

MEDICOS AID SOCIETY

(REGD.)

RAWALPINDI MEDICAL UNIVERSITY



39

Years of
Voluntary
Work!!

ANNUAL REPORT 2022

INSPIRATION

**I AM ONLY ONE,
BUT STILL I AM
ONE,
I CANNOT DO
EVERYTHING,
BUT STILL I CAN
DO SOMETHING.
I DO NOT REFUSE
SOMETHING,
THAT I CAN DO**

**DO NOT WALK
BEHIND US,
WE MAY NOT
LEAD,
DO NOT WALK
AHEAD OF US
WE MAY NOT
FOLLOW,
WALK BESIDE US
AND HELP US IN
HELPING
THE HELPLESS
POOR**

LIVE ONCE LIVE FOR OTHERS

INTRODUCTION

Medicos Aid Society is a non-political body of potential students of Rawalpindi Medical University organized in the name of selflessness, devotion and service. This year MAS is at the verge of completion of 39 YEARS of voluntary efforts with the grace of Almighty Allah. Since its establishment in 1983, under the umbrella of Rawalpindi Medical University, all its members are actively and more positively working for the poor and ailing humanity.

The society is registered with the social welfare department of the Punjab Government since 1983

Renewal Number: (DD/SW&BM/RWP/2021-1132)

DATED 13-07-2021

Registration Number: (DDSW/RWP/1983=098)

Like every organization, we analyze the progress of our society after every month and then the whole year. **This report presents the activities that we have done in year 2022 which marked completion of 39 years of voluntary work.**

Tayyab Rasool

General secretary

EXECUTIVE MEMBERS OF THE OUTGOING PANEL **(2021-2022)**

DESIGNATIONS	NAME
President	Muhammad Tahir Konian
Vice President I	Abdul Sanan
Vice President II	Ansa Ramay
General Secretary	Ehsan Ahmed
Joint Secretary	Muhammad Abdullah Abdul Rehman Khan
Senior Executive	Waqar Younus Hashim Khan Muhammad Ashar Umar Afzal Muhammad Waqas Sajeel Saeed Amna Ashraf Nabila Yasmeen Javeria Rubab Amna Adil
Finance Section Incharge	Sanan Rasheed
Co-FSI	Hafsa Noor
Sub-FSI	Ahmed Haroon
Medicine Section Incharge	Usama Sialvi
Co-MSI	Sheeza Maryam Ayesha Saleem
Sub-MSI	Muhammad Abdullah Shafique
Blood Section Incharge	Shahrulkh Ahmed
Co-BSI	Sadia Aziz Ayesha tasudug
Sub-BSI	Tayyab Rasool Syed Tabeer Hussain
Publication Section In charge	Hamza Khan
Co-PSI	Hadia Eiman
Sub-PSI	Khubaib Arshad Uswa Iftikhar Qandeel Khurshid
Computer Section Incharge	Jawad Basit
Co-CSI	Irum Malik
SUB-CSI	Abdullah Abid Alisha Asghar
Junior Executives	Amal Zahra Zainab Ali Maria Waqar Aleena Saleem Rikza Zareen

EXECUTIVE MEMBERS OF THE CURRENT PANEL **(2022-2023)**

DESIGNATIONS	NAME
President	Shahrukh Ahmed Khan
Vice President I	Ehsan Ahmad
Vice President II	Sadia Aziz
General Secretary	Tayyab Rasool
Joint Secretary	Muhammad Usman Haider
Senior Executive	Sanan Rashid Jawad Basit Hamza Khan Muhammad Usama Sialvi Hafsa Noor Hadia Eman Sheezah Maryam Ayesha Saleem Ayesha Tasadduq Iram Malik
Finance Section Incharge	Ahmad Haroon
Co-FSI	Rikzah Zareen
Sub-FSI	Muhammad Saad Khan Meerab Imtiaz
Medicine Section Incharge	Abdullah Shafique
Co-MSI	Syeda Zainab Aleena Saleem
Sub-MSI	Mudassir Amjad Hamza Bin Sajid Anoosha Adnan Saira Azam
Blood Section Incharge	Syed Tabeer Hussain
Co-BSI	Amal Zahra Aneeqa Sarwar
Sub-BSI	Zain Ali Khalil Abbas Lashari Ayet Zulfikar Nida Nisar
Publication & Computer Section In charge	Muhammad Khubaib Arshad Abdullah Abid
Co-P&CSI	Maria Waqar Fareeha Naseer
Sub-P&CSI	Haris Mumtaz Malik Aiman Afkar Hafsa Arshad



SECTION REPORTS

LIVE ONCE LIVE FOR OTHERS

BLOOD SECTION

“Give Someone a Chance to Live”

Section In-charge: SYED TABEER HUSSAIN

Blood Section in 2022

Blood section is the most energetic and bubbling section of M.A.S. Provision of blood to the needy people in the hour of need is its foremost aim and objective. Following our aim, we always strive to arrange healthy and fresh blood for deserving patients. More than 90 percent of our blood donation is for the poor Thalassemic patients. Apart from Thalassemia we also arrange blood for any emergency cases in the hospitals. We are working on developing an android blood application.

- Arranged and took part in **6** blood camps in different institutes of Rawalpindi and Islamabad and JSF Centre
- **639** Blood Bags collected at these blood camps
 - **3** blood drives were conducted in which **28** female students of RMU donated blood
- Fresh donors from RMU were **252**

**TOTAL BLOOD
BAGS COLLECTED
IN YEAR 2022**

919

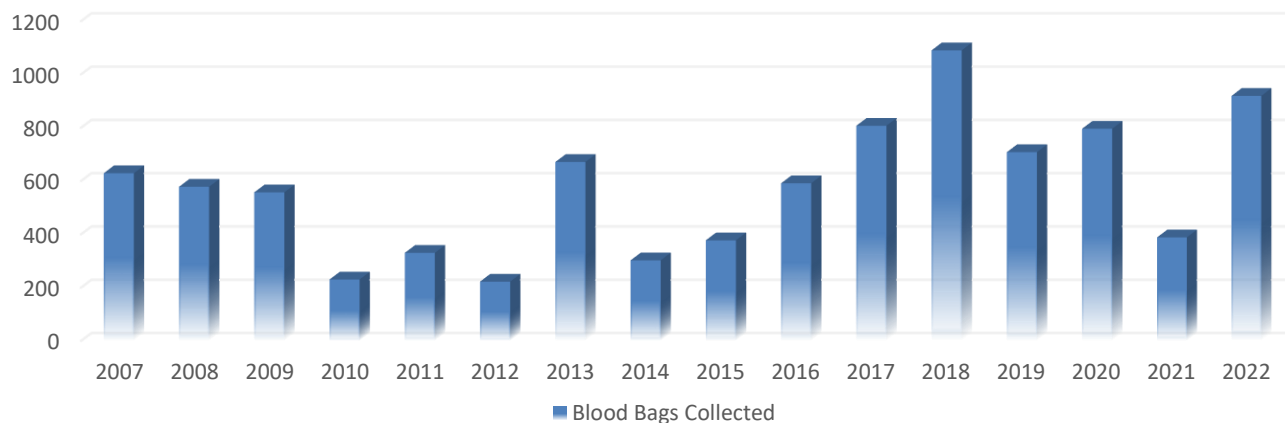
LIVE ONCE LIVE FOR OTHERS

Blood Camps In 2022

	INSTITUTE	DATE	No. OF BAGS COLLECTED
1	IIUI	9 th & 10 th March, 22	206
2	SZABIST	14 th March, 2022	80
3	Air University	17 th March, 2022	58
4	JSF Center	2 nd April, 2022	239
5	NCS	8 th June, 2022	36
6	JSF Center	20 th October, 2022	20
Total collection at 6 blood camps			639
Total donors at 3 blood drives			28
Fresh Donors arranged from RMU in 2020			252
TOTAL BLOOD BAGS COLLECTED			919

Blood Distribution: All the collected Blood is distributed free of any cost. And about 90 % of the collected blood is used for Thalassemic children.

BLOOD COLLECTION DATA OVER LAST 16 YEARS



LIVE ONCE LIVE FOR OTHERS

MEDICINE SECTION

“We Fight Against Diseases”

Section in-charge: Abdullah Shafique

It's the most enthusiastically working section of the society and aims at providing free medical care to those who either don't have access to it or can't afford it. This section besides having a free dispensary at MAS office, for the medical students, University employees and the deserving patients, arranges free medical camps in remote areas, in the peripheries of Rawalpindi and Islamabad, with scarce medical facilities. At our medical camps, consultants, registrars and medical officers from our teaching hospitals provide free check-up facilities and medicines of reputed pharmaceuticals. Apart from it, this section also arranges Vaccination Camps against Hepatitis B infection round the year for the medical students.

Medicine Section in 2022

- Arranged **4** hepatitis B vaccination camps in RMU campuses
- MAS dispensary provided medicine to **324** patients
- MAS arranged and participated in **3** Medical camps in the year 2022 in which a total of **1985** deserving patients were treated.

**TOTAL PATIENTS GOT
TREATED IN YEAR 2022
ARE ABOUT
2309**

LIVE ONCE LIVE FOR OTHERS

MEDICINE SECTION IN 2022

MAS Dispensary:

In 2022, **324** patients were provided medicines from MAS dispensary. These include students and University employees.

Medical Camp Details

	VILLAGE	DATE	No. OF PATIENTS TREATED
1	Kalabagh	12 th March, 2022	980
2	Saroba	29 th May, 2022	391
3	Kohawar	2 nd October, 2022	587
TOTAL PATIENTS TREATED			1985

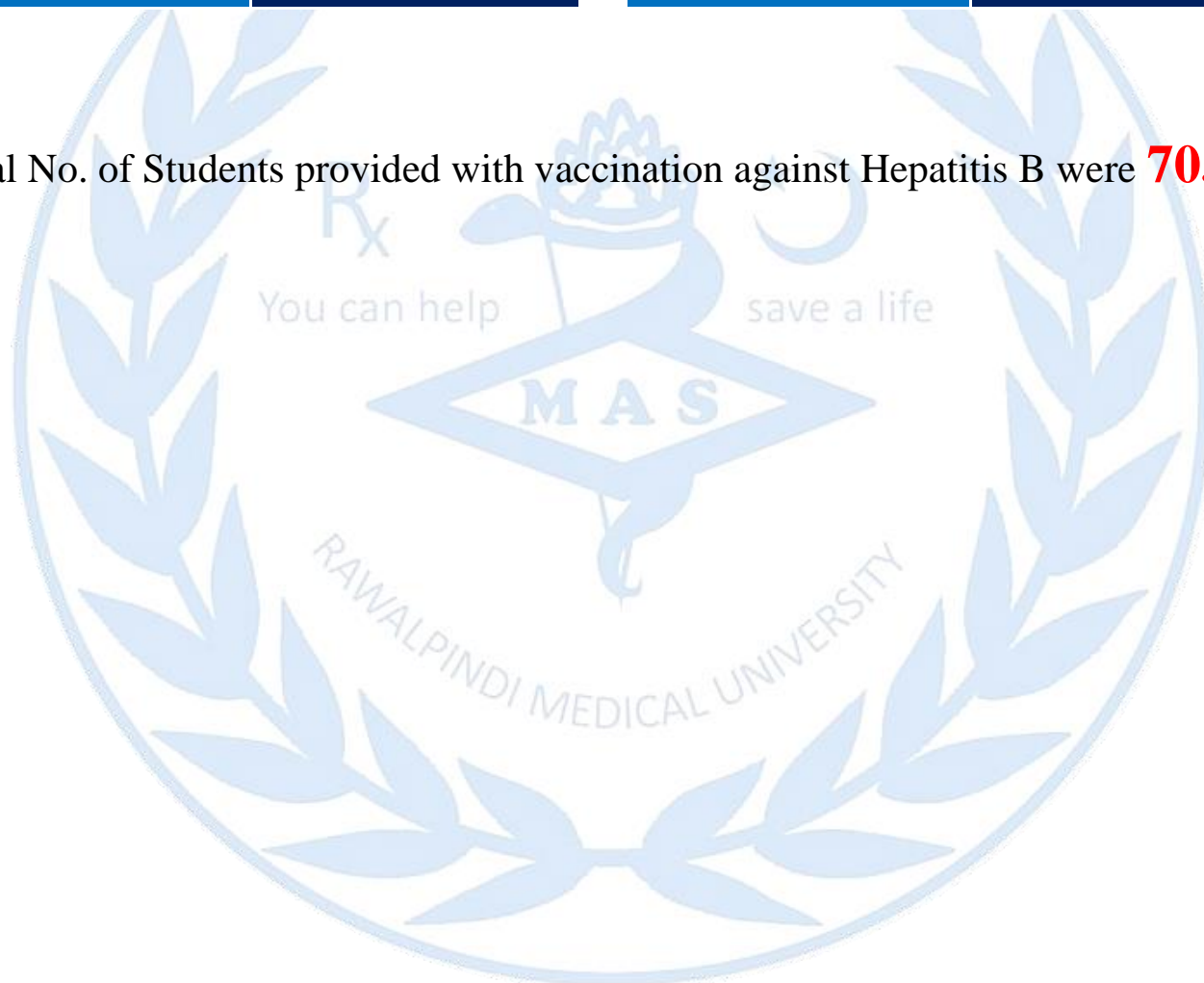
Total No. of deserving patients treated were **1985**

IN THIS YEAR MAS MEDICINE SECTION
PROVIDED TREATMENT TO **2309** PATIENTS

Vaccination Camp Details

IN OLD TEACHING BLOCK RMU		IN NEW TEACHING BLOCK RMU	
DATE	STUDENTS VACCINATED	DATE	STUDENTS VACCINATED
28-5-2022	242	7-6-2022	200
6-8-2022	112	20-8-2022	151

Total No. of Students provided with vaccination against Hepatitis B were **705**



PUBLICATION SECTION & COMPUTER SECTION

“People Know MAS Because of Us”

Section In-charges: Khubaib Arshad & Abdullah

The Publication & Computer Section connects the masses with the society. This section handles the IT related aspects and works hand in hand with all the sections highlighting each and every activity. It is also responsible for the maintenance & optimization of all the computer related equipment of the society to ensure healthy and timely activities while raising the morale of the members in the cause of spreading awareness amongst people about general health; promoting the cause of the society; and encouraging the students of the University to join and experience the motto of the society “Live Once, Live for Others”.

Publication Section in 2022

- **Made Monthly and Annual reports.**
- **Posted videos and posters on all social media platforms.**
- **Publication of MAS activities on different Online Forums.**
- **Transferred and maintained all sections records to online database.**
- **Conducted 1st ever MAS Podcast & 2 Online Events.**

LIVE ONCE LIVE FOR OTHERS

PUBLICATION & COMPUTER SECTION IN 2022

1. Displaying Posters & Videos:

- Poster regarding **cancer day** was made.
- **Ramadan Mubarak** poster was uploaded
- 4 posters were uploaded for encouraging **zakat donation**
- Poster was made on **World Health Day** on 7th April
- A video was made in collaboration with Finance section to encourage people to give their zakat and donations to MAS
- Poster was made to announce the '**Blood Donor of the Year**'
- Poster was made on **World Malaria day** on 25th April
- Poster and Video on the **39th anniversary of MAS** were uploaded
- Posters campaign was launched about **thalassemia** on 8th May.
- A video was made in collaboration with **Dr. Fariha Sardar educating about Thalassemia.**
- Video on **dengue** was made in collaboration with **Dr. Mujeeb Khan.**
- Posters were made regarding **Dengue awareness.**
- A Video was made highlighting the importance of **donating blood.**
- A poster campaign was launched on **World Donor Day (14th June)** spreading awareness about blood donation.
- Posters were made regarding world **hepatitis day on 28th July.**
- A poster campaign was launched about **heat stroke.**
- An **awareness video** was made on heat stroke .
- Poster was made wishing **Eid ul adha.**
- Poster was made for **Independence Day.**
- Videos and posters were made for **Flood Donation Drive.**
- Donation Appeal posters of the **Ration Drives** for Flood victims

were made and publicized

- **Ration Drive phase 1** was publicized upon completion
- The posters for the “**Ration drive**” were made highlighting the call for donations.
- A Video showing the “**Pre-camp preparations and activities**” was made and uploaded on Youtube channel and Instagram Reels on 2nd October 2022.
- A video showing the **Medical Camp activities** was made and uploaded on Youtube Channel on 13th October, 2022.
- 5 Posters were released on “Breast Cancer Awareness” for the education of the general public.
- On 14th November, 2022, a poster regarding “**World Diabetes Day**” was made and uploaded.
- "World AIDS Day" Poster was released on December 1st, 2022.

2. Maintenance of MAS Online Database System:

- MAS online Database is maintained by the Computer Section.

3. Maintenance of Office Record:

- Computer section keeps check and balance of each section's record in hard form in the lockers.

4. Maintenance of MAS Boards:

- It is the responsibility of Computer section to maintain the MAS boards in campus and office.

5. OTHER ACTIVITIES:

- Request letter for blood camp at **Islamic International University Islamabad and SZABIST Islamabad** were written.
- Request letter for the transfer of **MAS OTB board** was written.
- Annual Report of **2021** was published.

- Media coverage of **Vaccination camp against Hepatitis B** was done on 28th May.
- Media coverage of **Free Medical camp at village Saroba** was done on 29th May.
- A webinar was conducted about **viral hepatitis**.
- **Rescue 1122 Basic Life Support (BLS)** was conducted on 22nd August 2022 for MAS team.
- The **Panel Report (2021-22)** was published
- New banner of **“RMU FLOOD RELIEF ACTION PROGRAM”** was made for the Free Medical Camp
- The media coverage of Free Medical Camp in village **Kohawar, Draban Daman, District D.I. khan**, on 2nd October, 2022 was done.
- An **online** fund raising major event “Rebuilding the Broken” with the topic: **"SOCIO-ECONOMIC CRISIS AND MENTAL HEALTH OF FLOOD VICTIMS"** was conducted by MAS on different Social media platforms in which participants from all over Pakistan participated.
- MAS conducted **first ever podcast on “Breast Cancer Awareness”** featuring **Dr Riffat HO, HFH (Ex Masian)** as host and **Dr. Nida MBBS, MRCP, DMS HFH (Gynecology Department)** as guest speaker on 18th October, 2022. The promotion poster was released on 30th October 2022 and the podcast has been uploaded on Youtube channel.
- MAS organized an online poster competition regarding **“Antibiotics Resistance and Awareness Week”**

FINANCE SECTION

“Give Someone a Reason to Smile”

Section In-charge: Ahmad Haroon

It's like root to the MAS tree. All branches of this tree, like blood section, medicine section, computer section and publication section depend on the roots for their nutrition and growth. In short, we can say that finance is the foundation of the building of MAS. The Section maintains complete record of expenditures and donations. The section is also concerned with audit of expenditures and donations

FINANCE SECTION in 2022

- **Rs.2,93,022/-** were used for the regular activities (medicine & blood camps)
- **Rs.13,55,526/-** were given to special deserving cases
- Ration bags of **Rs.3,65,000/-** and mosquito nets worth of **Rs.62,000/-** were given to deserving families.

DONATE
MEDICOS AID SOCIETY
ACCOUNT # 4072112322
National Bank of Pakistan,
Rawalpindi Medical University
branch, Rawalpindi.

Total Expenditures In
year 2022 are
Rs.20,75,298/-

Finance section in 2022

(December 2021- December 2022)

SPECIAL CASES

(Rs.13,55,526/-)

MEDICINES:

CASE	COST
• Patients of Fibromyalgia & Hypertension	Rs.2,50,631/-
• Patients with Diabetes	Rs.2,07,262/-
• Patients of Thyroid Cancer	Rs.1,08,412/-
• Patients of Stroke	Rs.76,896/-
• Patients with Post Asphyxial Disorder	Rs.74,772/-
• Patients with Arthritis	Rs.56,295/-
• Patients of GERD	Rs.38,633/-
• Patient of Breast Cancer	Rs.69,629/-
• Patients of Hepatocellular Carcinoma	Rs.25,000/-
• Patients of Spastic Paraparesis	Rs.24,688/-
• Patients with Hypertension	Rs.23,513/-
• Patients of Hypothyroidism	Rs.20,391/-
• Patient of Insulinoma	Rs.14,491/-
• Patients of Epilepsy	Rs.13,199/-
• Patients of Sepsis	Rs.12,827/-
• Patients of COPD	Rs.9,220/-
• Patients of Hyperthyroidism	Rs.7,121/-
• Patients of Quadriplegia	Rs.5,535/-
• Patients of Resp. and CVS	Rs.5,098/-

• Patient of Pneumonia	Rs.4,682/-
• Patients of Anemia	Rs.4,186/-
• Patient of Hemiparesis	Rs.3,997/-
• Patient of Asthma	Rs.3,915/-
• Patients of Paraplegia	Rs.3,696/-
• Patient of Fibroids	Rs.2,493/-
• Patient of Bone Fracture	Rs.2,278/-
• Patient of MRSA	Rs.2,243/-
• Patient of Pain	Rs.2,250/-
• Patient of Cardiomyopathy	Rs.2,183/-

INJECTIONS:

CASE	COST
• Patient of Sepsis (IVIG)	Rs.25,000/-
• Patient of Anemia (Epoetin) & Thrombocytopenia	Rs.25,000/-
• Patient of Stroke	Rs.12,200/-
• Kopak Injection for CT Scan	Rs.3,295/-
• Patient of Diabetes	Rs.1,546/-

EQUIPMENTS:

CASE	COST
• Oxygen Cylinders for a patient of Paralysis	Rs.18,000/-
• Chelation pump for thalassemic patient	Rs. 9,500/-
• Walker for patient of Bone Cancer	Rs.3,500/-
• Stoma bag for patient of Colon injury	Rs.1,260/-

LAB TESTS:

CASE	COST
• CT Scan of Patient having Abdominal Abscess	Rs.11,000/-
• Lab Tests for the patient of COVID	Rs.10,000/-
• Lab Test for the patient of Diabetes	Rs.3,995/-
• Lab test for a patient of Ascites	Rs.1,000

CHEMOTHERAPY:

CASE	COST
• Chemotherapy for Bone cancer	Rs. 36,582/-

SURGERIES:

CASE	COST
• For Undescendant Testis	Rs.37,000/-

RATION DRIVE

Ration bags of **Rs.3,65,000** along with mosquito nets worth of **Rs.62,000/-** were given to deserving families of Flood affected areas.

- 100 Ration Bags per Rs.4,000/-, worth of **Rs.3,65,00/-**
- 100 Mosquito Nets per Rs.620/-, worth of **Rs. 62,000/-**

REGULAR ACTIVITIES

(**Rs. 2,93,022/-**)

- Staff salary
- Blood camps expenses
- Bike and Van repair

SUMMARY of ANNUAL REPORT 2022

BLOOD SECTION

- ❖ **639** Blood bags Arranged at **6 Blood Camps**
- ❖ **252** Fresh Donors from Rawalpindi Medical University
- ❖ **28** Blood bags were arranged in **3 Blood Drives**
- TOTAL 919 BLOOD BAGS COLLECTED**

MEDICINE SECTION

- ❖ **324** Patients were provided medicines from MAS Dispensary
- ❖ **1985** Patients were treated in **3 Medical Camps**
- ❖ **705** Medical Students were vaccinated in Hepatitis B Vaccination Camps
- TOTAL 2309 PATIENTS GOT TREATED**

FINANCE SECTION

- ❖ Expenditure on Regular activities: **Rs.2,93,022/-**
- ❖ Special Deserving Cases: **Rs.13,55,529/-**
- ❖ Ration Drive: **Rs. 3,65,000/-**
- TOTAL EXPENDITURES Rs. 20,75,298/-**

PUBLICATION& COMPUTER SECTION

- ❖ **Poster designed** for Blood, Medical and Vaccination camps
 - ❖ **Public Health Education** via Posters and Videos
 - ❖ **First ever MAS Podcast**
 - ❖ **2 Online Competitions** were organized
- ❖ **Highlighting MAS Activities** on different Forums
- ❖ **Updating the social media with MAS activities**
 - ❖ **Maintenance of Online MAS database**
 - ❖ **Made Monthly & Annual reports**

