



RAWALPINDI MEDICAL UNIVERSITY RAWALPINDI
INTEGRATED MODULAR CURRICULUM

FOUNDATION MODULE TIME TABLE

FIRST YEAR MBBS

SESSION 2022 - 2023

Batch- 49

Module Name : **Foundation Module**
Duration of module : **06 Weeks**
Coordinator : **Dr. Mohtasham Hina**
Co-coordinator : **Dr. Zaneera Saqib**
Review by : **Module Committee**

MODULE COMMITTEE		
1.	Vice Chancellor RMU	Prof. Dr. Muhammad Umar
2.	Director DME	Prof. Dr. Rai Muhammad Asghar
3.	Convener Curriculum	Prof. Dr. Naeem Akhter
4.	Dean basic sciences and Chairperson Anatomy	Prof. Dr. Tehzeebul Hassan
5.	Chairperson Physiology	Prof. Dr. Samia Sarwar
6.	Chairperson Biochemistry And Incharge Curriculum First & Second Year MBBS	Dr. Tehmina Qamar
7.	Focal Person Anatomy	Dr. Ifra Saeed
8.	Focal Person Anatomy First Year MBBS	Dr. Ayesha Yousaf
9.	Focal Person Physiology	Dr. Sidra Hamid
10.	Focal Person Biochemistry	Dr. Aneela Jamil
11.	Focal Person Pharmacology	Dr. Zunera Hakim
12.	Focal Person Pathology	Dr. Asiya Niazi
13.	Focal Person Behavioral Sciences	Dr. Saadia Yasir
14.	Focal Person Community Medicine	Dr. Afifa Kulsoom
15.	Focal Person Quran Translation Lectures	Dr. Fahad Anwar

MODULE TASK FORCE TEAM		
1.	Coordinator	Dr. Mohtasham Hina (Assistant Professor of Anatomy)
2.	DME Focal Person	Dr. Arslan Mughal (MCPS-HPE) (Assistant Professor of Anatomy)
3.	Co-coordinator	Dr. Zaneera Saqib (Demonstrator of Anatomy)
4.	Co-Coordinator	Dr. Asif Mehmood (Senior Demonstrator of Physiology)
5.	Co-coordinator	Dr. Shahrukh Khan (Senior Demonstrator of Biochemistry)
DME IMPLEMENTATION TEAM		
6.	Director DME	Dr. Rai Muhammad Asghar
7.	Deputy Director DME	Dr. Shazia Zeb
8.	implementation Incharge 1st & 2 nd Year MBBS	Dr. Tehmina Qamar
9.	Module planner & implementation coordinator	Dr. Sidra Hamid
10.	Module minutes of meeting documentation	Dr. Zoefashan Fatima
11.	Editor	Mr. Mudassir Iqbal and Mr. Muhammad Ikram

Modular Content

Block	Module	General Anatomy	Embryology	Histology	Gross Anatomy
1	Foundation Anatomy	Introduction & Planes	General Embryology I (Fertilization to 2 nd Week)	General Histology I (Epithelium & Glands)	Upper limb I (Shoulder till Axilla)
	Foundation Biochemistry	Cell and cell organelles, Cell membrane and transport across cell membrane, Physicochemical properties, Enzymes, Cancer, Nucleic acid chemistry, Genetics			
	Foundation Physiology	Functional Organization of the Human Body and Control of the “Internal Environment The Cell and Its Functions Genetic Control of Protein Synthesis, Cell Function, and Cell Reproduction Transport of Substances Through the Cell Membrane			

OFFICE OF THE MEDICAL EDUCATION DEPARTMENT (OLD CAMPUS) RMU RAWALPINDI
TIME TABLE FOR FOUNDATION MODULE FOR FIRST YEAR M.B.B.S.W.E.F 14-02-2022 to 19-02-2022(FIRST WEEK)

Date/Day	8:30 AM – 11:00 AM	11:00 AM – 11:40AM		11:40 AM – 12:20 PM		12:20-PM – 02:00 PM		
14-02-2022 MONDAY	Welcome address by VC Introduction to RMU, Allied hospitals, Introduction To Medical Education Department & Integrated Modular System, Introduction to basic & clinical sciences	Introduction To Anatomy Department		Introduction To Physiology Department Introduction to Biochemistry		Anatomy Bio data forms		
HR	Vice Chancellor RMU: Prof. Dr .Muhammad Umar Dr. Rai Muhammad Asghar:	Prof. Tehzeebul Hassan (Even)	Dr. Ifra Saeed (Odd)	Prof. Dr. Samia Sarwar (Even)		Dr. Tehmina Qamar (Odd)		
15-02-2022 TUESDAY	8:00 AM – 9:00 AM BEHAVIORAL SCIENCES(LGIS)	9:00 AM – 10:00 AM PHARMACOLOGY	PATHOLOGY	10:00 AM – 11:00 AM COMMUNITY MEDICINE (LGIS)	11:00 AM – 12:00 PM BIOCHEMISTRY (LGIS)		12:20-2:00 PM	
	Introduction to Behavioral Sciences	Introduction to Pharmacology and Pathology (Teachers will switch at 9:30 am)		Introduction to community medicine		Introduction to Biochemistry Introduction To Physiology Department		
HR	Prof Asad Tamizuddin Nizami (Even)	Dr. Sadia Yasir (Odd)	Dr. Asia Niazi (Even)	Dr. Uzma Umer (Odd)	Dr. Sana Bilal (Even)	Dr Khaula Noreen (Odd)	Dr. Tehmina Qamar (Even)	Prof. Dr.Samia Sarwar (Odd)
16-02-2022 Wednesday	8:00 AM- 10:00AM DISSECTION / SGD	10:00 AM – 11:00 AM BEHAVIORAL SCIENCES(LGIS)		11:00 AM – 12:00 PM PHYSIOLOGY (LGIS)		12:20-2:00 PM		
	Dissection/SGD Anatomical organization of body planes-I	Management of stress		Cell Physiology & homeostasis	Concept of body fluids & Internal environment		Biochemistry bio data forms	
HR	4 Demonstrators 4 Batches Of Students			Dr.Sadia (Even)	Dr. Zona (Odd)	Dr. Shmyla Hamid (Even)	Dr. Sidra Hamid (Odd)	
17-02-2022 Thursday	8:00 AM – 10:00 AM DISSECTION/SGD	10:00 – 11:00AM DME		11:00- 12:00PM PHYSIOLOGY (LGIS)		12:00 – 01:00PM ANATOMY (LGIS)		1:00-2:00 PM COMMUNITY MEDICINE
	Anatomical organization of body planes-II	Introduction To Different Teaching Strategies, Role Of Team Leader Facilitator And Students SGD/LGIS/TBL/PAL/INTERNET & Literature Group activity		Concept of body fluids & Internal environment	Cell Physiology & homeostasis	Introduction to Embryology	Introduction to Anatomy	Research I
HR	4Demonstrators 4 Batches Of Students	Dr Ashar Alamgir (Even)	Dr. Rizwana Shahid (Odd)	Dr. Sidra Hamid (Even)	Dr. Shmyla (Odd)	Dr.Tehzeeb (Even)	Dr Arslan (Odd)	
							Dr.Rizwana Shahid(Even)	Dr.Uzma Hayat (Odd)

BREAK 12:00 – 12:20PM

	8:00 AM – 9:00 AM		9:00 AM – 10:00 AM		10:00 AM – 11:00 AM		11:00 AM – 12:00 PM		BREAK 12:00 – 12:20PM	
	ISLAM & MEDICAL SCIENCE	QURAN TRANSLATION	BIOCHEMISTRY (LGIS)		DME		PHARMACOLOGY			
18-02-2022 Friday	Islam And Medical Science	Introduction to Quran Translation		Cell Organelles (1)	Cell membrane	Leadership & Professionalism	Orientation to Integrated modular system	Routes of drug administration		
HR	Dr Fahd Anwar (Even)	Mufti Naeem sherazi (Odd)		Dr. Shahrukh Khan (Even)	Dr.Kashif Rauf (Odd)	Dr. Arsalan Mughal (Even)	Dr Sidra Hamid (Odd)	Dr Sajida (Even)	Dr Sonia (Odd)	
19-02-2022 Saturday	8:00 AM – 9:00 AM	9:00 AM – 10:00 AM		10:00 AM – 11:00 AM		11:00 AM – 12:00 AM		12:00 AM – 1:00 PM		1:00 - 2:00 PM
	DISSECTION/SGD	MEDICINE		DME		ANATOMY LGIS		BIOCHEMISTRY (LGIS)		COMMUNITY MEDICINE
	Anatomical organization of body planes-III	Medicine Evidence based medicine		Orientation to Integrated modular system	Leadership & Professionalism	Introduction to General Anatomy	Introduction to embryology	Cell membrane	Cell Organelles	Research II
HR	4Demonstrators 4 Batches Of Students	Dr. Humera (Even)	Dr. Umar Daraz (Odd)	Dr Sidra Hamid (Even)	Dr. Arsalan Mughal (Odd)	Dr Arsalan (Even)	Dr. Tehzeeb (Odd)	Dr.Kashif Rauf (Even)	Dr. Shahrukh Khan (Odd)	Dr. Rizwana (Even) Dr. Uzma Hayat (Odd)

Dr. Sidra Hamid
Assistant Professor of Physiology
Assistant Director DME
Rawalpindi Medical University
Rawalpindi

Schedule For Practical / Small Group Discussion					
Day	Histology Practical	Biochemistry Practical	Physiology Practical	Physiology SGD	Biochemistry SGD
Monday	C	B	E	A	D
Tuesday	D	C	A	B	E
Wednesday	E	D	B	C	A
Thursday	B	A	D	E	C
Saturday	A	E	C	D	B

VENUE FOR FIRST YEAR BATCHES FOR PBL & SGD TEAM-I			
Batches	Roll No	Venue	
Batch-A1	(01-35)	New Lecture Hall Complex Lecture no.02	Dr. Sheena Tariq
Batch-A2	(36-70)	New Lecture Hall Complex Lecture no.03	Dr. Uzma Kiani
Batch-B1	(71-105)	Lecture Hall no.02(Basement)	Dr. Fahd Anwar
Batch-B2	(106-140)	Conference room(Basement)	Dr. Fareedullah
Batch-C1	(141-175)	Lecture Hall no.04(Basement)	Dr. Maryam Abbas(PGT Physiology)
Batch-C2	(176-210)	Lecture Hall no.05(Basement)	Dr. Nayab (PGT Physiology)
Batch-D1	(210-245)	Lecture Hall no.03 (First Floor)	Dr. Iqra Ayub (PGT Physiology)
Batch-D2	(246-280)	Anatomy Museum (First Floor Anatomy)	Dr. Shahrukh (PBL) Dr. Shazia Noreen (SGD)
Batch-E1	(281-315)	Lecture Hall no.04 (First Floor Anatomy)	Dr. Izzah (PGT Physiology)
Batch-E2	(315 onwards)	Lecture Hall no.05Physiology	Dr. Uzma Zafar (PBL) Dr. Kamil Tahir (SGD)

Venue For First Year Batches For Anatomy Dissection / Small Group Discussion			
Batches	Roll No	Anatomy Teacher	Venue
A	01-90	Dr. Mohtashim	Lecture Hall No.03 Anatomy Lecture Hall
B	91-180	Dr. Arslan	Lecture Hall No. 04 Anatomy Lecture Hall
C	181-270	Dr. Gaiti Ara	Basement room no.01
D	271 onwards	Dr. Sadia Baqir	Dissection Hall

Sr. No	Batch	Roll no	Names of Teachers	
			Biochemistry	Physiology
1.	Batch – A	01-70	Dr. Almas Ijaz	Dr. Sheena Tariq
2.	Batch –B	71-140	Dr. Rahat Afzal	Dr. Uzma Kiani
3.	Batch – C	141-210	Dr. Shahrukh Khan	Dr. Fahd Anwar
4.	Batch –D	211-280	Dr. Uzma Zafar	Dr. Maryam Abbas & Dr. Nayab Zonish
5.	Batch -E	281-onwards	Dr. Faiza Zafar	Dr. Fareed

Venues for Large Group Interactive Session (LGIS) and SDL	
Odd Roll Numbers	New Lecture Hall Complex Lecture Theater # 03
Even Roll Number	New Lecture Hall Complex Lecture Theater # 02

OFFICE OF THE DEPARTMENT OF MEDICAL EDUCATION (OLD CAMPUS) RMU RAWALPINDI
TIME TABLE FOR FOUNDATION MODULE FOR FIRST YEAR M.B.B.S W.E.F 21-02-2022 to 26-02-2022 (SECOND WEEK)

DATE/ DAY	8:00 AM – 9:00 AM	9:00 AM – 10:00 AM	10:00 AM – 11:00 AM	11:00 AM – 12:00 AM	12:20 PM TO 02:00PM	02:00PM TO 03:00PM	
21-02-2022 MONDAY	DISSECTION/ SGD	SURGERY	ANATOMY (LGIS)		PHYSIOLOGY (LGIS)		
	Anatomical Organization of Body Planes (IV)	History taking and its importance Dr. Ali Kamran(Even) Dr. Samra Riaz(Odd)	Embryology Spermatogenesis Dr. Tehzeeb (Even)	Histology Simple epithelium Dr Ayesha (Odd)	Cell membrane & cell organelles Dr. Shmyla Hamid (Even)	Homeostasis control system I Prof Samia /Dr. Uzma (Odd)	<i>Practical & Tutorial Topics & Venue mentioned at the end</i> <i>SDL Physiology Homeostasis</i>
22-02-2022 TUESDAY	DISSECTION/ SGD	PHYSIOLOGY SGD	ANATOMY (LGIS)		PHYSIOLOGY (LGIS)		
	Clavicle / fractures	Concept of body fluids & Internal environment PBL Team-I	Histology Simple epithelium Dr Ayesha (Even)	Embryology Spermatogenesis Dr. Tehzeeb (Odd)	Homeostasis control system I Prof Samia /Dr. Uzma (Even)	Cell membrane & cell organelles Dr. Shmyla Hamid (Odd)	<i>Practical & Tutorial Topics & Venue mentioned at the end</i> <i>SDL physiology Homeostatic control mechanism</i>
23-02-2022 WEDNESDAY	CBL	PHYSIOLOGY SGD	PATHOLOGY (LGIS)		PHARMACOLOGY LGIS		
	Scapula	Concept of Homeostasis PBL Team-I	Cellular response to Injury Dr. Abid (Even)	Dr Ayesha (Odd)	Absorption of drugs Dr Arsheen (Even)	Dr Omaima (Odd)	<i>Practical & Tutorial Topics & Venue mentioned at the end</i> <i>SDL Biochemistry Cell organelles</i>
24-02-2022 THURSDY	COMM -MEDICINE	BIOCHEMISTRY LGIS		PATHOLOGY (LGIS)		PHYSIOLOGY (LGIS)	
	Research III Dr Uzma Hayat(Even) Dr Rizwana (Odd)	Cell Organelle Dr. Shahrukh (Even)	Transport across cell membrane Dr. Khsif (Odd)	Intra Cellular accumulation Dr. Abid (Even)	Dr Ayesha (Odd)	Cell organelles & cell function - I Dr. Shmyla & team (Even)	Homeostasis control system II Prof Samia Sarwar/ Dr. Uzma(Odd)
25-02-2022 FRIDAY	DISSECTION/ SGD	Islam And Medical Science		BIOCHEMISTRY LGIS		PHARMACOLOGY (LGIS)	
	Humerus	Introduction to Quran translation Mufti Naeem sherazi(Even)	Islam And Medical Science Dr Fahd Anwar (Odd)	Transport across cell membrane Dr. Kashif Rauf (Even)	Cell organelle-II Dr. Shahrukh (Odd)	Factors affecting Absorption of drugs Dr.Arsheen (Even)	Dr Omaima (Odd)
26-02-2022 SATURDAY	DISSECTION/ SGD		BIOCHEMISTRY (LGIS)		PHARMACOLOGY (LGIS)		<i>Practical & Tutorial Topics & Venue mentioned at the end</i> <i>SDL Anatomy Scapula</i>
	Pectoral region-I		Physico chemical aspects Dr. Almas Ijaz (Even)	Physico chemical aspects Dr. Tehmina (Odd)	Distribution of drugs Dr.Robina (Even)	Dr Haseeba (Odd)	

BREAK 12:00 – 12:20PM

BREAK

Topics For Practical With Venue

- Introduction to Microscope (Anatomy/Histology-practical) venue-Histology Laboratory
- Introduction to glass wares (Pipetting) (Biochemistry practical) venue- Biochemistry lab)
- Introduction to Microscope. (Physiology-Practical (Physiology Laboratory)

Topics For Small Group Discussion& CBLs With Venue

- Physiology small group discussion-Functional organization of human body and cell physiology venue-Lecture hall 5
- Biochemistry small group discussion – Cell& Cell membrane- Lecture hall 3

Schedule For Practical / Small Group Discussion

Day	Histology Practical	Biochemistry Practical	Physiology Practical	Physiology SGD	Biochemistry SGD
Monday	C	B	E	A	D
Tuesday	D	C	A	B	E
Wednesday	E	D	B	C	A
Thursday	B	A	D	E	C
Saturday	A	E	C	D	B

Venue For First Year Batches For Anatomy Dissection / Small Group Discussion

Batches	Roll No	Anatomy Teacher	Venue
A	01-90	Dr. Mohtashim	Lecture Hall No.03 Anatomy Lecture Hall
B	91-180	Dr. Arslan	Lecture Hall No. 04 Anatomy Lecture Hall
C	181-270	Dr. Gaiti Ara	Basement room no.01
D	271 onwards	Dr. Sadia Baqir	Dissection Hall

VENUE FOR FIRST YEAR BATCHES FOR PBL & SGD TEAM-I

Batches	Roll No	Venue	
Batch-A1	(01-35)	New Lecture Hall Complex Lecture no.02	Dr. Sheena Tariq
Batch-A2	(36-70)	New Lecture Hall Complex Lecture no.03	Dr. Uzma Kiani
Batch-B1	(71-105)	Lecture Hall no.02(Basement)	Dr. Fahd Anwar
Batch-B2	(106-140)	Conference room(Basement)	Dr. Fareedullah
Batch-C1	(141-175)	Lecture Hall no.04(Basement)	Dr. Maryam Abbas(PGT Physiology)
Batch-C2	(176-210)	Lecture Hall no.05(Basement)	Dr. Nayab (PGT Physiology)
Batch-D1	(210-245)	Lecture Hall no.03 (First Floor)	Dr. Iqra Ayub (PGT Physiology)
Batch-D2	(246-280)	Anatomy Museum (First Floor Anatomy)	Dr. Shahrukh (PBL) Dr. Shazia Noreen (SGD)
Batch-E1	(281-315)	Lecture Hall no.04 (First Floor Anatomy)	Dr. Izzah (PGT Physiology)
Batch-E2	(315 onwards)	Lecture Hall no.05Physiology	Dr. Uzma Zafar (PBL) Dr. Kamil Tahir (SGD)

Sr. No Batch Roll no Biochemistry Names of Teachers Physiology

Sr. No	Batch	Roll no	Biochemistry	Names of Teachers Physiology
1.	Batch – A	01-70	Dr. Almas Ijaz	Dr. Sheena Tariq
2.	Batch –B	71-140	Dr. Rahat Afzal	Dr. Uzma Kiani
3.	Batch – C	141-210	Dr. Shahrukh Khan	Dr. Fahd Anwar
4.	Batch –D	211-280	Dr. Uzma Zafar	Dr. Maryam Abbas & Dr. Nayab Zonish
5.	Batch -E	281-onwards	Dr. Faiza Zafar	Dr. Fareed

Venues for Large Group Interactive Session (LGIS) and SDL

Odd Roll Numbers	New Lecture Hall Complex Lecture Theater # 03
Even Roll Number	New Lecture Hall Complex Lecture Theater # 02

Dr. Sidra Hamid
Assistant Professor of Physiology
Assistant Director DME
Rawalpindi Medical University
Rawalpindi

OFFICE OF THE DEPARTMENT OF MEDICAL EDUCATION (OLD CAMPUS) RMU RAWALPINDI
TIME TABLE FOR FOUNDATION MODULE FOR FIRST YEAR M.B.B.S W.E.F 28-02-2022 to-05-03-2022 (THIRD WEEK)

DATE/DAY	8:00 AM – 9:00 AM	9:00 AM – 10:00 AM	10:00 AM – 11:00 AM	11:00 AM – 12:00 PM	12:20 PM – 02:00 PM	02:00PM TO 03:00PM
28-02-2022 MONDAY	DISSECTION / SGD	BIOCHEMISTRY (LGIS)	MEDICINE	PHYSIOLOGY (LGIS)	Practical &CBL Topics & Venue mentioned at the end	<i>SDL Physiology</i> <i>Intracellular</i> <i>communication</i>
	Pectoral region II	Physico chemical aspects Dr. Tehmina (Even)	Physico chemical aspects Dr. Almas (Odd)	General Physical examination Prof.Muhammad Khurram (Odd) Dr. Madeeha Nazar (Even)		
01-03-2022 TUESDAY	DISSECTION / SGD	BIOCHEMISTRY LGIS	(ANATOMY LGIS)	PHYSIOLOGY (LGIS)	Practical &CBL Topics & Venue mentioned at the end	<i>SDL Physiology</i> <i>Receptors &signal</i> <i>transduction</i>
	Joints of pectoral region-I	Physico chemical aspects-II Dr. Almas (Even)	Physico chemical aspects-II Dr. Tehmina (Odd)	Histology Stratified epithelium Dr.Ayesha (Even) Embryology Oogenesis Dr. Tehzeeb (Odd)		
02-03-2022 WEDNESDAY	BIOCHEMISTRY (LGIS)	PEADS	ANATOMY LGIS	PHYSIOLOGY (LGIS)	Practical &CBL Topics & Venue mentioned at the end	<i>SDL Biochemistry</i> <i>Cell Membrane</i>
	Physico chemical aspects-II Dr. Tehmina (Even)	Physico chemical aspects-II Dr. Almas (Odd)	Medical genetic & dysmorphology Dr. Safdar Ijaz (Even) Dr. Maria Shamsheer(Odd)	Embryology Oogenesis Dr. Tehzeeb (Even) Histology Stratified epithelium Dr.Ayesha (Odd)		
03-03-2022 THURSDAY	PHYSIOLOGY SGD	COMMUNITY MEDICINE	PATHOLOGY LGIS	PHYSIOLOGY (LGIS)	Practical &CBL Topics & Venue mentioned at the end	<i>SDL Biochemistry</i> <i>Cell Organelles</i>
	Cell membrane ion channels, transport across cell membrane PBL Team-I	Research IV Dr Uzma Hayat (Even) Dr Rizwana (Odd)	Pigments Dr. Abid (Even) Dr Ayesha (Odd)	Genetics, transcription & translation Dr. Shmyla Hamid (Even)		
04-03-2022 FRIDAY	DISSECTION / SGD	MEDICINE	BIOCHEMISTRY	PHYSIOLOGY (LGIS)	12:00pm – 12:30pm	<i>SDL Anatomy</i> <i>Pectoral region</i>
	Joints of the pectoral region- II	Bedside teaching Dr. Sualeha Ahmad (Even) Dr Saheer Ahsan (Odd)	pH & Water Dr. Shahrukh (Even) Dr. Tehmina (Odd)	Receptor & signal transduction Dr. Sidra Hamid(Even)	Genetics, transcription & translation Dr. Shmyla Hamid (Odd)	
05-03-2022 SATURDAY	DISSECTION / SGD	BIOCHEMISTRY (LGIS)	DME	PHYSIOLOGY (LGIS)	Practical &CBL Topics & Venue mentioned at the end	<i>SDLAnatomy</i> <i>Pectoral Region</i>
	DISSECTION	Nucleic acid chemistry Dr. Tehmina (Even)	pH & Water Dr. Shahrukh (Odd)	Lecture on Feedback Dr. Rizwana (Even) Lecture on Mission & Vision Dr. Arsalan (Odd)		

BREAK 12:00PM TO 12:20PM

BREAK

Topics For Practical With Venue	
•	Simple Epithelium (Anatomy/Histology-practical) venue-Histology Laboratory
•	Physiochemical aspects of cell - surface tension and Emulsion (Biochemistry practical) venue-Biochemistry Lab)
•	Introduction to Wintrobe & Westergen tube (Physiology-Practical (Physiology Laboratory)

Topics For Small Group Discussion& CBLs With Venue	
•	Physiology CBL –Body fluid compartment , cell membrane & cytoskeletal-venue-Lecture hall 5 (First Floor)
•	Biochemistry Small Group Discussion - Physiology chemical aspects of cell membrane - Lecture hall 3 (First Floor)

Schedule For Practical / Small Group Discussion					
Day	Histology Practical	Biochemistry Practical	Physiology Practical	Physiology SGD	Biochemistry SGD
Monday	C	B	E	A	D
Tuesday	D	C	A	B	E
Wednesday	E	D	B	C	A
Thursday	B	A	D	E	C
Saturday	A	E	C	D	B

Venue For First Year Batches For Anatomy Dissection / Small Group Discussion			
Batches	Roll No	Anatomy Teacher	Venue
A	01-90	Dr. Mohtashim	Lecture Hall No.03 Anatomy Lecture Hall
B	91-180	Dr. Arslan	Lecture Hall No. 04 Anatomy Lecture Hall
C	181-270	Dr. Gaiti Ara	Basement room no.01
D	271 onwards	Dr. Sadia Baqir	Dissection Hall

VENUE FOR FIRST YEAR BATCHES FOR PBL & SGD TEAM-I			
Batches	Roll No	Venue	
Batch-A1	(01-35)	New Lecture Hall Complex Lecture no.02	Dr. Sheena Tariq
Batch-A2	(36-70)	New Lecture Hall Complex Lecture no.03	Dr. Uzma Kiani
Batch-B1	(71-105)	Lecture Hall no.02(Basement)	Dr. Fahd Anwar
Batch-B2	(106-140)	Conference room(Basement)	Dr. Fareedullah
Batch-C1	(141-175)	Lecture Hall no.04(Basement)	Dr. Maryam Abbas(PGT Physiology)
Batch-C2	(176-210)	Lecture Hall no.05(Basement)	Dr. Nayab (PGT Physiology)
Batch-D1	(210-245)	Lecture Hall no.03 (First Floor)	Dr. Iqra Ayub (PGT Physiology)
Batch-D2	(246-280)	Anatomy Museum (First Floor Anatomy)	Dr. Shahrukh (PBL) Dr. Shazia Noreen (SGD)
Batch-E1	(281-315)	Lecture Hall no.04 (First Floor Anatomy)	Dr. Izzah (PGT Physiology)
Batch-E2	(315 onwards)	Lecture Hall no.05Physiology	Dr. Uzma Zafar (PBL) Dr. Kamil Tahir (SGD)

Sr. No	Batch	Roll no	Names of Teachers	
			Biochemistry	Physiology
1.	Batch – A	01-70	Dr. Almas Ijaz	Dr. Sheena Tariq
2.	Batch –B	71-140	Dr. Rahat Afzal	Dr. Uzma Kiani
3.	Batch – C	141-210	Dr. Shahrukh Khan	Dr. Fahd Anwar
4.	Batch –D	211-280	Dr. Uzma Zafar	Dr. Maryam Abbas & Dr. Nayab Zonish
5.	Batch -E	281-onwards	Dr. Faiza Zafar	Dr. Fareed

Venues for Large Group Interactive Session (LGIS) and SDL	
Odd Roll Numbers	New Lecture Hall Complex Lecture Theater # 03
Even Roll Number	New Lecture Hall Complex Lecture Theater # 02

OFFICE OF THE DEPARTMENT OF MEDICAL EDUCATION (OLD CAMPUS) RMU RAWALPINDI
TIME TABLE FOR FOUNDATION MODULE FOR FIRST YEAR M.B.B.S W.E.F 07-03-2022 to 12-03-2022(FOURTH WEEK)

DATE / DAY	8:00 AM – 9:00 AM		9:00 AM – 10:00 AM		10:00 AM – 11:00 AM		11:00 AM – 12:00 PM		12:20 PM – 02:00 PM	02:00PM TO 03:00PM	
07-03-2022 MONDAY	BIOCHEMISTRY (LGIS)		ANATOMY (LGIS)		PHYSIOLOGY SGD		PHYSIOLOGY(LGIS)		BREAK 12:00 PM TO 12:20 PM	Practical &CBL Topics & Venue mentioned at the end	<i>SDL Physiology</i> Genetics, transcription & translation
	Cancer	PH & Water-II	Histology Apical domain	Embryology Female reproductive cycle	Genetics		Structure of nucleus, ribosomes and cell division	Cell membrane ion channels, transport across cell membrane			
	Dr. Almas (Even)	Dr. Shahrukh (Odd)	Dr.Ayesha (Even)	Dr.Tehzeeb (Odd)	PBL Team-I		Prof Samia /Dr. Uzma (Even)	Dr. Shmyla Hamid (Odd)			
08-03-2022 TUESDAY	ANATOMY (LGIS)		BIOCHEMISTRY (LGIS)		DME		BIOCHEMISTRY (LGIS)				
	Embryology Female reproductive cycle	Histology Apical domain	PH & Water-II	Cancer	Lecture on Mission & Vision	Lecture on Feedback	Nucleic acid-II	Intro. & classification of Enzymes			
	Dr.Tehzeeb (Even)	Dr.Ayesha (Odd)	Dr. Shahrukh (Even)	Dr. Almas (Odd)	Dr.Arsalan (Even)	Dr.Rizwana (Odd)	Dr. Tehmina (Even)	Dr. Uzma Zafar (Odd)			
09-03-2022 WEDNESDAY	DISSECTION / CBL				PATHOLOGY SGD		PHYSIOLOGY (LGIS)				
	Dissection/ Demonstration Breast-II/AXILLA,BRACHIAL PLEXUS,BREAST				Free Radicals/ Reactive Oxygen Species (ROS).		Transport across cell membrane , Osmosis	Cellular control mechanism, cell cycle programmed cell death/ apoptosis			
					Dr. Abid (Even)	Dr Ayesha (Odd)	Dr. Shmyla Hamid (Even)	Prof Samia/ Dr. Uzma (Odd)			
10-03-2022 THURSDAY	PHYSIOLOGY SDL		BIOCHEMISTRY (LGIS)		PATHOLOGY (LGIS)		PHYSIOLOGY (LGIS)				
	Transport across cell membrane		Intro. & classification of Enzymes	Nucleic acid-II	Irreversible injury / Necrosis		Cellular control mechanism, cell cycle programmed cell death/ apoptosis	Transport across cell membrane , Osmosis			
	Dr.Fahd (Even)	Dr. Fareed (Odd)	Dr. Uzma Zafar (Even)	Dr. Tehmina (Odd)	Dr. Abid (Even)	Dr Ayesha (Odd)	Prof Samia/ Dr. Uzma (Even)	Dr. Shmyla Hamid (Odd)			
11-03-2022 FRIDAY	DISSECTION / SGD				BIOCHEMISTRY (LGIS)		PHYSIOLOGY (LGIS)		<i>SDL Anatomy</i> <i>Brachial Plexus</i>		
	Scapular region-I				Properties/factors of Enzymes	Replication	Active Transport I	Active Transport II			
					Dr.Uzma zafar (Even)	Dr. Tehmina (Odd)	Dr. Shmyla Hamid (Even)	Dr. Sheena (Odd)			
12-03-2022 SATURDAY	ANATOMY LGIS		BIOCHEMISTRY (LGIS)		SURGERY		PHYSIOLOGY (LGIS)		BREAK	Practical &CBL Topics & Venue mentioned at the end	<i>SDL Anatomy</i> <i>Breast</i>
	Histology Lateral domain of cell	Embryology Ovulation and fertilization	Replication	Properties/factors of Enzymes	Breast surgery		Active Transport II	Active Transport I			
	Dr Ayesha (Even)	Dr.Tehzeeb (Odd)	Dr. Tehmina (Even)	Dr.Uzma zafar (Odd)	Dr. Ali Kamran (Even)	Dr. Samra Riaz (Odd)	Dr. Sheena (Even)	Dr. Shmyla Hamid (Odd)			

Topics For Practical With Venue	
• Stratified epithelium & transitional epithelium (Anatomy/Histology-practical) venue-Histology Laboratory	
• Physiochemical aspects of cell- Adsorption (Biochemistry practical) venue- Biochemistry laboratory)	
• Apparatus identification (Introduction to Neubauer's chamber, Red Blood Cell (RBC) pipettes& White Blood Cell (WBC) pipette (Physiology-Practical (Physiology Laboratory)	

Topics For Small Group Discussion& CBLs With Venue	
• Physiology CBL Down's syndrome – (venue-Lecture hall 5)	
• Biochemistry CBL – Enzymes - Lecture hall 3	

Schedule For Practical / Small Group Discussion					
Day	Histology Practical	Biochemistry Practical	Physiology Practical	Physiology SGD	Biochemistry SGD
Monday	C	B	E	A	D
Tuesday	D	C	A	B	E
Wednesday	E	D	B	C	A
Thursday	B	A	D	E	C
Saturday	A	E	C	D	B

Venue For First Year Batches For Anatomy Dissection / Small Group Discussion			
Batches	Roll No	Anatomy Teacher	Venue
A	01-90	Dr. Mohtashim	Lecture Hall No.03 Anatomy Lecture Hall
B	91-180	Dr. Arslan	Lecture Hall No. 04 Anatomy Lecture Hall
C	181-270	Dr. Gaiti Ara	Basement room no.01
D	271 onwards	Dr. Sadia Baqir	Dissection Hall

VENUE FOR FIRST YEAR BATCHES FOR PBL & SGD TEAM-I			
Batches	Roll No	Venue	
Batch-A1	(01-35)	New Lecture Hall Complex Lecture no.02	Dr. Sheena Tariq
Batch-A2	(36-70)	New Lecture Hall Complex Lecture no.03	Dr. Uzma Kiani
Batch-B1	(71-105)	Lecture Hall no.02(Basement)	Dr. Fahd Anwar
Batch-B2	(106-140)	Conference room(Basement)	Dr. Fareedullah
Batch-C1	(141-175)	Lecture Hall no.04(Basement)	Dr. Maryam Abbas(PGT Physiology)
Batch-C2	(176-210)	Lecture Hall no.05(Basement)	Dr. Nayab (PGT Physiology)
Batch-D1	(210-245)	Lecture Hall no.03 (First Floor)	Dr. Iqra Ayub (PGT Physiology)
Batch-D2	(246-280)	Anatomy Museum (First Floor Anatomy)	Dr. Shahrukh (PBL) Dr. Shazia Noreen (SGD)
Batch-E1	(281-315)	Lecture Hall no.04 (First Floor Anatomy)	Dr. Izzah (PGT Physiology)
Batch-E2	(315 onwards)	Lecture Hall no.05Physiology	Dr. Uzma Zafar (PBL) Dr. Kamil Tahir (SGD)

Sr. No	Batch	Roll no	Names of Teachers	
			Biochemistry	Physiology
1.	Batch – A	01-70	Dr. Almas Ijaz	Dr. Sheena Tariq
2.	Batch –B	71-140	Dr. Rahat Afzal	Dr. Uzma Kiani
3.	Batch – C	141-210	Dr. Shahrukh Khan	Dr. Fahd Anwar
4.	Batch –D	211-280	Dr. Uzma Zafar	Dr. Maryam Abbas & Dr. Nayab Zonish
5.	Batch -E	281-onwards	Dr. Faiza Zafar	Dr. Fareed

Venues for Large Group Interactive Session (LGIS) and SDL	
Odd Roll Numbers	New Lecture Hall Complex Lecture Theater # 03
Even Roll Number	New Lecture Hall Complex Lecture Theater # 02

Dr. Sidra Hamid
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Rawalpindi

OFFICE OF THE DEPARTMENT OF MEDICAL EDUCATION (OLD CAMPUS) RMU RAWALPINDI
TIME TABLE FOR FOUNDATION MODULE FOR FIRST YEAR M.B.B.S W.E.F 14-03-2022 to 19-03-2022(FIFTH WEEK)

DATE / DAY	8:00 AM – 9:00 AM	9:00 AM – 10:00 AM	10:00 AM – 11:00 AM	11:00 AM – 12:00 PM	12:20 PM – 02:00 PM	02:00PM TO 03:00PM
14-03-2022 MONDAY	DISSECTION / SGD		BIOCHEMISTRY (LGIS)		PATHOLOGY LGIS.	
	Scapular region-II		Transcription Dr. Tehmina (Even)	MM Equation Dr. Uzma zafar (Odd)	Irreversible Injury Apoptosis Dr. Abid (Even) Dr Ayesha (Odd)	
15-03-2022 TUESDAY	DISSECTION	ANATOMY (LGIS)		BIOCHEMISTRY (LGIS)		GYN&E & OBS
	DISSECTION	Embryology Ovulation and fertilization Dr. Tehzeeb (Even)	Histology Lateral domain of cell Dr Ayesha (Odd)	MM Equation Dr. Uzma zafar (Even)	Transcription Dr. Tehmina (Odd)	
16-03-2022 WEDNESDAY	DISSECTION / SGD	BIOCHEMISTRY (LGIS)		ANATOMY (LGIS)		BIOCHEMISTRY TEST
	Axillary region-I	Translation Dr. Tehmina (Even)	Regulation of Enzyme Activity Dr. Uzma zafar (Odd)	Embryology Cleavage and formation of blastocyst Dr. Tehzeeb (Even)	Histology Glands Dr Ayesha (Odd)	
17-03-2022 THURSDAY	DISSECTION / SGD	BIOCHEMISTRY (LGIS)		ANATOMY (LGIS)		PATHOLOGY (LGIS)
	Axillary region-II 4 Demonstrators 4 Batches Of Students	Regulation of Enzyme Activity Dr. Uzma zafar (Even)	Translation Dr. Tehmina (Odd)	Histology Glands Dr Ayesha (Even)	Embryology Cleavage and formation of blastocyst Dr. Tehzeeb (Odd)	
18-03-2022 FRIDAY	DISSECTION / SGD		ANATOMY (LGIS)		BIOCHEMISTRY (LGIS)	
	DISSECTION		Memory Gland histology & embryology Dr Ayesha (Even)	Memory Gland histology & embryology Dr. Tehzeeb (Odd)	Mutation Dr. Aneela Jamil (Even)	Recombinant DNA/ PCR Dr. Kashif rauf (Odd)
19-03-2022 SATURDAY	Physiology viva voce				BREAK	Practical & Tutorial Topics & Venue mentioned at the end SDL Anatomy Axillary region

BREAK 12:00 PM TO 12:20 PM

Topics For Practical With Venue	
•	Memory Gland (Anatomy/Histology-practical) Venue-Histology Laboratory
•	Tonicity(Biochemistry practical) Venue- Biochemistry laboratory
•	Apparatus identification (Introduction to centrifuge machine) (Physiology-Practical) Venue-Physiology Laboratory

Topics For Small Group Discussion& CBLs With Venue	
•	Physiology SGD – Cellular control mechanism, cell cycle, programmed cell death, Apoptosis
•	Biochemistry CBL – Genetics (PCR) - Lecture hall 3

Schedule For Practical / Small Group Discussion					
Day	Histology Practical	Biochemistry Practical	Physiology Practical	Physiology SGD	Biochemistry SGD
Monday	C	B	E	A	D
Tuesday	D	C	A	B	E
Wednesday	E	D	B	C	A
Thursday	B	A	D	E	C
Saturday	A	E	C	D	B

Venue For First Year Batches For Anatomy Dissection / Small Group Discussion			
Batches	Roll No	Anatomy Teacher	Venue
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VENUE FOR FIRST YEAR BATCHES FOR PBL & SGD TEAM-I			
Batches	Roll No	Venue	
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Venues for Large Group Interactive Session (LGIS) and SDL	
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Even Roll Number	New Lecture Hall Complex Lecture Theater # 02

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TIME TABLE FOR FOUNDATION MODULE FOR FIRST YEAR M.B.B.S W.E.F 21-03-2022 to 26-03-2022(SIXTH WEEK)**

21-03-2022 MONDAY	Anatomy viva voce	SDL	SDL
22-03-2022 TUESDAY	Anatomy viva voce	SDL	SDL
23-03-2022 Wednesday	Pakistan Holiday		
24-03-2022 THURSDAY	SDL	SDL	SDL
25-03-2022 FRIDAY	MODULE EXAM (09:00am – 12:00PM)	SDL	SDL
26-03-2022 Saturday	SDL	SDL	SDL

Note: Timetable Subject to change according to the current circumstances.