



RAWALPINDI MEDICAL UNIVERSITY RAWALPINDI

INTEGRATED MODULAR CURRICULUM

FOUNDATION MODULE TIME TABLE

FIRST YEAR MBBS

SESSION 2020 - 2021

Module Name : **Foundation Module**
Duration of module : **05 Weeks**
Coordinator : **Dr. Mohtasham Hina**
Co-coordinator : **Dr. Zaneera Saqib**
Review by : **Module Committee**

MODULE COMMITTEE		
1.	Vice Chancellor RMU	Prof. Dr. Muhammad Umar
2.	Director DME	Prof. Dr. Rai Muhammad Asghar
3.	Convener Curriculum	Prof. Dr. Naeem Akhter
4.	Chairperson Anatomy	Prof. Dr. Tehzeebul Hassan
5.	Chairperson Physiology	Prof. Dr. Samia Sarwar
6.	Chairperson Biochemistry And Incharge Curriculum First & Second Year MBBS	Dr. Tehmina Qamar
7.	Focal Person Anatomy	Dr. Ifra Saeed
8.	Focal Person Physiology	Dr. Sidra Hamid
9.	Focal Person Biochemistry	Dr. Aneela Jamil
10.	Focal Person Pharmacology	Dr. Zunera Hakim
11.	Focal Person Pathology	Dr. Asiya Niazi
12.	Focal Person Behavioral Sciences	Dr. Saadia Yasir
13.	Focal Person Community Medicine	Dr. Afifa Kulsoom
14.	Focal Person Quran Translation Lectures	Dr. Fahad Anwar

MODULE TASK FORCE TEAM		
1.	Coordinator	Dr. MothishmHina (Assistant Professor of Anatomy)
2.	DME Focal Person	Dr. Arslan Mughal (MCPS-HPE) (Assistant Professor of Anatomy)
3.	Co-coordinator	Dr. ZaneeraSaqib (Demonstrator of Anatomy)
4.	Co-Coordinator	Dr. Sheena Tariq (Senior Demonstrator of Physiology)
5.	Co-coordinator	Dr. ShahrukhKhan (Senior Demonstrator of Biochemistry)
DME IMPLEMENTATION TEAM		
1.	Director DME	Dr. Rai Muhammad Asghar
2.	Deputy Director DME	Dr. Shazia Zeb
3.	Dr. Tehmina Qamar	Curriculum implementation Incharge First & Second Year MBBS
4.	Module planner & implementation coordinator & Assistant Director DME	Dr. Sidra Hamid
5.	Module minutes of meeting documentation	Dr. Farzana Fatima
6.	Editor	Mr. Muhammad Ikram

OFFICE OF THE MEDICAL EDUCATION DEPARTMENT (OLD CAMPUS) RMU RAWALPINDI

TIME TABLE FOR FOUNDATION MODULE FOR FIRST YEAR M.B.B.S.W.E.F 22-02-2021 to 27-02-2021 (FIRST WEEK)

Date/Day	8:00 AM – 11:00 AM	11:00 AM – 11:40AM	11:40 AM – 12:20 PM	12:20-PM – 02:00 PM				
22-02-2021 MONDAY	Welcome address by VC Introduction to RMU, Allied hospitals, Introduction To Medical Education Department & Integrated Modular System, Introduction to basic & clinical sciences	Introduction To Anatomy Department		Introduction To Physiology Department Introduction to Biochemistry (Teachers will switch at 12:00 noon)				
HR	Vice Chancellor RMU: Prof. Dr .Muhammad Umar Dr. Rai Muhammad Asghar: Director Medical Education Dr. Naeem Akhtar: Dean Basic Sciences	Prof. Tehzeebul Hassan (Even)	Dr. Ifra Saeed (Odd)	Prof. Dr. Samia Sarwar (Even)	Dr. Tehmina Qamar (Odd)	Dr. Sajjad (Even)	Dr.Maryam (Odd)	
23-02-2021 TUESDAY	8:00 AM – 9:00 AM	9:00 AM – 10:00 AM	10:00 AM – 11:00 AM	11:00 AM – 12:00 PM				
	BEHAVIORAL SCIENCES(LGIS)	PHARMACOLOGY	PATHOLOGY	ISLAM & MEDICAL SCIENCE	QURAN TRANSLATION	BIOCHEMISTRY (LGIS)		
	Introduction to Behavioral Sciences	Introduction to Pharmacology and Pathology (Teachers will switch at 9:30 am)		Islam And Medical Science	Introduction to Quran Translation	Introduction to Biochemistry Introduction To Physiology Department (Teachers will switch at 11:30 noon)		
HR	Dr. Asad Nizami (Even)	Dr. SadiaYasir (Odd)	Dr. Asia Niazi (Even)	Dr.Zunera (Odd)	Mufti Abdul Wahid(Even)	DrFahad Anwar (Odd)	Dr. Tehmina Qamar (Even)	Prof. Dr.Samia Sarwar (Odd)
24-02-2021 Wednesday	8:00 AM- 10:00AM	10:00 AM – 11:00 AM		11:00 AM – 12:00 PM				
	DISSECTION / SGD	DME		BEHAVIORAL SCIENCES(LGIS)	PHYSIOLOGY (LGIS)			
	Dissection/SGD Anatomical organization of body planes-I	Introduction To Different Teaching Strategies, Role Of Team Leader Facilitator And Students SGD/LGIS/TBL/PAL/INTERNET & Literature Group activity		Management of stress	Cell Physiology & homeostasis	Concept of body fluid & internal environment		
HR	4 Demonstrators 4 Batches Of Students		Dr. Shazia Zeb& Dr. RizwanaShahid(Even)		Dr.Asad Nizami (Odd)	Dr. Shmyla Hamid (Even)	Dr. Sidra Hamid (Odd)	
25-02-2021 Thursday	8:00 AM – 9:00 AM	9:00 AM – 10:00 AM	10:00 AM – 11:00 AM	11:00 AM – 12:00 PM				
	DISSECTION/SGD	BEHAVIORAL SCIENCES(LGIS)	DME	ANATOMY (LGIS)		PHYSIOLOGY (LGIS)		
	Anatomical organization of body planes-II	Management of stress	Introduction To Different Teaching Strategies, Role Of Team Leader Facilitator And Students SGD/LGIS/TBL/PAL/INTERNET & Literature Group activity	Introduction to Embryology	Introduction to Anatomy	Concept of body fluid & internal environment	Cell Physiology & homeostasis	
HR	4Demonstrators 4 Batches Of Students		Dr.Asad Nizami (Even)	Dr. ShaziaZeb& Dr. Rizwana Shahid (Odd)	Dr.Tehzeeb (Even)	Dr Arsalan (Odd)	Dr. Sidra Hamid (Even)	Dr. Shmyla (Odd)

BREAK 12:00 – 12:20PM

	8:00 AM – 9:00 AM		9:00 AM – 10:00 AM		10:00 AM – 11:00 AM		11:00 AM – 12:00 PM		BREAK 12:00 – 12:20PM	
	DME		BIOCHEMISTRY (LGIS)		COMMUNITY MEDICINE		PHARMACOLOGY			
26-02-2021 Friday	Leadership & Professionalism	Orientation to integrated modular system	Cell Organelles (1)	Cell membrane	Research I Introduction of health research process & Researcher	Research II Characteristics of research & Health research method	Routes of drug administration & pharmacokinetics			
HR	Dr. Arsalan Mughal (Even)	Dr Sidra Hamid (Odd)	Dr. Shahrukh Khan (Even)	Dr. Kashif Rauf (Odd)	Dr. Rizwana Shahid (Even)	Dr Khaula Noreen (Odd)	Dr Sajida (Even)	Dr Aqsa (Odd)		
	8:00 AM – 9:00 AM		9:00 AM – 10:00 AM		10:00 AM – 11:00 AM		11:00 AM – 12:00 PM		BREAK 12:00 – 12:20PM	12:00 - 2:00 PM
	DISSECTION/SGD		BIOCHEMISTRY (LGIS)		ANATOMY LGIS		PHARMACOLOGY LGIS			
27-02-2021 Saturday	Anatomical organization of body planes-III		Cell Organelles (I)	Transport across cell membrane	Introduction to General Anatomy	Introduction to embryology	Transport of drugs			Research III Health research ethics
HR	4 Demonstrators 4 Batches Of Students		Dr. Shahrukh Khan (Even)	Dr. Kashif Rauf (Odd)	Dr Arsalan (Even)	Dr. Tehzeeb (Odd)	Dr Sajida (Even)	Dr Aqsa (Odd)		Research IV Five steps of EBM
										Dr. Khaula (Odd)

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Assistant Director DME
Rawalpindi Medical University
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OFFICE OF THE DEPARTMENT OF MEDICAL EDUCATION (OLD CAMPUS) RMU RAWALPINDI
TIME TABLE FOR FOUNDATION MODULE FOR FIRST YEAR M.B.B.S W.E.F 06-03-2021 to 06-03-2021 (SECOND WEEK)

DATE/ DAY	8:00 AM – 9:00 AM	9:00 AM – 10:00 AM	10:00 AM – 11:00 AM	11:00 AM – 12:00 AM	12:20 PM TO 02:00PM	02:00PM TO 03:00PM								
01-03-21 MONDAY	DISSECTION/ SGD	BIOCHEMISTRY LGIS	ANATOMY (LGIS)	PHYSIOLOGY (LGIS)	BREAK 12:00 – 12:20PM									
	Anatomical Organization of Body Planes (III)	Cell Organelles (III) Dr. Shahrukh Khan (Even)	Transport across cell membrane 2 Dr. Kashif Rauf (Odd)	Embryology Spermatogenesis Dr. Ayesha Yousaf (Even)			Histology Simple epithelium Dr Mothishm (Odd)	Cell membrane & cell organelles Dr. Shmyla Hamid (Even)	Concept of body fluid & internal environment II Dr. Sidra Hamid (Odd)	<i>Practical & Tutorial Topics & Venue mentioned at the end</i>	<i>SDL Physiology Homeostasis</i>			
02-03-21 TUESDAY	DISSECTION/ SGD	BIOCHEMISTRY LGIS	ANATOMY (LGIS)	PHYSIOLOGY (LGIS)			BREAK 12:00 – 12:20PM							
	(Anatomical Organization of Body Planes (IV))	Cell Organelles (IV) Dr. Shahrukh Khan (Even)	Physio chemical Dr. Almas (Odd)	Histology Simple epithelium Dr Mothishm (Even)					Embryology Spermatogenesis Dr. Ayesha Yousaf (Odd)	Concept of body fluid & internal environment II Dr. Sidra Hamid (Even)	Cell membrane & cell organelles Dr. Shmyla Hamid (Odd)	<i>Practical & Tutorial Topics & Venue mentioned at the end</i>	<i>SDL physiology Homeostatic control mechanism</i>	
03-03-21 WEDNESDAY	CBL	BIOCHEMISTRY LGIS	PATHOLOGY (LGIS)	PHARMACOLOGY LGIS					BREAK 12:00 – 12:20PM					
	Clavicle/Fracture Of Clavical	Physico chemical Dr. Tehmina Qamar (Even)	Physico chemical Dr. Almas (Odd)	Mechanism Of Cell Injury Dr. Khalid (Even)							Absorption of drugs Dr Imran Habib (Odd)	Dr Arsheen (Even)	Dr Sobia (Odd)	<i>Practical & Tutorial Topics & Venue mentioned at the end</i>
04-03-21 THURSDY	DISSECTION/ SGD	BIOCHEMISTRY LGIS	PATHOLOGY (LGIS)	PHYSIOLOGY (LGIS)							BREAK 12:00 – 12:20PM			
	Scapula –I	Cell membrane Dr. Kashif (Even)	Cell organelle Dr. Shahrukh (Odd)	Cell Injury And Cellular Responses To Injury Dr. Khalid (Even)									Cell organelles & cell function - I Dr imran habib (Odd)	Dr. Shmyla (Even)
05-03-21 FRIDAY	DISSECTION/ SGD	COMMUNITY MEDICINE	BIOCHEMISTRY LGIS	PHARMACOLOGY (LGIS)	BREAK 12:00 – 12:20PM									
	Scapula-II	Research III & IV Dr Khaula	Dr Rizwana	Transport across cell membrane Dr. Kashif Rauf (Even)									Cell organelle Dr. Shahrukh (Odd)	Bioavailability Dr. Arsheen (Even)
06-03-21 SATURDAY	DISSECTION/ SGD	Islam And Medical Science	BIOCHEMISTRY (LGIS)	PHARMACOLOGY (LGIS)			BREAK 12:00 – 12:20PM							
	Humerus	Introduction to Quran translation Mufti Abdul Wahid (Even)	Islam And Medical Science Dr Fahad Anwar (Odd)	Physico chemical aspects Dr. Almas Ijaz (Even)									Cell organalles Dr. Shahrukh (Odd)	Distribution Dr. Robina (Even)

Topics For Practical With Venue

- Introduction to Microscope (Anatomy/Histology-practical) venue-Histology Laboratory
- Introduction to Lab. Techniques and Precautions (Biochemistry practical) venue- Biochemistry lab)
- Introduction to Microscope. (Physiology-Practical (Physiology Laboratory)

Schedule For Practical / Small Group Discussion

Day	Histology Practical	Biochemistry Practical	Physiology Practical	Physiology SGD	Biochemistry SGD
Monday	C	B	E	A	D
Tuesday	D	C	A	B	E
Wednesday	E	D	B	C	A
Saturday	A	E	C	D	B

VENUE FOR FIRST YEAR BATCHES FOR PBL

Batches	Roll No	Venue
Batch – A1	(01 -35)	Lecture Hall -1 (Basement)
Batch – A2	(36-70)	Lecture Hall -3 (Basement)
Batch – B1	(71-105)	Lecture Hall -2 (Basement)
Batch – B2	(106-140)	Conference Room (Basement)
Batch – C1	(141-175)	Lecture Hall -4 (Basement)
Batch – C2	(176-210)	Lecture Hall -5 (Basement)
Batch – D1	(210-245)	Lecture Hall -3 (First Floor)
Batch – D2	(246-280)	Anatomy Museum (First Floor Anatomy)
Batch – E1	(281-315)	Lecture Hall -4 (First Floor Anatomy)
Batch – E2	(315 onwards)	Lecture Hall -5 (Physiology)

Topics For Small Group Discussion & CBLs With Venue

- Physiology small group discussion-functional organization of human body and cell physiology venue-Lecture hall 5
- Biochemistry small group discussion – cell& cell membrane- Lecture hall 3

Venue For First Year Batches For Anatomy Dissection / Small Group Discussion

Batches	Roll No	Teacher	Venue	
A	A1-4	01-120	Dr. Zoofishan	Lecture Hall No.03 Anatomy Lecture Hall
B	B1-4	121-240	Dr. Sajjad	Lecture Hall No. 04 Anatomy Lecture Hall
C	C1-4	241-onwards	Dr. Tariq	Lecture Hall No. 05 Physiology Lecture Hall

Venues for Large Group Interactive Session (LGIS) and SDL

Even Roll Number	New Lecture Hall Complex Lecture Theater # 03
Odd Roll Numbers	New Lecture Hall Complex Lecture Theater # 02

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 Assistant Professor of Physiology
 Assistant Director DME
 Rawalpindi Medical University
 Rawalpindi

OFFICE OF THE DEPARTMENT OF MEDICAL EDUCATION (OLD CAMPUS) RMU RAWALPINDI
TIME TABLE FOR FOUNDATION MODULE FOR FIRST YEAR M.B.B.S W.E.F 08-03-2021 to 13-03-2021 (THIRD WEEK)

DATE/DAY	8:00 AM – 9:00 AM	9:00 AM – 10:00 AM	10:00 AM – 11:00 AM	11:00 AM – 12:00 PM	12:20 PM – 02:00 PM	02:00PM TO 03:00PM		
08-03-21 MONDAY	DISSECTION / SGD	BIOCHEMISTRY (LGIS)		PHARMACOLOGY	PHYSIOLOGY (LGIS)			
	Pectoral region-I	Transport across cell membrane 2	Cell organelle	Biotransformation	Concept of body fluid & internal environment III	Cell organelles& cell function - I	Practical &CBL Topics & Venue mentioned at the end	SDL Physiology Intracellular communication
Dr. Kashif (Even)		Dr. Shahrukh (Odd)	Dr. attiya (Even)	Dr zunera (Odd)	Dr. Sidra Hamid (Even)	Dr. Shmyla Hamid (Odd)		
09-03-21 TUESDAY	DISSECTION / SGD	BIOCHEMISTRY LGIS		(ANATOMY LGIS)	PHYSIOLOGY (LGIS)			
	Pectoral region II	Physico chemical aspects	Physico chemical aspects	Histology Stratified epithelium	Embryology Oogenesis	Cell organelles and cell functions- II	Intracellular communication & cell junction Receptors &signal transduction	Practical &CBL Topics & Venue mentioned at the end
Dr. Almas (Even)		Dr. Tehmina (Odd)	Dr. Mothishm (Even)	Dr.Ayesha (Odd)	Dr.Shumyla (Even)	Dr. Sidra Hamid (Odd)		
10-03-21 WEDNESDAY	PHARMACOLOGY	BIOCHEMISTRY (LGIS)		ANATOMY LGIS		PHYSIOLOGY (LGIS)		
	Plasma half life	pH & Water	Cancer	Embryology Oogenesis	Histology Stratified epithelium	Intracellular communication & cell junction Receptors &signal transduction	Cell organelles and cell functions- II	Practical &CBL Topics & Venue mentioned at the end
Dr. Aqsa (Even)		Dr uzma (Odd)	Dr. Amena (Even)	Dr. Almas (Odd)	Dr Ayesha (Even)	Dr. Mothishm (Odd)	Dr. Sidra Hamid (Even)	
11-03-21 THURSDAY	PHARMACOLOGY	BIOCHEMISTRY (LGIS)		PATHOLOGY LGIS		PHYSIOLOGY (LGIS)		
	Drug excretion & clearance	pH & Water	Nucleic acid chemistry	Intracellular Accumulations		Structure of nucleus ribosome's & cell division	Hemostratasis control system I	Practical &CBL Topics & Venue mentioned at the end
Dr. Aqsa (Even)		Dr robina (Odd)	Dr. Amena Arif (Even)	Dr. Tehmina (Odd)	Dr. Khalid (Even)	Dr imran habib (Odd)	Dr. Shmyla Hamid (Even)	
12-03-21 FRIDAY	DISSECTION / SGD		BIOCHEMISTRY		PHYSIOLOGY (LGIS)		12:00pm – 12:30pm	SDL Anatomy Pectoral region
	Joints of pectoral region		pH & Water	Nucleic acid chemistry	Hemostratasis control system I	Structure of nucleus ribosome's & cell division		
Dr. Amena (Even)			Dr. Tehmina (Odd)	Prof Samia / Dr. Uzma(Even)	Dr. Shmyla Hamid (Odd)			
13-03-21 SATURDAY	DISSECTION / SGD	BIOCHEMISTRY (LGIS)		DME	PHYSIOLOGY (LGIS)		Practical &CBL Topics & Venue mentioned at the end	SDLAnatomy Pectoral Region
	Joints of the pectoral region	Nucleic acid chemistry	pH & Water	Lecture on Feedback	Lecture on Mission & Vision	Genetics, transcription & translation		
Dr. Tehmina (Even)		Dr. Amena (Odd)	Dr. Rizwana (Even)	Dr. Arsalan (Odd)	Dr. Shmyla Hamid (Even)	Prof Samia /Dr. Uzma(Odd)		

BREAK 12:00PM TO 12:20PM

BREAK

Topics For Practical With Venue

- Introduction to Microscope (Anatomy/Histology-practical) venue-Histology Laboratory
- Physiochemical aspects of cell - surface tension (Biochemistry practical) venue- Biochemistry Lab)
- Introduction to Wintrobe&Westergen tube (Physiology-Practical (Physiology Laboratory)

Schedule For Practical / Small Group Discussion

Day	Histology Practical	Biochemistry Practical	Physiology Practical	Physiology SGD	Biochemistry SGD
Monday	C	B	E	A	D
Tuesday	D	C	A	B	E
Wednesday	E	D	B	C	A
Saturday	A	E	C	D	B

VENUE FOR FIRST YEAR BATCHES FOR PBL

Batches	Roll No	Venue
Batch – A1	(01 -35)	Lecture Hall -1 (Basement)
Batch – A2	(36-70)	Lecture Hall -3 (Basement)
Batch – B1	(71-105)	Lecture Hall -2 (Basement)
Batch – B2	(106-140)	Conference Room (Basement)
Batch – C1	(141-175)	Lecture Hall -4 (Basement)
Batch – C2	(176-210)	Lecture Hall -5 (Basement)
Batch – D1	(210-245)	Lecture Hall -3 (First Floor)
Batch – D2	(246-280)	Anatomy Museum (First Floor Anatomy)
Batch –E1	(281-315)	Lecture Hall -4 (First Floor Anatomy)
Batch –E2	(315 onwards)	Lecture Hall -5 (Physiology)

Topics For Small Group Discussion& CBLs With Venue

- Physiology CBL –smokers cough -venue-Lecture hall 5 (First Floor)
- Biochemistry Small Group Discussion - Physiology chemical aspects of cell membrane - Lecture hall 3 (First Floor)

Venue For First Year Batches For Anatomy Dissection / Small Group Discussion

Batches	Roll No	Teacher	Venue	
A	A1-4	01-120	Dr. Zoofishan	Lecture Hall No.03 Anatomy Lecture Hall
B	B1-4	121-240	Dr. Sajjad	Lecture Hall No. 04 Anatomy Lecture Hall
C	C1-4	241-onwards	Dr. Tariq	Lecture Hall No. 05Physiology Lecture Hall

Venues for Large Group Interactive Session (LGIS) and SDL

Even Roll Number	New Lecture Hall Complex Lecture Theater # 03
Odd Roll Numbers	New Lecture Hall Complex Lecture Theater # 02

OFFICE OF THE DEPARTMENT OF MEDICAL EDUCATION (OLD CAMPUS) RMU RAWALPINDI
TIME TABLE FOR FOUNDATION MODULE FOR FIRST YEAR M.B.B.S W.E.F 15-03-2021 to 20-03-2021(FOURTH WEEK)

DATE / DAY	8:00 AM – 9:00 AM	9:00 AM – 10:00 AM	10:00 AM – 11:00 AM	11:00 AM – 12:00 PM	12:20 PM – 02:00 PM	02:00PM TO 03:00PM		
15-03-21 MONDAY	BIOCHEMISTRY (LGIS)	ANATOMY (LGIS)	PHARMACOLOGY LGIS	PHYSIOLOGY(LGIS)	BREAK 12:00 PM TO 12:20 PM	Practical &CBL Topics & Venue mentioned at the end	<i>SDL Physiology</i> Genetics, transcription & translation	
	Cancer Dr. Almas (Even)	Introduction and classification of enzymes Dr. Shahrulkh (Odd)	Histology Apical domain Dr. Mothishm (Even)	Embryology Female reproductive cycle Dr. Ayesha (Odd)				Receptors Dr. Attiya (Even) Dr. Zunera (Odd)
16-03-21 TUESDAY	ANATOMY (LGIS)	BIOCHEMISTRY (LGIS)	DME	BIOCHEMISTRY (LGIS)		Practical &CBL Topics & Venue mentioned at the end	<i>SDL Physiology</i> Structure of nucleus ribosome's & cell division	
	Embryology Female reproductive cycle Dr. Ayesha (Even)	Histology Apical domain Dr. Mothishm (Odd)	MM equation and enzyme inhibition Dr. Kashif (Even)	Replication Dr. Tehmina (Odd)				Lecture on Mission & Vision Dr. Arsalan (Even)
17-03-21 WEDNESDAY	DISSECTION / CBL	BIOCHEMISTRY (LGIS)	PATHOLOGY LGIS	PHYSIOLOGY (LGIS)		Practical &CBL Topics & Venue mentioned at the end	<i>SDL Biochemistry</i> Cell transport diffusion	
	Dissection/ Demonstration Breast-II/AXILLA,BRACHIAL PLEXUS,BREAST	Factors affecting enzyme activity Dr. Shahrulkh (Even)	Recombinant DNA Dr. Kashif (Odd)	Pigments & Free Radicals/ Reactive Oxygen Species (ROS). Dr. Khalid Javaid (Even)				Cellular control mechanism, cell cycle program cell death/ apoptosis Dr. Shmyla Hamid (Even)
18-03-21 THURSDAY	PHYSIOLOGY (LGIS)	BIOCHEMISTRY (LGIS)	PHYSIOLOGY SDL	PATHOLOGY (LGIS)		Practical &CBL Topics & Venue mentioned at the end	<i>SDL Biochemistry</i> Cancer	
	Cellular control mechanism, cell cycle program cell death/ apoptosis Prof Samia/Dr. Uzma(Even)	Transport across cell membrane osmosis Cell membrane ion channels Dr. Shmyla Hamid(Odd)	Regulation of enzyme activity Dr. Kashif (Even)	Transcription Dr. Tehmina (Odd)	Transportation across cell membrane Dr. Fahad (Even) Dr. Fareed (Odd)			Genetic Disorders Dr. Khalid (Even) Dr. Imran (Odd)
19-03-21 FRIDAY	DISSECTION / SGD		BIOCHEMISTRY (LGIS)	PHYSIOLOGY (LGIS)				
	Axio appendicular region		Introduction &classification of enzymes Dr. Shahrulkh (Even)	Translation Dr. Tehmina (Odd)			Active Transport I Dr. Shmyla Hamid (Even)	Active Transport II Dr. Sheena Tariq (Odd)
20-03-21 SATURDAY	PHARMACOLOGY	BIOCHEMISTRY (LGIS)	ANATOMY LGIS	PHYSIOLOGY (LGIS)	BREAK	Practical &CBL Topics & Venue mentioned at the end	<i>SDL Anatomy</i> Brachial Plexus, Breast	
	Drug antagonism Dr. Attiya (Even)	Mode of enzyme action Dr. Shahrulkh (Even)	PCR Dr. Kashif (Odd)	Histology Lateral domain of cell Dr. Mothishm (Even)				Embryology Ovulation and fertilization Dr Ayesha (Odd)

Topics For Practical With Venue

- Simple epithelium (Anatomy/Histology-practical) venue-Histology Laboratory
- Physiochemical aspects of cell- Adsorption (Biochemistry practical) venue- Biochemistry laboratory)
- Apparatus identification (Introduction to Neubauer’s chamber, Red Blood Cell (RBC) pipettes& White Blood Cell (WBC) pipette (Physiology-Practical (Physiology Laboratory)

Schedule For Practical / Small Group Discussion

Day	Histology Practical	Biochemistry Practical	Physiology Practical	Physiology SGD	Biochemistry SGD
Monday	C	B	E	A	D
Tuesday	D	C	A	B	E
Wednesday	E	D	B	C	A
Saturday	A	E	C	D	B

VENUE FOR FIRST YEAR BATCHES FOR PBL

Batches	Roll No	Venue
Batch – A1	(01 -35)	Lecture Hall -1 (Basement)
Batch – A2	(36-70)	Lecture Hall -3 (Basement)
Batch – B1	(71-105)	Lecture Hall -2 (Basement)
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Batch – C2	(176-210)	Lecture Hall -5 (Basement)
Batch – D1	(210-245)	Lecture Hall -3 (First Floor)
Batch – D2	(246-280)	Anatomy Museum (First Floor Anatomy)
Batch –E1	(281-315)	Lecture Hall -4 (First Floor Anatomy)
Batch –E2	(315 onwards)	Lecture Hall -5 (Physiology)

Topics For Small Group Discussion& CBLs With Venue

- Physiology CBL Down’s syndrome – (venue-Lecture hall 5)
- Biochemistry CBL – Enzymes - Lecture hall 3

Venue For First Year Batches For Anatomy Dissection / Small Group Discussion

Batches	Roll No	Teacher	Venue	
A	A1-4	01-120	Dr. Zoofishan	Lecture Hall No.03 Anatomy Lecture Hall
B	B1-4	121-240	Dr. Sajjad	Lecture Hall No. 04 Anatomy Lecture Hall
C	C1-4	241-onwards	Dr. Tariq	Lecture Hall No. 05Physiology Lecture Hall

Venues for Large Group Interactive Session (LGIS) and SDL

Even Roll Number	New Lecture Hall Complex Lecture Theater # 03
Odd Roll Numbers	New Lecture Hall Complex Lecture Theater # 02

Dr. Sidra Hamid
Assistant Professor of Physiology
Assistant Director DME
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Rawalpindi

OFFICE OF THE DEPARTMENT OF MEDICAL EDUCATION (OLD CAMPUS) RMU RAWALPINDI
TIME TABLE FOR FOUNDATION MODULE FOR FIRST YEAR M.B.B.S W.E.F 22-03-2021 to 27-03-2021(FIFTH WEEK)

DATE / DAY	8:00 AM – 9:00 AM	9:00 AM – 10:00 AM	10:00 AM – 11:00 AM	11:00 AM – 12:00 PM	12:20 PM – 02:00 PM	02:00PM TO 03:00PM	
22-03-21 MONDAY	DISSECTION / SGD	BIOCHEMISTRY (LGIS)	PHARMACOLOGY LGIS	PATHOLOGY LGIS.	BREAK 12:00 PM TO 12:20 PM	Practical & Tutorial Topics & Venue mentioned at the end CBL PHYSIOLOGY	SDL Physiology Active Transport
	Axio appendicular region	MM equation and enzyme inhibition Dr. Kashif Rauf (Even)	Mutation Dr. Tehmina (Odd)	Signal transduction Dr. Attiya (Even) Dr zunera (Odd)			
23-03-21 TUESDAY	PAKISTAN DAY HOLIDAY					Practical & Tutorial Topics & Venue mentioned at the end	SDL Physiology Active Transport
24-03-21 WEDNESDAY	DISSECTION / SGD	BIOCHEMISTRY (LGIS)	ANATOMY (LGIS)	DME		Practical & Tutorial Topics & Venue mentioned at the end	SDL Biochemistry Mitosis & Meiosis
	Axillary region-I	Recombinant DNA Dr. Kashif Rauf (Even)	Replication Dr. Tehmina (Odd)	Embryology Ovulation and fertilization Dr Ayesha Yousaf (Even)			
25-03-21 THURSDAY	PATHOLOGY (LGIS)	BIOCHEMISTRY (LGIS)	ANATOMY (LGIS)	PRACTICAL		Practical & Tutorial Topics & Venue mentioned at the end	SDL Biochemistry Cancer
	Irreversible injuries Apoptosis Dr. Khalid (Even) Dr imran habib (Odd)	Transcription Dr. Tehmina (Even)	Factors affecting enzyme activity Dr. Shahrukh (Odd)	Embryology Cleavage and formation of blastocyst Dr Ayesha Yousaf (Even)			
26-03-21 FRIDAY	DISSECTION / SGD	BIOCHEMISTRY (LGIS)	ANATOMY (LGIS)	BIOCHEMISTRY (LGIS)	SDL Anatomy Axillary region		
	Axillary region-II 4 Demonstrators 4 Batches Of Students	Translation Dr.Tehmina (Even)	Regulation of enzyme activity Dr. Kashif (Odd)	Histology Glands Dr.Mothishm (Even)			Embryology Cleavage and formation of blastocyst Dr.Ayesha (Odd)
27-03-21 SATURDAY	SDL				BREAK		
30-03-2021 TUESDAY	EXAM ON 30-03-2021 (THEORY EXAM) 8:00 AM to 11:00 AM						

Topics For Practical With Venue

- Stratified epithelium & glands (Anatomy/Histology-practical) Venue-Histology Laboratory
- Tonicity(Biochemistry practical) Venue- Biochemistry laboratory
- Apparatus identification (Introduction to centrifuge machine) (Physiology-Practical) Venue-Physiology Laboratory

Schedule For Practical / Small Group Discussion

Day	Histology Practical	Biochemistry Practical	Physiology Practical	Physiology SGD	Biochemistry SGD
Monday	C	B	E	A	D
Tuesday	D	C	A	B	E
Wednesday	E	D	B	C	A
Saturday	A	E	C	D	B

VENUE FOR FIRST YEAR BATCHES FOR PBL

Batches	Roll No	Venue
Batch – A1	(01 -35)	Lecture Hall -1 (Basement)
Batch – A2	(36-70)	Lecture Hall -3 (Basement)
Batch – B1	(71-105)	Lecture Hall -2 (Basement)
Batch – B2	(106-140)	Conference Room (Basement)
Batch – C1	(141-175)	Lecture Hall -4 (Basement)
Batch – C2	(176-210)	Lecture Hall -5 (Basement)
Batch – D1	(210-245)	Lecture Hall -3 (First Floor)
Batch – D2	(246-280)	Anatomy Museum (First Floor Anatomy)
Batch –E1	(281-315)	Lecture Hall -4 (First Floor Anatomy)
Batch –E2	(315 onwards)	Lecture Hall -5 (Physiology)

Topics For Small Group Discussion & CBLs With Venue

- Physiology Small Group Discussion - Transport across cell membrane, receptors & signal transduction - venue-Lecture hall 5
- Biochemistry CBL – Genetics (PCR) - Lecture hall 3

Venue For First Year Batches For Anatomy Dissection / Small Group Discussion

Batches	Roll No	Teacher	Venue	
A	A1-4	01-120	Dr. Zoofishan	Lecture Hall No.03 Anatomy Lecture Hall
B	B1-4	121-240	Dr. Sajjad	Lecture Hall No. 04 Anatomy Lecture Hall
C	C1-4	241-onwards	Dr. Tariq	Lecture Hall No. 05Physiology Lecture Hall

Venues for Large Group Interactive Session (LGIS) and SDL

Even Roll Number	New Lecture Hall Complex Lecture Theater # 03
Odd Roll Numbers	New Lecture Hall Complex Lecture Theater # 02

Dr. Sidra Hamid
 Assistant Professor of Physiology
 Assistant Director DME
 Rawalpindi Medical University
 Rawalpindi