



MEDICOS AID **SOCIETY, ANNUAL** **REPORT 2020**

Like every organization, we analyze the progress of our society after every month and then the whole year. This report presents the activities which we have done in year 2020 which marked completion of

37 *Years Of Voluntary Work*

INSPIRATION

I AM ONLY ONE,
BUT STILL I AM
ONE,

I CANNOT DO
EVERYTHING,

BUT STILL I CAN
DO SOMETHING.

I DO NOT REFUSE
SOMETHING,

THAT I CAN DO

DO NOT WALK
BEHIND US,

WE MAY NOT
LEAD,

DO NOT WALK
AHEAD OF US

WE MAY NOT
FOLLOW,

WALK BESIDE US

AND HELP US IN
HELPING

THE HELPLESS
POOR

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INTRODUCTION

Medicos Aid Society is a non-political body of potential students of Rawalpindi Medical University organized in the name of selflessness, devotion and service. By the grace of Almighty Allah MAS is at the verge of completion of 37 YEARS of voluntary efforts. Since its establishment in 1983, under the umbrella of Rawalpindi Medical University, all of its members are actively and more positively working for the poor and ailing humanity.

The society is registered with the Social Welfare Department of the Punjab Government since 1983

Renewal Number: (DDSW&BM/RWP/2019.317)

DATED 13-02-2019

Registration Number: (DDSW/RWP/1983=098)

Like every organization, we analyze the progress of our society after every month and then the whole year. **This report presents the activities that we have done in year 2020 which marked completion of 37 years of voluntary work.**

Hashim Khan

General Secretary

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EXECUTIVE MEMBERS OF THE OUTGOING PANEL **(2019-2020)**

DESIGNATIONS	NAME
President	Sarmad Hassan
Vice President I	Saqib Ali
Vice President II	Nayab Hafeez
General Secretary	Gulrez Umar
Joint Secretary	Abdul Sannan
Senior Executive	Saqlain Ghazanfer Hafiz Tanveer Sarfraz Khan Iqra Iftikhar Muneeba Nayra Najeeb Shazmeerah Saleem
Finance Section Incharge	Usama Naveed
Sub-FSI	Muhammad Ashar Muhammad Tahir Konain
Co-FSI	Ayesha Rafique
Medicine Section Incharge	Umer Farooq
Co-MSI	Khunsha Javed Sidra Yousaf
Sub-MSI	Muhammad Waqar Younus
Blood Section Incharge	Muhammad Adnan Shahid Ahmad Talha
Co-BSI	Azka Shabir Munazza Batool
Sub-BSI	Hashim Khan Waqas Ali
Computer & Publication Section Incharge	Hafiz Muhammad Sanaullah
Co-PSI	Afroze Riffat Batool
Sub-PSI	Muhammad Umar Afzal
Executive Members	Aroha Tabassum Ravish Shehzad Ansa Ramay Javeria Rubab Laiba Tul Jannat Amna Adil

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EXECUTIVE MEMBERS OF THE CURRENT PANEL **(2020-2021)**

DESIGNATIONS	NAME
President	Usama Naveed
Vice President I	Gulrez Umar
Vice President II	Azka Shabbir
General Secretary	Hashim Khan
Joint Secretary	Muhammad Tayyab
Senior Executive	Adnan Shahid Ahmad Talha Umar Farooq M. Sanaullah Sialvi Munazza Batool Khunsa Javed Afroze Tanveer Ayesha Rafique Riffat Batool Sidra Yousaf
Finance Section Incharge	Muhammad Tahir Konain
Co-FSI	Amna Adil
Sub-FSI	Sannan Rasheed Ehsan Ahmad Hafsa Noor
Medicine Section Incharge	Muhammad Waqar Younus Muhammad Ashar
Co-MSI	Ansa Ramay Rawish Shahzad
Sub-MSI	Ahmad Shoaib Usama Sialvi Ayesha Saleem
Blood Section Incharge	Abdul Sannan Waqas Ali
Co-BSI	Aroha Tabassum Javeria Rubab
Sub-BSI	Shahrukh Ahmad Khan Jawad Basit Sadia Aziz Ayesha Tanveer
Publication Section In charge	Muhammad Umar Afzal
Co-PSI	Nabila Yasmeen
Sub-PSI	Hamza Khan Ayesha Raza Sheeza Maryam
Computer Section Incharge	Sajeel Saeed
Co-CSI	Amna Ashraf

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SECTIONS REPORTS

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BLOOD SECTION

“Give Someone a Chance to Live”

Section In-charges: ABDUL SANNAN & WAQAS ALI

**Blood Section in
2020**

Blood section is the most energetic and bubbling section of M.A.S. Provision of blood to the needy people in the hour of need is its foremost aim and objective. Following our aim, we always strive to arrange healthy and fresh blood for deserving patients. More than 90 percent of our blood donation is for the poor Thalassemic patients. Apart from Thalassemia we also try to arrange blood for any emergency cases in the hospitals. We are working on developing an android blood application.

- ✓ **Arranged 5 blood
Camps in
educational
institutions of
Rawalpindi,
& Islamabad**
- ✓ **621 Blood Bags
collected at these
blood camps**
- ✓ **Fresh donors from
RMU were 178**

**IN YEAR 2020
TOTAL BLOOD
BAGS
COLLECTED
WERE **799****

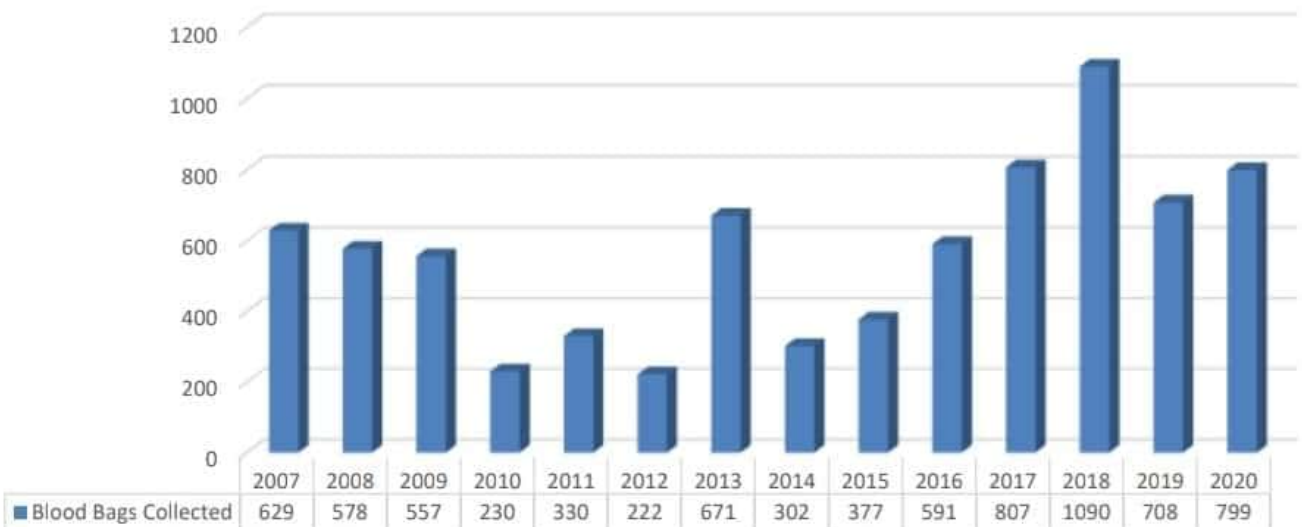
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Blood Camps In 2020

	UNIVERSITY	DATE	No. OF BAGS COLLECTED
1	FUUA	22-01-2020	112
2	POFIT	03-02-2020	150
3	SZABIST	12-02-2020	105
4	IIUI	25-02-2020	134
5	IIUI	26-02-2020	120
Total collection at 5 blood camps			621
Fresh Donors arranged from RMU in 2020			178
TOTAL BLOOD BAGS COLLECTED			799

Blood Distribution: All the collected Blood is distributed free of any cost. And about 90 % of the collected blood is used for Thalassemic children.

Blood Collection Data over last 14 Years



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MEDICINE SECTION

“We Fight Against Diseases”

Section in-charge: WAQAR YOUNAS & M.ASHAR

It's the most enthusiastically working section of the society and aims at providing free medical care to those who either don't have access to it or can't afford it. This section besides having a free dispensary at office, for the medical students, University employees and the deserving patients, arranges free medical camps in remote areas, in the peripheries of Rawalpindi and Islamabad, with scarce medical facilities. At our medical camps, consultants, registrars and medical officers from our teaching hospitals provide free check-up facilities and medicines of reputed pharmaceuticals.

Medicine Section in 2020

- ✓ **2 Free Medical Camps in which 647 patients were given free medical consultation and medicines**
- ✓ **MAS dispensary provided medicines to 82 patients**
- ✓ **Arranged hepatitis B vaccination camps in RMU Campuses**

**TOTAL PATIENTS
GOT TREATED
IN YEAR 2020
WERE ABOUT**

729

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MEDICINE SECTION IN 2020

Details of Regular Free Medical Camps

S. No	Site of Medical Camp	Date	Patients Treated
1.	Village Saroba, Chakri, District Rawalpindi	23/02/2020	507
2.	Mediplex Clinic, Rawalpindi	08/11/2020	140

TOTAL PATIENTS TREATED IN 2 CAMPS: **647**

MAS Dispensary:

In 2020, **82** patients were provided medicines from MAS dispensary. These include students and University employees.

IN THIS YEAR MAS MEDICINE SECTION
PROVIDED TREATMENT TO **729** PATIENTS

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Vaccination Camp Details

IN OLD TEACHING BLOCK RMU		IN NEW TEACHING BLOCK RMU	
DATE	STUDENTS VACCINATED	DATE	STUDENTS VACCINATED
09-01-2020	74	11-01-2020	89
11-02-2020	82	15-02-2020	93
10-03-2020	75		

Total No of Students provided with vaccination against Hepatitis B were **413**

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FINANCE SECTION

“Give Someone a Reason to Smile”

Section In-charge: MUHAMMAD TAHIR KONAIN

It's like root to the MAS tree. All branches of this tree, like blood section, medicine section, computer section and publication section depend on the roots for their nutrition and growth. In short, we can say that finance is the foundation of the building of MAS. The Section maintains complete record of expenditures and donations. The section is also concerned with audit of expenditures and donations

FINANCE SECTION in 2020

- ✓ **Rs. 196,097/-** were used for the regular activities (medicine & blood camps)
- ✓ **Rs. 1,212,021/-** were given to special deserving cases
- ✓ **Ration bags of Rs. 4,788,000** were given to deserving families.

DONATE
MEDICOS AID SOCIETY
ACCOUNT # 4072112322
National Bank of Pakistan,
Rawalpindi Medical University
branch, Rawalpindi.

Total Expenditures In year 2020 are

Rs.
6,196,118/-

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Finance section in 2020

SPECIAL CASES

(Rs.1,212,021/-)

LAB TESTS:

- Stain for MRI **Rs. 1,969/-**
- Test for progesterone levels **Rs. 2,750/-**
- ELISA, CT scan, AFP for Hydatid Cyst **Rs. 7,400/-**
- Test for liver disease **Rs. 7,200/-**
- Test for Urothelium cancer **Rs. 5,730/-**
- Test for Thalassemia Patient. **Rs. 4,200/-**

INJECTIONS:

- IVIG injection for immunodeficient patient **Rs. 16,900/-**

MEDICINES:

- A patient with neuronal disease **Rs. 40,000/-**
- A patient of Breast and Thyroid Cancer. **Rs. 192,168/-**
- A patient with Fibromyalgia **Rs. 156,477/-**
- Powdered milk for a patient with Post-asphyxial disorder **Rs. 104,120/-**
- A patient with Hypertension & Diabetes. **Rs. 93,009/-**
- A patient with liver cirrhosis. **Rs. 20,477/-**
- A patient with Arthritis **Rs. 43,945/-**
- A patient with Hemiparesis **Rs. 26,790/-**
- A patient of Asthma **Rs. 2,044/-**
- A patient with Hydatid Cyst **Rs. 1,100/-**
- A patient with Middle Ear Polyp **Rs. 3,852/-**
- A patient with gynecological issue **Rs. 3,835/-**

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- A patient with Hepatitis **Rs. 3,270/-**
- A patient with Paralysis **Rs. 2,980/-**
- A patient with Idiopathic Ulcer **Rs. 1,128/-**
- A patient with arthralgia **Rs. 5,221/-**
- A patient with Hyperthyroidism **Rs. 28,120/-**
- A patient with Paraplegia **Rs. 13,245/-**
- A patient with Stroke **Rs. 16,596/-**

CHEMOTHERAPY:

- Chemotherapy for Urothelial cancer. **Rs. 3,595/-**
- Chemotherapy for Uterine Cancer. **Rs. 21,000/-**
- Chemotherapy for 2 patients of Breast Cancer. **Rs. 28,000/-**

SURGERIES:

- EYE LENS **Rs. 14,200/-**

EQUIPMENTS:

- 1-wheel chair. **Rs. 7,700/-**
- Prosthetic Joint for Hip Replacement **Rs. 25,000/-**

HOSPITAL DONATIONS:

- 2 capnography probes in BBH **Rs. 154,000/-**
- 2 capnography probes in ER HFH **Rs. 154,000/-**

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RATION DRIVE

Ration bags of worth **Rs.4,788,000** were given to deserving families in Rawalpindi, Islamabad and Taxila during lockdown due to COVID-19 pandemic.

- Before Ramadan, 1100 bags were distributed worth of **Rs.2,750,000.**
- During Ramadan, 425 bags were distributed, worth of **Rs.1,360,000.**
- After Ramadan, 226 bags were distributed, worth of **Rs.678,000.**

REGULAR ACTIVITIES (Rs. 196,097/-)

1. Printing.
2. Medicine for dispensary and medicine camps.
3. Office maintenance.
4. Van and bike fuel and maintenance.
5. Pay to Staff.
6. Miscellaneous.

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COMPUTER SECTION

“Competing the Modern Technology”

Section In-charge: SAJEEL SAEED

This section of the society deals with the IT related aspects. It works in coordination with the publication section to publish the activities of the society on social media such as Facebook, and highlights the activities of the society in the campuses of RMU. It is also responsible for the maintenance & optimization of all the computer related equipment of the society to ensure healthy and timely activities.

Computer Section in 2020

- ✓ **Made Monthly and Annual reports**
- ✓ **Maintenance of MAS Boards, Computer Data & Office Record**
- ✓ **Posted videos and posters on all social media platforms**

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COMPUTER SECTION IN 2020

1. Updating Social Media with MAS Activities:

In the modern world of Science and Technology, Social Media is playing a vital role in communication. MAS is therefore taking steps to promote its activities on these platforms in order to encourage community about voluntary work.

2. Maintenance of MAS Online Database System:

MAS online Database is also maintained by Computer Section.

3. Maintenance of Office Record:

Computer section keep check and balance of each section's record in hardcopy in the lockers.

4. Maintenance of MAS Boards:

It is the responsibility of Computer section to maintain the MAS boards in campus and office.

5. Other Activities:

- Annual report of 2019 was posted on social media.
- Monthly reports were started from January 2020, and are posted within first week of each month.
- All notice boards in OTB and NTB are maintained.
- Publication of MAS activities were on time on Facebook and WhatsApp.
- All workup done regarding portal on RMU official website, updates would be available onwards.

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PUBLICATION SECTION

“People Know MAS Because of Us”

Section In-charge: MUHAMMAD UMAR AFZAL

The Publication Section connects the masses with the society working hand in hand with all the sections highlighting each and every activity, raising the morale of the members in the cause of spreading awareness amongst people about general health; promoting the cause of the society; and encouraging the students of the University to join and experience the motto of the society “Live Once, Live for Others”.

Publication Section in 2020

- ✓ Designed & Displayed posters for Blood Camps and Medicine Camps.
- ✓ Arranged Awareness Programs about Blood Donation and Thalassemia.
- ✓ Provided Health Education to general public in Medicine Camps.
- ✓ Publication of MAS activities on different Online Forums.

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PUBLICATION SECTION IN 2020

1. Displaying Posters And Videos:

- ✓ Posters and videos were made regarding
 - World TB Day, 24th March
 - Thalassemia Day, 8th May
 - Hypertension Day, 17th May
 - World Hunger Day, 28th May
 - World No Tobacco Day, 31st May
 - International Albinism Awareness Day, 13th June
 - World Blood Donor Day, 14th June
 - United Nation Public Service Day, 23rd June
 - International Day against Drug Abuse, 26th June
 - World Hepatitis Day, 28th July
 - 73rd Independence Day of Pakistan, 14th August
 - World Suicide Day, 10th September
 - World Alzheimer Day, 21st September
 - World Ataxia Day, 25th September
 - World Heart Day, 29th September
 - World Cerebral Palsy Day, 6th October
 - World Pneumonia Day, 12th November
 - Eid Milad-un-Nabi, 12th Rabi-al-Awal
 - World Diabetes Day, 14th November
 - World AIDs Day, 1st December.
 - Blood Donation Camp arranged by MAS and JSF, 13th December
- ✓ Poster celebrating 1000+ subscribers on Official **MAS YouTube Channel**.
- ✓ Poster for Blood Donation and Blood Donation appeal video with Deputy Commissioner Rawalpindi for Thalassemia Patients.

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- ✓ Appreciation Poster for Ration Donation with APPNA and RMCAANA.
- ✓ Poster of Plasma Donation Telemedicine Initiative.
- ✓ Posters made for 37th Anniversary of MAS.
- ✓ Poster made for Ramadan and Eid.
- ✓ 5 posters made regarding Zakat and Donation.
- ✓ 3 posters and 4 videos regarding COVID-19 Awareness.
- ✓ Posters and Videos made in tribute to Dr. Usman Riaz and other front-line warriors against COVID-19.
- ✓ 16 posters and 3 videos were made regarding the MAS Ration Drive.

➤ **OTHER ACTIVITIES:**

- 2 Awareness Seminars were conducted at Pakistan Ordnance Factory Institute of Technology (POFIT) regarding Thalassemia and COVID-19.
- New theme for Vaccination camp publication was introduced.
- New pattern of Vaccination camp report was introduced.
- Awareness sessions were conducted during free medical camp in collaboration with Department of Community Medicine and Center for Health and Communication (CHC) regarding common problems like Influenza, Infant Feeding & Vaccination, Stress and Balanced Diet.
- Breast Cancer Awareness Seminar in collaboration with Community Medicine Department, RMU.
- Live streaming and Media Coverage of Panel Transfer Ceremony in collaboration with Computer Section.
- Facebook Blood Donation Feature was enabled on the facebook page.
- Interview of Vice Chancellor Professor Muhammad Umar regarding Hepatitis.
- There was 500+ increase in likes of MAS Facebook page and also marked increase in number of views of each post.
- Online workshops were conducted for female volunteers

SUMMARY of ANNUAL REPORT 2020

BLOOD SECTION

- ❖ **621** blood bags Arranged at **5 Blood Camps**
- ❖ **178** Fresh Donors from Rawalpindi Medical University
- TOTAL 799 BLOOD BAGS COLLECTED**

MEDICINE SECTION

- ❖ **647** Patients were provided free medication and consultation at **2 Medical Camps**
- ❖ **82** Patients were provided medicines from MAS Dispensary
- ❖ **413** Medical Students were vaccinated in Hepatitis B Vaccination Camps
- TOTAL 729 PATIENTS GOT TREATED**

PUBLICATION SECTION

- ❖ **Poster designed** for blood and medicine camps
- ❖ **Awareness Programs** on Blood Donation and Thalassemia
 - ❖ **Public Health Education**
- ❖ **Highlighting MAS Activities** on different Forums

COMPUTER SECTION

- ❖ **Updating the social media** with MAS activities
 - ❖ **Maintenance of Online MAS database**
 - ❖ **Made Monthly & Annual reports**

FINANCE SECTION

- ❖ Expenditure on Regular activities: **Rs.196,097/-**
- ❖ Special Deserving Cases: **Rs.1,212,021/-**
 - ❖ Ration Drive: **Rs.4,788,000/-**
- TOTAL EXPENDITURES Rs.6,196,118/-**

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