

Rawalpindi Medical University

Abu Huraira reported Allah's Messenger (S.A.W) saying:

"O Aisha, Allah is gentle and He loves gentleness. He rewards for gentleness what is not granted for harshness and He does not reward anything else like it."



History

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- RIFAO was established by students of batch 36 of Rawalpindi Medical University, in honor of Dr Rashida Iqbal (Late) in the year 2009.
- The society aimed at assessing the hurdles, especially financial ones, in way of education of fellow students and finding a solution to overcome those



Dr Rashida Iqbal Department of Biochemistry Rawalpindi Medical College

hurdles. Initially, it was under the supervision of Dr. Musaddiq Khan, Dr. Rehana Rana and Dr. Riffat Khurshid

• Currently, our Patron In-Chief is **Prof. Dr. Muhammad Umar** (SI), and is running under the supervision of **Dr. Jahangir** Sarwar Khan.



Prof.Dr. Muhammad Umar (SI) Vice Chancellor, RMU Patron In-Chief, RIFAO

Dr. Jahangir Sarwar Khan Head of Surgical Unit-1, HFH Patron In-Charge, RIFAO

Working of RIFAO

- We mainly aim at providing scholarships to deserving students by collecting donations from donors and through fundraising events. The students in need of scholarships are assessed through a series of interviews and the identity of the student is not revealed in any case.
- RIFAO also aims at providing educational assistance to MBBS students, which include compiling guidelines, creating pdfs, providing free of cost lectures and donating books.
- RIFAO is currently divided into the following 7 departments:
 - ➢ Finance
 - Education Publication and Book Bank
 - Media Photography and Editing
 - Human Resources
 - > Events and Management
 - Human Resources
 - ➢ Social Media
- All these departments have their defined roles and are headed by the executive body which include:
 - > President
 - Vice President
 - General Secretary
 - Joint Secretary
 - Heads and Secretaries of each department
 - Old Campus Incharge
- Donations details can be found at the end of the document.

RASHIDA IQBAL FINANCIAL AID ORGANIZATION

Finance Report

- Financial aid is based on donations collected from RIFAO Alumni, Senior & Junior doctors and students of Rawalpindi Medical University and Allied Hospitals. Donations are kept at a dedicated bank account; each transaction is documented and regular audits and financial statements are prepared to ensure a strict transparency. There is a regular chain of command ultimately accountable before our worthy Patron In-charge.
- Approximately Rs 110,000 (One Lac and ten thousand) is required to support one case for one year.

Financial Statistics of Current Tenure (March 2022- Oct 2022)

- 124 cheques of monthly stipend of worth Rs. 6000 each
- 8 of hostel fee of worth Rs. 34340 each
- 1 cheque of 1 time college fee of worth Rs. 22550 each
- 1 cheque of 1 time hostel fee of worth Rs. 34340 each

Total Scholarships issued during March 2022- Oct 2022 = 134

Total PKR 1131960 (Eleven Lac Thirty One Thousand Nine Hundred and Sixty)

RASHIDA IQBAL FINANCIAL AID ORGANIZATION

Year	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Opening Balance	0	21050	109060	72854	18442	207437	265108	243088	271387	272508	334592	693022
Revenue	81050	130010	1 <mark>629</mark> 75	203650	456455	452767	406255	446770	646687	550710	557884	586221
Sub-Total	81050	151060	272035	276504	474897	660204	671363	689858	918074	823218	892476	127924 3
Expendit	60000	42000	199181	2 <mark>580</mark> 62	267460	395096	<mark>428</mark> 275	418471	645566	488626	199454	880476
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Balance as of End of Year	21050	109060	72854	18442	207437	265108	243088	271387	272508	334592	693022	398767

Total Expenditure: PKR 4282667 (Forty-Two Lac, Eighty-Two Thousand, Six Hundred and Sixty-Seven)

Education Report

- Education Department has a publication section, they are concerned with keeping track of modules and tests from each year and according to need, guidelines are made by seniors and shared among the students. We currently have authentic guidelines pertaining to all years of MBBS, for whole books and for individual topics and tests as well. They have shown promising results, even for students from other colleges.
- We also have extremely important international video lectures like:
 - ➤ Kaplan
 - ➢ Sketchy
 - Dr Najeeb
 - Pathoma
- We also have access to e-books, past papers, ospe, viva files and model mcqs and all of these things are provided free of cost to all the students.
- We also provide authentic guidelines to to PLAB and USMLE.
- We have also worked on creating our own pdfs, if in case they were not available.
- The other side of Education department is the book bank, the section associated with giving books to the needy and taking them back from the students after a year so that they can be reused again. Currently, RIFAO book bank has more than 500 books and it donates more than 60 books each year.
- RIFAO hard drive is also placed at a suitable site in the campus which any student can access and can copy study material from there to their respective devices.

RASHIDA IQBAL FINANCIAL AID ORGANIZATION

Saving our Saviors(2020)

During the tough times of corona, when healthcare workers were fighting the frontlines. at everyone was in dire need of Personal Protective Equipment (PPEs), especially at RMU's allied hospitals. Our society, in collaboration with RAHII ran this project, Saving our Saviors (SOS), from 23rd April to 29th July, 2020 and provided PPEs to doctors working in Holy Family, Benazir Bhutto, PIMS and DHQ Hospitals.



3 مېپتالوں كەۋاكىرز كۈكۈرونادائرس -محفوظ ركھنے كىيلىتے 580 پى پى ايز كىش فراہم رادلىندى (خصوصى نامد نگار) ۋاكىرز كوكورونا دائرس بے محفوظ ركھنے كىيلىتے رادلىندى مىيڈ يكل يو نيور ٹى كے طلباد طالبات پرش پروفيك نا يكو كىنىش (پى پى ايز) كىش لے كر مېپتالوں ميں ينچى گئے ۔ رشيد داقبال فناقشل ايڈ آرگنا ئزيش ئے قادن بے 580 پى پى ايز كىش بينظىر محفوجة زى مېپتال، ہو لى فيلى مېپتال اور ڈسۇرك ميڈيوار ژرز مېپتال ئے ۋاكىز د ميں تقسيم كى كئى -

- During the seven phases of SOS, following were the material donated:
 - ➢ 683 Suits
 - ➤ 1156 KN-95
 - ➢ 856 Face Shields
 - ➤ 556 Googles
- We were also featured in various newspapers for our efforts.



یو نیورٹی طلباد طالبات حفاظتی کنس سیپتال کے عملے کودے رہے میں -----



580 پی پی ائیز کٹس کی جنر ل ہپتال، ہولی فیملی، ڈی انچ کیو کے میں تقتیم

رادلولیندی (طاف رور فر) شہر کے تحمن ہیتالوں میں خدمات سرا نجام دینے والے ذاکم زکو کورو دادائر س بے محفوظ بنانے کیلیئے راد لیندی میڈیکل یو ندور ش کے طلباد طالبات پر سل پر و تیشن ایکو پ منٹس (یی پی ایئر) کنس کیکر میتالوں میں پنچ کے ، رشید واقع ایف انتظل ایڈار گنائز یش کے تعادن سے 580 کی پی ایئر تک کی پیدینظہر میشو جزل سپیتال ہولی فیلی سپیتال، دسٹر کٹ ہیڈ کوار شرز سپیتال کے ذاکم زیش تقدیم کی گئی پی پی ایئر کس کی بید نظیر میش اللا قوامی معیاد کا این 360 ملک فیس شینڈ اور ایک ماہ تک قائل متعال سوٹ شائل ہے لی پی ایئر کس کی بیدینظہر سی مین ذور زرار گنائز میش کی ایئر سٹس کے استعال بارے اکا می کو ذائم کی ذاکم زیکے پی پی ایئر کٹ کا ہم مار نے دالے میڈیکل یو نیور ش کے طلباد طالبات کا بڑا تھا کہ دائم زود سروں کی زندگیال بچانے کے لیے ہر طرح کی صورت حال میں مصورف رجے ہیں ماں لیے ذاکم زر کے تحفظ کو یکھی بینا تھی اینم نے میں داری ہے معار میں معرور کے حال میں معار

Events

• Various events are carried throughout the year. The purpose of all of these events is fundraising, educating people and attracting potential donors to our cause.

FIRST YEAR INTRODUCTORY SESSION

FOOD STALL in RAC SPRING FEST 2022





RAWALIANS YOUTH SUMMIT 2022

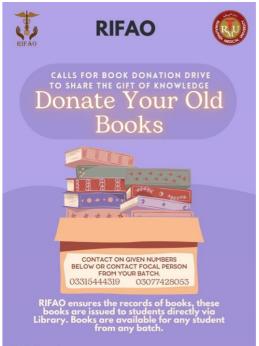




FCPS GUIDANCE SESSION



BOOKS DONATION DRIVE



Donation Details

RIFAO Account Details

Account Title: RIFAO RMC

Account No: 4105906858

IBAN: PK35NBPA1493004105906858

Bank: National Bank of Pakistan

Branch Name: Medical College Branch Rawalpindi

Branch Code: 1493

Contact Details

RIFAO Email: <u>info@rifaoorg.com</u> Patron In-charge: Dr. Jahangir Sarwar Khan, 03335108835 President: Haris Murtaza,0334505920 Vice President: Laiba Munazzam,03036022436 General Secertary: Aamnah Khaleeq,03125158828 Finance Director: Sarah Kafeel,03039012930

*RIFAO accepts all forms of donations but not Zakat **National Bank Account Holders and International Donors can transfer their donation directly. Private Bank Account Holders will have to issue checks/ draft/ pay orders instead

Link to our official pages RASHIDA IQBAL FINANCIAL AID ORGANIZATION

Website: rifaoorg.com Facebook: <u>https://www.facebook.com/rifaoorg/</u> Instagram: <u>https://www.instagram.com/rifaoorg/</u> Twitter: <u>https://twitter.com/rifaoorg?s=09</u>