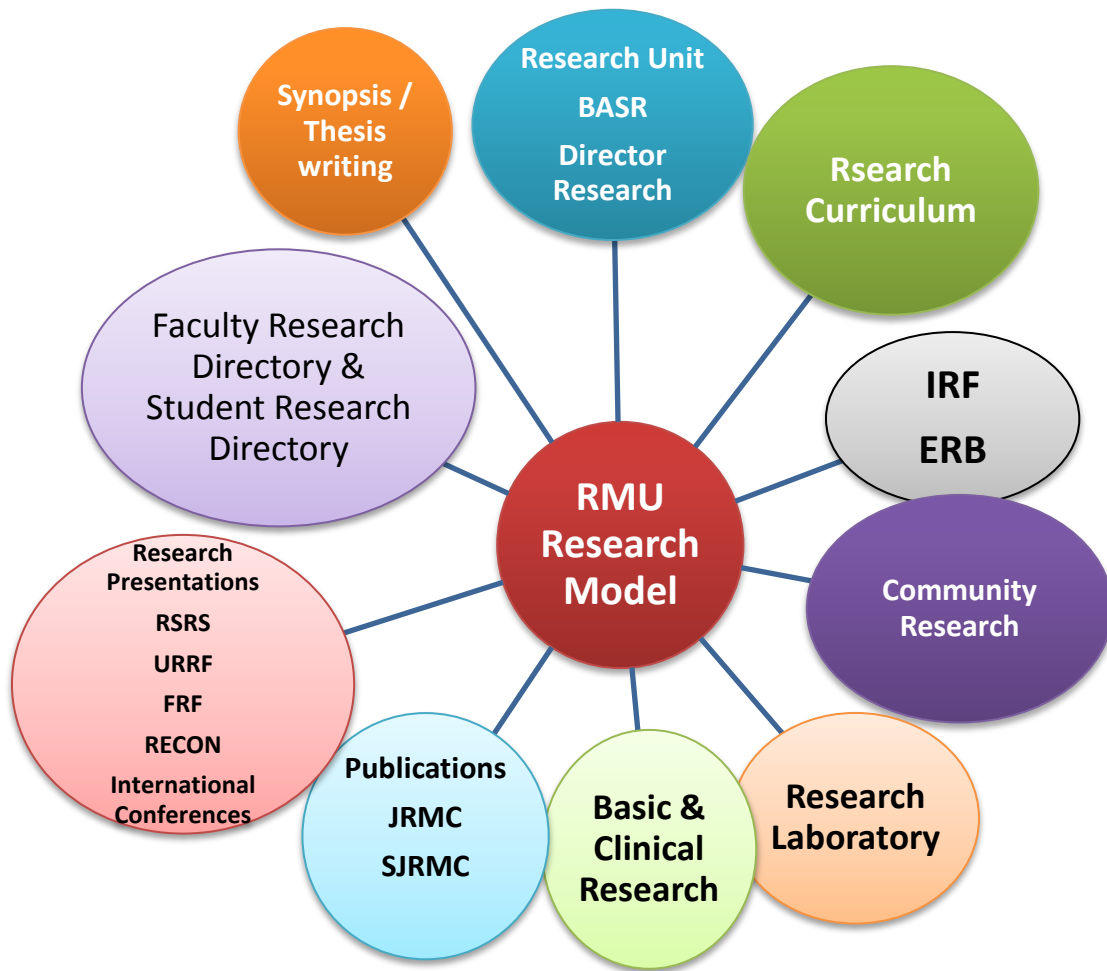


## Section-V

### Research Synopsis / Thesis

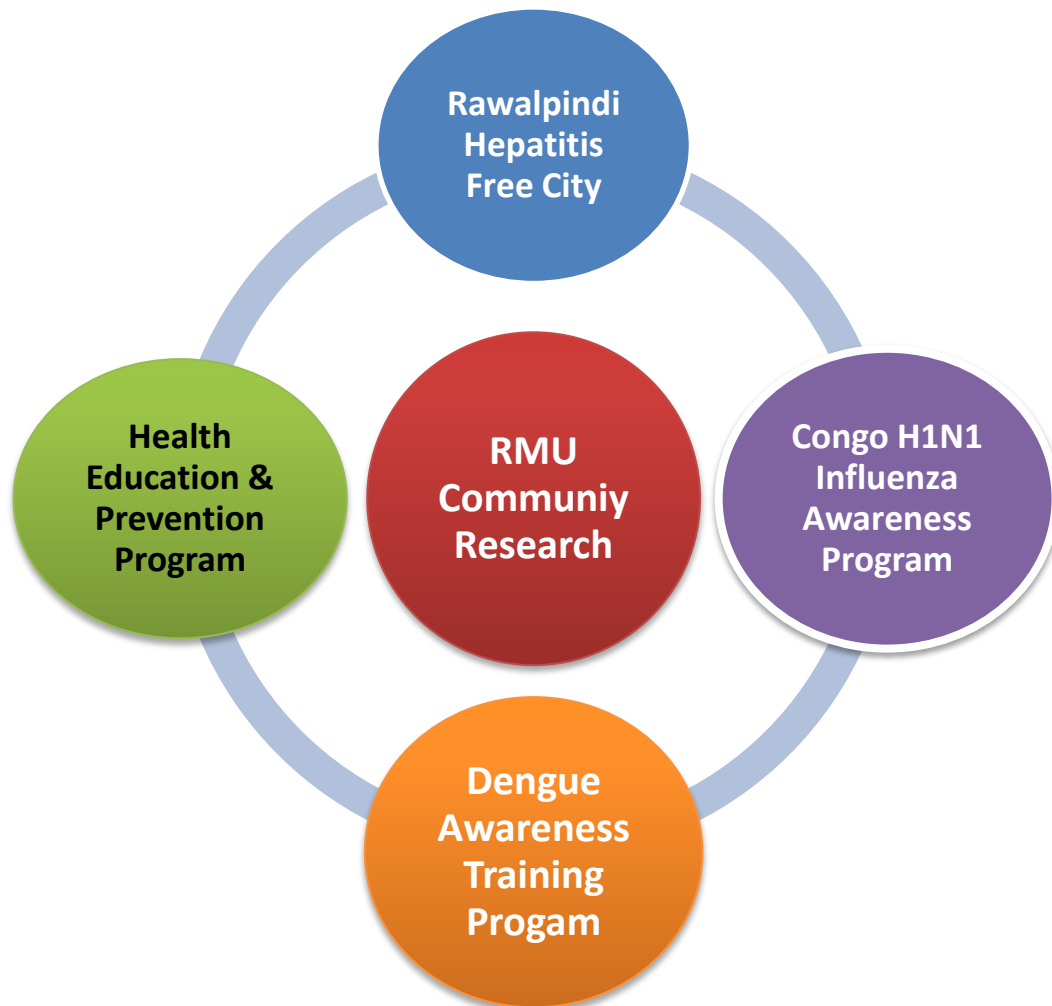


## Rawalpindi Medical University Research Model





## RMU Community Research Model



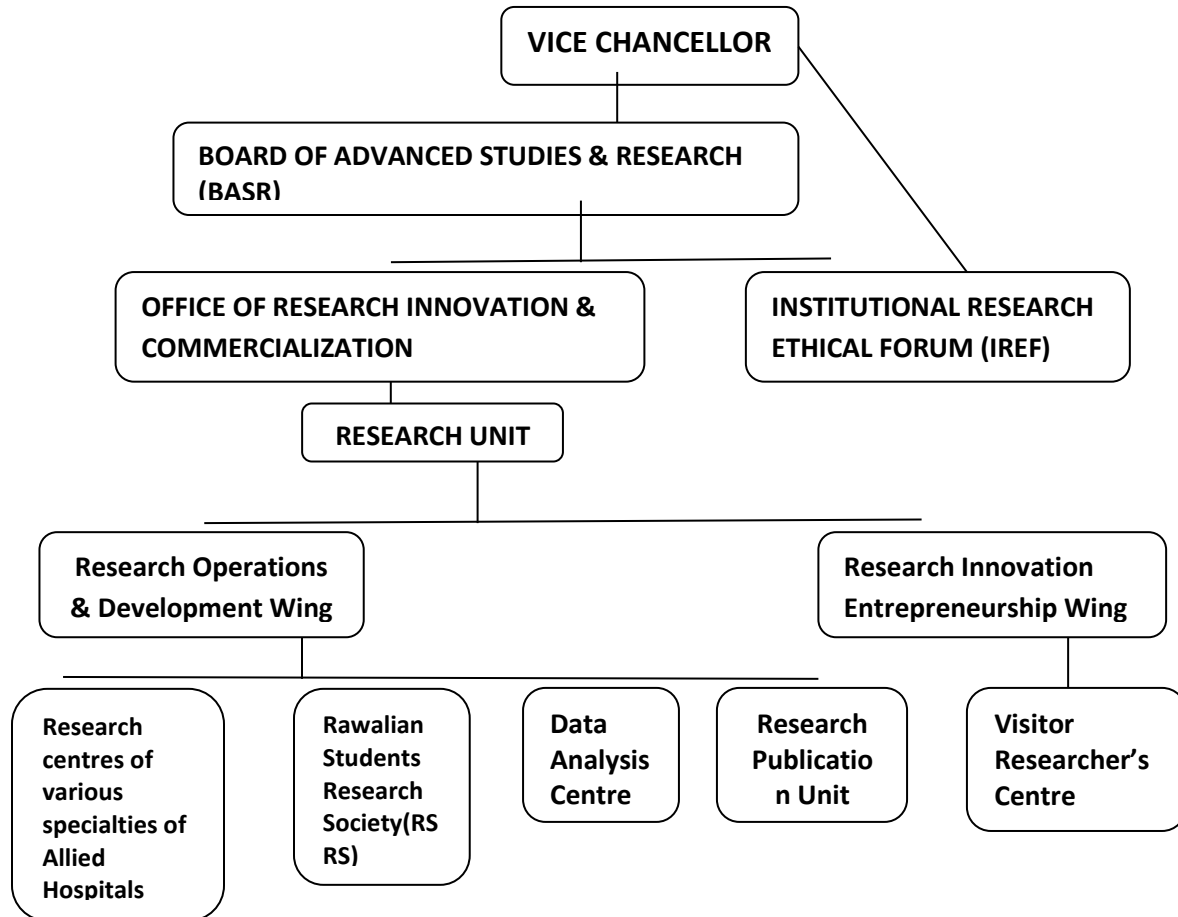
## Research & Development Department

Research Unit of Rawalpindi Medical University was initially established in February 2014 that was located in Medical Education Department, New teaching Block of RMU. Untiring and persistent efforts of Dr. Faiza Aslam who formerly worked as Research Coordinator of RMU are worth mentioning in this regard.

The Research Unit carries out all the research related activities including facilitation post graduate trainees, faculty of RMU as well as visitor researchers regarding Health Systems Research, proposal formulation, application of basic and advanced research methodologies, data entry, comprehensive data analysis and manuscript writing. Research model of RMU as a whole is comprised of the following salient entities or bodies:

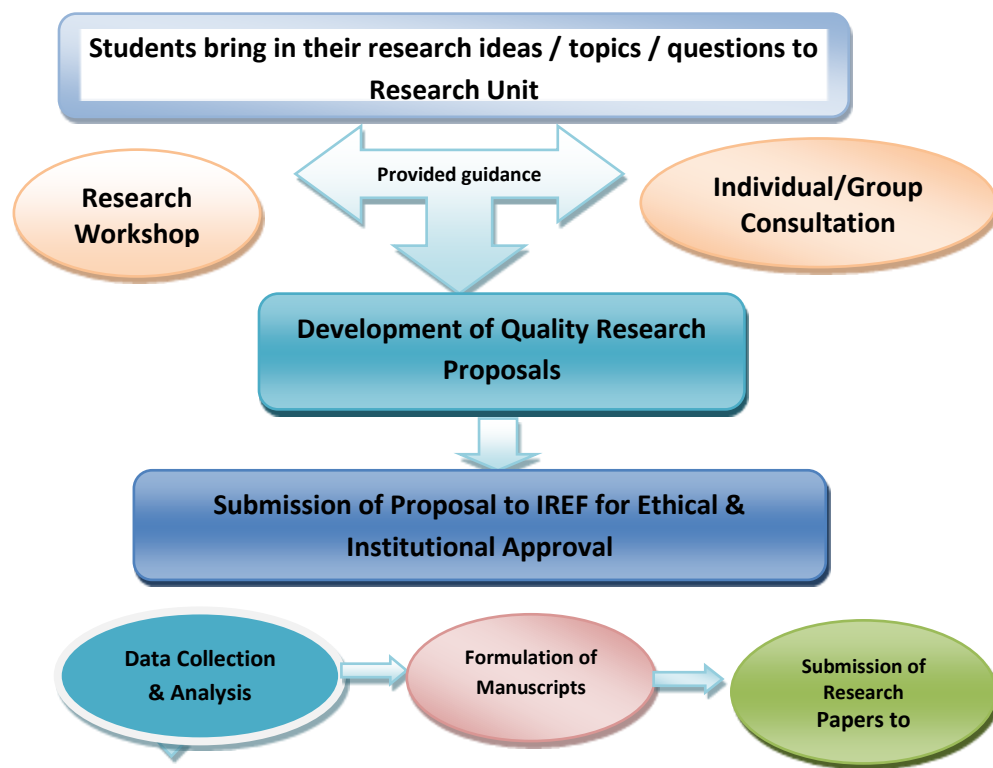


## Salient Bodies Associated with Research at RMU



## **Aptitude of Research among Undergraduate Students**

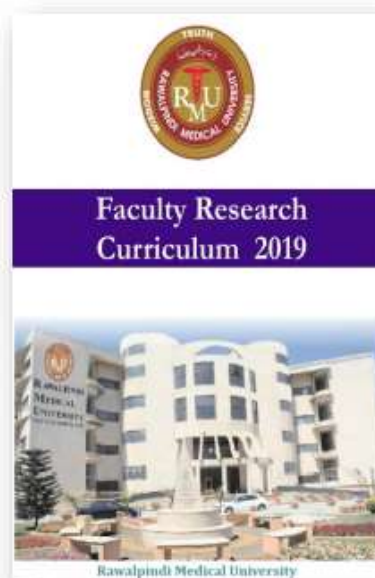
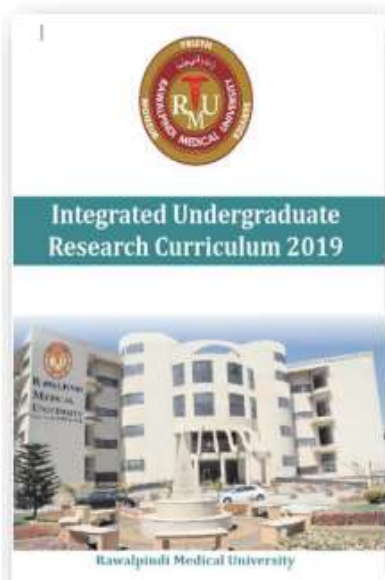
Research provides an opportunity of novel scientific discovery. It is an intellectual stimulator that paves the way towards detection of advanced technologies. It is imperative to acknowledge the efforts of Prof. Muhammad Umar, Vice Chancellor RMU in promoting research culture at undergraduate level by organizing Research Forums. The undergraduate students of RMU are destined to conduct research according to the following research model:



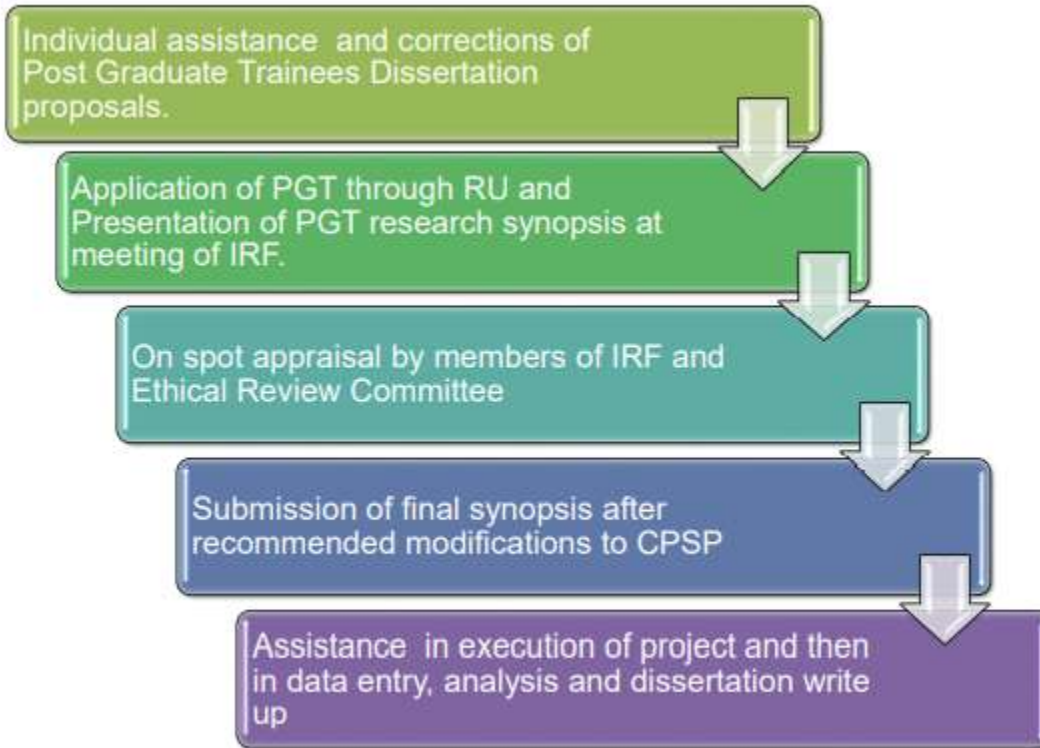
## Undergraduate, Postgraduate & Faculty Research Curricula

Apart from fulfilling the requirement of post-graduation, University residents are also provided with research training to equip them with sufficient knowledge and skills pertinent to research methods and critical appraisal. Therefore, research curriculum is specifically designed by Dr. Faiza Aslam following need assessment of RMU residents. This curriculum reflects the learning outcomes to be achieved separately for all our residents from first to final year of training. Moreover, this comprehensive curriculum is intended to guide residents throughout their research work from selection of research topic, its ethical approval, data collection, analysis till dissertation writing.

Moreover, undergraduate and faculty research curricula have also been designed for capacity building of our medical students and acquisition of the faculty members with competencies pertinent to research.



## University Residents' Research Organogram





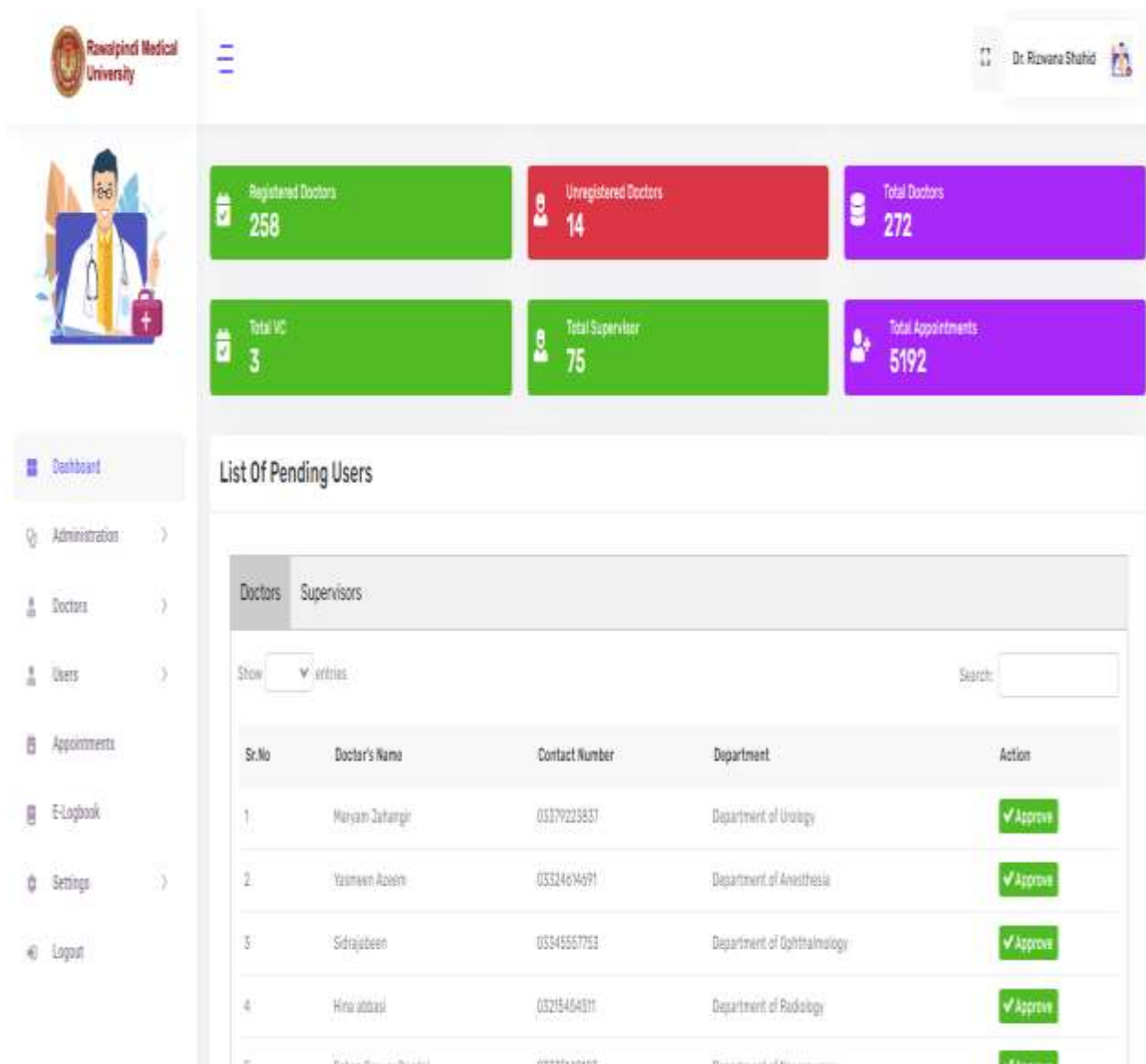
## RMU Research Planner for Postgraduate University Residents





## Research Dashboard

The quality of research work is assured by meticulous review of data sheets, completed data collection tools, feedback forms of research workshops, research elective logbooks. and telephonic calls to the patients as entered on Research Dashboard to verify the authenticity of data.



## E-Logbook for University Residents

E-Logbook has also been introduced at RMU to ensure paper free working environment and to ensure prompt facilitation of university residents with respect to verification of real time entries of the cases seen and managed by them. Apart from approved supervisors, list of residents is also available on e-log portal of RMU as illustrated below:

The image displays two screenshots of the E-Logbook for University Residents portal. The top screenshot shows the 'Approved Supervisor Profiles' table, and the bottom screenshot shows the 'Approved Trainee Profiles' table. Both tables list individuals with their names, contact information, departments, NITE IDs, and approval status.

**Approved Supervisor Profiles**

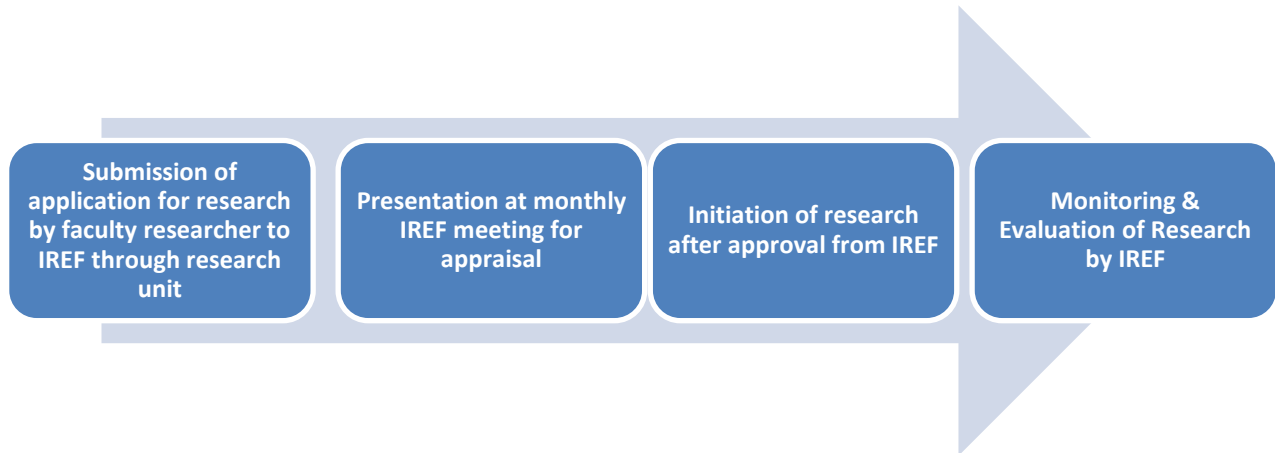
#	Name	Contact	Department	NITE ID	Status	Action
1	Dr. J. Muhammad Umar	000000000	Department of Medicine	00000000	Approved	✖
2	Dr. J. Muhammad Umar	000000000	Department of Surgery	00000000	Approved	✖
3	Dr. J. Muhammad Umar	000000000	Department of Medicine	00000000	Approved	✖
4	Dr. J. Muhammad Umar	000000000	Department of Radiology	00000000	Approved	✖
5	Dr. J. Muhammad Umar	000000000	Department of Radiology	00000000	Approved	✖
6	Dr. J. Muhammad Umar	000000000	Department of Radiology	00000000	Approved	✖
7	Dr. J. Muhammad Umar	000000000	Department of Radiology	00000000	Approved	✖
8	Dr. J. Muhammad Umar	000000000	Department of Radiology	00000000	Approved	✖

**Approved Trainee Profiles**

#	Name	Contact	Department	NITE ID	Status	Action
1	Taha M	+9200000000	Department of Neurosurgery	00000000	Approved	✖
2	Muhammad (Hussain)	000000000	Department of Cardiology	00000000	Approved	✖
3	Tyebat Malik	000000000	Department of Medicine	00000000	Approved	✖
4	Zahar Zayed	000000000	Department of Surgery	00000000	Approved	✖
5	Muhammad	000000000	Department of Psychiatry	00000000	Approved	✖
6	Muhammad (Hussain)	000000000	Department of Anesthesia	00000000	Approved	✖
7	Haroon Farooq	000000000	Department of Medicine	00000000	Approved	✖
8	Muhammad (Hussain)	000000000	Department of Ophthalmology	00000000	Approved	✖
9	Muhammad	000000000	Department of Anesthesia	00000000	Approved	✖

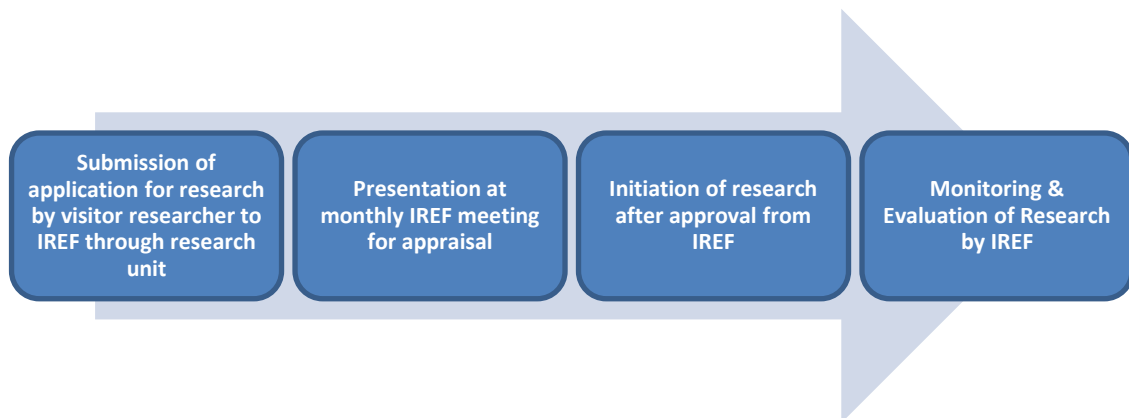
## Research By RMU Faculty

It is inevitable for Faculty members of Rawalpindi Medical University / Allied Hospitals to get approval of their research proposals from IREF before commencement of research as depicted below in Research model:



## Research by Visitor Researchers

Faculty members as well as residents of both national and international institutions other than RMU are privileged to carry out research in RMU / Allied hospitals. However, they have get approval from IREF of Rawalpindi Medical University before starting their research project as shown below in research model:



## Journal of Rawalpindi Medical College (JRMC)

Journal of Rawalpindi Medical College (JRMC) is official journal of Rawalpindi Medical University, Rawalpindi. It was first published in 1977. It is recognized by PM&DC and is published quarterly from Rawalpindi Medical University. In addition to being indexed in HEC “Y” category, JRMC is also indexed in Index Medicus for the Eastern Mediterranean Region (IMEMR). It is an open access, double blind peer reviewed medical journal. It is published quarterly. It follows Committee on Publication Ethics (COPE), and International Committee of Medical Journal Editors (ICMJE) guidelines. All rights are reserved. The publisher and the members of the editorial board cannot be held responsible for errors or any consequences arising from the use of the information contained in this journal.

### Scope of JRMC

JRMC is meant to;

- 1) Facilitate the creativity of medical professionals in basic and clinical medical sciences in accordance to its utility for medical practice
- 2) To employ medical research as a potent and effective tool in combating disease and alleviating the suffering of mankind.

Editorial Advisory Board is comprised of both national and international research experts.

JRMC publishes important and leading topics focusing basic and clinical medical research.



**Student  
Journal**

## Rawalpindi Medical College (SJRMC)

With the advent of Evidence Based Practice over the last three decades in medical sciences, integration of best research evidence with clinical expertise and ethical values is of paramount significance to improve healthcare of the community. Therefore it is inevitable for our healthcare workers to be well versed in research. Untiring and persistent efforts of Prof. Muhammad Umar, Vice Chancellor RMU are worth mentioning in this regard. He not only organized many International Scientific Conferences, Seminars and workshops at RMU but also took initiative for Student Journal titled “*SJRM*” in 2014 to promote culture of research among undergraduate students. This Journal is published biannually. There is a research society of students in the university which is responsible for monitoring the research activities of students and this society works under the senior faculty members who are actively involved in research activities. Efforts of Dr. Faiza Aslam, Research Coordinator RMU are really commendable for conduction of basic and advanced research methodology workshops, correction of research proposals and facilitating the students as well as residents in compilation of research data and narrations of articles.

**SJ**

**Student Journal of Rawalpindi Medical College**

www.sjcrc.com or www.journalofrawalpindi.academy  
 email: journalofrawalpindi@gmail.com

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## Resident Journal of Rawalpindi Medical College (RJRMC)

Resident Journal of Rawalpindi Medical University is the resident supplement of JRMC and is an official publication. It is the property of Rawalpindi Medical University; a not-for-profit provincially chartered Public Sector University. RJRMC is the next feather in the cap of RMU as it is the first resident journal in Pakistan. It was first published in 2020 and is planned to be published annually. Its editorial board is comprised of both national and international members. It is patronized by Prof. Naeem Zia. It is being published by Resident Research Forum (RRF) that is comprised of dedicated young doctors.



Its objectives are:

1. To published original well documented peer reviewed manuscripts from diverse fields of medical sciences (basic as well as clinical sciences).
2. To inculcate the habit of medical writing among postgraduate residents
3. To achieve a high level of ethical medical journalism
4. To produce credible and authentic publications

RJRMC provides open access to its content with the vision that making research freely available to the public supports the global exchange of knowledge.

## Faculty Research Directory

Faculty Research Directory of Rawalpindi Medical College was published in 2013. Published original research articles, case reports and thesis based articles of all the 44 departments of RMC / Allied Hospitals were mentioned in this directory. The second Research Directory is also published that contains the whole research data of RMU faculty members from 2014-19. This depicts the aptitude and concern of our doctors towards research.



The institutional research directories are mainly composed to achieve some long-term objectives which are:

1. To ensure provision of research environment among the faculty members, research scholars and postgraduate trainees
2. To create an awareness regarding the research work carried out by fellow researcher in a department to facilitate collaborative research
3. To motivate interdisciplinary research proposals to funding agencies
4. To get innovative ideas for further research
5. To develop strengths of existing researchers by conducting workshops in order to facilitate conduction of research and medical writing



## Student Research Directory

Numerous researches are being carried out by undergraduate medical students at Rawalpindi Medical University following establishment of its milestones, development of Institutional Research Forum (IRF) and promotion of research culture by Prof. Muhammad Umar, Vice Chancellor RMU during 2014. Therefore Student Research Directory 2019 is compiled based on studies conducted by undergraduate students under guidance and direction of worthy Vice Chancellor, esteemed teachers and institutional research coordinator.



The undergraduate students are enrolled in researches with an intention:

1. To facilitate them in acquisition with basic knowledge and skills deemed necessary for research
2. To introduce them to research methodology in detail
3. To ensure appraisal of ethical aspects of research
4. To confirm comprehension of policies of plagiarism
5. To acquaint them with critical appraisal of research articles
6. To familiarize them with data analysis software
7. To assist them in use of various citation managers

## Internationalization of RMU

Numerous Memorandum of Understanding (MoU) have been signed between Rawalpindi Medical University and various national as well as international medical universities under the worthy guidance of Prof. Muhammad Umar, Vice Chancellor RMU. These are meant to formally create a mutually beneficial working relationship between RMU and other institutes worldwide. Without effective international collaboration, we would have limited access to the global advancements in health sciences. This Initiative will not only facilitate RMU residents and undergraduate students in completion of their rotations and electives but also bestow them with a golden opportunity in getting acquainted with recent advancements and skills in medical sciences.



### RMCAANA

Apart from our national healthcare institutes, MoU has been signed with the following international organizations for acquisition of our young doctors with adequate knowledge and skills in various specialties and sub-specialties:

- Rahii Institute: (Rawalians Healthcare Improvement Initiative)
- RMCAANA : (Rawalpindi Medical College Alumni Association of North America)
- APPNA : (Association of Physicians of Pakistani Descent of North America)
- London College of Kingdom & Tropical Medicine
- Georgia College of Medicine, Augusta University, USA
- Hull York Medical School, UK
- Liver pool University, UK
- UK Tutors
- IAMRA (An International Association of Medical Regulatory Authority)

## **Institutional Research Forum (IRF)**

The foundation of Institutional Research Forum (IRF) at Rawalpindi Medical University was laid down by Prof. Muhammad Umar in January 2014 to supervise the research activities planned by faculty, postgraduate trainees, undergraduate students and visitor researches. Ethical Review Board was established for this purpose. This board is comprised of all senior research experts to get our researchers benefitted from their vast experience.

### **SOPs FOR APPRAISAL OF RESEARCH PROJECTS BY IRF**

Any individual researcher or research groups interested in conducting research or data collection at RMU or any of its teaching hospitals must seek approval by IRF of RMU through following Standard Operating Procedures:

1. Download research application proforma from RMU website ([www.rmur.edu.pk](http://www.rmur.edu.pk).) according to your status that are: Application proforma for undergraduates / postgraduates / faculty of RMU or for visitor researchers.
2. After filling the proforma electronically and after endorsement by supervisor / Head of Department / Principal Investigator, submit eight copies along with research proposal and data collection tools to research unit of RMU at least one week before IRF meeting.
3. Five minutes power point presentation will be given in the meeting followed by question & answer session. IRF will review it and provide on spot decision regarding its appraisal, rejection or modification.
4. An approval letter of IRF endorsed by all members will be issued only after which research can be initiated.



**IRF meeting for ethical approval of research proposals**

## Constitution of Ethical Review Board

Following members constitute Ethical Review Board of RMU:

Prof. Muhammad Umar Vice Chancellor, RMU	Chairperson
Prof. Hamama-tul-Bushra Khar Ex-Professor of Medicine, RMU	Member
Prof. Syed Irfan Ahmed Ex-Professor of Medicine, RMU	Member
Prof. Naeem Akhtar Ex-Professor of Pathology, RMU	Member
Prof. Shagufta Saeed Sial Director, RMU	Member
Prof. Jahangir Sarwar Khan Professor of Surgery & Dean of Postgraduate Studies, RMU	Member
Prof. Muhammad Khurram Professor of Medicine, Dean of Medicine & Allied, RMU	Member
Prof. Syed Arshad Sabir dean of Community Medicine & Public Health, RMU	Member
Dr. Asad Tameezuddin Nizami Associate Professor of Psychiatry	Member
Dr. Ahmed Hassan Ashfaq Associate Professor of ENT, RMU	Member
Dr. Shaiza Zeb Deputy Registrar Academics, Deputy Director DME, RMU	Liaison Officer
Dr. Hana Mahmood Director Health & Market Research / Health Informatics	Member
Dr. Faiza Aslam Rawalpindi Medical University	Member
Dr. Abdul Qudoos Demonstrator Community Medicine, RMU	Member
Dr. Uzma Hayat Additional Director Research, RMU	Research Coordinator
Dr. Usman Khalil Community Member	Member
Dr. Muhammad Tariq Legal Advisor	Member

ERB is bound to perform its functions as per prescribed SOPs.

## Rawalian Students' Research Society (RSRS)

The first ever Rawalian Students' Research Society (RSRS) was established in March 2014, comprising of a team of motivated and proficient undergraduates of RMU, selected from all the five academic years. About 7-8 members of RSRS have been selected annually by a team of senior faculty members as the 'core team' which includes Presidents, Vice presidents, General Secretaries and Publication In Charges, etc, the duties of whom were to coordinate all the activities of undergraduate research proficiently under the direct supervision and guidance of the Vice Chancellor of RMU, IRF and research unit.



**Prof .Muhammad Umar**  
Vice Chancellor RMU  
Patron In Chief RSRS



**Prof. Syed Arshad Sabir**  
Dean of Community  
Medicine & Public Health



**Dr. Afifa Kulsoom**  
Assistant Professor Community Medicine  
Chief Coordinator RSRS

The core team of RSRS has been selecting students from each academic year; two research class coordinators who form a bridge between every student and the RSRS and research coordinator of RMC. The members of RSRS have facilitated their colleagues in all the activities related to research and play a vital role in organizing the student's research conferences. The RSRS members were trained in research via workshops at research unit and they conveyed this knowledge and skill in research to their colleagues. The Presidents and Vice presidents of RSRS held introductory sessions regarding research, literature review and development of synopsis termed as "Master classes" for each academic year annually. RSRS has organized 7 sessions so far that were attended by more than 1000 students in total.

RSRS also organizes an Undergraduate Medical Research Conference "RECON" every year in which students of RMU present their research projects as posters as well as verbally in moderated sessions. Winners of the competition are presented with Gold Medals and Shields. In "Young Researcher's Forum" organized last year in 2017, more than 65 posters and 10 verbal presentations were put forward by the students of RMU.

A total of 445 Research Projects have been initiated by Undergraduate Students of RMU from 2014 to 2018 and a total of 163 research publications have been made so far.

Rawalian Students' Research Society has organized 3 Medical Research Competitions (RECON 2016, '17 & '18) in last three years including 40, 65 and 74 research presentations from RMU respectively.

However, in 2018, RECON was organized as National Medical Researchers Forum in which medical students of 72 institutions from across the country were invited to present their research papers. A total of 102 abstracts were accepted for verbal and poster presentations.



Rawalian Students Research Society also organized 7 workshops for Undergraduate Students of RMU regarding:

- 1- How to Choose a Research Topic
- 2- How to Write a Research Proposal
- 3- Research Methodology
- 4- SPSS-Data Entry
- 5- SPSS-Data Analysis
- 6- How to present a paper
- 7- Common Problems encountered during Data Analysis

Rawalian Students' Research Society also plays a vital role in publication of Students Supplement of Journal of Rawalpindi Medical College (SJPMC). Latest Publications include:

- ▶ SJPMC 2017:21(S-1)
- ▶ SJPMC 2018:22(S-1)
- ▶ SJPMC 2018:22(S-2)
- ▶ SJPMC 2019:23(S-1)

Undergraduate Students of Rawalpindi Medical University have made 284 research presentations in various conferences held across the country as well as across the oceans. Among those 284, 105 were made outside RMU in various National as well as International Conference.



## **Resident Research Forum (RRF)**

First Rawalian Resident Research Forum was organized on 15th December, 2018 at Rawalpindi Medical University under commendable leadership of Prof. Muhammad Umar, Vice Chancellor RMU. Prof. Muhammad Hanif, Chairperson of Surgery was the In Charge of this Research Forum. This event was inaugurated by worthy Chief Guest Justice Retired Shakirullah Jan who is the President of Pakistan Medical & Dental Council.



**Prof. Muhammad Umar, Vice Chancellor RMU emphasizing the significance of research among doctors**



**Prof. Bushra Khaar along with other doctors attending the Resident Research Forum at RMU**

More than 100 research projects were submitted for poster and paper presentations by our hardworking and enthusiastic residents on this prestigious occasion that depicted the rooted culture of research among our young doctors.



**RMU residents elaborating about research projects through poster and paper presentations**



### E-Posters Presentations

Surgery	Medicine	Gynae/Ob s	Orthopedic s	Plastic Surgery	Dermatolog y	EN T	Gastroenterolog y
8	4	5	5	1	1	1	2

### Paper Presentations

Surgery	Medicine	Paediatrics	Gynae/Obs	Gastroenterology	Plastic Surgery	ENT
30	02	01	18	4	5	3

Psychiatry	Neurosurgery	Nephrology	Hematology	Urology
2	3	1	1	1

### **TOTAL VERBAL PRESENTATIONS = 21**

- Surgery & Allied - 6
- Medicine & Allied - 5
- Pathology - 5
- Public Health - 5

### **TOTAL POSTERS: 92**

- **Surgery & Allied : 14**

13 RMU & Allied Hospitals	01 outside RMU
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- **Pathology: 22**

21 RMU & Allied Hospitals	01 outside RMU
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- **Public Health: 33**

27 RMU & Allied Hospitals	06 outside RMU
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- **Medicine & Allied : 23**

13 RMU & Allied Hospitals	10 outside RMU
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## **Faculty Research Forum (FRF)**

Faculty Research Forum is to be organized in RMU with an objective to ensure participation of faculty members from all departments of RMU / Allied Hospitals in research paper presentation.



**Prof. Muhammad Umar**  
**Vice Chancellor RMU**  
**Patron In Chief FRF**



**Prof. Naeem Zia**  
**Professor of Surgery**  
**Patron In charge FRF**

This prestigious event will definitely be comprised of high quality presentations. This forum is aimed to provide a platform for reflection of esteemed faculty in terms of academic standards, efficient service and quality research. The leading objectives of Faculty Research Forum are:

1. To upgrade educational process
2. To achieve excellence in research
3. To expand the horizon of medical education
4. To ensure provision of an interactive learning climate in which teaching, research, training, upgrading skills and practical application are integrated
5. To broaden the knowledge of the faculty pertinent to research
6. To bridge the gap between theoretical knowledge and practical reality
7. To promote inter-disciplinary collaboration in setting up joint research projects
8. To facilitate the faculty in authenticity of research based results
9. To assist in assurance of validity and reliability of established data collection tools
10. To foster the capability of critical thinking and problem solving among faculty
11. To draw valid conclusions based upon sound analysis of reliable data
12. To comprehend existing and emerging technologies pertinent to effective management of prevailing healthcare problems

## **Research Grant Management Office (RMU-RGM)**

In order to establish systems, policies and expertise compliant with international research funding requirements and to strengthen capacity in research support at Rawalpindi Medical University, RMU Research Grant Management (RMU-RGM) office is established. Following team will function at RMU-RGM office in leadership of Prof. Muhammad Umar, Vice Chancellor RMU:

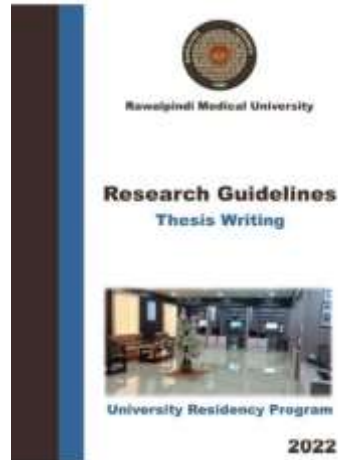
1. Dr. Faiza Aslam, Director RMU-RGM office
2. Mr. Shahzad Munir, Finance Manager
3. Mr. Umair Ghous, Administrator

The functions of this office are as follows:

1. To horizon the scan for opportunities to apply for national and international research grants and share such opportunities with RMU faculty members and postgraduate trainees.
2. To support clinical academics applying for extramural research grants by preparing research budgets, providing evidence of meeting Due Diligence requirements (required at the application and award stage) and providing pre-submission sign-offs on behalf of the University.
3. To advise and support clinical academics in managing awarded extramural research grants to meet the funding organizations' requirements. This includes but is not limited to:
  - a. Reviewing and arranging to sign contracts, collaboration agreements and Memorandum of Understanding
  - b. Administering and maintaining research accounts
  - c. Establishing a rigorous and responsive mechanism for the financial flow, monitoring and auditing research expenditure
  - d. Responding to requests from funding organizations in relation to Due Diligence and financial reporting

## Guidelines for Synopsis & Thesis Writing

Guidelines for synopsis / thesis writing have also been drafted for the convenience and understanding of the university residents.



### Evaluation & Acceptance of Thesis

The candidate will submit the thesis at least 6 months prior to completion of training. The thesis along with a certificate of approval from the supervisor will be submitted to the Research & Development department of the University for further facilitation.

The Controller of Examination will submit a panel of 8 examiners within 7 days for selection of 4 examiners by the Vice Chancellor. The supervisor shall not act as an examiner of the candidate and will not take part in evaluation of thesis.

The Controller of Examination will make sure that the thesis is submitted to examiners in appropriate manner and reminder is sent after every 10 days.

The thesis will be evaluated by external and internal evaluators within a period of 6 weeks.

## Section-VI

### RMU Community Development Program

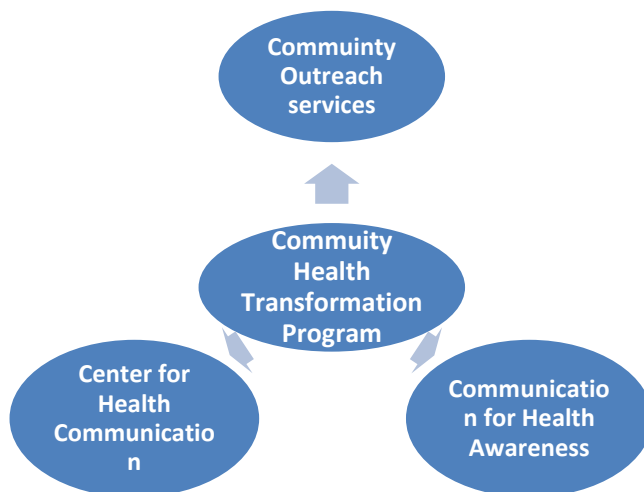


## Community Health Transformation Program (CHTP)

Community health Transformation Program (CHTP) was launched at Rawalpindi Medical University to identify its role in the improvement of the health of region. Department of Community Medicine & Public Health of RMU proposed a strategic plan to strengthen the social integration component of the University. Prof. Muhammad Umar, Vice Chancellor RMU realized that public sector healthcare institutions are run by the public resources, so the people have full right of getting benefited pertinent to the matters of health in all possible ways.

This vision is based on the philosophy of shifting the notion of “*healthcare for the people*” to the “healthcare by the people”. Its approach is participatory and spirit is missionary.

This program intends to combine university intellect and community strengths through a meaningful mechanism for a visible health gain. Work with highly disease – susceptible population would open many avenues for epidemiological research. This program engages the faculty and students of RMU in corrective health work for the service of the community. Substantial health problems in a community are attributed to its inadequate attitudes and behavior pertinent to health and hence are amenable to change. This program comprises of three inter-related work circles as depicted below:



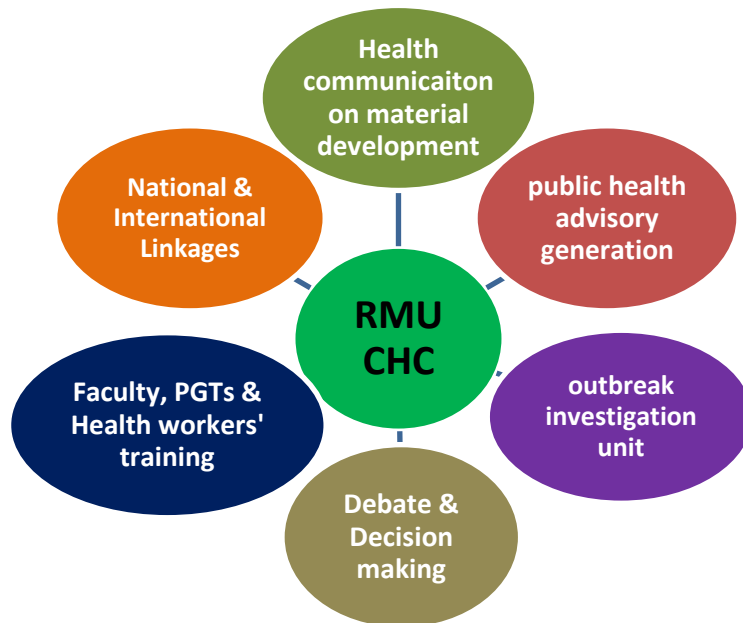
Health issues of a population cannot be adequately solved alone by the health sector without active involvement of the community. Health promotion demands coordinated efforts from all sectors of the society. Using multidisciplinary public health approach, involving all key stakeholders and employing real community real health needs based interventions is imperative for successful execution of CHTP.

## Centre for Health Communication (CHC)

Centre for Health Communication (CHC) is a university resource for planning and execution of various public health interventions for prevention of disease and promotion of health of the people. Mission of CHC is to improve the health of our community through behavior modification. It is basically working on “Information, Education & Communication” model.



It is more a mental capacity than a physical place for continuous thought generation and materialization in the spirit of service for the community. Work profile for CHC is depicted below:

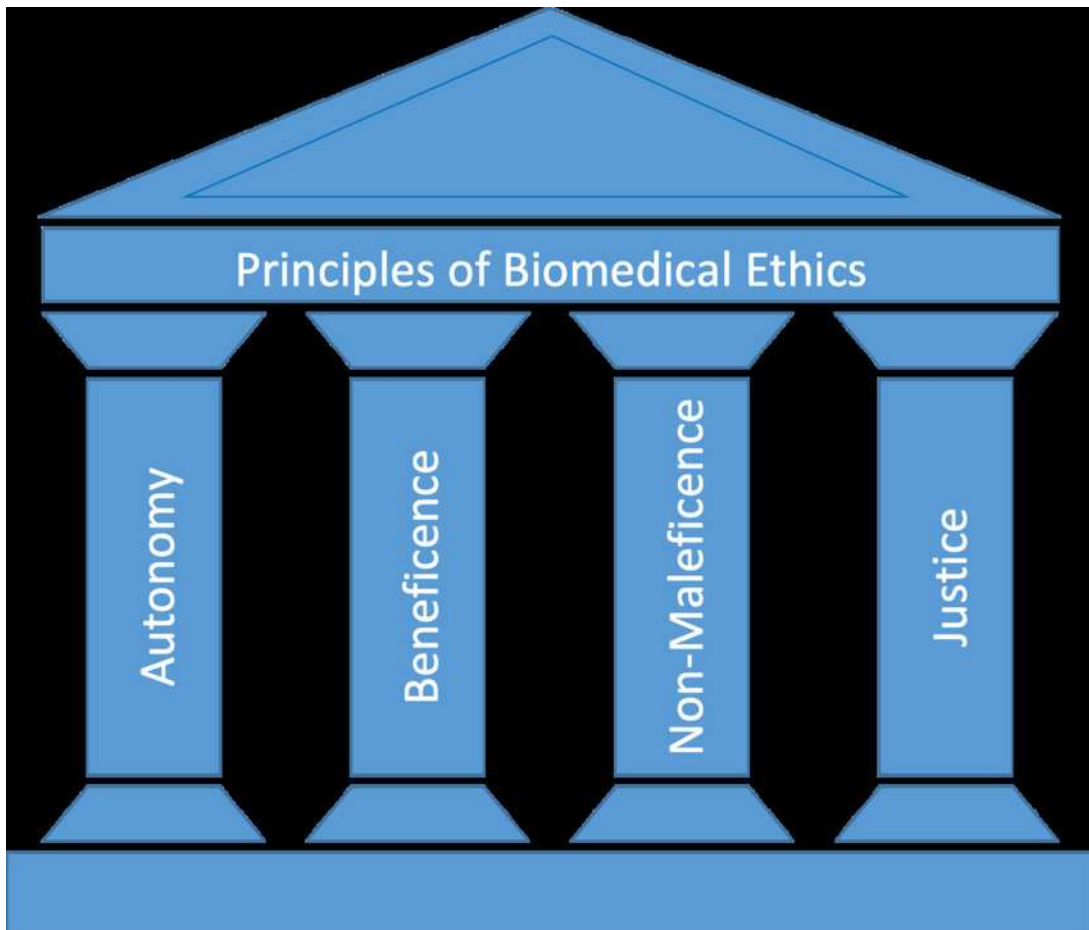


Health awareness activities under umbrella of CHC are carried out periodically for the well-being of the community.



# Section-VII

## Biomedical Ethics



## Department of Biomedical Ethics

Department of Biomedical Ethics is established on 13<sup>th</sup> July 2022 at Rawalpindi Medical University. This department was missionized for execution of research work by our faculty, undergraduate students and postgraduate trainees with adequate consideration of equity, social justice, rights and responsibilities of the patient as person. Bioethics not only provides the guidelines to medical professionals about clinical decision-making and advancements in medical technologies, but also plays vital role in policy changes and legislation. This department is comprised of the following members:

Prof. Muhammad Akram Randhawa Professor of Pharmacology, RMU	Chairperson
Prof. Naeem Akhtar Professor of Pathology, RMU	Member
Prof. Syed Arshad Sabir Dean of Community Medicine & Public Health, RMU	Member
Prof. Samia Sarwar Head of Physiology, RMU	Member
Dr. Sadia Khan Head of Family Medicine, RMU	Member
Dr. Amna Noor Senior Demonstrator Pathology, RMU	Member
Dr. Syed Muhammad Ali Senior Demonstrator Pathology, RMU	Member

This department would really prove beneficial and constructive towards promoting ethical healthcare practices for well-being of the individuals and high-quality research comparable to international standards.

## List of Abbreviations

ACLS	Advanced Cardiac Life Support
BASR	Board of Advanced Studies & Research
BLS	Basic Life Support
BOM	Board of Management
B.Sc	Bachelor of Science
CBD / CSR	Case Based Discussion / Chart Stimulated Recall
CCU	Coronary Care Unit
CEO	Chief Executive Officer
CFR	Cardiac First Response
CHC	Centre for Health Communication
CHTP	Community Health Transformation Program
CIP	Central Induction Policy
CIS	Continuous Internal Assessment
CPSP	College of Physicians & Surgeons Pakistan
DA	Diploma in Anaesthesia
DAI	Degree Awarding Institute
DCH	Diploma in Child Health
DHA	District Health Authority
DHQH	District Head Quarters Hospital
DME	Department of Medical Education
DOPS	Direct Observation of Procedural Skills
ERB	Ethical Review Board
FCPS	Fellowship of the College of Physicians & Surgeons Pakistan
FLCF	First Level Care Facility
FTA	Final Training Assessment
HEC	Higher Education Commission
HOD	Head of Department

ICU	Intensive Care Unit
IRF	Institutional Research Forum
JRMC	Journal of Rawalpindi Medical College
KPK	Khyber Pakhtunkhwa
MBBS`	Bachelor of Medicine & Bachelor of Surgery
MCPS	Member of College of Physicians & Surgeons Pakistan
MCQs	Multiple Choice Questions
MD	Doctor of Medicine
MDT	Multidisciplinary Team
MeSH	Medical Subject Heading
Mini-CEX	Mini Clinical Evaluation Exercise
MIT	Medical Information Technology
MLT	Medical Laboratory Technology
MoU	Memorandum of Understanding
MPH	Masters of Public Health
M.Phil	Master of Philosophy
MS	Master of Surgery
MSF	Multi-Source Feedback
MTA	Mid Training Assessment
NGO	Non-Government Organization
NIH	National Institute of Health
NIPS	National Institute of Population Statistics
NORI	Nuclear Medicine Oncology & Radiotherapy Institute
NUST	National University of Science & Technology
OSPE	Objectively Structured Practical Examination
PGME	Post Graduate Medical Education
PhD	Doctor of Philosophy
PM&DC	Pakistan Medical and Dental Council
PNC	Pakistan Nursing Council
PRP	Punjab Residency Program

Pro VC	Pro Vice Chancellor
QEC	Quality Enhancement Cell
RIC	Rawalpindi Institute of Cardiology
RMB&DW	Research Methodology Biostatistics & Dissertation Writing
RMU	Rawalpindi Medical University
RN	Registered Nurse
RSRS	Rawalian Students' Research Society
URTC	University Residency Training & Monitoring Cell
SAQs	Short Answer Questions
SDL	Self-Directed Learning
SEQs	Short Essay Questions
SHC & ME	Specialized Health Care & Medical Education
SI	Sitara-e-Imtiaz
SJPMC	Student Journal of Rawalpindi Medical College
SOP	Standard Operating Procedure
SPSS	Statistical Package for Social Sciences
TOACS	Task Oriented Assessment of Clinical Skills
UHS	University of Health Sciences
VC	Vice Chancellor
WPBA	Workplace Based Assessment