

Rawalpindi Medical University

Abu Huraira reported Allah's Messenger (S.A.W)saying:

"O Aisha, Allah is gentle and He loves gentleness. He rewards for gentleness what is not granted for harshness and He does not reward anything else like it."

(Sahi Muslim).

History

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- RIFAO was established by students of batch 36 of Rawalpindi Medical University, in honor of Dr Rashida Iqbal (Late) in the year 2009.
- The society aimed at assessing the hurdles, especially financial ones, in way of education of fellow students and finding a solution to overcome those



Dr Rashida Iqbal Department of Biochemistry Rawalpindi Medical College

hurdles. Initially, it was under the supervision of Dr. Musaddiq Khan, Dr. Rehana Rana and Dr. Riffat Khurshid

• Currently, our Patron In-Chief is **Prof. Dr. Muhammad Umar** (SI), and is running under the supervision of **Dr. Jahangir** Sarwar Khan.



Prof.Dr. Muhammad Umar (SI) Vice Chancellor, RMU Patron In-Chief, RIFAO

Dr. Jahangir Sarwar Khan Head of Surgical Unit-1, HFH Patron In-Charge, RIFAO

- We mainly aim at providing scholarships to deserving students by collecting donations from donors and through fundraising events. The students in need of scholarships are assessed through a series of interviews and the identity of the student is not revealed in any case.
- RIFAO also aims at providing educational assistance to MBBS students, which include compiling guidelines, creating pdfs, providing free of cost lectures and donating books.
- RIFAO is currently divided into the following 7 departments:
 - ➢ Finance
 - Education Publication and Book Bank
 - Media Photography and Editing
 - Human Resources
 - Events and Management
 - Human Resources
 - Social Media
- All these departments have their defined roles and are headed by the executive body which include:
 - > President
 - Vice President
 - General Secretary
 - Joint Secretary
 - > Heads and Secretaries of each department
 - Old Campus Incharge
- Donations details can be found at the end of the document.

RASHIDA IQBAL FINANCIAL AID ORGANIZATION

Finance Report

- Financial aid is based on donations collected from RIFAO Alumni, Senior & Junior doctors and students of Rawalpindi Medical University and Allied Hospitals. Donations are kept at a dedicated bank account; each transaction is documented and regular audits and financial statements are prepared to ensure a strict transparency. There is a regular chain of command ultimately accountable before our worthy Patron In-charge.
- Approximately Rs 110,000 (One Lac and ten thousand) is required to support one case for one year.

Financial Statistics of the Previous Tenure (Jan 2020 – Feb 2021)

- 52 cheques of monthly stipend of worth PKR 4000 each
- 05 cheques of examination fee of worth PKR 5750 each
- 06 cheques of hostel fee of worth PKR 34340 each
- 08 cheques of monthly fee of worth PKR 2000 each
- 1 cheque of 1 time college fee of worth PKR 22550 each
- 04 cheques of university fee of worth PKR 7500 each

Total Scholarships issued during Jan 2020- Feb 2021 = 76

Total PKR 511340 (Five Lac Eleven Thousand Three Hundred and Forty)



RASHIDA IQBAL FINANCIAL AID ORGANIZATION

of Year	Balance as of End	Expendit ure			Sub-Total	Revenue	Balance	Opening	Year
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	0 109060	0 42000				0 130010		21050	2010
	72854	199181			151060 272035) <u>162975</u>		109060	2011
	18442	258062			276504	203650		72854	2012
	207437	267460			474897 660204 671363	456455		18442	2013
	265108	<u>395096</u>			660204	452767		207437	2014
	243088	428275			671363	406255		207437 265108	2015
	271387 272508	418471			689858	446770		243088	2016
	272508	645566			689858 918074	646687		243088 271387	2017
AL FI	334592	488626	0 01	RGA	823218	550710	NC	272508	2018
	693022	199454 880476			892476	557884		334592	2019
	398767	880476		ω	127924	586221		693022	2020

Total Expenditure: PKR 4282667 (Forty-Two Lac, Eighty-Two Thousand, Six Hundred and Sixty-Seven)

- Education Department has a publication section, they are concerned with keeping track of modules and tests from each year and according to need, guidelines are made by seniors and shared among the students. We currently have authentic guidelines pertaining to all years of MBBS, for whole books and for individual topics and tests as well. They have shown promising results, even for students from other colleges.
- We also have extremely important international video lectures like:
 - ➢ Kaplan
 - ➤ Sketchy
 - Dr Najeeb
 - Pathoma
- We also have access to e-books, past papers, ospe, viva files and model mcqs and all of these things are provided free of cost to all the students.
- We also provide authentic guidelines to to PLAB and USMLE.
- We have also worked on creating our own pdfs, if in case they were not available.
- The other side of Education department is the book bank, the section associated with giving books to the needy and taking them back from the students after a year so that they can be reused again. Currently, RIFAO book bank has more than 500 books and it donates more than 60 books each year.
- RIFAO hard drive is also placed at a suitable site in the campus which any student can access and can copy study material from there to their respective devices.

RASHIDA IQBAL FINANCIAL AID ORGANIZATION

• During the tough times of corona, when healthcare workers were fighting at the frontlines. everyone was in dire need of Personal Protective Equipment (PPEs), especially at RMU's allied hospitals. Our society, in collaboration with RAHII ran this project, Saving our **Saviors** (SOS), from 23rd April to 29th July, 2020 and provided PPEs to doctors working in Holy Family, Benazir Bhutto, PIMS and DHQ Hospitals.



3 مېپتالوں كەۋاكىرزكوكورونادائرس -محفوظ ركھنے كىلىنے 580 پى پى ايز كىش فراہم رادلىندى (خصوصى نامەنگار) ۋاكىرزكوكورونا دائرس مىخصى طراحكىنى كىلىنە رادلىندى مىذ يىكى يو نيورش كے طلباد طالبات پرس پرونىكىشنا يكومىنىش (بى پى ايز) كىش كے كرہ پتالوں ميں پچنى گئے ـ دشيدہ اقبال خاشنا ايذ آرگىنا ئزيش ئے تعادن نے 580 پى پى ايز كىش مينظى مېتول مېپتال، ہولى فيلى مېپتال اور ڈسر كەت مىذكوار ژر

- During the seven phases of SOS, following were the material donated:
 - ➢ 683 Suits
 - ➤ 1156 KN-95
 - 856 Face Shields
 - ➢ 556 Googles
- We were also featured in various newspapers for our efforts.



یو نیور شی طلباء حفاظتی تئس لیکر میتاوں میں بنتی کے یو نیور شی طلباء حفاظتی تئس لیکر میتاوں میں بنتی کے 580 پی پی ایکر تمش کی جزل میتال ، ہولی فیلی ، ذکا انتیک یو کے میں تقشیم محفوظ بنا نے کیلئے راولینڈی میڈ یکل یو نیور شی کے طلباء طالبات پر سل پر و تیکش ایکو پ منٹس (پی پی ایکر) کش ایکر میتالوں میں تنتی کے رشیدہ اتبال کا نطن ایڈ ارگنائز نیش کے محاود نے داکٹرز کو کروڈادائر س جزل میتال ہولی فیلی میڈیک ایک ناظل میڈ اکر گناؤ نیشن کے محاود سے حالے دو تکر ش کی پی ایکر کمس کی بینظیر محفو جزل میتال ہولی فیلی میتیال ، دسٹر کا خط کو ارش کے طلباء طالبات پر سل پر و تیکش ایکو پ منٹس (پی پی ایکر کمس کی بینظیر محفو جزل میتال ہولی فیلی میتیال ، دسٹر کا خط کو ارش کن خواد سے دو اکٹرز میں تقسیم کی گئی پی ایکر کمس کی بینظیر محفو االا اقوامی معیار کا این 156 مال نے مش شدند اور ایک ماہ تک قابل استعال سوت شائل ہے پی پی ایکر عطیہ کر نے دوالی ڈاکٹرز کو پی پی ایکر کمش کے استعال پر اگا تاہی بھی فراہم کی ڈاکٹرز کیلنے پی پی ایکر خل کا اجتمام کر نے دوالے میڈ یکل یو پی ایکر کمش کے استعال پر اگا تاہی تیور دوروں کی زندگان پی پی پی پی تر طلبہ کر نے دوالے میڈ یکل یو پی ایکر کمش کے استعال پر اگا تائی ڈور دوسروں کی زندگان پی پی پی جی طرح کی مور سے میڈ یکل یو نیور ش کے طلباد طالب کا کر خاک تر ڈور دوسروں کی زندگان پی پی پی کے طلب دورالے میکر دورالے میڈ یکل یو نی میٹر کی کے طبار طالب کا کر خاک تا میں ایک ڈاکٹرز کی لیکے پی پی ایکر خاک دورالے میڈ یکل یو نیور سے کے طلباد طالب کا کر نیا تھا کہ ڈاکٹرز دور موں کی زندگان پی پی ایک میں دور سے میں دور سے میں دور سے میں دیگر کی نور کی سے پی بی ایک کا ہی کہ دور کی میٹو کر دوسروں کی زندگر کی ہو ہے ہوں ہوں دور دور کی دیکھ کی ہو ہو ہوں کی دید ہو ہے میں دور ہو کی دور کی میٹو کو پی پی ایک کر بی قام دور کی زندگی ہو تی ہو ہو کی ہو ہو کی میں دور دور دور کی میٹو پی پی تی تی می دور دور دور کی دید دور ہے دور دور دول کی دور دول کی مور دول میٹو کر میں دور کی دور دول کی دور دور دول کی دور دول کی دور دول کی دید ہو ہو کی کی دور دول کی دول کی دول دول کی دول کی دولی ہو کی دول کی دول کی دول

URDU E-PAPER ENGLISH E-PAPER

WATCH EXPRESS N

THE EXPRESS TRIBUNE

Events

• Various events are carried throughout the year. The purpose of all of these events is fundraising, educating people and attracting potential donors to our cause.



First Year Introductory Session



UK Electives Guidance Session



RIFAO Online Warfare



RIFAO's Very Own Website



RIFAO FoodFest 2020



LMS – <mark>Ba</mark>sic First Aid



Managing Conference on "Building Primary Care Capacity Pakistan's Critical Need"



Playing Part In Inauguration of High Dependency Paeds Unit

RIFAO Account Details

Account Title: RIFAO RMC

Account No: 4105906858

IBAN: PK35NBPA1493004105906858

Bank: National Bank of Pakistan

Branch Name: Medical College Branch Rawalpindi

Branch Code: 1493

Contact Details

RIFAO Email: info@rifaoorg.com

Patron In-charge: Dr. Jahangir Sarwar Khan, 03335108835

President: Maliha Haroon, 03357828921

Vice President: Fahad Shuaib, 03204419940

Finance Director: Hamna Atique, 03325235008

*RIFAO accepts all forms of donations but not Zakat **National Bank Account Holders and International Donors can transfer their donation directly. Private Bank Account Holders will have to issue checks/ draft/ pay orders instead



Website: rifaoorg.com RASHIDA IQBAL FINANCIAL AID ORGANIZATION Facebook: <u>https://www.facebook.com/rifaoorg/</u> Instagram: <u>https://www.instagram.com/rifaoorg/</u> Twitter: https://twitter.com/rifaoorg?s=09